Hwb Llawfeddygol
Ysbyty Llandochau
Surgical Hub
@Llandough

Discharge information after local anaesthetic

GIG CYMRU NHS WALES
Bwrdd Iechyd Prifysgol Caerdydd a'r Fro
Cardiff and Vale University Health Board

You had a **local anaesthetic** for your procedure today.

This is a medication that makes the area of the body where it is injected numb to allow the procedure to be carried out comfortably. It does not put you to sleep.

Contact you GP/111 if you have any concerns or experience any of the following at home:

- Raised temperature.
- Wound concerns e.g. bleeding, swelling, redness, pus/discharge.
- Severe/worsening pain.

These may be signs of infection and should be treated promptly.

Looking after yourself:

- Take paracetamol as needed for pain.
- You can return to work and your normal activities whenever you feel able to, unless advised otherwise.

Key contact numbers

- Surgical Hub (7am-7pm Monday-Friday):

  02921 826510 or 02921 826348

- **Your GP**
- **111** for out of hours GP services or A&E

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