

# Kidney Transplant Patients

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Transferring to Royal  
Liverpool University  
Hospital

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# Young Adult Joint Clinic

(Clinic with Alder Hey and Royal Liverpool University Hospital teams)

## How will I transfer my care?

We have **four clinics a year** for young adults getting ready to transfer their care to the adult transplant team. This is held on a Wednesday afternoon on **N clinic** at the Royal Liverpool University Hospital.

For your clinic visit at the Royal a doctor and Allison from Alder Hey will be present to enable a smoother transfer of information.

- **If you feel confident to transfer to the adult team, your care will continue at the Royal under care of Mr Hammad.**
- **If you feel you need extra time you will continue your care at Alder Hey until the next young adult clinic at the Royal.**

All young person's transferring attend the same joint clinic. It does take considerable negotiation to arrange this appointment therefore it is important you attend on the specified date.

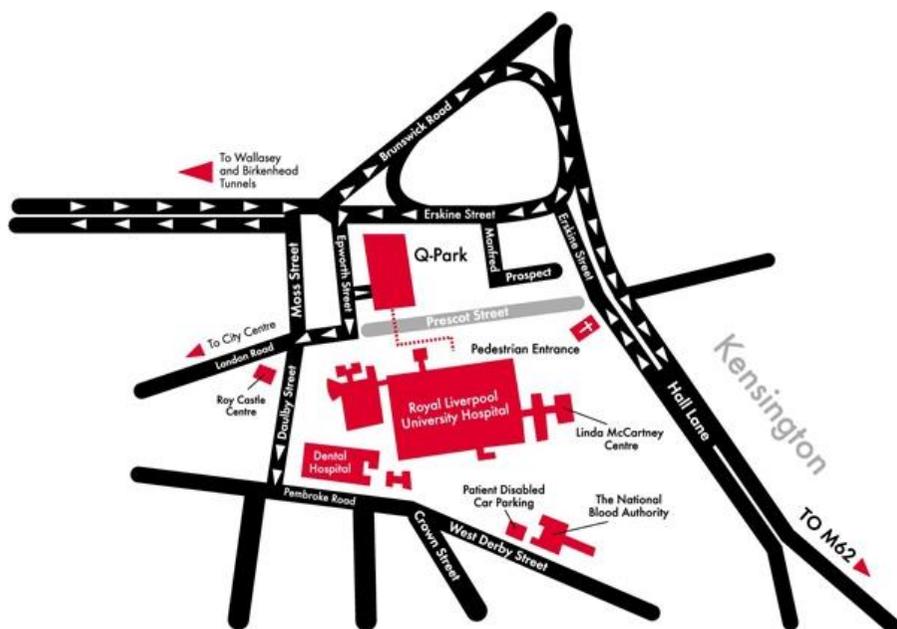
## Transport

It is simpler to provide your own transport. Ambulance transportation cannot specify times therefore delays are possible.

## Parking

Parking is now in the multi-storey car park situated on the opposite side of the road to the entrance of the Royal Liverpool University Hospital. You pay on exit.

## Royal Car park



## Blood tests

Blood tests are in Phlebotomy department on the ground floor.

### Royal Liverpool Hospital - Blood Tests

#### Opening times

Monday	8am until 5:15pm
Tuesday	8:30am until 5:15pm
Wednesday	8am until 5:15pm
Thursday	8:30am until 5:15pm
Friday	8:30am until 5:15pm

#### If you use Emla® cream/ Ametop® cream or Entonox ® gas for your blood tests:

Emla/Ametop is not supplied by the Royal Liverpool but you may ask your GP for prescription if you still require this for blood tests.

Blood tests are not done using entonox gas in adult services so if you currently use this we need to work with you to plan how to try alternatives for blood tests.

## Who will my kidney care be transferred to?

Mr Hammad is the transplant consultant at the Royal Liverpool University Hospital we will transfer your care to.

## Link Nurse & Contact Ward at Royal

Jane Moberly  
Transplant Nurse Clinician

Ward 9A clinic (nurse led)

Tel: 0151 706 3494 (*answer machine switched on during clinic mornings*).

- Ward 9a is the transplant ward and your point of contact for any queries, advice or concerns in between consultant clinic visits.
- Please use *9a clinic* during the day and *ward 9a* 'out of hour' (evenings and weekends)

**Ward 9a clinic** Tel: 0151 706 3494

Ward 9a Tel: 0151 706 3495

To get to ward 9a follow the signs for **abc lifts**. On 9<sup>th</sup> floor follow signs for 9a.

## Consultant Clinic Visits

These are held on Wednesday afternoon your consultant will be Mr Hammad.

You will attend **N clinic**, this is situated on the ground floor, follow signs for clinics and turn left at the W.R.V.S coffee shop. N clinic is on the right through the double doors and the reception is to the left.

A nurse will call you through to check your weight, blood pressure and urine. You will also have general blood specimens taken by a separate nurse or you will be asked to attend blood test room (phlebotomy).

Once you have transferred all your care to Mr Hammad your clinic will be on **Wednesday Morning** on **N clinic**.

The Royal Liverpool University Hospital will be moving to a new hospital build.

## Medication Levels

Cyclosporin/Tacrolimus levels will not be taken on afternoon clinic visits. Please remember to take your morning medication. You will attend ward clinic (9a) for blood specimens on a different day.

## Prescriptions

You will need to get your prescriptions from your G.P.

Your G.P. may not be able to prescribe some of your medications e.g. Tacrolimus, magnesium glycerol-phosphate or mycophenolate mofetil.

If your G.P. is unable to prescribe any of your drugs please phone Jane and order a prescription for these drugs.

Alternatively you can email your request to [renaltransplant@rlbuht.nhs.uk](mailto:renaltransplant@rlbuht.nhs.uk)

You must supply the following information in your email:

- Name and Address
- Medication required, dose and frequency of dose
- Date and time you require the prescription