



# Cardiff and Vale UHB Travel Benefits

Cardiff and Vale UHB provides a range of schemes to help colleagues save money on work and leisure travel costs. These include: the Cycle to Work Scheme, Bus Pass Scheme and Car Share Scheme. Colleagues can also take advantage of some amazing staff benefit discounts on UK and foreign holidays, plus great preferential currency rates at the Post Office, University Hospital Wales, Concourse.

## Cycle to Work Scheme



Cycle to Work is a government-backed employee benefits scheme enabling colleagues to save money and spread the cost of a new bike for commuting.

The scheme runs all year around so colleagues can order a cycle at any time. As long as the staff member is a Cardiff and Vale UHB employee (and on our payroll), and the deductions do not take the staff member below minimum wage, then they would be able to participate.

For more information on the Cycle to Work scheme, please click [here](#).

## Car Share Scheme



Car sharing is a great way of alleviating the stress caused by travel and reducing road and parking congestion.

In association with Liftshare, the Transport and Sustainable Travel Team host a service which allows all health board employees to log their journey to work and connect with others who travel in the same direction, so you can arrange travel together and share the costs.

For more information, please visit Cardiff and Vale UHB Liftshare Portal [here](#).

## Bus Pass Scheme



Cardiff and Vale UHB is continuing to operate a scheme assisting employees of the UHB to purchase Annual To Go, or To Go Plus tickets for travel to and from work. This scheme enables employees to obtain an annual ticket and make payment via UHB payroll, and is run in association with Cardiff Bus. Colleagues will be issued with an iff card and you can pay for the ticket by weekly or monthly instalments deducted onto the UHB scheme.

For further information on the scheme, please contact the Transport and Sustainable Travel Department via 029 2183 6224 or 029 2183 622.

## Preferential Currency Rates



Post Office Money are offering preferential currency rates for CAVUHB colleagues at the Post Office at UHW Concourse. Spending £250 or more on Euros, US dollars or the Travel Money Card will allow you to access a special rate for NHS colleagues.

Please present your NHS ID to the Post Office colleague before ordering your currency or Travel Money Card to ensure you receive your special rate. A passport or UK driving licence is required if purchasing a Travel Money Card. Travel Money Card is issued by First Rate Exchange Services Ltd.

Check out the Cardiff and Vale Staff Benefits savings and discounts [here](#) or by scanning the QR code



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