

ACTIVITY GROUP VOLUNTEER

Stroke Rehabilitation Centre (SRC) - Llandough

Location

*SRC at University Hospital of
Llandough*

Reports to

Ward Manager/Activities Coordinator

Accountable to

Voluntary Services Team

Time Commitment

minimum of 2 hours per week

Required Checks

DBS (criminal Records Check)

Occupational Health check

Two References

Expenses

*Reimbursed travel to/from location
on day of volunteering*

PERSONAL REQUIREMENTS

- To have excellent listening skills and be non-judgemental.
- To be confident when communicating with service users, visitors, staff and general members of the public.
- To be enthusiastic about the aims and work of Cardiff & Vale UHB.
- To display levels of empathy and understanding at all times.
- To be presentable, smart and always wearing UHB Volunteer uniform and ID badge.
- To recognise when to refer issues and questions to UHB staff.

OUTLINE OF DUTIES

SRC is a 38 bed unit with an average stay of 6 weeks. Volunteers are part of and supported by the multi-disciplinary team which includes Occupational therapists, Physions, Nurses etc. The team works collaboratively to help patients with their stroke recovery and rehab journey.

Volunteers support staff in the facilitation of structured activities within SRC day rooms and garden areas. These could include helping patients to engage in: art groups; health and beauty groups; music groups; playing board games; social groups; outdoor groups and exercise groups.

MAIN TASKS

- To treat all patients with dignity and respect
- To support patients to engage in and to encourage participation in activity sessions
- Assisting staff with activity sessions, which could include arts and crafts, social games and seasonal activities
- To help organise and deliver sessions, liaising with the group facilitators
- To reassure anxious or nervous patients and help them to take part in the activities
- To help with setting up the room at the beginning of the session and returning the room afterwards
- Assisting patients between the common areas within the centre as directed by staff
- Using the Interactive Touch Table

The role will involve engaging with patients who will have varying needs and levels of functioning and so will require resourceful volunteers who are confident communicators

TRAINING AND SUPPORT

Volunteers will need to undertake Cardiff and Vale University Health Board Training and Induction as well as an appropriate level of manual handling and violence and aggression training. Training needs will be identified through the supervision process and met through Cardiff and Vale UHB Training Programmes.

Volunteers will be treated inclusively by the Voluntary Services Team and the Multi-Disciplinary Team and will be offered ongoing supervision and guidance.

COVID19 SPECIFIC GUIDANCE

- All volunteers must be aware of the need to stop volunteering should they feel unwell or if they live with someone who has symptoms and to follow the latest government and NHS advice especially regarding COVID-19 symptoms
- Training, guidance and induction to be provided via e-learning or virtual technology where possible
- Volunteers must be provided with the required levels of PPE and be trained in the usage, donning, doffing, and disposal of PPE in line with UHB guidelines

BENEFITS TO THE VOLUNTEER

This role offers:

- Experience of team working.
- Satisfaction of assisting others and providing an invaluable volunteer service to the Health Board and Community.
- An opportunity to develop personal skills and experience.
- An opportunity to develop communication skills further.
- An opportunity to develop knowledge about communication difficulties.
- Reference on request (only available once you have volunteered for six months)

PERSON SPECIFICATION

Criteria	Essential	Desirable
Understanding the importance of confidentiality and following procedures	✓	
Experience of working in a health care setting		✓
Excellent communication skills	✓	
Ability to speak Welsh		✓
Ability to work on own initiative and as part of a team	✓	
Reliable and punctual	✓	
Enthusiastic and outgoing	✓	
Experience of volunteering		✓
Willingness to undertake training	✓	
Available to volunteer for 2 hours a week	✓	



Kind and caring

Respectful

Trust and integrity

Personal responsibility

