

Reference Number: UHB73 Version Number: 5	Date of Next Review: 13.05.2027 UHB Reference Number: UHB 073
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NO SMOKING AND SMOKE FREE ENVIRONMENT POLICY

Introduction and Aim

On 1 March 2021, as part of the Smoke-Free Premises and Vehicles (Wales) Regulations 2020, Welsh Government implemented changes to smoke-free requirements. This legislation means that hospital grounds, schools grounds and public playgrounds, as well as outdoor day care and child-minding settings will be required to be smoke-free by law. Some changes within this legislation also extended the 2007 Smoke-free Premises etc (Wales) Regulations, resulting in the need to revise the Cardiff and Vale University Health Board's No Smoking and Smoke Free Environment Policy in 2021.

The aim of this policy is:

- to protect employees, contractors, visitors and patients/service-users to UHB sites from exposure to second hand smoke (also known as passive or environmental smoke) and
- to ensure compliance with the Health Act 2006, the Smoke Free Premises etc (Wales) Regulations 2007 and the Smoke-Free Premises and Vehicles (Wales) Regulations 2020
- to actively promote and support health and wellbeing

Policy Statement

Smoking is not permitted by law, in all UHB hospital sites, (inside buildings and grounds), from 1 March 2021, and for all UHB buildings inside. Smoking is not permitted as part of the UHB's No Smoking and Smoke Free Environment Policy at other health board ground. The only exemptions are:

- (a) Mental health patients-who are considered long term smokers, who are resistant to quitting smoking and who may decline their medical treatment because of the inability to smoke whilst admitted. In these cases, the patient will be permitted to smoke outside in a designated area of the Mental Health Unit provided:
 - A full consultation with an appropriate member of staff has been undertaken and assessment of smoking status ascertained and a management plan agreed.
 - If it is agreed in the management plan that the patient should be permitted to smoke, this can only take place in permitted areas which will be closely monitored.
- (b) in private rooms within staff residence.

Objectives

The objective of this policy is to improve health by promoting action to reduce smoking, ensure compliance with Regulations and to protect and promote the health of both the smoker and the non-smoker.

In order to achieve this, the following will be implemented:

- Provide effective communication processes to ensure compliance and adherence to the policy and legislation
- Provide adequate smoking cessation support and encouragement for those smokers who wish to stop smoking
- Ensure that arrangements are in place for enforcing and monitoring of the policy/legislation
- Ensure full UHB commitment and reinforcement of support from all independent members, executive directors, senior clinicians and managers

Scope

This Policy is applicable to all employees (including those with honorary contracts), contractors, visitors and service-users (patients).

The Policy includes staff who are required to visit private residents as part of their duties.

Equality and Health Impact Assessment	An Equality and Health Impact Assessment (EHIA) was completed in 2013, amended in 2016 and further amended to reflect Policy changes, in 2021. It was reviewed and updated in 2024. This found there to be an overall positive impact.
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Documents to read alongside this Procedure	<p>British Thoracic Society (2005). <i>Smoke Free Hospitals</i>. London: The British Thoracic Society</p> <p>Phillips, C. And Bloodworth, A. (2009) <i>Costs of smoking to the NHS in Wales</i>. ASH Wales and BHF</p> <p>Optimising Outcomes Statement Policy, UHB Board 3 July 2013</p> <p>Public Health England (2014). E-cigarettes: An evidence update.</p> <p>Mc Robbie H et al. (2014). Can electronic cigarettes help people stop smoking or reduce the amount they smoke, and are they safe to use for this purpose?</p> <p>Royal College of Physicians (2016). Nicotine without smoke. Tobacco harm reduction</p> <p>Welsh Government (2021) Smoke-Free law: Guidance on the changes from March 2021</p> <p>The Smoke-Free Premises and Vehicles (Wales) Regulations 2020</p>
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Approved by	Will be submitted for approval to the People and Culture Committee on 14.5.24
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Accountable Executive or Clinical Board Director	Executive Director of Public Health
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Summary of reviews/amendments			
Version Number	Date of Review Approved	Date Published	Summary of Amendments
1	N/A	02/09/11	New policy to replace Trust Version 91
2	03.07.2013	September 2013	New policy replaces existing UHB Version 1 (UHB73). Amendments include: <ul style="list-style-type: none"> • Full no smoking ban across all UHB sites, with no provision for on-site smoking (except exceptions as listed) and removal of the designated smoking shelters • Prohibit of use of e-cigarettes inside UHB buildings • To strengthen the 'Responsibilities' section of the policy.
3	28.07.2016	17.08.2016	New policy replaces UHB Version 2. Amendments include: <ul style="list-style-type: none"> • Policy reformatted into new UHB style • All sections updated to include new legislative changes and any relevant narrative amended to reflect these changes (Section 1, 3, 4, • Amendments with regard to mental health patients and smoking and use of e-cigarettes • Section 10.6 and Appendix 6 – Level 3 Pharmacy information included • Section 11 – training • Section 12 – Communication • Appendix 1: Guidance and evidence section updated • Appendix 2: Mental health.
4	26.04.2021	TBA	TBA: 26.4.21 New Policy replaces UHB Version 3. Amendments include: <ul style="list-style-type: none"> • Procedures document reformatted into new UHB style

			<ul style="list-style-type: none"> • New legislation narrative added to Section 1 and referenced in all relevant sections throughout the Policy • Section 10.6 name change relating to Smoking Cessation Services and additional Enhanced Community Pharmacy Scheme added (and relevant amendments made to Appendix 6, List of participating Community Pharmacies) • Appendix 1: Guidance and evidence section updated to reflect new legislation and updated Public Health Wales E-Cigarette Statement (2016) • Appendix 2: Mental Health section updated to reflect changes relating to use of e-cigarettes • Appendix 3: List of Definitions amended • Appendix 4: Amended to ‘non-hospital settings’ • Appendix 5: Added – relevant to Hospital settings only • Appendix 6: Updated with current participating Community Pharmacies Level 2 and Level 3 Enhanced Schemes • Appendix 7: Updated • EHIA amended to reflect changes as above
5			<p>New Policy replaces UHB Version 4. Amendments include:</p> <ul style="list-style-type: none"> • Policy statement included in ‘Introduction and Aim’ • Change to governance arrangements – approval committee changes from Strategy and Delivery Committee to People and Culture Committee • Correction to the name of the relevant legislation throughout i.e. to ‘Smoke-Free Premises and Vehicles (Wales) Regulations 2020’ • Appendix 2 – Update added regarding clinical board arrangements and mental health patients

			<ul style="list-style-type: none">• Titles of 'procedure' and 'policy' documents have been amended to become consistent with health board format.• In Appendix 3 in the procedure there have been some amendments to the list of definitions.
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