

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

Reference Number: <i>UHB 114</i> Version Number: 6	Date of Next Review: <i>March 2024</i> Previous Trust/LHB Reference Number: <i>T216</i>
Nasogastric Tubes: Procedure for the insertion of a nasogastric feeding tube, confirmation of correct position and on-going care (for adults, children, infants and neonates)	
Introduction and Aim The aim of the procedure is to minimise the risk of patient harm caused by misplaced nasogastric feeding tubes and to facilitate safe practice.	
Objectives To standardise the procedures for: <ul style="list-style-type: none"> • Passing a nasogastric tube • Confirming the correct position of a nasogastric tube on insertion and during ongoing care • Delegation of tube insertion or care to relatives, patients or carers 	
Scope This procedure applies to all of our staff in all locations including those with honorary contracts. It also applies to student nurses, medical students and nursery nurses who are working under supervision of a competent registered practitioner.	
Equality and Health Impact Assessment	<i>An Equality and Health Impact Assessment (EHIA) has been completed and this found there to be a positive impact.</i>
Documents to read alongside this Procedure	<ul style="list-style-type: none"> • Insertion, management and removal of nasal bridle fixation device for Naso-Enteral tubes in adults procedure • Consent to Examination or Treatment policy • Mental Capacity Toolkit
Approved by	Nutrition and Catering Steering Group

Accountable Executive or Clinical Board Director	Executive Director of Therapies and Health Sciences
Author(s)	Adult Nutrition Support Team and Paediatric Nasogastric Feeding Working Group
<u>Disclaimer</u> If the review date of this document has passed please ensure that the version you are using is the most up to date either by contacting the document author or the Governance Directorate .	

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

Summary of reviews/amendments			
Version Number	Date of Review Approved	Date Published	Summary of Amendments
1	November 2005		
2	July 2009		
3	March 2012		Reviewed and updated
4	August 2015		
5	March 2018		Reviewed and paediatric and neonatal appendices added
6	March 2021		Reviewed and references updated. Visor added into PPE as per Covid recommendations. 4 step x-ray interpretation added

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

Contents

1. Introduction.....	4
2. Statement	4
3. Aim	4
4. Objectives.....	4
6. Indication	5
7. Consent	6
8. Contraindications.....	6
9. Type of tube.....	6
10. Insertion of the tube	7
11. Confirming tube position	7
12. Securing the tube.....	9
13. Documentation.....	9
14. Resources	10
15. Training	10
16. Arranging the discharge of patients with nasogastric feeding and delegation of care to patients, relatives and carers	10
17. Responsibilities.....	11
18. Implementation	12
19. Equality Impact Assessment	12
20. References	12
APPENDIX 1: Process for passing a nasogastric feeding tube and confirming the correct tube position in Adults	14
APPENDIX 2: Process for passing a nasogastric feeding tube and confirming the correct tube position in Children	18
APPENDIX 3: Process for passing a nasogastric feeding tube and confirming the correct tube position in Neonates	23
Appendix 4: Rationale for procedure for checking the position of nasogastric tubes in adults, children and infants (not neonates)	27
Appendix 5: Rationale for procedure for checking the position of NG tubes in neonates.....	28
Appendix 6: Daily care record for Nasogastric tube	30
Appendix 7: Nasogastric Feeding Discharge	35
Appendix 8: Insertion of Nasogastric Tube (Child Health)	36
Appendix 9: Nasogastric Tube Bedside Paperwork	37

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

1. Introduction

Nasogastric feeding is the most common method of providing artificial nutritional support in hospital. The most prevalent risk associated with the insertion of a nasogastric tube is misplacement of the tube into the bronchus and subsequent pulmonary aspiration when enteral feeding is in progress (1).

Although the risk of tubes being misplaced into the lungs during insertion or moving out of the stomach at a later stage is small, the National Patient Safety Agency (NPSA) is aware of a number of deaths and cases of serious harm due to misplaced nasogastric feeding tubes over recent years (2). Feeding into the lung, through a misplaced nasogastric tube is a 'Never Event' in England and Wales (2).

Patients can be discharged into the community with a nasogastric feeding tube in place and tube care or insertion may be delegated to the patient, relative, parent or carer. A full multidisciplinary risk assessment must be made and documented, before a patient with a nasogastric tube is discharged from acute care to community and before delegation of care.

2. Statement

The procedure has been produced to support staff in the correct insertion of a nasogastric feeding tube, confirmation of correct position and ongoing care including delegation of care to relatives.

The procedure for insertion of a fine bore feeding tube is based on the guidelines of the British Association of Parenteral and Enteral Nutrition (3). Confirming correct positioning of nasogastric tubes is based upon recommendations of the National Nurses Nutrition Group (4) and the NPSA (2). The procedure for passing a nasogastric tube can also be used for wide bore tubes.

3. Aim

To maintain patient safety and minimise the risk of patient harm caused by misplaced nasogastric feeding tubes through the provision of evidence based clinical guidance.

4. Objectives

To standardise the procedures for:

- Passing a Nasogastric tube
- Confirming the correct position of a Nasogastric tube on insertion and during ongoing care
- Delegation of tube insertion or care to relatives, parents or carers
- The safe discharge of patients with nasogastric feeding tubes in-situ

5. Competence, accountability and responsibility

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

5.1 Registered Practitioners:

All professionals undertaking this procedure must be appropriately trained and competent registered practitioners, that is:

- Registered Adult Nurse, Registered Children’s Nurse
- Registered Medical staff

The registered healthcare professional must:

1. Have undertaken training in the insertion of nasogastric feeding tubes which includes tube insertion using a manikin
2. Have undertaken supervised practice with a registered practitioner who is competent in this skill
3. Have been assessed as competent in passing a nasogastric feeding tube with a patient on 3 occasions post training
4. Keep a documented record of their competence
5. Update their practice every 3 years (to include a one - off assessment of competence)

The practitioner is accountable for their own practice. Evidence of continuing professional development and maintenance of competence level will be required.

5.2 Students:

Student nurses and medical students can practice this skill under the direct supervision of a competent registered practitioner who meets the above criteria.

5.3 Nursery Nurses

In the Neonatal Unit and Transitional Care Unit a Nursery Nurse who has completed steps 1-5 (above) may pass a nasogastric tube. The Nursery Nurse should have care for these babies delegated and supervised (indirectly) by a Registered Nurse who also meets the above criteria.

It is the responsibility of the Senior Nurse for Neonatal Services and In-patient Maternity Services to ensure that training and assessment of competence is undertaken and documented.

5.4 Patients and relatives:

Other carers - i.e. parents of children, involved in the patient’s daily care can undertake this procedure if they have been trained by a competent registered practitioner and have been assessed as competent.

6. Indication

Prior to passing a nasogastric feeding tube a risk assessment must be carried out, balancing the potential risks of tube insertion against the need to feed. The plan for insertion

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

of a nasogastric tube must be documented by the medical team in the medical notes prior to insertion of the nasogastric tube.

Placement should be delayed if there is not sufficient experienced support available to accurately **place and confirm** nasogastric tube placement (e.g. at night). Unless clinically urgent, placement should be delayed until that support is available. The rationale for any decisions made must be recorded in the patient's medical notes.

7. Consent

Informed verbal consent for the procedure must be sought under the guidance of the UHB Consent to Examination or Treatment Policy. (Section 8.8,8.6 deals with treatment of children and *Gillick Competence*). Consent must be documented in the medical notes.

Please refer to the Mental Capacity Act toolkit (UHB Mental Capacity Act intranet page) for guidance on how to assess mental capacity if you suspect the patient does not have the capacity to provide their consent and the actions to be taken e.g. a best interest decision. Please use the documentation provide in the Mental Capacity Act Toolkit to document mental capacity assessments and best interest decisions.

