



Examination under anaesthetic and Biopsies

After-care:

- You may have a dressing or small anal tampon (Spongostan) placed at your wound site – if this is not removed prior to discharge your nurse will advise you on what to do with it.
- You may be sent home with laxatives; these are needed to avoid constipation.
- You will be written to with the results of your biopsies in the coming weeks.
 - If you have not heard anything after 6 weeks, please contact the colorectal secretary for your surgeon at University Hospital of Wales, via the switchboard – 02920 747747.

Things to avoid:

- **Becoming constipated** – this can be prevented by including plenty of roughage in your diet and drinking plenty of fluids
- **Preparations containing salicylic acid (Aspirin)**, as it may increase your bleeding risk.
- **Enemas or suppositories** – unless you have specifically been prescribed them.
- **Excessive alcohol consumption** for at least 2 weeks.

Symptoms to look out for:

If you develop any of the following, in the context of recent surgery, contact the Surgical Hub or your GP:

- Raised temperature
- Swelling of the anus
- Infection/abnormal discharge from the wound sites
- Worsening pain

Contact 111 or attend A&E if:

- You have any difficulties passing urine or opening your bowels
- You pass a large amount of blood.

Additional information:

<https://www.nhs.uk/conditions/anal-cancer/tests-and-next-steps/>

Key Contact numbers

If you have any concerns, you can contact:

Surgical Hub (7am-7pm Monday-Friday) – **02921 826510 or 02921 826348**

Surgical Same Day Emergency Care (sSDEC) at UHW: via hospital switchboard –
02920 747747

Your GP

111 for out of hours GP services or A&E

