



Examination under anaesthetic

This information relates to the examination under anaesthetic with one or more of the following procedures:

- Skin tag excision
- Botox
- Fissurectomy
- Haemorrhoid banding
- Haemorrhoidectomy
- Lay-open of fistula

After-care:

- You may have a dressing placed at your wound site. The nurse will advise you on what to do with it.
- You may be sent home with laxatives; these are needed to avoid constipation.

Procedure specific after care:

- **Botox therapy:** effects will last 2-3 months, whilst the fissure heals.
- **Haemorrhoidectomy:** you may have a small anal tampon (Spongostan) placed in your back passage. This will come out with your first bowel movement.
- **Lay-open of fistula:** you may experience ongoing discharge from your fistula site whilst it heals.

Things to avoid:

- Becoming constipated – prevent this by having plenty of roughage in your diet and drinking plenty of fluids.
- Preparations containing Salicylic acid such as aspirin (unless otherwise directed by your doctor), as it may increase your bleeding risk.
- Enemas or suppositories – unless specifically prescribed them.
- Excessive alcohol consumption for at least 2 weeks.

Contact the Surgical Hub, your GP or 111 if:

- Difficulties passing urine.
- Difficulties opening your bowels.
- Swelling/redness or discharge from your wounds.

Contact 111 or attend A&E if:

- You are passing large amounts of blood.



Key Contact numbers

If you have any concerns, you can contact:

Surgical Hub (7am-7pm Monday-Friday) – **02921 826510 or 02921 826348**

Surgical Same Day Emergency Care (sSDEC) at UHW : via switchboard – **02920 747747**

Your GP or 111 for out of hours GP services or A&E