Front

Procedure for measuring lying and standing BP	A positive result is seen as:
Explain the procedure to the patient	• A drop in systolic BP of 20mmHg or more (with or without
Patient lies down - 5 mins	symptoms).
Measure BP and pulse rate	 A drop to below 100mmHg on standing even if the drop is I than 20mmHg (with or without sumptoms)
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Patient stands - measure BP and pulse rate immediately upon standing or within 1 min	symptoms (although usually clinically less significant than a
Measure BP and pulse rate again at 3 mins total standing time	drop in systolic BP).
Ψ If BP still dropping or symptoms persist, and patient is able	A positive results should prompt a
to continue 💙 measure again at 5 min total standing time	medical and nursing review.
Notice and document symptoms of: dizziness, light-headedness,	For further information, scan
vagueness, pallor, visual disturbance, feelings of weakness, palpitations.	this QR code with a smart phone
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