## Vegetarian Dishes

*Cheese and potato pie
*Chickpea \& Spinach curry and rice
*Quorn Cottage pie
*Three Bean crumble
Jacket Potato Cheese \& Beans
*Omelette - Plain or Cheese

* Cheese \& Onion pastry

Pasta in Tomato \& Basil sauce with grated cheese
*Broccoli and Cauliflower cheese

* Vegetarian Burger
* Quorn Sausage
* Vegetable Nuggets
* Glamorgan ( cheese \& leek) sausages

Macaroni Cheese

## Vegan

## Pasta in tomato and basil sauce

Vegan Chilli Con Carne and Rice
Vegan Pasta Bolognese
*Moroccan Chickpea stew
Baked beans with toast or jacket potato
*Vegan Mince and vegetable pie
*Vegan Sausage Casserole

* Vegan Meatballs in tomato and basil sauce

Plain Salad with vegan cheese

Soya desserts \& Yoghurts on request
Soya Milk on request
Vegan Cheese is available but needs to be ordered in advance

## Halal Meals

* All ready meals may be subject to availability

RM Chicken Tikka Masala with rice
RM Chick Pea Daal with rice (vegetarian)

RM Beef Hotpot
RM Roast Chicken
RM Cottage Pie
RM Minced Lamb
RM Chilli Con Carne
RM Lamb Casserole
RM Fisherman's pie
The roast chicken breast on the main menu is Halal

## 14 Allergen Free Meals

Free from :- Celery, Gluten, Crustaceans, Egg, Fish, Lupin, Milk, Mollusc, Mustard, Nut, Peanut, Sesame seed, Soya, Sulphur Dioxide

RM Chilli Con Carne
RM Steak and Mushroom Casserole
RM Lamb Tagine
RM Chicken, Bacon and Thyme hot pot
RM Sweet and sour chicken
RM Paprika pork
RM Butternut squash and red lentil curry (Vegan)
RM Spicy Bean Casserole (vegan)
RM Provencale vegetable Bake (Vegan)

Gluten free bread, crackers, biscuits and coconut macaroon are available on request. Gluten Free Toast (toaster bags are used)

