





Coffee



Hot chocolate



Green tea (high in caffeine)



Blackcurrant juice

FOOD & DRINKS WHICH CAN IRRITATE THE BLADDER



Citrus fruit and juices
(e.g. orange, lemon, grapefruit, lime & tangerine)



Tomatoes



Cola and other fizzy drinks



Alcohol

Code: LYR/08-0084-614303 Date of item: December 2008