



Kidney Transplant Patients



Transferring to Glan Clwyd Hospital

Young Adult Joint Clinic

(Clinic with Alder Hey and Glan Clwyd Hospital teams)

How will I transfer to adult services?

We do not have a regular clinic set up at Glan Clwyd as some years there are no patients ready to transfer to adult services at Glan Clwyd. Arrangements are therefore made on an individual basis.

In the year you will be transferring your care, as part of the transition planning we will write to the renal transplant team at Glan Clwyd. We need to plan a year ahead to ensure the transition is smooth and gradual.

In the first instance Dawn Oliver the transplant nurse specialist will attend D2 renal clinic to meet you and we have combined clinic.

Dawn will then arrange orientation to Glan Clwyd to allow you look around and meet a few people.

Once you feel happy to transfer your care to adult services we will arrange clinic at Glan Clwyd to have a final combined clinic. Allison will usually attend this clinic.

Transport

It is simpler to provide your own transport. Ambulance transportation cannot specify times therefore delays are possible.

Booking Transport (if you qualify for transport):
0845 6076181

If you are in receipt of certain benefits you may be able to claim back the cost of travel. This includes public transport (tickets must be produced), or part cost of petrol if you have driven, or have been driven to your appointment. Taxi fares are not covered by this arrangement.

By road: Leave the A55 at junction 25, follow the signposting from the exit roundabouts and join Rhuddlan Road. Continue for approximately ½ mile and turn into the hospital grounds at the mini-roundabout. Patient and visitor car parking is signposted at the front and northern side of the site

By bus: There is a regular daily bus service from Rhyl and a number of other local towns directly into the hospital grounds. For more information go to: www.traveline-cymru.info

Parking

There are several car parks around the hospital

Blood tests

Blood tests are in Phlebotomy department.

If you use Emla® cream/ Ametop® cream or Entonox ® gas for your blood tests:

Emla/Ametop is not supplied by Glan Clwyd but you may ask your GP for prescription if you still require this for blood tests.

Blood tests are not done using entonox gas in adult services so if you currently use this we need to work with you to plan how to try alternatives for blood tests.

Blood tests are done prior to your clinic appointment. Your blood test request forms will be sent out 2 weeks prior to your clinic appointment.

This will ensure your blood test results are available in clinic.

Who will my kidney care be transferred to?

Dr Nair is the consultant at Glan Clwyd we will transfer your care to.

There are also two other nephrologist at Glan Clwyd:

Dr Kumwenda

Dr Lewis

Link Nurse & Contact Ward at Glan Clwyd

Dawn Oliver
Transplant Nurse Specialist
01745 445612

Glan Clwyd Outpatients
01745 445646

Glan Clwyd Switchboard
01745 583910

Dawn is your first contact point and if you have any questions or problems please contact her.

Consultant Clinic Visits

These are held on Tuesday and your consultant will be Dr Nair.

This clinic is held on the 4th Tuesday of every month. If you need to be seen more frequently there are other clinics you can attend.

Transplant clinics also run on Monday mornings

Clinics are held in the renal unit.

Prescriptions

You will need to get a lot of your prescriptions from your G.P.

Your G.P. may not be able to prescribe some of your medications e.g. Tacrolimus, magnesium glycerol-phosphate or mycophenolate mofetil.

Your medication of Tacrolimus or Mycophenolate Mofetil will be available to collect at clinic.

Please speak to Dawn if you are any problems.