

# EATING WELL DISCOUNTS

## STAFF BENEFITS

### BLUE LIGHT CARD

**SOLULFUL - GET 15% OFF YOUR FIRST ORDER**

**KBK MEAL PREP- SAVE 10% ON ALL ONE OFF PURCHASES**

### NHS STAFF BENEFITS

**GREEN CHEF - 40% OFF YOUR FIRST 2 BOXES AND  
25% OFF YOUR 3RD AND 4TH**

**SIMPLY COOK - 4 RECIPE £1 TRIAL BOX**

**HELLOFRESH - GET £15 OFF YOUR FIRST 4 BOXES**

**DASH WATER - 50% OFF YOUR FIRST ONLINE ORDER**

### **OTHER**

**MINDFUL CHEF - 30% OFF YOUR FIRST ORDER (NHS EMAIL)**



**GIG**  
CYMRU  
**NHS**  
WALES

Bwrdd Iechyd Prifysgol  
Caerdydd a'r Fro  
Cardiff and Vale  
University Health Board