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## **VIDEO-EEG MONITORING UNIT**

Information for patients **being admitted to ward C4 Neurology** to undergo continuous video EEG monitoring

### **Unit location and hours of opening**

The video EEG monitoring (VEM) unit is situated on the Neurology ward. This specially built room will enable continuous EEG and video monitoring, day and night, for up to five days. Because of the prolonged nature of the test we are more likely to observe abnormalities on the EEG and document some of your attacks on video and EEG.

Your admission will be for 1-5 days. When you telephone us to arrange your appointment we will confirm the duration of your stay.

### **What Video-EEG Monitoring involves**

Video EEG monitoring involves the continuous recording of your brainwaves (EEG) with simultaneous video recording. This will be familiar to you from previous EEG tests, except on this occasion, the electrodes will be attached to your head more securely and for a longer period.

The range of the camera is limited to the confines of your room. Hence, at all times you should remain in the room (except for use of the washing and toilet facilities). This will mean that visits to the hospital shops etc are not practical.

During your stay nursing staff, EEG technicians and doctors will assess you.

The VEM unit is furnished with a comfortable chair and a TV. The room also has ensuite with a shower for use at the beginning and end of your stay.

### **Preparation**

We suggest that you bring with you books, magazines, games, videos etc. to keep you occupied. You may wish to bring your own personal radio, CDs etc. but we will not be responsible for their security.

**ALL PATIENTS:** Please arrive with clean and dry hair and scalp. Refrain from use of hair products such as hairspray, gel, oil, or mousse.

You should bring comfortable clothes to wear during the daytime (you may find tops with buttons down the front easier for changing once the discs are in place), nightclothes and personal toiletries.

**Mobile phones**

Use of mobile phones is not permitted in the hospital. There is a Patient Line Bedside Entertainment System which will enable you to make outgoing and receive incoming calls. You will require cash to pay for this service.

**Your medication**

Please bring with you any medicines that you are taking at the time of admission, ensuring you have enough to continue with during your hospital stay and when you are discharged home. Administration of medication is undertaken by nursing staff whilst you remain in hospital; please ensure you hand all your medication to the nurse. Your medication will be returned to you prior to discharge. Your GP will then renew your repeat prescription as normal. Any newly started medication will be supplied by the hospital pharmacy at the time of discharge.

**No smoking policy and nicotine replacement patches**

In line with hospital policy and for the comfort and safety of all patients, the unit is a Non-smoking area and is fitted with an automatic smoke alarm system. If you feel you will need nicotine replacement patches, these can be purchased prior to admission or from the hospital pharmacy. If this is a problem please speak to the doctor or pharmacist on the ward as soon as you are admitted.

**Visiting times**

Visiting times are 2-4pm and 6-8pm each day. Visitors at other times are at the discretion of the nursing staff.

**Car parking**

You can leave your car on site in the 6 storey car park for the duration of your stay. To arrange a cheaper parking fee of £6 for the first 48 hours (and £3 / 24 hours thereafter) please visit the car park office on the ground floor of this car park.

**Directions to Ward C4 Neurology**

From the concourse go up the stairs/lift and follow the signs to all departments. Continue along the corridor, passing Pharmacy and X-ray until you reach B block lifts. Take a lift to the fourth floor (B4). Turn left out of the lifts and proceed along C block corridor. Turn right at the end. This takes you directly to ward C4.