

Patient information

Clinical Musculoskeletal Assessment and Treatment Service (CMATS)

What is CMATS?

A team of healthcare professionals specialised in the assessment and treatment of joint and soft tissue conditions providing expert advice to patients.

Where are CMATS clinics held?

The outpatient departments in Barry Hospital and Cardiff Royal Infirmary.

Why am I being referred to CMATS?

Your GP feels that your condition requires more than the treatment they can offer you.

The CMATS team will help you consider the diagnosis and potential treatment options.

Will my GP know what happens?

Yes, your GP will receive a letter from the CMATS clinic after your visit.

Who might I see at the CMATS clinic?

Either an advanced practice physiotherapist or a GP with special interest experienced in the diagnosis and treatment of joint and muscle problems.

What you may get from a CMATS appointment

- Specialist assessment and possible further investigation of your joint / muscle problem.
- A diagnosis and explanation of the problem.
- Advice on managing your condition, including lifestyle changes if needed.
- Discussion of possible treatment options.

Contact details

Clinical Musculoskeletal Assessment and Treatment Service (CMATS)

For more information about the service please visit the webpage:

<http://www.cardiffandvaleuhb.wales.nhs.uk/cmats>

To contact the service please call:

Tel. 02920 716192 or
02920 716114