8. Contraindications

Base of skull fracture is an absolute contraindication and nurses must not pass a nasogastric tube in this instance unless a local policy and training is in place.

The following are possible contra-indications for the insertion of a nasogastric feeding tube:

- unstable cervical spine
- maxillo-facial surgery, trauma or disease
- oesophageal tumours, strictures or surgery
- haematological disorders/abnormal coagulation
- congenital abnormalities

The contraindications are not all absolute, but individual patients must be discussed with the medical team in charge of their care before a tube is passed. Some patients may require tubes placed using direct vision, endoscopic or radiological guidance.

9. Type of tube

Fine bore nasogastric tubes are used for enteral feeding in the UHB and are available in a Variety of sizes (please see specific procedures that follow). These tubes can be used for up to 28 days.

Wide bore (≥12fg) tubes are primarily used for gastric aspiration and decompression. They are associated with the following complications:

- rhinitis
- pharyngitis

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

- oesophageal strictures
- gastric erosions and bleeding (5)
- increased tendency for reflux (6)
- patient discomfort
- difficulty in swallowing

Wide bore (>12fg) tubes are made from polyurethane and ideally should only be in situ for a maximum of 28 days to maximise comfort and minimise harm. Contact the Nutrition Support Team for advice if the NG tube is required for longer.

Wide bore tubes used for feeding should be changed to fine bore tubes when clinically appropriate and feed tolerance is established to maximise patient safety and comfort. The procedure for confirming correct position must be followed before the wide bore tube is used for feeding.

10. Insertion of the tube

The correct procedure for passing a nasogastric tube must be followed. Refer to:
Appendix 1- Adults
Appendix 2- Children
Appendix 3- Neonates

11. Confirming tube position

The correct position of the nasogastric tube **must** be confirmed following insertion and documented before feeding is commenced. **Nothing** must be introduced down the tube before gastric placement is confirmed i.e. do not flush with water.

The correct position of the nasogastric tube must also be confirmed and documented:

- Before each bolus feed, administration of medicines or after rest periods
- Following vomiting, violent coughing or retching episodes
- At least once during continuous 24 hour feeding
- Following evidence of tube displacement (change in external tube length, loose tape)

11.1 Methods recommended following insertion

a. Aspiration and testing with pH indicator strips:

- This is the preferred method to confirm tube position (1)
- A pH of **5.5 or below** is acceptable as indicating gastric placement in most patients. There is evidence to suggest that a pH reading of between 1 and 5.5, can reliably exclude *pulmonary* placement of the nasogastric tube
- If pH of 5 – 5.5 is obtained but the procedure was difficult e.g. patient was coughing

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

or vomiting during the procedure, a chest x-ray is also recommended.

- The procedure for confirming correct position of a nasogastric tube must be followed by the referring to the relevant Appendix.
- Medication may affect gastric acidity (11) including proton pump inhibitors, H₂-antagonists and antacids, although the desired pH can usually be obtained (12). The pH of aspirate obtained on initial placement, even if above pH 5.5, must be documented for future reference.
- The pH indicator paper used must be intended by the manufacturer to test human gastric aspirate (2). The pH strips used in the UHB are available from pharmacy.

b. Radiography:

- A chest x-ray must be requested if unable to obtain gastric aspirate or the pH is greater than (>) 5.5 following insertion. The x-ray request form must be marked as **urgent** and the film reviewed as soon as possible. The time of tube insertion must be documented on the x-ray request form as this will assist Radiology to prioritize investigations to be undertaken. An urgent x-ray should be undertaken within 4 hours of the request.
- X-rays must be interpreted and nasogastric tube position confirmed by a Healthcare professional assessed as competent to do so. If there is any difficulty in interpretation of the x-ray, the advice of a radiologist must be sought.
- Remote reviewing of an x-ray must be followed up by a review of the patient and appropriate documentation in the medical notes before the tube is used for feeding.
- A nasogastric tube identified to be in the lung must be removed immediately. **Note** an x-ray only confirms the position at the time the image was taken.

In order to determine whether a nasogastric (NG) tube is in a safe position for feeding, the following questions must be answered;

- **Can I identify the carina?**
- **Can I see the tube bisect the carina?**
- **Can I identify the diaphragm and see the tube passing below it?**
- **Which way does the tube pass below the diaphragm?**
- **Can I see the tip of the tube?**

A flowchart for the procedure for confirming correct position of a nasogastric tube can be found on page 17 (adults), page 26 (neonates). A summary of the rationale for can be found in appendix 4 for adults and children and appendix 5 for neonates.

11.2 Confirming correct position during ongoing care

Radiography **should not** be used routinely for daily confirmation of tube position due to increased exposure to radiation, impracticality, costs and disruptions to feeding (1). The following should be considered:

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

- If unable to aspirate and the patient is able to drink, ask the patient to drink an easily identifiable fluid. If this is then aspirated from the feeding tube, correct positioning is confirmed
- Aspiration of partially digested food or feed in the alert patient with an intact cough and swallow reflex is indicative of gastric placement
- If the measurement of the tube length remains unchanged and the patient's clinical condition is unchanged then this would support the view that the tube is still correctly positioned
- Avoid testing pH after administration of medication or while feed is in progress

The practitioner should apply clinical judgement and expertise combined with these considerations in deciding if the tube is correctly positioned, particularly when the correct pH cannot be obtained. If there is no reason to suspect tube displacement since initial insertion, i.e. no vomiting, retching or coughing or unexplained respiratory symptoms, the only practical way of determining if the tube remains correctly placed prior to each administration of feeds or medications, is confirmation that the external tube length remains the same and that the fixation plasters have not become loose.

NB: An individual risk assessment should be carried out for each patient. For example, if the pH is constantly higher than 5.5 on each occasion the tube is aspirated, but on x-ray the tube is found to be correctly positioned, then it could be accepted that for this patient a pH of >5.5 is 'normal' and feeding can continue. This should be clearly documented.

12. Securing the tube

The tube must be well secured to the patients' nose and cheek. In children the tape should be at least three times the diameter of the tube and long enough to cover at least two thirds of the child's cheek.

Allergies and sensitivities to the tape may require a hydrocolloid dressing to provide a protective layer between the skin and tape. Nasal bridles are available for use in adults from the Nutrition Support Team. The use of hand mittens can also be considered in adults.

13. Documentation

The pre-printed sticker provided by the manufacturer must be used to standardise documentation.

The result of pH testing must be documented on the daily care record (page 29) and must include:

- date and time
- whether aspirate was obtained
- what is the pH of the aspirate
- who checked the aspirate pH

Documentation following x-ray must include:

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

- date and time
- patient ID
- who authorised the x-ray
- who confirmed the position of the tube
- confirmation that the x-ray viewed was the most current for the patient
- rationale for the confirmation of position of the nasogastric tube i.e. how placement was interpreted. This must be documented in the medical notes

14. Resources

This procedure is a revision of existing guidelines within the UHB. There are minimal resources required for implementation. All nasogastric tubes are available through CSSD. pH indicator strips are available from pharmacy.

15. Training

The adult Nutrition Support Team provide an education and training program “Passing a fine bore nasogastric tube”. This is open to qualified nursing staff and is booked through the Learning, Education and Development department. Other named practitioners may also provide education and training to specific ward areas.

The Paediatric Gastroenterology CNS and ward practice educators provide training for “Insertion of nasogastric tube” and “Nasogastric Tube Assessors Workshop”

16. Arranging the discharge of patients with nasogastric feeding and delegation of care to patients, relatives and carers

Patients in both adult and child health areas can be discharged home with enteral feeding via a nasogastric tube in place and elements of care can be delegated to the patient or a relative / carer.

