

# CPR

Talking to someone about **CPR**?



**CPR** stands for...

**Cardiopulmonary Resuscitation**

This book will try and help you understand about **CPR**

## Talking about CPR

You might need to talk about whether CPR is right for you because of an accident, an illness, or at the end of your life



Doctors

and

nurses



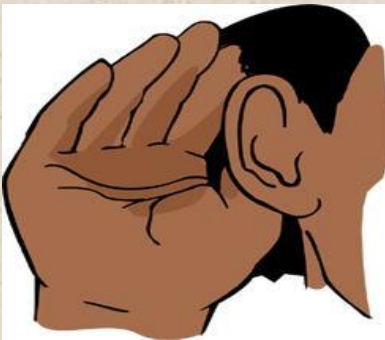
involved in your care will talk to you and help you understand more



If you are not ready to talk... tell us...that's ok



We will wait until  
you are ready to  
talk about it



We will listen to  
what YOU want



You can tell us  
about your religion  
or what you believe  
in



and what YOU  
would like to  
happen to you



These are some people who you might want to talk to about CPR...

- A carer or somebody who helps you
- Your family or your best friend
- The doctors and nurses involved in your care
- A vicar or priest
- An advocate
- Support groups
- The NHS helpline





This booklet is part of a series of 4 leaflets...

- What is CPR?
- Talking to someone about CPR
- Will CPR work for me?
- Who decides about CPR?

You might want to read these one at a time and in your **own** time

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