



Excision of Skin or Vaginal Wall Lesion/Cyst

After-care:

- Keep any dressing/s on for the first 48 hours.
- Try to keep the area clean and dry for the next week whilst the area heals.
- **Dissolvable stitches:** these will dissolve on their own in the coming weeks-months.
- **Non-dissolvable stitches:** These will require removal at your GP Practice in 7-10 days, unless advised otherwise.
- **Glue:** This will start to come away in 5-10 days.
- If the surgeon has sent off a specimen for testing, you will be contacted about your results within 6 weeks – ask your nurse if this applies to you.
- If you haven't heard anything after 6 weeks, contact your surgeon's secretary through the hospital switchboard – 02920 747 747.

Things to avoid:

- Removing any dressing in the first 48 hours.
- Immersing in water (bathing, swimming, jacuzzi) for 2 weeks whilst the wound heals – you can shower.
- Using perfumed toiletries.
- **For vaginal lesions:** avoid menstrual cups, tampons and sexual intercourse for 4-6 weeks.

Contact your GP, 111, the Gynae ward or the Surgical Hub if you experience:

- Offensive smelling vaginal discharge.
- Severe or worsening bleeding.
- Swelling, discharge or redness.
- Fever.

Key Contact numbers

If you have any concerns, you can contact:



Your GP or 111

Gynae ward at UHW (24 hours): **02921 843857**

Gynae Outpatients: **02921 841889**

Surgical Hub (7am-7pm Monday-Friday) – **02921 826510 or 02921 826348**