

Department of Clinical Neurophysiology
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INFORMATION FOR PROLONGED EEG RECORDINGS

You will previously have had a recent EEG in our clinic. This prolonged EEG will be made whilst you are resting and can take several hours to complete. The test may be for a morning, an afternoon or all day.

YOUR MEDICATION

Please continue with your usual medication. A written list of what you take would be helpful for the physiologist.

PREPARATION FOR THE PROLONGED EEG

It is important that your hair is clean and free of hair products. It would be helpful if you could wash your hair the night before the test and you will need to do so again after you return home. Please bring a comb with you.

Please have some food before your arrival in the department for your test. If you have been invited for an all day recording please bring a snack for consumption later.

Please wear comfortable and loose clothing.

If your attacks cause you to wet yourself, please bring a change of clothing with you.

THE TEST ITSELF

An EEG is a painless and harmless investigation and involves placing a number of small discs on your scalp to record the electrical activity of your brain

Together with the EEG we routinely use a video recording as part of the test.

Please bring some magazines/books to read/video to watch.

There are no after effects from this test.

Please note that the all day recording will not finish later than 4pm. If with a companion, he/she may wish to leave the hospital for a time but must remain in contact by telephone.