



Cardiff and Vale University
Health Board Voluntary Services



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

ART VOLUNTEER

Drawing in Hospitals Project

Location

University Hospital of Wales
University Hospital Llandough
St Davids Hospital

Reports to

Ward Manager or Staff Nurse

Accountable to

Mental Health Volunteer Manager

Time Commitment

2 hours per week for a minimum of 6 months

Required Checks

DBS (criminal Records Check)
Occupational Health check
Two References

Expenses

Reimbursed travel to/from locations
on day of volunteering

PERSONAL REQUIREMENTS

- To have excellent listening skills and be non-judgemental.
- To be confident when communicating with service user, visitors, staff and general members of the public.
- To be enthusiastic about the aims and work of Cardiff and Vale UHB.
- To display levels of empathy and understanding at all times.
- To be presentable, smart and always wearing UHB uniform and ID badge.
- To recognise when to refer issues and questions to UHB staff.

DRAWING IN HOSPITALS

This Project piloted last year with great success with feedback from patients saying or showing they enjoyed the sessions. The sessions take place in the day rooms of various hospital wards across our hospital sites, with patients invited to participate. The focus is on the drawing itself rather than the finished product.

It is important to remember that these sessions are not art classes but an opportunity for people to come together, concentrate, socialise and have autonomy over how and what they draw.

The purpose of the project is to relieve boredom, get creative, try something new and have meaningful activity.

You do not have to be an artist to apply for this role - we are looking for confident, enthusiastic and patient volunteers from any background and with any interest

OUTLINE OF DUTIES

The overall aim of the role is to act as a facilitator for drawing sessions, volunteering with patients, organising ongoing drawing projects in the day room on the ward.

MAIN TASKS

- To treat all service users with dignity, spending time in general conversation and listening.
- Providing feedback to staff.
- To inform staff if a service user appears unwell.
- To organise drawing sessions, including liaison with staff about session timings, identifying suitable patients, preparing the room, planning the sessions and tidying away and storing the equipment at the end.
- To engage the patients in participating and encourage their involvement with the group.



TRAINING AND SUPPORT

Volunteers will need to undertake Cardiff and Vale University Health Board Training and Induction as well as the half day Dementia Training.

Training needs will be identified through the supervision process and me through Cardiff and Vale UHB Training Programmes.

BENEFITS TO THE VOLUNTEER

This role offers:

- Experience of working with a team
- Satisfaction of assisting others and providing an invaluable service to the Health Board and community
- An opportunity to use your own experiences, skills and interests to help others
- An opportunity to develop personal skills and experience

PERSON SPECIFICATION

Criteria	Essential	Desirable
Understanding the importance of confidentiality and following procedures	Yes	
Experience of working in a health care setting		Yes
Good communication skills	Yes	
Ability to speak Welsh		Yes
Ability to work on own initiative and as part of a team	Yes	
Reliable and punctual	Yes	
Experience of befriending		Yes
Experience of volunteering		Yes
Willingness to undertake training	Yes	
Available to volunteer for a minimum of 2 hours a week	Yes	
Enthusiastic and outgoing		Yes
Have skills and interests they wish to share with patients		Yes

