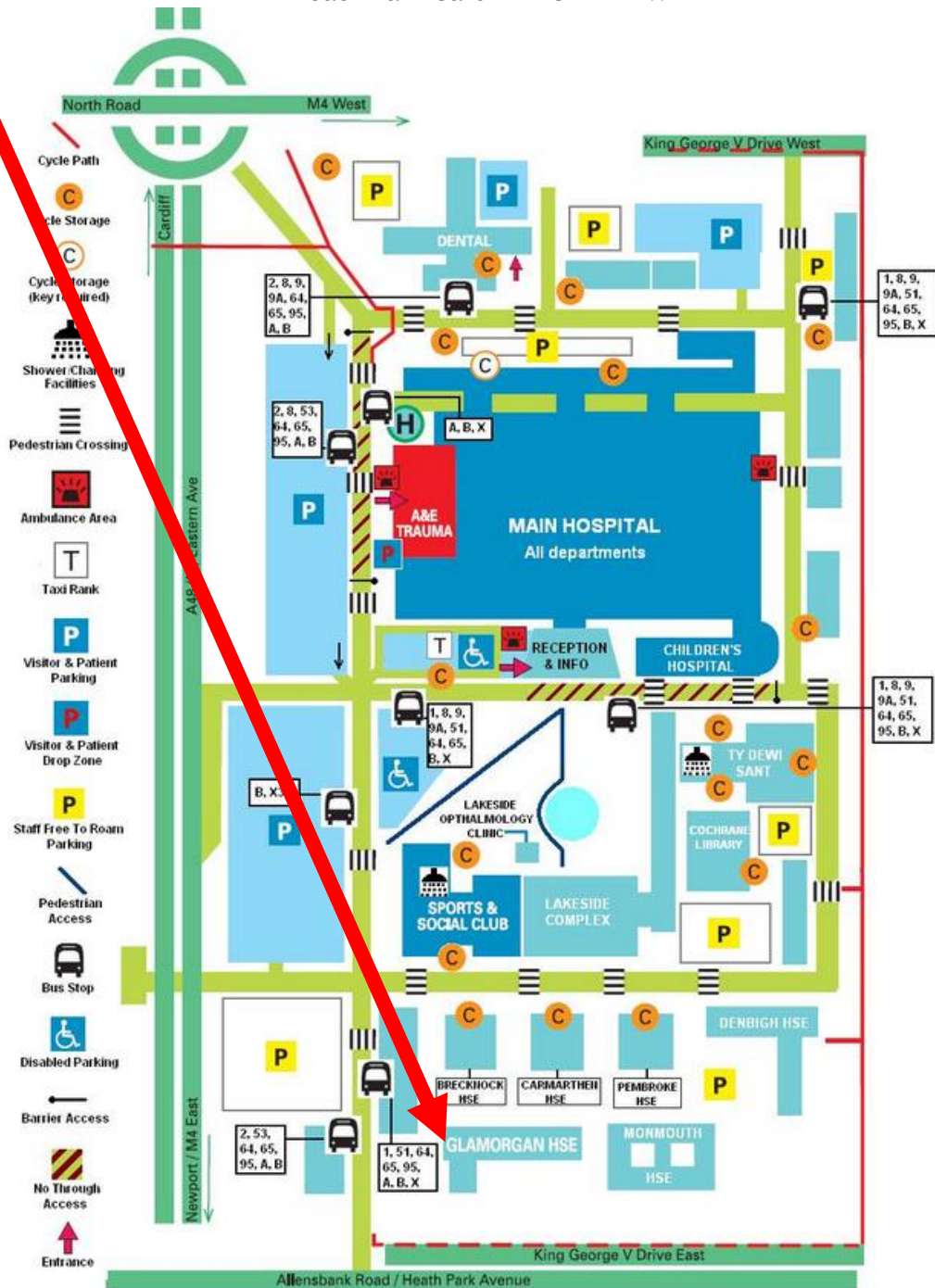


WELSH INSTITUTE OF DERMATOLOGY

Welsh Institute of Dermatology Glamorgan House University Hospital of Wales
Heath Park Cardiff CF14 4XW



Park and Ride Information - Monday to Friday - park and ride postcode CF23 8HH

Service H59 to University Hospital Wales



The poster features a bus icon with a driver and passengers, surrounded by colorful stars. A black circle with 'UHW' is positioned to the left of the bus. The main title 'Cardiff and Vale UHB PARK AND RIDE' is in large blue letters, with the tagline 'For free, for everyone.' below it. The central part of the poster is a blue banner with white text detailing bus routes and times. At the bottom, there are logos for GIG NHS Wales, HealthCharity ElusenIechyd, and Cardiff bus bws Caerdydd.

UHW

**Cardiff and Vale UHB
PARK AND RIDE**
For free, for everyone.

Direction	First Bus	Frequency	Last Bus	Frequency
FROM EAST PARK & RIDE TO UHW	6.30am	THEN EVERY 10 MINUTES UNTIL	6.50pm	THEN EVERY 20 MINUTES UNTIL 10.50pm
FROM UHW TO EAST PARK & RIDE	6.40am	THEN EVERY 10 MINUTES UNTIL	7.00pm	THEN EVERY 20 MINUTES UNTIL 11.00pm

 **GIG NHS** Wales
Bwrdd Iechyd Prifysgol Caerdydd a'r Fro
Cardiff and Vale University Health Board

 **HealthCharity**
ElusenIechyd
Charity of the Year

Cardiff bus
bws Caerdydd 

From the East, come off at junction 29 of the M4, take second exit and follow signs for Park and Ride car park