



Marsupialisation of a Bartholin's Abscess

After-care:

- It is advisable to bathe in plain warm water twice daily for the first few days after your procedure.
- You will experience some soreness
 - Use Paracetamol and Ibuprofen as needed.
 - Paracetamol only if asthmatic or intolerant to Ibuprofen.
- If a vaginal pack has been inserted, you will be advised when this needs to come out and whether you need to arrange for this to be done at your GP practice or if you will be given an appointment for removal in Gynaecology clinic (this will be sent to you via post).

Things to avoid for the next 4 weeks:

- Tampons/menstrual cups, as they may impair healing and introduce infection.
- Please use sanitary pads instead.
- Any form of penetrative vaginal sex.
- Any kind of talcum powder, bubble bath or perfumed products.

Contact your GP, 111 or the Surgical Hub if you experience:

- Offensive smelling discharge.
- Severe or worsening pain.
- Difficulties passing urine.

Attend your nearest A&E if you experience:

- Heavy bleeding.

Key Contact numbers

If you have any concerns, you can contact:



Your GP or 111

Gynae ward at UHW (24 hours): **02921 843857**

Surgical Hub (7am-7pm Monday-Friday) – **02921 826510** or **02921 826348**