

SLEEP WELL TONIGHT

Nasal

Gel pillows

Using the nasal cushion sizing gauge (included with the mask), hold it horizontally under the nose. Select the cushion size based on where the outer edge of the nostrils and tip of the nose contact the gauge.
Note: Four cushion sizes (small, medium, large, medium-wide) are available. Please refer to your instructions for use for further fitting information.

Using the gel pillows sizing gauge, place the pillows cushion tips into the nostrils. Choose the cushion size that allows the blue gel bases to sit comfortably under the nose without any gaps.
Note: Three cushion sizes (small, medium, large) are available. Please refer to your instructions for use for further fitting information.



The cushion opening will be directly under the nostrils. The cushion will hug the nose and leak will be minimal.

Note: At no time should the nose be inside the cushion opening. If any part of the cushion overlaps the nose, the cushion is being worn incorrectly.



With the mask assembled, place the cushion under the nose.



Position the frame on the top of the head. Pull the headgear over the back of the head.



← All fabric headgear →

To adjust the mask, peel the headgear tabs away from the fabric. Adjust the straps length. Press the tabs back against the fabric to reattach.

Note: Do not overtighten the headgear.



← Headgear with arms →



Position the mask until it fits comfortably. When finished, the elbow should rest at the top of the head.

Note: Please read the Instructions for Use for further fitting information.

