

Non-urgent advice & help for needle incidents or spiked drinks

Please consider the following advice lines and places where people can go to get **NON-URGENT** medical help and advice.

South Wales Victim Focus - 0300 30 30 161



South Wales Victim Focus
Ffocws Dioddefwyr De Cymru

CAV 24/7 -Phone First, Stay Safe, Right Place, First Time -
0300 10 20 247



Cardiff Alcohol and Drug Team - 029 2078 8300

Frisky Wales

Ask for Angela



South Wales Police takes all reports seriously and we encourage anyone who believes they have been a victim of spiking in any form to contact the police.

Send a private message on Facebook/Twitter

Via email: SWP101@south-wales.police.uk

Phone: 101

