

Adult

Show me where?

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Helping people communicate

Child

**'Show me where' is a simple pain communication tool using visual images.
For adults or children who are non-verbal, disabled or unable to speak English.**

Useful for the following patient groups

- Stroke
- Early stage Dementia
- Deafness and hearing problems
- Disabilities affecting speech. E.g. Cerebral Palsy, Multiple Sclerosis
- Autism (ASD)
- Intubated or tracheostomy patients

Available for children and adults as

- **Fan tool** - which can be wiped clean or sterilised.
- **Multi-lingual App** - for tablets and phones. Contains audio in 6 additional languages.

How to use

1. Show the the tool to the patient and explain how it works.
2. Discuss how they will indicate to you, whether its an eye blink, smile or movement of the hand, some patients may only be able indicate by visibly relaxing.
3. Ask if they are in pain by covering the 'Yes' and 'No' seperately. If 'yes' find the site of pain by showing all images one by one and note which they indicate. If using the App there is also a list of symptoms to choose from.
4. Verify results with the patient, then use the tool to explain where you want to examine the person and obtain their consent.

**Use 'Show me where' daily so it becomes a familiar and predictable routine,
ensuring people can report pain at early onset, reducing their anxiety.**

The Multi-lingual app has an additional list of symptoms in addition to images of the body, which enables patients to report discomfort as well as pain. Contains audio in Welsh, Polish, Bengali, Urdu, Arabic and Somali. Available from App store and Google Play (Search: Show me where, Cardiff and Vale)

Blank fan tools are are carried by patients wherever they are in the hospital, to allow them to express needs such as diabetic, toilet, drink please, phone home etc. Needs can also be written in their own language to aid communication with staff for those who don't speak English.



Buy directly from Focus Games

<http://www.showmewherepain.co.uk/>

For patient information contact: Janice.sharp@wales.nhs.uk Irene.Hammond@wales.nhs.uk

How to use videos and additional information can be found at:
www.cardiffandvaleuhb.wales.nhs.uk/show-me-where



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