

Reference Number: UHB 073 Version Number: 3	Date of Next Review: 28 Jul 2019 Previous Trust/LHB Reference Number: Trust 91
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NO SMOKING AND SMOKE FREE ENVIRONMENT POLICY

Policy Statement

In order to be a credible and effective advocate for population health improvement, as an organisation the UHB must be able to demonstrate that it is actively promoting health and wellbeing and preventing ill health. Our employees are ambassadors for health and have an important role to play in promoting health and wellbeing.

In prioritising the promotion of a smoke free environment, the UHB demonstrates a key and fundamental example of a 'practising public health organisation.'

The objective of this policy is to improve health by promoting action to limit smoking and to protect and promote the health of both the smoker and the non-smoker.

Policy Commitment

Cardiff and Vale University Health Board (UHB) has a statutory responsibility for improving the health of the UHB population as well as providing individual patient centred care for promotion, prevention, diagnosis, treatment and rehabilitation. Maximising health is a critical element in achieving a sustainable health service into the future.

The aim of this policy is:

- to protect employees, contractors, visitors and patients/service-users to UHB sites from exposure to second hand smoke (also known as passive or environmental smoke) and to ensure compliance with the Health Act 2006 and related regulations for Wales and the Smoke Free Premises etc (Wales) regulations 2007
- to actively promote and support health and wellbeing.

Supporting Procedures and Written Control Documents

This Policy and the No Smoking and Smoke Free Environment Policy Supporting Procedures describe the following with regard to the No Smoking and Smoke Free Environment Policy.

- Background
- Aims
- Objectives
- Roles and responsibilities
- Application of this Policy
- Training
- Communication

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- Resources
- References
- Definitions

Other supporting documents are:

- [Clinician information sheet – smoking cessation](#)
- British Thoracic Society. (2005) *Smoke Free Hospitals*. London: The British Thoracic Society
- Phillips, C. Bloodworth, A..(2009) *Costs of smoking to the NHS in Wales*. ASH Wales and BHF
- Optimising Outcomes Statement Policy, UHB Board 3 July 2013
- Public Health England (2014). E-cigarettes: An evidence update.
- Mc Robbie H et al. (2014). Can electronic cigarettes help people stop smoking or reduce the amount they smoke, and are they safe to use for this purpose?
- Royal College of Physicians (2016). Nicotine without smoke. Tobacco harm reduction.

Scope

This Policy is applicable to all employees, contractors, visitors and service-users (patients), with four exceptions as listed.

The Policy includes staff who are required to visit private residents as part of their duties. Further details on this are outlined on page 13 of the main policy.

Equality Impact Assessment	An Equality Impact Assessment (EqIA) has been completed and this found there to be no impact. Key actions have been identified and these can be found in the EQIA document.
Health Impact Assessment	A Health Impact Assessment (HIA) has been completed and this found there to be no impact. Key actions have been identified and these can be found in the HIA document.
Policy Approved by	People, Planning and Performance Committee
Group with authority to approve procedures written to explain how this policy will be implemented	People, Planning and Performance Committee
Accountable Executive or Clinical Board Director	Director of Public Health

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Disclaimer

If the review date of this document has passed please ensure that the version you are using is the most up to date either by contacting the document author or the [Governance Directorate](#).

Summary of reviews/amendments

Version Number	Date Review Approved	Date Published	Summary of Amendments
1	N/A	02/09/11	New policy to replace Trust Version 91
2	03.07.2013	Trina Nealon	New policy replaces existing UHB Version 1 (UHB73). Amendments include: <ul style="list-style-type: none"> • Full no smoking ban across all UHB sites, with no provision for on-site smoking (except exceptions as listed) and removal /change in status of the designated smoking shelters • Prohibit of use of e-cigarettes inside UHB buildings • To strengthen the “Responsibilities” section of the policy.
3	28/07/2016	17/08/2016	Scheduled review of policy. Amendments include: <ul style="list-style-type: none"> • Policy reformatted into new UHB style • Introduction updated in regard to mental health patients and e-cigarettes • Section 10.6 and Appendix 6 – Level 3 Pharmacy information included • Section 11 – training • Section 12 – Communication • Appendix 1: Guidance and evidence section updated • Appendix 2: Mental health.