16.1 The Discharge Process:

The decision to feed at home is made by the multidisciplinary team and will need to be documented in the patient’s medical notes and the discharge pathway completed (appendix 7 for adults and appendix 8 for children). The discharge will be co-ordinated by the Dietitian and the ward nurses responsible for the patient’s care.

16.2 Delegation of Care:

In both adult and paediatric areas the following aspects of care can be delegated to the patient / relative / parent / carer:

- a. confirmation of tube position
- b. setting up and administration of feed

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

c. administration of medicines

In Child Health and the Adult Cystic Fibrosis Unit, the insertion of a fine bore nasogastric feeding tube may also be delegated to a patient / parent / relative / carer.

Standard 11 of the Nursing and Midwifery Council (NMC) ‘The Code’ states that in order to practise effectively Registered Nurses and Midwives must:

Be accountable for your decisions to delegate tasks and duties to other people

To achieve this, you must:

- 11.1 only delegate tasks and duties that are within the other person’s scope of competence, making sure that they fully understand your instructions
- 11.2 make sure that everyone you delegate tasks to is adequately supervised and supported so they can provide safe and compassionate care, and
- 11.3 confirm that the outcome of any task you have delegated to someone else meets the required standard

Standard 17 of the NMC Standards for Medicines Management (NMC 2015) also states that:

‘A registrant is responsible for the delegation of any aspects of the administration of medicinal products and they are accountable to ensure that the patient, carer or care assistant is competent to carry out the task.’

‘This will require education training and assessment of the patient, carer or care assistant and further support if necessary. The competence of the person to whom the task has been delegated should be assessed and reviewed periodically. Records of the training received and outcome of any assessment should be clearly made and be available.’

For this reason, registered Nurses will be responsible for ensuring that the person to whom they are delegating nasogastric feeding care:

- a. is clear about their role and responsibilities
- b. receives the training that they require
- c. demonstrates their competence through a documented assessment
- d. receives the support that they require at home

17. Responsibilities

Healthcare professionals must ensure that have undertaken the required training and assessment of competence prior to them being involved with nasogastric tube placement and confirmation of position.

Practitioners, Assessors and ward managers are responsible for recording this in local records. Training provided via the Learning, Education and Development Clinical Skills prospectus will be recorded on the ESR system and completed competencies must be sent to LED.

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

Individual directorates are responsible for implementing the procedure. The Nutrition Support Team will continue to provide the training and support of staff undertaking the procedure in adults.

Incident forms must be completed for misplaced nasogastric feeding tubes or other adverse events associated with their use and the incident escalated through the appropriate directorate channels. Serious clinical incidences must be escalated to the Patient Safety and Quality Department e.g. feeding via a misplaced NG tube, pneumothorax, and perforated oesophagus.

18. Implementation

The procedure will be circulated to all clinical areas and will be available on the UHB Intranet site. Adherence to the procedure will be audited on an ad hoc basis by the Nutrition Support Team. It is encouraged that directorates include this to their audit calendars as appropriate.

19. Equality Impact Assessment

An Equality Impact Assessment has been undertaken to assess the relevance of this procedure to equality and potential impact on different groups, specifically in relation to the General Duty of the Race Relations (Amendment) Act 2000 and the Disability Discrimination Act 2005 and including other equality legislation. The assessment identified that the procedure presented a low risk to the UHB.

20. References

1. American Gastroenterological Association Medical Position Statement: Guidelines for the Use of Enteral Nutrition (1999).
2. National Patient Safety Agency (2005 and update 2011, 2012, 2016) Patient Safety Alert 05: Reducing the harm caused by misplaced nasogastric tubes NPSA, London.
3. Nutrition Support Guidelines. BAPEN (May 2019).
4. Safe insertion and ongoing care of nasogastric (NG) feeding in adults. National Nurses nutrition Group (2017)
5. Payne-James J. (2001) *In. Artificial Nutrition Support in Clinical Practice*. Payne James J, Grimble G, Silk D (eds) Chap 17 (2nd ed) Greenwich Media London.
6. Navinski N, Yehuda Y, Serour F. (1999). Does the size of nasogastric tubes affect gastroesophageal reflux in children? *Journal of Paediatric Gastroenterology and Nutrition*; 29; 448-51.
7. Dewar H, (1997). Nasogastric tube audit: standard setting and review of specification. *Journal of Human Nutrition and Dietetics*; 10: 313-15.
8. Metheny N, & Meert K. (2004). Monitoring feeding tube placement. *Nutrition in*

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

Clinical Practice; 19 487-495.

9. Huffman S, Jarczyk E, Peiper P, Bayne A. Methods to confirm feeding tube placement: Application of Research in Practice. *Paediatric Nursing* 30 (1) 10-13.
10. Medical and Healthcare products Regulatory Agency (MHRA) Safety Alert – Enteral Feeding Tubes (nasogastric) June 2004 *MDA/2004/MHRA*, DoH, London.
11. Mensforth A, Nightingale J. (2001). Insertion and Care of Enteral Feeding Tubes In. Nightingale J (Ed) *Intestinal Failure*. Greenwich Medical Media, London.
12. Metheny N, Stewart B. (2002). Testing feeding tube placement during continuous tube feedings; *Applied Nursing Research*: 15 (4) 254-258.

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

APPENDIX 1: Process for passing a nasogastric feeding tube and confirming the correct tube position in Adults

Equipment

Fine bore tube of appropriate size
pH indicator paper
Nose plaster or appropriate tape/scissors
Non-sterile gloves
Apron
Visor
60 ml enteral syringe
Glass of water (if appropriate)
Tissues
Receiver
An assistant

Procedure

1. Wash hands according to UHB policy and assemble the equipment.
2. Prepare the patient for the procedure:
 - Screen bed area
 - Explain procedure and rationale
 - Where appropriate obtain verbal consent and document
 - Clean/clear nostrils and provide oral care
 - Position patient (semi-recumbent, head tilted slightly forward, unless contraindicated)
 - Agree signal to pause/stop the procedure
3. Wash hands, put on gloves, apron and visor.
4. Examine tube, check expiry date, size and integrity – ensure the guide-wire moves freely.
5. Measure the length of the tube required Nose, Ear, Xiphisternum (**NEX**) and mark with an indelible pen. In adults - nose to earlobe to xiphisternum is usually 50-65 cm.
6. Do not lubricate the tube with water or any lubricating agents.
7. If able to swallow, provide the patient with a glass of water or a coloured drink.

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

8. Insert the tip of the tube into the nostril, along the floor of the nasal passage into the oropharynx (throat), ask the patient to swallow and tilt chin down slightly, unless this is contraindicated.
9. Advance the tube gently and encourage the patient to swallow until the tube reaches the NEX measurement.

If the patient shows signs of distress e.g. excessive coughing, gasping or cyanosis, the tube must be removed immediately. Referral must be made to a senior member of the medical team who will review the situation and determine what action is necessary. This may include referral for assistance from the Nutrition Support Team or other appropriate clinical team. Out of hours, the responsible clinical team must risk assess further attempts at insertion versus delay in provision of enteral nutrition.

- 10 Confirm correct position of nasogastric tube.

Procedure to confirm correct position following insertion:

- Use a 60 ml enteral syringe and aspirate a small amount of fluid
- Place aspirate on pH strip and leave for 10 seconds
- A reading of **5.5 or below** indicates gastric placement

If aspirate is greater than 5.5:

- Wait 30 minutes and retry
- If pH remains greater than 5.5 a chest x-ray must be requested
- X-ray on initial placement is also advisable in patients in whom the procedure was difficult i.e. coughing/vomiting or if there is any doubt regarding the pH obtained

If aspirate is difficult to obtain try some or all of the following:

- Check the syringe size - must be ≥ 20 ml
- Check the tube is inserted to correct length as measured (NEX)
- Try advancing or withdrawing tube 5 -10 cm (adults)
- Flush tube with air. Use 10-20 ml of air in adults **DO NOT** use water
- Give the patient a drink if appropriate (i.e. safe swallow)
- Position the patient on their left side- unless clinically contraindicated
- Wait up to 30 minutes and retry

If all attempts to obtain gastric aspirate fail on initial placement, a chest x-ray must be requested.

