



Discharge Information

after Skin Procedures



After care:

- **Keep your wound(s) dry for the next 48 hours**
 - After 48 hours you can wet the area as normal, having a shower.
- Take regular pain relief for 2-3 days following surgery, then as required for pain.
- With clean hands, apply a smear (half a pea size) of the Chloramphenicol ointment prescribed to you, over the wound, twice a day for one week.

Wound closure:

- **Dissolvable stitches:** these dissolve in 1-3 weeks.
- **Non-dissolvable stitches:** These require removal at your GP practice in 7-10 days (or as directed by your surgeon).
- **Glue:** This will dissolve by itself over the course of a week. Please note that there may be some flaking – this is normal.

If you have had a skin graft:

- Your dressing needs to remain in place and kept dry for 7-14 days. This will be reviewed in clinic and your dressing will be changed.
- You will have been given antibiotics. Please complete the full course as prescribed.

Things to avoid:

- Taking aspirin (unless otherwise advised by your doctor).
- Cleaning your wounds with talcum powder/bubble bath/perfumed products or non-prescribed gels/lotions.

Follow-up appointment:

You have a planned follow-up appointment, where the results of your procedure will be discussed. You will be given information about this.

Contact the Maxillofacial team, Surgical Hub or your GP if you have:

- A fever.
- Nausea/vomiting.
- Discharge from or warmth around your wound.
- Difficulty passing urine or opening your bowels after your anaesthetic.
- Any questions/concerns about your surgery.

If bleeding occurs, apply firm pressure with a damp gauze for 10 minutes, repeat if necessary.

Call the maxillofacial team/attend A&E if you have:

- Bleeding that persists after 20 minutes of pressure.
- Severe/worsening pain.

Key contact numbers:

Maxillofacial department:



Monday to Friday 9am-5pm – **02921 846349**

After 5pm or on weekends/bank holidays - Call the hospital switchboard on **02920 747747** and ask for the '**Maxillofacial resident on call**'

Surgical Hub (Monday to Friday 7am – 7pm):

First floor – **02921 826510**

Ground floor – **02921 826348**

Your GP or 111.