

All staff with patient contact should read the information below then complete the form overleaf.

All information on this form will be held in confidence by Occupational Health and you do not need to disclose its contents to your manager. Overall uptake of influenza vaccine is collated and reported at a Health Board and Clinical Board level*, but this information does not identify the individual, only the numbers and groups of staff who have been immunised.

**For Public Health Wales (PHW) employees, your receipt of this vaccination will be provided to the PHW vaccination surveillance team, however only aggregated figures at Directorate and Divisional levels will be reported by the surveillance team.*

Why should I have the flu vaccine?

- The Chief Medical Officer for Wales recommends annual seasonal flu vaccination for **all** NHS staff with patient contact.
- Although flu can be a mild illness in some people, for others – especially the most vulnerable patients in our care – it can be a **serious and life-threatening disease**.
- Every year people die in the UK from seasonal flu.
- Healthcare workers are **3 to 5 times** more likely to get flu compared with other people, and therefore more likely also to pass it on to others.
- Flu vaccination is a **safe and quick** way to help prevent flu infection, as part of wider infection control measures such as good hand and respiratory hygiene. The flu virus evolves every year so annual vaccination is necessary to protect against the most recent strain of the virus. In an average season the flu vaccine prevents over half (around 6 in 10) infections.
- Flu vaccine **cannot** give you flu.
- Flu vaccination is not mandatory, but is highly recommended for certain groups.

➔ **PLEASE NOW TURN OVER AND COMPLETE THE INFORMATION OVERLEAF**

Additional information to help complete the consent form

Clinical Boards and Departments

Most clinical services fall under one of seven Clinical Boards within Cardiff and Vale UHB.

These are: Children & Women; Clinical Diagnostics & Therapeutics; Medicine; Mental Health; Primary, Community and Intermediate Care; Specialist Services and Surgery.

In addition, there are a few Corporate departments such as Estates and Finance.

Please indicate your Clinical Board or Corporate Department or ask your Flu Champion or manager if unsure.

For PHW staff, please confirm your directorate/division with your line manager if you are unsure.

Returning your completed consent form

If you have completed section 3 or 4 of this form, please return it to your Flu Champion.

Alternatively, please send the completed form by internal post or e-mail to Occupational Health using the details below.

First Floor Denbigh House, University Hospital of Wales, Heath Park, Cardiff, CF14 4XW
Tel: 029 2074 3264 (internal 43264) | **Occupational.Health3@wales.nhs.uk**

Information for people having the flu vaccination. *(Please read on the day of vaccination)*

- Your body will take up to 14 days to produce antibodies after the vaccination.
- The incubation period for influenza is a few days, so if you are exposed to influenza immediately before or after vaccination, you can still develop the illness.
- The vaccine will **not** protect you against the common cold, although some of the symptoms are similar.
- We advise that you read and retain the patient information leaflet given to you.
- Some people will be advised to remain in the area for a few minutes following vaccination.
- Please be advised that if you have an underlying health condition you should inform your GP that you have received the influenza vaccine.
- If you are a doctor, nurse or other health professional who would like a certificate of vaccination to use as evidence for revalidation, please ask the person giving your vaccine.

