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Bwrdd Iechyd Prifysgol  
Caerdydd a'r Fro  
Cardiff and Vale  
University Health Board

# DEPARTMENT OF MEDICAL EDUCATION BULLETIN November 2019



*University Hospital of Wales (UHW)*

Cardiff and Vale University Local Health Board was established in October 2009, and is the largest Health Board in Wales.

The UHB has two Medical and Dental Education Centres, based across two sites, University Hospital of Wales (UHW) and University Hospital Llandough (UHL). Both centres provide the infrastructure and staff to facilitate the Education, Training and Continuing Development of Postgraduate Professionals in Hospital Medicine, General

Practice and Dentistry. They ensure the medical students receive a high standard of clinical placement and offer support to the clinicians delivering teaching. This involves working very closely with Cardiff University, School of Medicine and HEIW (formerly the Wales Deanery).

Each centre is managed by a dedicated team who ensure a high standard of Medical Education is provided across the UHB.



*University Hospital Llandough (UHL)*

# The Medical Education Department

The Medical Education Department is spread over two sites at University Hospital of Wales and University Hospital Llandough. Both sites have their own clinical skills areas to aid undergraduate teaching and postgraduate training.

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# Faculty



Professor Ben  
Hope-Gill  
**Assistant Medical  
Director, Medical  
Education**



Dr Frauke Pelz  
**SAS Tutor**



Dr John Dunne  
**Foundation  
Programme  
Director /Clinical  
Skills Lead**



Dr Karl Davis  
**Foundation  
Programme  
Director**



Dr Tayyeb Tahir  
**Faculty Lead**



Dr Martin Edwards  
**Faculty Lead**



Dr Munawar  
Al-Mudhaffar  
**Faculty Lead**

If you should require an appointment with any of the Faculty Leads, please contact the Medical Education Department, 2nd Floor, Cochrane Building, UHW. Tel: 02921 846222

For an appointment with the Foundation Directors, please contact Sharon Goodwin, Foundation Administrator, Medical Education. Tel: 02921 846231

# The Library Page

## Postgraduate Zone

Are you looking for somewhere to work in UHW? The Postgraduate Zone may help. The Zone has two connecting rooms, offering:

Study space: PCs (on UHB and CU networks): Kitchen Area (microwave and hot water):WiFi: Overhead projector and screen: Armchairs.

Your Library/ID card will need to be activated for entry. For validation, please email [healthlibrary@cardiff.ac.uk](mailto:healthlibrary@cardiff.ac.uk) with your card number (016....)

To find the room, go through Y Gegin and take the stairs or lift to 2nd floor, turn left. Room 2TB233 is just along the corridor on the right.

## Google Scholar

You can customise Google Scholar to add links to the NHS Wales e-Library for Health e-journals.

Open the menu on the Google Scholar home page at: <http://scholar.google.co.uk>  
Select 'settings' and in the 'Library Links' search box, type NHS Wales. Select the option and save. If you retrieve any references which are held electronically in the e-Library, a link will appear on the right hand side of the screen. You will be asked for your **library barcode number and password** plus your **OpenAthens** login to access the full text.

[HTML] [Heart rate variability: can it serve as a marker of mental health resilience?](#)

[G Perna, A Riva, A Defillo, E Sangiorgio...](#) - Journal of Affective ..., 2019 - Elsevier

6 days ago - Background Stress **resilience** influences mental well-being and vulnerability to psychiatric disorders. Usually, measurement of **resilience** is based on subjective reports, susceptible to biases. It justifies the need for objective biological/physiological biomarkers of ...

☆ ⓘ All 2 versions

[HTML] [sciencedirect.com](#)

[Full Text @ NHSWales](#)

If you need help or advice, please contact:

Rosemary Soper, Cardiff & Vale UHB Librarian.

[soper@cardiff.ac.uk](mailto:soper@cardiff.ac.uk) 02920 715497

# Grand Round Series

## Autumn Term 2019

### 12.30pm – 1.30pm

### Lecture Theatre 4, UHW



<b>DATE</b>	<b>CLINICAL DIRECTORATE/ SPECIALITY</b>	<b>PRESENTER</b>	<b>CHAIR</b>
Wednesday 6th November	As part of <i>National Pathology Week</i> the Grand Round will be replaced with a 'Living Autopsy'		Please note, 13:30 start in Lecture 3, UHW
Wednesday 13th November	Medical Director's Office	Dr Stuart Walker Medical Director	Dr Rachel Rayment
Wednesday 20th November	Women and Children: Obstetrics & Gynaecology	Mr Richard Penketh Obstetrics & Gynaecology Consultant	Mr David Scott-Coombes
Wednesday 27th November	Medicine: Rheumatology	Professor Ernest Choy Head of Rheumatology and Translational Research	Dr Andrew Freedman