Following confirmation of position:

11. Remove the guide-wire. Flush 5 ml of water through the tube using a 20 ml or 60ml enteral syringe. Hold the tube firmly at the nose and carefully remove the guide-wire.

Never re-insert the guide-wire whilst the tube is in the patient.

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

12. Secure the tube by taping around the tube and across the nose. Position the tube to the corner of the nostril. Additional tape should be used to secure the tube to the patient's cheek.

13. Dispose of waste according to UHB policy.

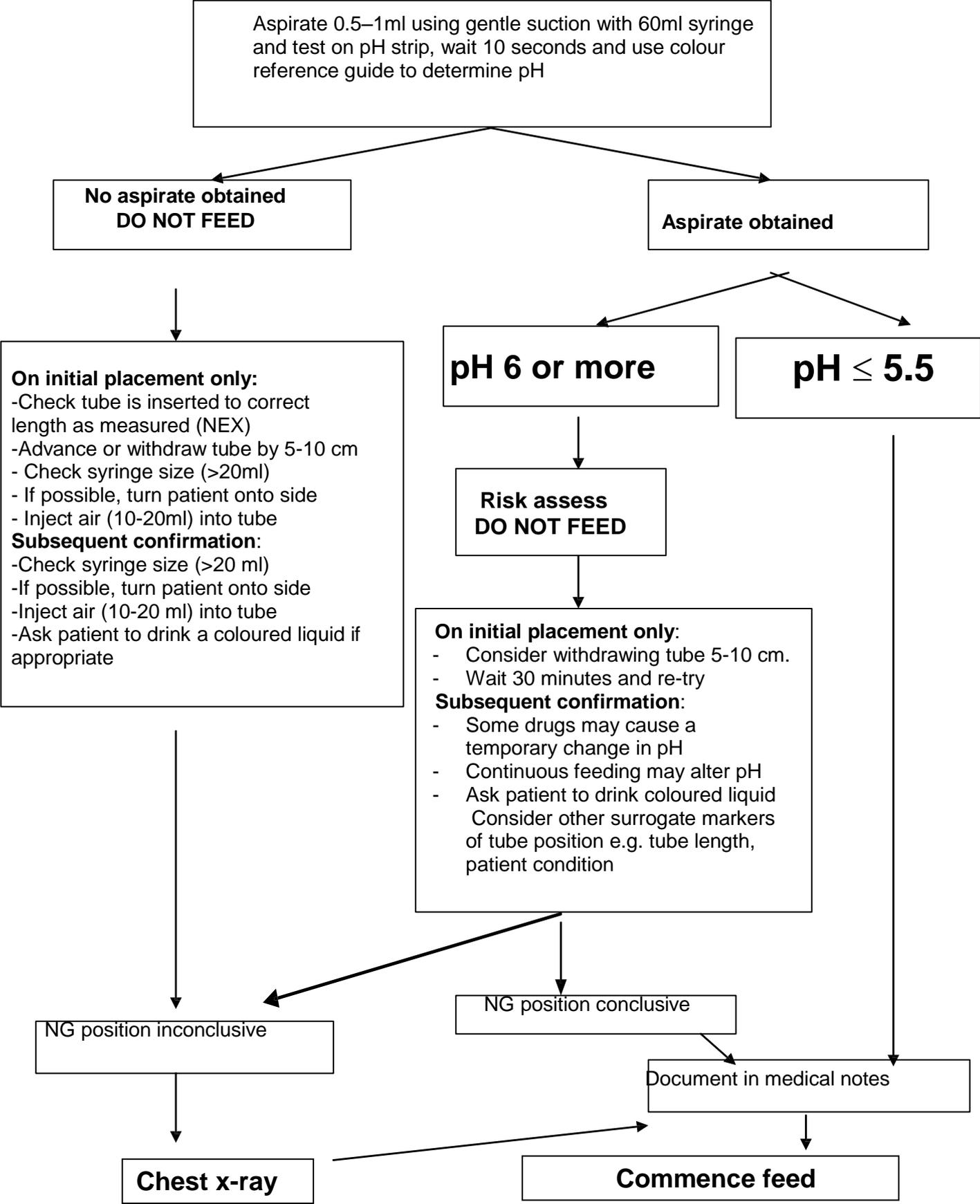
14. Document consent, the procedure and method of confirming correct tube position including the person undertaking the procedure in the medical notes.

Procedure for ongoing care of a patient with a nasogastric tube

- Check tube position prior to giving feeds/drugs as per previous instructions. Record daily NG checks on the nasogastric daily care record (page 29).
- If on continuous feeding, stop feed and flush tube with 10-20ml of air prior to aspiration, use clinical judgement and surrogate measures (tube length etc) to decide if tube is correctly positioned if pH > 5.5.
- If unable to aspirate/obtain correct pH use clinical judgement and surrogate measures (tube length etc) to decide if tube is correctly positioned.
- Flush the tube with water before and after feeding, before and after medication and between each medication.
- Adults that are immuno- compromised, critically ill or who have a tracheostomy and are nil by mouth should have sterile water to flush the NG tube. Freshly drawn drinking water is suitable for other adults.
- Check the securing device on each shift and renew regularly.
- Check both nostrils daily and clean with water as needed.
- Consider changing the tube after 28 days.

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

Procedure flowchart for confirming correct positioning of nasogastric feeding tubes in ADULTS



Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

APPENDIX 2: Process for passing a nasogastric feeding tube and confirming the correct tube position in Children

Equipment

Within a clinical environment working oxygen and suction must be available

Nasogastric tube of appropriate size

Enteral syringe 20ml x 2

pH indicator strips

Hydrocolloid dressing, cut to size

Adhesive tape, cut to size

Apron

Non-sterile gloves

Scissors

Glass of water and drinking straw/dummy (if appropriate)

Tissues

Receiver

Sterile water for flushing

An assistant (Two people are required to pass a nasogastric tube; one to comfort and support the child, one to pass the tube. If appropriate consider distraction therapies during the procedure.)

Procedure

1. Wash hands according to UHB policy and assemble the equipment.
2. Prepare the patient for the procedure:
 - Screen bed area or take the child into the treatment room
 - Explain procedure and rationale, it is good practice to involve the child in the discussion; a hospital play specialist can help to facilitate this process using pictures to explain the procedure to the child.
 - Where appropriate obtain verbal consent and document
 - Clean/clear nostrils and provide oral care
 - Position patient depending on the child's age and ability to cooperate
 - If age appropriate agree a signal with the child to pause/stop the procedure
3. Wash hands, put on gloves and apron.
4. Examine the nasogastric tube, check the expiry date, size and integrity. Ensure the guidewire moves freely and graduating markings are present.
5. Measure the length of the nasogastric tube required: from the tip of the **N**ose to the **E**arlobe to the **X**iphisternum (**NEX** measurement) and note required length.

