

## Extras

Omelettes -plain or cheese  
Jacket potatoes with butter, cheese, baked beans or tuna mayo  
Salads - ham/cheese/tuna mayo/egg mayo  
Cheese (Cheddar or Vegan) & Crackers  
Ambrosia Rice pots/ Ambrosia Custard pots/Fruit pots  
Fresh fruit- apples,pears,oranges, bananas

## Kosher

**\* All ready meals may be subject to availability**

**RM** Grilled Plaice  
**RM** Roast Chicken  
**RM** Cottage Pie  
**RM** Beef Goulash  
**RM** Sliced Lamb  
**RM** Macaroni Cheese (vegetarian)  
**RM** Spagetti Neapolitan (vegetarian)  
**RM** Vegetable Lasagne (vegetarian)  
**RM** Tomato Omelette (vegetarian)  
**RM** Vegetable Platter (vegan)



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University Health Board

## A la carte menu



**These Meals are available on request ONLY FOR PATIENTS WHO REQUIRE SPECIAL DIETS SUCH AS:-**

**Allergen Free Meals**

**Vegetarian**

**Vegan**

**Kosher Meals**

**Halal suitable Meals** ( The Roast chicken breast on the main menu is Halal )

**RM = Ready Meals (a complete meal in a container)**

**\*These dishes need to be served with additional side orders to meet the All Wales Food & Fluid Standards**