

## Making a donation

**Online:** [www.cardiffandvalehealthcharity.org](http://www.cardiffandvalehealthcharity.org)

**Phone:** 029 2033 5015

**Post:** Tear off this slip and send with a cheque made payable to 'Cardiff and Vale Health Charity' to:  
Fundraising Office, Cardiff Royal Infirmary,  
Newport Road, Cardiff, CF24 0SZ.

### Gift Aid

If you are a UK tax payer, at **absolutely no cost** to you, we can collect an extra 25p for every £1 you donate. I am a UK tax payer and I wish Cardiff and Vale Health Charity to claim Gift Aid on this donation and all donations I make in the future until I notify you otherwise

- My donation is for the Make it Better Fund
- Please ensure my donation helps (specify ward / fund / department)

- I am making a donation in memory of (please state name)

- I would like to make a regular donation, please send me more information
- I would like more detail on Giving in Memory
- I would like to know more about Leaving a Gift in my Will

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Tel: \_\_\_\_\_

Email: \_\_\_\_\_

*Thank you for supporting  
Cardiff and Vale Health Charity*

We would like to keep you up to date with our fundraising activities in the future. If you do not wish to receive this information, please tick

Registered Charity No. 1056544

## Ways You Can Help

**Make a Donation** – every penny counts, see our 'Making a Donation' Slip for how to donate online, by phone or by post.

**Fundraise for us** – please get in touch if you need ideas or a fundraising pack.

**Leave a Gift in Your Will** – to find out more about doing this, please contact us on 029 2033 5015

**Tribute Funds** – please get in touch with us if you'd like to know more about setting up a Tribute Fund and leaving a lasting tribute to a loved one.

**Volunteer** – let us know if you would like to volunteer for the charity, we need people at events and to provide support in our fundraising office.

**Become a Champion** – Choose Cardiff & Vale Health Charity as your charity of choice; make an impact at a specific hospital or support our 'Make it Better' Fund. Each partnership is unique. Please get in touch to chat about how we can work together.

[www.cardiffandvalehealthcharity.org](http://www.cardiffandvalehealthcharity.org)



**Cardiff & Vale Health Charity**  
registered charity no 1056544.

**Call us: 029 2033 5015**



*Supporting the hospitals  
and community of  
Cardiff and the Vale*





## We are the official charity for the Cardiff and Vale University Health Board

As the official charity for the Cardiff and Vale University Health Board (UHB), we support and enhance the work of 9 hospitals and 17 health centres across the communities of Cardiff and Vale.

### Our hospitals:

-  Barry Hospital
-  Cardiff Royal Infirmary West Wing
-  Children's Hospital for Wales
-  University Hospital Llandough
-  Rookwood Hospital
-  St. David's Hospital
-  University Dental Hospital
-  University Hospital of Wales
-  Whitchurch Hospital

## How we help

Through kind donations, legacies and fundraising, we have been able to spend over £1 million each year on different projects that benefit patients and staff. For example, we fund vital medical equipment, specialist training for staff, enhanced patient facilities and essential medical research.

**We don't replace NHS money; we bring extra value or support pioneering and innovative work for the benefit of those that need us in your local community.**

## How you can help

You really can make a world of difference to others.

**Your donation or fundraising** could go towards a new cure, a breakthrough in research, or treatment of disease. You can help us to make sure that our medical teams have the best equipment possible. **You can help them to save lives.**

**Your help** could support many thousands of people including those with heart disease, cancer, disability or visual impairment; expectant mothers, premature babies or those in need of support at times of loss.

You can choose to help one of our hospitals, a particular department or fund, or you can support our **Make it Better Fund**. This supports projects across all of our hospitals, health centres and community teams that are nominated by our staff or identified as areas that need priority funding.

## Our Make it Better Fund

Here are just a few examples of how our Make it Better Fund has been able to support your local hospitals and communities (visit our website [www.cardiffandvalehealthcharity.org](http://www.cardiffandvalehealthcharity.org) for a full list):

### Mammography Machines

We have been able to upgrade the mammography machines at The Breast Centre to provide the latest 3D imaging. 3D breast screening increases mammographic sensitivity for detecting breast cancers, enabling detection of cancer at a smaller size and an earlier stage, enabling less invasive surgery.

### Ty Hybrid Living Unit

We have helped to fund an independent living unit, 'Ty Hybrid' which supports the rehabilitation of patients within the Specialist Neurosciences Rehabilitation Unit and the Welsh Spinal Cord Injuries Unit. This facility is vital for the rehabilitation of patients following traumatic injury or life changing events.

### Stan Fetal Monitors

We have purchased innovative equipment for use in the Maternity ward during childbirth. The Stan Fetal monitors can complete high-tech analysis combining fetal monitoring with a fetal electrocardiogram and provides an advanced method for monitoring babies during labour.

### Sun Room

The new Sun Room at Llandough Hospital will help to strengthen the immune system, improve circulation and ease joint pain for patients with different conditions including dementia.