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

6. Do not use lubricating agents with fine-bore nasogastric tubes as these may affect the pH reading or occlude the tube. Do not lubricate the tube with water.
7. Insert the tip of the nasogastric tube into the nostril, pass the tube along the floor of the nasal passage into the oropharynx (throat), encourage the child to swallow by encouraging them to take a drink or using a dummy if able as this will aid the passing of the tube down the oesophagus.
8. Advance the nasogastric tube gently and encourage the child to swallow until the nasogastric tube reaches the measured length. If the child shows signs of distress e.g. excessive coughing, gasping or cyanosis, the tube must be removed immediately. Never try to advance a nasogastric tube against resistance. Comfort and reassure the child and their family, retry passing the nasogastric tube.
9. If there are signs of distress or resistance referral must be made to a senior member of the medical team who will review the situation and determine what action is necessary. This may include referral for assistance from the Paediatric Nutrition Nurse Specialists or other appropriate clinical team. Out of hours, the responsible clinical team must risk assess further attempts at insertion versus delay in drug administration, provision of enteral nutrition or decompression.
10. Confirm the correct position of the nasogastric tube:

Procedure to confirm correct position following insertion:

- Use a 20 ml enteral syringe and aspirate fluid. Only a small amount (1 ml) is needed.
- Place aspirate on pH strip and leave for 10 seconds. A reading of **5.5 or below** indicates gastric placement.

If aspirate is difficult to obtain or the child showed signs of distress (excessive coughing, gasping or cyanosis)

Try the following:

- Check the size of the enteral syringe - must be ≥ 20 ml
- Check the nasogastric tube is inserted to the correct length as measured (NEX measurement)
- Try advancing or withdrawing the nasogastric tube by 1-2 cm (infants and children) and 5-10 cm (adolescents) and aspirate.
- Flush the nasogastric tube with 1-2 ml of air (infants and children) or 10-20 ml (adolescents). Do **NOT** use water
- If the child has a safe swallow offer them a drink of water or an easily identifiable liquid
- Position the child on their left side for up to 30 minutes and retry aspirating
- Consider removing the nasogastric tube and repassing a new nasogastric tube
If all attempts to obtain gastric aspirate fail, a chest x-ray must be requested

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

If the aspirate is greater than pH 5.5 on initial placement:

Try the following:

- If appropriate, ask the child to drink an easily identifiable, coloured liquid and then aspirate the nasogastric tube
- If the child is unable to drink a chest x-ray must be performed
- Do not use the nasogastric tube until it is confirmed to be in the stomach either by pH testing, aspiration of the identifiable, coloured liquid or X-ray, and it is clearly documented that it is safe for use.

If all attempts to obtain gastric aspirate fail, a chest x-ray must be requested.

- In addition to pH measurement, x-ray on initial placement is advisable in patients in whom the procedure was difficult (coughing, gasping or cyanosis) or if there is any doubt regarding the pH obtained.
- If a child is sedated and ventilated on the Paediatric Critical Care Unit then an x-ray is always performed to check the position of the nasogastric tube.
- The X-ray must only be interpreted by someone assessed as competent to do so. They are responsible for documenting in the child's medical notes:
 - The position of the nasogastric tube
 - If the nasogastric tube is safe to be used

If the nasogastric tube is identified to be in the lung it must be immediately removed. Do not use the nasogastric tube until the correct position is confirmed and it is clearly documented that it is safe for use.

Following confirmation of position:

11. Remove the guide-wire. Flush 5 ml of water through the tube using a 20 ml or 60 ml enteral syringe. Hold the tube firmly at the nose and carefully remove the guide-wire. **Never re-insert the guide-wire whilst the tube is in the patient.**
12. Place the hydrocolloid dressing on the child's cheek, and then secure the tube using an appropriate adhesive tape. The tape should be at least three times the diameter of the tube and long enough to cover at least two thirds of the child's cheek.
13. Flush the nasogastric tube with up to 10 ml of sterile water (child) and up to 20 ml of sterile water (adolescent) using the enteral syringe.
14. Comfort and reassure the child and their family at the end of the procedure.
15. Dispose of clinical waste according to Cardiff and Vale UHB policy.
16. Remove gloves and apron and wash hands according to Cardiff and Vale UHB policy.
17. Document the procedure in the child's medical notes using the 'NG Feeding Tube Insertion' label in the packaging:
 - Date and time

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

- Size and length of nasogastric tube
- Placement depth (actual measurement at nose)
- Nose-ear-xiphisternum measurement
- pH of aspirate
- Guidewire removed
- Feeding to commence
- Signature

Procedure for ongoing care of a patient with a nasogastric tube

The Nasogastric Daily Checklist must be completed every shift and up-dated as necessary (e.g. if nasogastric tube is replaced). It is important to document the external tube length at least once per shift.

The position of the nasogastric tube must be checked by pH testing:

- Prior to administering feed or drugs
- In the event of retching, vomiting, excessive coughing
- If the tube appears to be partially dislodged externally, for example if the tape appears loose
- At the beginning of every shift

Record all nasogastric tube position checks on the nasogastric daily care record.

If the pH is > 5.5 and the child is fed continuously, treated with acid-reducing medications, and/or nasogastric medications are frequently administered clinical judgment may be used:

- There must be no reason to suspect displacement (i.e. no vomiting, retching or coughing spasms and no unexplained respiratory symptoms)
- Confirmation that the length of the external tube remains identical to that recorded initially in the child's notes, and that fixation tapes have not moved or worked loose
- The securing device should be checked every shift and renewed if soiled or loose
- The nasogastric tube should be flushed with sterile water unless there is a clinical reason not to:
 - before and after the administration of feeds
 - before and after the administration of medication
 - between each medication

The size of the child and any fluid restrictions will determine how much water should be used for the flushes.

Only enteral syringes must be used to measure and administer medication. In the hospital setting enteral syringes are single use. In the community reusable syringes are available.

Staff and carers should be vigilant to the potential for entanglement in the nasogastric tube and/or feed administration set as a result of child movement.

The child's nostrils and cheek should be checked daily and cleaned appropriately. The integrity of the child's skin should be documented.

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

Change the nasogastric tube in accordance with the manufacturers' guidelines

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

APPENDIX 3: Process for passing a nasogastric feeding tube and confirming the correct tube position in Neonates

Equipment

Nasogastric tube of appropriate size
Enteral syringe 2.5ml/5ml
pH indicator strips
Hydrocolloid dressing, cut to size
Adhesive tape, cut to size
Apron
Non-sterile gloves
Scissors
Dummy (if appropriate)

An assistant (Two people are required to pass a nasogastric tube; one to comfort and support the baby, one to pass the tube). If an assistant is not available, the baby can be swaddled.

Procedure

Ensure appropriate timing of procedure (risk of vomiting if tube passed midway or immediately following a feed)

1. Wash hands according to UHB policy and assemble equipment.
2. Prepare baby for the procedure
 - Screen bed area
 - Explain procedure and rationale if parent/carer present.
 - Where appropriate obtain verbal consent and document
 - Clean/clear nostrils and provide oral care
 - Ensure infant is secure, warm, and comfortably positioned, consider swaddling.
3. Wash hands, put on gloves and apron.
4. Examine tube's integrity, expiry date, ensure graduating markings are present.
5. Measure length of tube to be inserted
6. Nasogastric tube - nose to ear to midpoint between xiphisternum (bottom of breast bone) and umbilicus
7. Orogastric tube-corner of mouth to ear to midpoint between xiphisternum and umbilicus
8. Insert tube via nostril/mouth, aiming downwards and towards the back of the throat. Continue passing until the desired length is met. Sucking a dummy may facilitate advancement of the tube.
9. Hold in position and observe for any signs of distress or malposition of the tube. Remove immediately if baby shows colour change, vomiting, and respiratory distress or if any resistance is felt.

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

10. Confirm position of tube

Procedure to confirm correct position following insertion:

- Use a 2.5/5 ml enteral syringe and using gentle pressure aspirate fluid. Only a small amount (0.2-1ml) is needed.
- Place aspirate on pH strip and leave for 10 seconds. A reading of **5.5 or below** indicates gastric placement.

