

Financial Wellbeing & Cost of Living Support

Save on the Essentials

Asda - 10% off in store with Blue Light Card

Save on broadband with Health Service Discounts

Vodafone - 15% discount on monthly bills with StaffBenefits.co.uk

Become a Nathaniel Silver Privilege Card member for FREE and you will qualify to receive £9.99 MOTs, FREE car wash after MOT, servicing and many more!

Free parking at St. David's Shopping Centre for NHS staff - 3 hours of free parking Monday - Wednesday via your NHS ID

Poundshop.com (part of the Poundland family) - 4% NHS discount with Health Service Discounts

Wilko - 10% off when you spend £30 online with Blue Light Card

Hotpoint - 25% NHS discount + free delivery on all home appliances with Health Service Discounts

Pets at Home - 10% off on all purchases in store with a valid NHS ID Card

For further information on the wide range of benefits and discounts available, check out the Cardiff and Vale Staff Benefits savings and discounts here or by scanning the QR code



Staff Benefits



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

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High Street and Online Discount Providers



The Blue Light card costs just £4.99 for 2-years access to a wide range of discounts online and on the high street, across categories such as holidays, cars, days out, fashion, and many more!

Register for an account here - <https://www.bluelightcard.co.uk/newaccount.php>



Healthcare Staff Benefits provide some amazing local and national offers across the UK and Ireland to NHS staff. You can register for an account for free by visiting the link below:

<https://www.healthcarestaffbenefits.org/register.php>



StaffBenefits.co.uk offer exclusive discounts ranging from local independents to high street names in your area for Healthcare employees. Register for an account for free by visiting the link below:

<https://staffbenefits.co.uk/login/cardiffandvale>



Health Service Discounts provide exclusive discounts and vouchers for NHS and Healthcare workers. For nurses, doctors, administrators, midwives and everyone in between.

Join free today - <https://healthservicediscounts.com/register-1>

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Health and Wellbeing Savings



Corporate Fitness Membership Available for Cardiff and Vale UHB Staff



All NHS employees can save up to 50% on a monthly membership with an exclusive NHS Better Health UK membership for £33 per month.



Exclusive offer for all Cardiff and Vale UHB staff - get the first month of gym membership for £10 plus discounted membership



Cardiff and Vale UHB staff are entitled to a 'FREE 3 Day Pass' at Penarth Leisure Centre



20% discount on class passes or membership at Hotpod Yoga Cardiff for all Cardiff and Vale UHB staff



Cardiff and Vale UHB staff are entitled to a reduced cost corporate membership at Everlast Gym - for £27 a month, get full access to the gym facilities and classes, Jacuzzi's, steam room and 20m pool.



Free membership for NHS staff until 30 June 2023 at Brecon Beacon's Park Society

Staff Benefits