



Staff Benefits Savings and Discounts 'Thank you' 2023

This year, Cardiff and Vale University Health Board has been generously supported by a variety of Staff Benefit online discount providers and local businesses which have provided amazing savings, as well as some exclusive offers for Cardiff and Vale UHB colleagues

GlastonBarry Tribute Festival 2023

A huge thank you to Mack Events, sponsors of GlastonBarry Live Tribute Festival 2023, for providing Cardiff and Vale UHB colleagues with a 20% discount off festival tickets.

In 2024, Cardiff & Vale Health Charity has been chosen as Charity Partner for GlastonBarry on Saturday 27th July. Find out more [here](#)



The Walt Disney Company

The Health Board sends a huge thank you to The Walt Disney Company for providing Cardiff and Vale UHB colleagues with discounted rate tickets at selected performances of Disney's Aladdin The Musical at Wales Millennium Centre, throughout December 2023 and January 2024. Colleagues were given the opportunity to purchase £20 tickets through their new community scheme 'Your Next Show'.



Nathaniel Cars Group

The Staff Benefits Group is grateful for the continued generosity and support received from Nathaniel Cars Group in 2023.

On 19th July 2023, Nathaniel Cars hosted an Electrical Vehicle (EV) Pop Up Event at the Health Charity Pod, UHW Concourse. Colleagues were able to check out the EV's on site and also book a test drive.



Starbucks

On 6th December 2023, Starbucks offered all NHS staff a free tall drink in celebration of its continued partnership with NHS Charities Together. This UK wide offer celebrated a festive thank you for all of the hard work carried out by NHS staff across England, Wales, Scotland and Northern Ireland. Throughout the year, NHS colleagues can get 10% discount at Starbucks with your Blue Light Card.



Check out the Cardiff and Vale Staff Benefits savings and discounts [here](#) or by scanning the QR code



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Cardiff International Pool & Gym



Cardiff International Pool & Gym offered Cardiff and Vale UHB colleagues a free trial of all their facilities in a number of Corporate Weekend offers throughout 2023. Colleagues can benefit from a reduced cost corporate membership at Cardiff International Pool & Gym for £34/ month which provides full access to the gym facilities, fitness classes, swimming and the Health Suite.

Launch of the 'My Health Passport'

Employee Wellbeing Services held the launch of 'My Health Passport' on Thursday 16th November 2023 at the Cochrane Building, University Hospital Wales, which was supported by Jane Hutt, Minister for Social Justice and Chief Whip, MS. Staff Benefits representatives attended the launch, providing information on the wide variety of high street and online discount providers available and examples of some of the amazing savings and offers available to Cardiff and Vale UHB colleagues.

Cardiff & Vale Health Charity generously supported the event, whereby colleagues were given the opportunity to win a £50 'Love to Shop' voucher and a £25 redeemable voucher against the purchase of fruit and vegetables from Awesome Wales.



Staff Benefits Discount Providers

Finally, we would like to say a huge thank you to all of the well-loved Staff Benefits Discount Providers for continually providing Cardiff and Vale UHB colleagues with amazing savings and discounts on their high street and online shopping.



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