If aspirate is difficult to obtain

Try the following:

- Check for signs of tube displacement and ensure the nasogastric tube is inserted to the correct length as measured
- If possible, turn baby onto his/her side.
- Try advancing or withdrawing the nasogastric tube by 1-2 cm and re-aspirate.
- Flush the nasogastric tube with 1-2 ml of air. Do **NOT** use water
- Consider removing the nasogastric tube and re-passing a new nasogastric tube

N.B Do not use the following methods to confirm position of the tube

1. "Whoosh test" – listening for air from a empty syringe entering the stomach
2. Blue litmus paper to test acidity/alkalinity
3. Absence of respiratory distress
4. Observing milk in the aspirate

If all attempts to obtain gastric aspirate fail, seek senior advice and only consider chest & abdominal x-ray if timely.

If the nasogastric tube is identified to be in the lung it must be immediately removed.

If the aspirate is greater than pH 5.5 on initial placement:

- Consider waiting 15 -30 minutes then re-aspirate
- Consider replacing or re-passing tube and re-aspirate
- Consider prescribed medication
- Consider age of baby < 48hrs old

If attempts to obtain gastric aspirate pH of 5.5 or less fail on, seek senior advice and only consider chest & abdominal x-ray if timely.

Following confirmation of position:

11. Secure gastric tube in position with Tegaderm™ (if appropriate), consider skin integrity
(Tube can be attached to the plastic flange of the neobar if in-situ)
12. Comfort and settle the baby as required

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

13. Dispose of waste and wash hands as per UHB policy

14. Document procedure in the patient's notes, to include

- Date, time and route of insertion (which nostril if NG tube passed)
- Tube size and measurement at mouth/nose
- pH, volume and type of aspirate, whether aspirate discarded or replaced
- Tolerance of procedure

Ongoing care of the NG/OG Tube

- Initiate relevant care plan and documentation
- Test pH of aspirate as per previous instructions and document
 - Prior to each tube feed
 - Before being used to give oral medication
 - Following vomiting, retching or coughing
 - If the tube appears to have moved – loose tape, longer/shorter section of tube visible
- Monitor and document skin integrity of the nostril/mouth at insertion site and under the securing tape
- If skin is marked (pressure/redness)
 - Reposition tube and/or tape, consider duoderm
 - Repass tube in opposite nostril/orally
- Only clamp off tube following the administration of a bolus feed
- Replace NG/OG tube every 7 days as per manufacturer's instructions following the above process

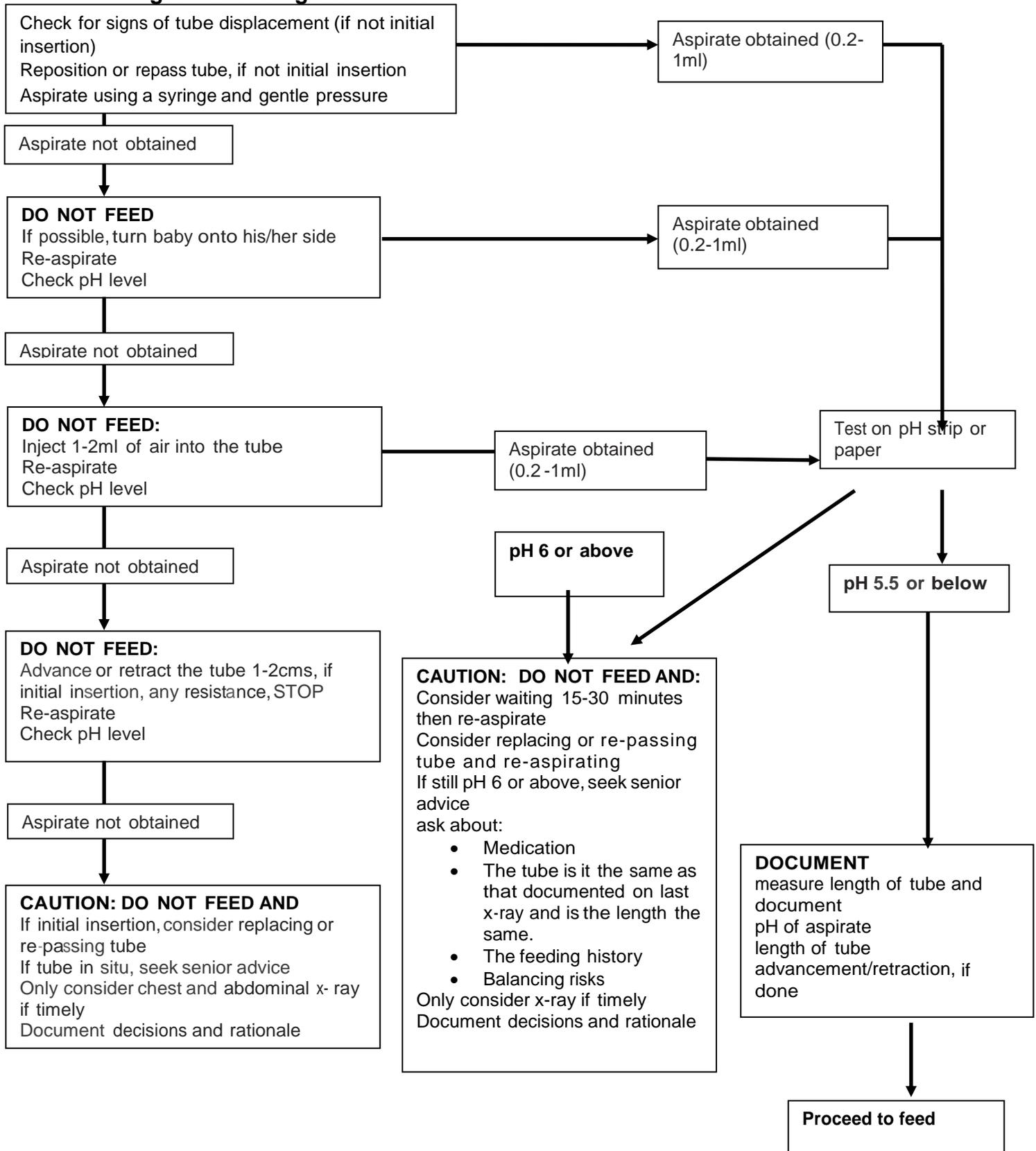
N.B. Carry out an individual risk assessment prior to gastric tube feeding and administration of medication

- A pH of 5.5 or under indicates correct placement, however continue to monitor baby condition throughout feed/medicine administration
- If the pH is consistently above 6
 - Work through the neonatal flow charts in appendix
 - Document and record findings
 - Discuss possible actions with the MDT and record how they reached their decision

Actions must be based on balancing the risks of not feeding the baby in the short term with the possibility of the tube being in the lungs.

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

NPSA Recommended procedure for checking the position of naso & oro gastric feeding tube in neonates



Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

Appendix 4: Rationale for procedure for checking the position of nasogastric tubes in adults, children and infants (not neonates)

