

Freedom of Information Act 2000 - Request Reference Fol/21/014
Perinatal Mental Health Services

Request Details

I would like to put a request in for information under the Freedom of Information Act 2000.

- 1. How many referrals have there been to perinatal mental health services? Please break this information down by calendar year from the start of 2017 up to and including 2020.**

January 2017 to 31st December 2017 = 442

January 2018 to 31st December 2018 = 435

January 2019 to 31st December 2019 = 409

January 2020 to 31st December 2020 = 455

- 2. What provision is there for patients who need access to perinatal mental health services?**

Therapeutic interventions/treatments available;

CBT

DBT

EMDR

ACT Group and individual

CAT

Play and development Group

Baby Massage, individual and group

Mindfulness

VIG

Preventative Monitoring, listening visits

Preconception Advice

Medication Advice and prescribing

CMHN support and monitoring

These are available to both Anti and post-natal ladies