

The Perfect Locality Programme



Designing with citizens, patients and partners to ensure that: **a person's chance of leading a healthy life is the same wherever they live and whoever they are.** This is the next step in making Shaping our Future Wellbeing Strategy (2015) a reality.

We expect the Perfect Locality programme to refocus resources to create the transformational shift that is needed for *me, my home, my community*.

Long Term



This programme has a long term focus that is based on building resilience and sustainability in services and is the next step in delivering the vision of the shaping our future wellbeing strategy. It is based on tackling inequality and ensuring the components are addressed: focussing on wellbeing, sustaining primary care particularly general practice, facilitating technology solutions, developing health and wellbeing centres and wellbeing hubs, developing whole system models (with outcomes that matter to people), and improving pathways across primary and secondary care.

Prevention



To produce a perfect locality that matters to citizens and improves outcomes to keep people well, we need to work together and address prevention, use co-production approaches and improve health literacy. This will be achieved by creating supportive environments, developing personal skills and strengthening community resilience. Providing support to citizens to navigate third sector and others to provide informal support will lead to a reduction in the need for health and social care services.

Integration



The Perfect Locality programme, aligns with the Social Services and Wellbeing (Wales) Act, 2014, to improve health and wellbeing outcomes; to move towards a social model of health; to create greater collaboration and integration across services and organisations. The programme also fits with the Health Boards "Shaping Our Future Wellbeing Strategy".

Collaboration



Working in partnership, utilising an asset based approach and multi-organisational approach, including Public Health Wales, Strategic Planning, Primary and Secondary Care, Cardiff and Vale of Glamorgan Local Authorities and third sector to develop a Cardiff and Vale way to improve outcomes for citizens.

Involvement



The Perfect Locality has been shaped by engagement with people who use and deliver services, ensuring the citizen, as an asset, remains central to the development. This is because it is better for people themselves to be active partners in their own care. It can also reduce inappropriate and unplanned use of health and care services, freeing up valuable resources, ensuring co-production is fundamental.

Co-design

Co-production

Co-ownership

Develop whole system models (that matter to citizens and patients)

Agreeing a new care model and joint commissioning arrangements based on a home first approach

Improve patient pathways across primary & secondary care

Erode the interface, continue to support clinical theme and specialty-based GP/consultant, virtual directorate

Develop Health & Wellbeing Centres & Hubs

Provide the business cases for major physical infrastructure required to support improved access to community services and assets

Focus on Wellbeing

To systemise wellbeing and prevent ill-health, we will work with partner organisations on actions that:

- Create supportive environments
- Strengthen community action
- Reorient our services to focus on prevention
- Build healthy public policy across our organisation
- Develop personal skills of staff and citizens

Sustain primary care particularly general practice

By working at:

- National level
- Cluster level; including the identification and functional integration of UHB, Local Authority and Third Sector resources
- Individual practice level

Facilitate technology solutions

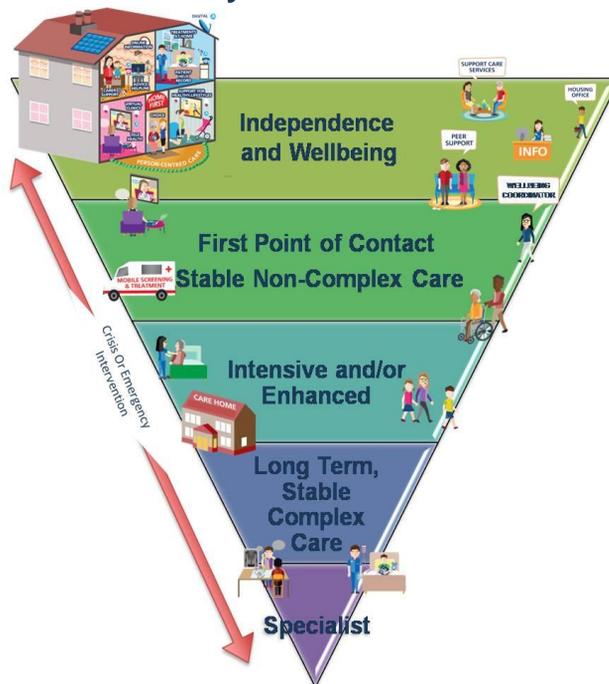
Ensure that digital solutions are explored further to promote health & wellbeing, and assist in the management of long term conditions

Health literacy

Empowerment

Self-care

Whole System Service Model



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<http://www.cardiffandvaleuhb.wales.nhs.uk/the-perfect-locality>