Action	Rationale
Check whether the patient is on medication that may increase the pH level of gastric	Medication that could elevate the pH level of gastric contents are: antacids, H ₂ antagonists and proton pump inhibitors. The initial risk assessment should take in this scenario, and be documented in the care plan. The initial pH of the aspirate should also be documented in the case notes.
Check for signs of tube displacement	Documenting the external length of the tube initially and checking external markings prior to feeding will help to determine if the tube has moved. The documentation will also assist radiographers if an x-ray is needed.
Sufficient aspirate obtained (0.5 to 1 ml)	0.5 to 1 ml of aspirate will cover an adequate area on the panel of pH testing strips/paper. Allow 10 seconds for any colour change to occur.
Aspirate is pH 5.5 or below	Commence feed. There are no known reports of pulmonary aspirates at or below this figure.
Aspirate is pH 6 or above	DO NOT FEED. Possible bronchial secretion; leave for up to one hour and try again. The initial risk assessment should identify actions for staff to take in this scenario for each patient. The actions should be documented in the care plan.
Wait up to one hour Before re-aspirating to check pH level	The most likely reason for failure to obtain gastric aspirate below pH 5.5 is the dilution of gastric acid by enteral feed. Waiting for up to one hour will allow time for the stomach to empty and the pH to fall. The time interval will depend on the clinical need of the patient and whether or not they are on continuous or bolus feeding.
Problems obtaining aspirate?	
Turn patient on their side	This will allow the tip of the nasogastric tube to enter the gastric fluid pool.
Inject air (1.5 ml for children, 5-10 ml for adults), using a 20 or 60 ml syringe. Wait for 15-30 minutes and try again	Injecting air through the tube will dispel any residual fluid (feed, water or medicine) and may also dislodge the exit port of the nasogastric feeding tube from the gastric mucosa. Using a large syringe allows gentle pressure and suction; smaller syringes may produce too much pressure and split the tube.
Advance/withdraw the tube by 1-2 cm in children or 5-10 cm	Advancing the tube may allow it to pass into the stomach if it is in the oesophagus. Withdrawing the tube may re-position the tube into the stomach.
Consider x-ray – all radiographs should be read by appropriately trained staff	X-ray should not be used routinely. The radiographer will need to know that this advice has been followed, what the problem has been and the reason for the request. The request form must be marked as urgent and the film reviewed as soon as possible. Fully radio-opaque tubes with markings to enable measurement, identification and documentation of their external length must be used. Document time of tube insertion on the x-ray request form.
Additional tip	If the patient is alert, has an intact swallow and is perhaps only on supplementary feeding and is eating and drinking during the day, ask them to sip a coloured drink and aspirate the tube. If you get the coloured fluid back then you know the tube is in the stomach.

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

Appendix 5: Rationale for procedure for checking the position of NG tubes in neonates

Action	Rationale
Check for signs of tube displacement (if not initial insertion)	The tube may have coiled up in the mouth or if there is more tube visible than previously documented, the tube may have kinked. Loose tape may indicate movement. If tube has been displaced, it will need repositioning or re-passing before feeding.
Aspirate 0.2–1ml gastric fluid and allow ten to 15 seconds for any colour change	0.2 to 1ml of aspirate will cover an adequate area on single, double or triple reagent panels of pH testing strips or paper.
Aspirate using a syringe	It is safe practice to use gastric tubes and enteral syringes that have non luer lock connectors
Aspirate is pH 5.5 or below PROCEED TO FEED	Aspirates testing pH 5.5 and below should indicate correct placement in most babies (including the majority of those receiving acid suppressants) and rule out the possibility of respiratory tract placement. Always match the pH indicator strip or paper colour change with the colour code chart on the booklet or box. If there is ANY doubt about the position and/or clarity of the colour change on the pH indicator strip or paper, particularly between pH5 and 6, DO NOT commence feeding.
Aspirate is pH6 or above CAUTION – STOP FEED: if clinically safe, consider waiting 15–30 minutes before aspirating again. Consider replacing and/or re-passing the tube and re-aspirating If still pH 6 or above, seek advice IT IS IMPORTANT THAT STAFF FOLLOW THE FLOWCHART, RECORD THE OUTCOMES AND MAKE DECISIONS BASED ON THIS INFORMATION	The most likely reason for failure to obtain gastric aspirate pH 5.5 or below is the dilution of gastric acid by enteral feed. Waiting gives time for the stomach to empty and the pH value to fall. If pH is still 6 and above after waiting and replacing or re-passing the tube, seek advice and consider the following questions: <ul style="list-style-type: none"> • is the baby on medication? • is the baby only 24 to 48 hours old? • is the tube in the same position as previously documented on an x-ray? • Is the visible length of the tube the same as previously documented? • what is the trend in pH values? • what is the volume of aspirate? It is important that actions and their rationale are documented. Clinical staff should balance the risks of not feeding a baby, in the short term, with feeding when there is the possibility of the tube being in the lungs. Only consider x-ray if timely, e.g. if the baby is due for an x-ray for other reasons, and/or it is clinically safe to do so. If an x-ray is done, the radiographer should know this advice has been followed and the reason for the request should be documented.
Document all information	Documenting helps the clinical decision-making process. The tube size and length should be recorded each time the tube is passed. A record should also be made each time measurements of the pH level of the aspirate and the length of the tube's advancement or retraction, are done.
Problems obtaining aspirate: suggest using larger size tube. Turn baby onto side	This may facilitate the tip of the nasogastric tube entering the gastric fluid pool.
Inject 1–2ml of air using a syringe This is NOT a testing procedure	Injecting air through the tube may dislodge the exit-port of the feeding tube from the gastric mucosa. Care must be taken when using large syringes on neonates to ensure that the correct amount of air is inserted, i.e., no more than 2ml.
Advance or retract the tube by 1–2cm Stop if there is any resistance or obstruction	If the tube is in the oesophagus, advancing it may allow it to pass into the stomach. If the tube has been inserted too far, it may be in the duodenum. Consider withdrawing a few centimetres and re-aspirating. The position of the tube at the nose should already have been recorded and marked, if the tube is in situ. If the mark has not moved then advancing or retracting may not make a difference. Document the length of tube if moved.
If you still cannot obtain aspirate	If this is an initial insertion consider replacing or re-passing the tube. If the tube has been in situ already, seek advice. Consider whether the length of

Document Title: Insertion of Nasogastric tube	Approval Date: 15 th April 2021
Reference Number: UHB114	Next Review Date: 15 th April 2024
Version Number: 6	Date of Publication: 22 nd June 2021

	the tube has changed and discuss options as outlined under the action point on aspirate of pH 6 and above. Record all decisions and rationale.
--	--

Pathway for discharge of patient requiring Nasogastric tube feeds at home (Adult)				 Bwrdd Iechyd Prifysgol Caerdydd a'r Fro Cardiff and Vale University Health Board			
Patient details: affix addressograph Hospital Number: Name: Date of Birth: Address:		Indication for nasogastric feeding:		NG tube size and date inserted: Size:			
		Consultant		Date:			
		Discharging ward:		Planned discharge date:			
Actions to be taken:				Person responsible	Signature	Date	
The decision to discharge a patient on nasogastric feeds made by MDT				Consultant			
Patient/Carer identified to take responsibility for nasogastric tube feeds at home				Dietitian			
Parent/carer given NPSA Patient & Carer Briefing Information				Dietitian			
Person identified to administer nasogastric tube feeds: patient <input type="checkbox"/> carer <input type="checkbox"/>		Carers details (name and relationship)					
Patient/carer given the opportunity to ask questions				Dietitian			
I have received and understand the information given to me on the administration of nasogastric feeds and medication and I agree to administer nasogastric feeds for myself or on behalf of my relative/person in my care Yes <input type="checkbox"/> No <input type="checkbox"/>							
OPTIONAL: I agree to insert the nasogastric tube: Yes <input type="checkbox"/> No <input type="checkbox"/>							
I am aware that I may change my mind at any time but must inform a member of nursing staff							
Patient or carer signature		Print name		Dietitian		Print Name	Date
Actions to be taken prior to discharge:					Signature	Date	
Dietician informed of potential discharge date				Nurse			
Referral to District Nurse Team (if required)				Nurse			
Patient has received training on confirmation of tube position				Nurse			
Patient has received training on administration of feed				Nurse			
Patient has received training on administration of medications				Nurse			
Patient/carer is competent to administer nasogastric feeds and medications at home (Assessment 1 must be completed and signed by patient/carer)			Y	N	Nurse		
Optional: Patient/Carer is competent to insert nasogastric tube at home (Assessment 2 must be completed and signed by patient/carer)			Y	N	Nurse		
Patient/carer has completed feed pump training with home care company nurse (if required)			Y	N	Nurse		
Patient/Carer has a plan for what action to take if the nasogastric tube comes out and the degree of urgency for tube replacement has been discussed				Dietitian			
Patient/Carer aware of how to obtain on-going supplies				Dietitian			
7 day supply of feed and feeding ancillaries provided				Dietitian			

