Healthier Working Relationships:
Dealing with Problems/Reaching a Resolution Prompt

Things can go wrong in work. Most of the time, this is because we don't know each other well enough and understand what's needed from each other. Where things go wrong, it's normally important for us to tell someone so things don't fester as that harms us all. This may help you think about how you do this and you may find some of the prompts on the webpage helpful.

What is bothering/upsetting you?
Who are the people involved?

Who have you talked to about this?
Have you talked to your manager? A TU rep? A team member/other colleague? An HR colleague?

What would you like to happen next?

Is there anything you can/should do to change what's happening?

What are you going to do next?
What's your next step? What do you need to do? What do you need someone else to do?