

Youth Summer Volunteering Programme

Ages 16-25



TIME COMMITMENT

6 weeks -25 July to
2nd September 2022.
Twice a week
(Monday to Friday), for
2 hours each session.

LOCATION

University Hospital Wales
or University Hospital
Llandough. You will be
allocated a site.

REQUIRED CHECKS*

Enhanced DBS
Occupational Health Check
Individual Risk Assessment
Two references
***All carried out by the Health Board**

You will spend 6 weeks volunteering at the Health Board experiencing each of the following 3 roles with time allocated to each role as you move through the programme.

Welcome Team Volunteers (Public areas)

You will be welcoming staff and visitors to the hospital and directing people to the location as required or you will be helping them through the appropriate pathway. You will also be helping to answer queries where possible.

Patient Survey Volunteers (wards & public areas):

You will be based on our wards, outpatients departments and other areas across the Health Board to engage with our patients, approaching and inviting patients to give their survey feedback. You will help patients complete the survey(s) as required.

Patient Befriender Volunteers (wards):

You will be based on one of our inpatient wards and will engage with patients who are lonely, isolated or anxious. Engaging and communicating with our patients can take the form of: A friendly conversation, an activity, engaging them with digital technology.

Youth Board Taster Meeting:

Additionally, you will also be given the opportunity to attend the below Youth Board meeting (meetings are held monthly) with the Youth Board Lead and their current members:

Meeting Date: Tuesday 2nd August 5pm-7pm at University Hospital Wales.

The Youth Board participates in decision-making processes in the Health Board. They are consulted on a variety of topics, but the majority of consultations are related to Children and Young People. In their monthly meetings they hold discussions, feedback sessions, training sessions and often have guest speakers.



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What we ask of you

- You are required to attend for the duration of the 6-week programme unless illness or other agreed absence prevents attendance.
- Volunteering shifts are two hours per shift, twice a week - dependent on the COVID-19 situation; Shifts will be between Monday and Friday and will either be 10:00 – 12:00 or 13:00-15:00 or 14:00-16:00 (your times and days will be allocated to you and may not be the same every week).
- Successful applicants will be allocated their two shifts per week at either University Hospital Wales or University Hospital Llandough for the duration of the 6 weeks. You therefore must be able to volunteer at either Hospital and be available for the shift times mentioned above, during the week.
- As a volunteer, the right to work within the UK is still needed and as part of our recruitment process, the relevant documents will be checked. You need to give this consideration before applying.
- Willingness to undertake NHS training
- You must be aged 16-25 to be eligible for this role

What's in it for you

- We will do our best to put you into pairs so that you are not volunteering alone.
- The programme can help you to develop your communication, teamworking, problem-solving skills and more.
- Your confidence will improve as you move through the various areas and volunteer roles.
- All volunteers are supported throughout the programme by the Voluntary Services Department staff and there will be 2 compulsory online virtual group support sessions with Voluntary Services staff.
- At the end of the programme volunteers who completed the 6 weeks will receive certificates and a reference to evidence that you volunteered with us.
- There will be opportunities for you to continue volunteering with us after the programme end date and these will be outlined towards the end of the programme.

How to apply:

Please visit our Youth Summer Volunteering webpage by clicking on the below link to apply.

[Youth Summer Volunteering application](#)



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