NB: a copy of the care pathway and nursing assessment record must accompany the discharge. **patient on**

White copy for patient – yellow copy for notes

Pathway for discharge of patient requiring Nasogastric tube feeds at home (Child Health)				 Bwrdd Iechyd Prifysgol Caerdydd a'r Fro Cardiff and Vale University Health Board	
Patient details: affix addressograph Hospital Number: Name: Date of Birth: Address:		Indication for nasogastric feeding			
		Tube Size			
		Consultant		Date of last Tube insertion prior to discharge	
		Ward		Potential Discharge date:	
Actions to be taken:		Person responsible	Signature	Date	
The decision to discharge a patient on nasogastric feeds made by MDT		Consultant			
Parent/Family assessed regarding suitability for nasogastric tube feeds at home		CNS/ Outreach team			
Parent/carer given NPSA Patient & Carer Briefing Information		Doctor/CNS			
Person identified to administer nasogastric tube feeds: parent <input type="checkbox"/> carer <input type="checkbox"/>		Carer's detail's (name and relationship)			
Parent/carer insertion of nasogastric tube at home discussed (optional)		CNS/ Nurse			
Parent/carer given the opportunity to ask questions		Nurse			
I have received and understand the information given to me on the administration of nasogastric feeds and insertion of nasogastric tube: I agree to administer nasogastric feeds on behalf of my child/person in my care: yes <input type="checkbox"/> no <input type="checkbox"/> OPTIONAL: I agree to insert the nasogastric tube for the child/person in my care: yes <input type="checkbox"/> no <input type="checkbox"/> I am aware that I may change my mind at any time but must inform a member of nursing staff					
Parent or Carer signature		Print name		Date	
Nurse signature		Print name		Date	
Actions to be taken prior to discharge:				Signature	Date
GP letter/discussion completed giving details on reason for nasogastric tube feeds at home				Doctor	
Referral to Dietitian				Doctor/CNS	
Referral to SALT				Doctor/CNS	
Referral to Health Visitor				Nurse/CNS	
Referral to Childrens Community Nursing Team (CCNS)				Nurse	
Referral to Community Nutrition Nurse Specialist (CNNS)				Nurse	
Open access arranged (entry on Clinical Portal)				Doctor/CNS	
Parent/Carer has received training on confirmation of tube position				Nurse	
Parent/Carer has received training on administration of feed				Nurse	
Parent/Carer has received training on administration of medications				Nurse	
Parent/Carer is competent to administer nasogastric feeds and medication at home (Assessment 1 must be completed and signed by parent/carer)		Y	N	Nurse	

Optional: Parent/Carer is competent to insertion nasogastric tube at home (Assessment 2 must be completed and signed by parent/carer)	Y	N	Nurse		
Parent/Carer has completed feed pump training with home care company nurse (if required)	Y	N	Nurse		
Parent/Carer has a plan for what action to take if the nasogastric tube comes out and the degree of urgency for tube replacement has been discussed			Nurse		
Parent/Carer aware of how to obtain on-going supplies:- Feed sets, feeds, syringes, replacement nasogastric tubes, pH indicator strips, tape to secure tube			Nurse		
Is further education/support required at home? Yes / No (please circle)			Nurse		
10 day supply of feed sets, syringes, replacement nasogastric tubes, pH indicator strips, tape to secure tube & feeds is given			Nurse		

NB: A copy of the care pathway and nursing assessment record must accompany the patient on discharge

White copy for patient – **yellow** copy for notes

Assessment 2: Insertion of Nasogastric Tube (Child Health)															
Name of Parent/Carer being assessed:						Each parent/carer trained must be assessed using separate forms									
Parent/carer MUST undergo a minimum of 3 successful assessments within 5 assessments. If parent/carer cannot successfully insert NG tube and confirm tube position after 5 assessments discuss with the MDT, and further training maybe required															
Date of assessment:															
1. NG tube insertion						Assessment 1		Assessment 2		Assessment 3		Assessment 4		Assessment 5	
						Yes	No	Yes	No	Yes	No	Yes	No	Yes	No
1.1	Discuss the nasogastric tube insertion and identifies that the child is fit for procedure														
1.2	Effective hand washing undertaken														
1.3	Gathers and prepares the required equipment														
1.4	Examines the tube – checks size and integrity according to manufacturer's guidelines														
1.5	Correctly measures the length of tube required														
1.6	Positions the child correctly														
1.7	Insert tube into nostril correctly and encourages swallowing or sucking														
1.8	Advances tube correctly until the required length is achieved														
1.9	Takes appropriate action if the child shows signs of distress														
2. Confirmation of tube position															
2.1	Attaches empty syringe to the tube and pulls back slowly to withdraw 1 -2 ml of stomach contents (aspirate)														
2.2	Using pH indicator paper wets paper with aspirate														
2.3	Correctly identifies if the aspirate test confirms correct tube placement														
2.4	Discusses what actions to take if NO aspirate is obtained														
2.5	Discusses what actions to take if the aspirate result is above pH 5.5														
3. Following confirmation of position															
3.1	Secures the tube in the correct position with appropriate tape														
3.2	Safely removes the guide-wire from the tube if used														
3.3	Disposes of waste appropriately														
3.4	Parent/carer can identify who to contact if there is a concern with tube insertion														
Successful completion of assessment:															
Assessor Signature (please ensure signature is legible):															
I now feel confident to insert the nasogastric feeding tube for the child/person in my care				Parent/Carer signature:		Print name:		Nurse signature (legible):			Date:				

Appendix 9: Nasogastric Tube Bedside Paperwork

Nasogastric Feeding Tube Insertion



Patient Name:		Ward:	
Patient Date of Birth:		Patient NHS ID Number:	
Date of Tube Insertion:		Time of Tube Insertion:	
Consent:	Verbal:	Written:	Best Interest:
Size of Nasogastric Tube:	Fr:	Cm:	Type/Make of Tube:
NEX Measurement:		Cm:	LOT Number:
pH of Aspirate:		Nostril Used:	External Length: Cm:
Safe to Feed (as per Trust policy):		Guidewire Removed (as per Trust policy):	
Yes <input type="checkbox"/> No <input type="checkbox"/>		Yes <input type="checkbox"/> No <input type="checkbox"/>	
IF NO - DO NOT FEED OR USE THE TUBE			
Procedure Performed By:		ID:	Signature:
2nd Signature Required (as per Trust policy):		ID:	Signature:
If unable to confirm tube position with correct PH, proceed to X-ray			

Nasogastric Feeding Tube Insertion – X-ray Interpretation



If first line measures are unsuccessful to confirm correct tube position - proceed to X-ray			
X-ray required:	Yes: <input type="checkbox"/>	Date of X-ray:	Time of X-ray:
Confirm X-ray is most recent and correct patient:		Yes <input type="checkbox"/>	No <input type="checkbox"/>
Guidewire Removed as per Trust policy:		Yes <input type="checkbox"/>	No <input type="checkbox"/>
X-ray interpretation (Path of the tube):			
Follows path of oesophagus:		Yes <input type="checkbox"/>	No <input type="checkbox"/>
AND bisects the carina:		Yes <input type="checkbox"/>	No <input type="checkbox"/>
AND crosses diaphragm in midline:		Yes <input type="checkbox"/>	No <input type="checkbox"/>
AND the tube is clearly below the diaphragm:		Yes <input type="checkbox"/>	No <input type="checkbox"/>
Safe to Feed:		Yes <input type="checkbox"/>	No <input type="checkbox"/>
X-ray confirmed by:		ID:	Signature:
Date:		Time:	
Authorised by:		ID:	Signature: