

Record the date and time of your virtual follow up here

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For more information on CMATS please visit the webpage at:

[www.cardiffandvaleuhb.wales.nhs.uk/cmats](http://www.cardiffandvaleuhb.wales.nhs.uk/cmats)

If you feel you require further assessment within 6 months of visiting the CMATS clinic please contact us directly using the numbers in this leaflet.

If you require further assessment after 6 months please visit your GP for a new referral.

## Useful Information

**CMATS clinic is located at Barry Hospital**

Colcot Road,  
Barry,  
CF62 8YH

Tel: 01446 704000



## Patient follow up information

Thank you for attending your appointment today.

After the treatment or investigation you have been referred for your clinician would like to review your progress in a virtual follow up.

Please follow the instructions inside.





If you have been sent for an investigation such as an MRI or an ultrasound

- The clinician you saw today will have referred you for an investigation they think will help diagnose your condition.
- The waiting time for investigations can vary.
- When you have had this investigation it is **your responsibility to call and book a virtual follow up appointment for the clinician to discuss the results with you.**

After your investigation please call

02920 71 6773  
02920 71 6038



## What is virtual follow up?

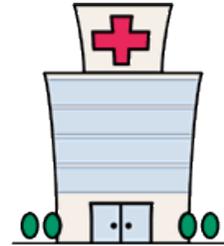
A phone call from a clinician within an agreed time period to discuss the next steps of your treatment.

## Why do a virtual follow up instead of face to face?

You don't have to go to hospital to get your results.

You don't have to pay to park.

Shorter waiting time to find out your results and next steps.



## What to expect from your virtual follow up?

- We aim for the same clinician who first saw you to call you.
- They can discuss the findings and potential treatment options with you over the phone.
- They can still make referrals if necessary.
- You have just as much opportunity to ask questions as you would face to face.
- If you require further physical assessment this can be arranged.



If you have been sent for an injection

- If you have had a knee or shoulder injection in clinic and you do not feel that this has been successful after **4 weeks** please call in to book a virtual follow up where next steps can be discussed.
- If you have been referred for a spinal injection you will need to call to book your virtual follow up after the injection has been done.
- It is **your responsibility to call and book a time for the follow up.**

After your injection please call

02920 71 6773  
02920 71 6038

