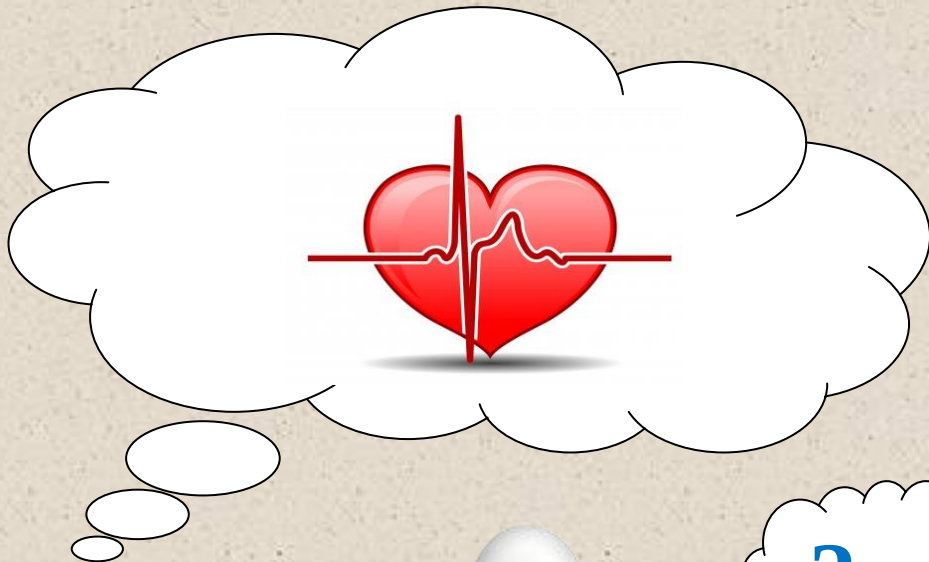


CPR

What is **CPR**?



CPR stands for...

Cardiopulmonary Resuscitation

This book will try and help you understand about **CPR**

CPR



What is CPR?
What does it
mean?



If your heart
stops beating...



CPR will TRY
and get it
going again

This will be done by doing some of these things...



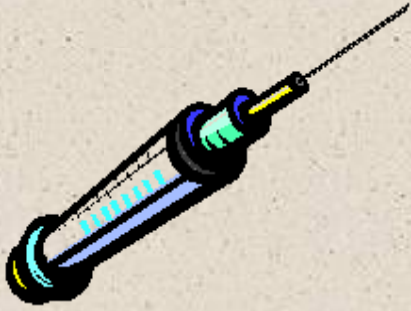
Pushing down on
your chest lots of
times



Using a
Defibrillator...
this is using
electric pads on
you



Using a mask or
tube to help you
breathe



Or injections

CPR is only used in an emergency

CPR is only used when your heart has stopped

CPR is separate and different to medical help you already get



This booklet is part of a series of 4 leaflets...

- What is CPR?
- Talking to someone about CPR
- Will CPR work for me?
- Who decides about CPR?

You might want to read these one at a time and in your **own** time

This booklet has been devised on behalf of the All Wales DNACPR Implementation Group by:

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With thanks to

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