# CAVMedEducation APP

Available on the  
**App Store**

ANDROID APP ON  
**Google play**

Scan for mobile site



## Features

- Medical Education Information
- Teaching Events
- Departmental Information
- Medical Education Faculty
- Key Telephone Numbers
- Study Leave Information

Cardiff and Vale UHB, Department of Medical Education  
Melanie Cotter, Medical Education Manager  
Tel: 02921 826341, Email: [Melanie.Cotter@Wales.nhs.uk](mailto:Melanie.Cotter@Wales.nhs.uk)

# Managing Yourself

A series of free workshops and study days for Cardiff & Vale trainees

One Day Courses

Course Facilitator:  
Dr Terry Stuart

Negotiating & Influencing Skills  
Tuesday 4th February 2020



Two-Hour Workshops

10:00am - 12:00noon

Coroners' Inquiries and Breaking Bad News  
Tuesday 21st January 2020



Good Record Keeping and Dealing with Challenging Patients  
Wednesday 25th March 2020

Consent and Confidentiality  
Thursday 21st May 2020

Venue: Medical Education Department,  
2nd Floor, Cochrane Building, UHW.

Limited places available

To book your place, please contact Department of  
Medical Education, UHW.  
Email: [Medical.Education.CAV@wales.nhs.uk](mailto:Medical.Education.CAV@wales.nhs.uk)

Cardiff & Vale ULHB  
Department of Medical Education

# Leadership & Management

Free Two-Day Courses for Higher  
Trainees within Cardiff & Vale ULHB

Course Facilitator: MIAD

- Equip doctors in training to meet the leadership challenges they will encounter; through discussion and practical work to reinforce the lessons from the nine e-learning modules.
- Explore the changing approach to medical leadership in the context of the Leadership Framework.
- Develop self awareness and self management skills.
- Improve time and stress management skills.
- Explore influencing techniques to help you become a better leader.
- See how patient safety and clinical risk management are at the core of healthcare delivery.
- Reinforce your understanding of current NHS issues and financial procedures
- Check your understanding of the recruitment process and discuss and practise the skills you need to gain your consultant post.

## Dates:

Monday 10th & Tuesday 11th February 2020  
Monday 11th & Tuesday 12th May 2020

**Venue:** Medical Education  
Department, 2nd Floor, Cochrane  
Building, UHW



To book your place, please contact Department of  
Medical Education, UHW.  
Email: [Medical.Education.CAV@wales.nhs.uk](mailto:Medical.Education.CAV@wales.nhs.uk)



Monday 4<sup>th</sup> November  
Cardiothoracic Surgery

Monday 18<sup>th</sup> November  
Neurosurgery

Monday 2<sup>nd</sup> December  
Maxillofacial Surgery

Monday 16<sup>th</sup> December  
Vascular Surgery

Monday 13<sup>th</sup> January  
Transplant Surgery

Monday 27<sup>th</sup> January  
Endocrine Surgery

Monday 10<sup>th</sup> February  
Hepatobiliary Surgery

Monday 24<sup>th</sup> February  
Colorectal Surgery

Monday 9<sup>th</sup> March  
T & O - Hands

Monday 23<sup>rd</sup> March  
Paediatric Surgery

Monday 6<sup>th</sup> April  
ENT

Monday 20<sup>th</sup> April  
Urology

Monday 4<sup>th</sup> May  
Cardiothoracic Surgery

Monday 18<sup>th</sup> May  
Neurosurgery

Monday 1<sup>st</sup> June  
Maxillofacial Surgery

## Surgical Hot Topics

45 minutes case based discussion on relevant surgical topics for all interested Trainees

### *When..?*

Alternate Mondays 12.30pm – 1.15pm (bring your lunch)

### *Where..?*

Teaching Room 1

Medical Education Skills Suite, A2/B2 Link, UHW

An Evening Medical Update organised by



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COLLEGE of  
PHYSICIANS of  
EDINBURGH

## Save the Date...

The Evening Medical Updates (EMU) programme covers the 'Top Medical Presentations' and 'Emergency Presentations' as defined in the GIM training curriculum.

Evening Medical Updates are aimed primarily for trainees, but is open to all hospital doctors, GPs, other healthcare professionals and medical students at any stage of their career with an interest in the topic. They are free of charge to all.

Free to attend



### 2019-2020 Evening Medical Update Live Web Streaming Schedule:

24 <sup>th</sup> September 2019	Unconscious Patient
29 <sup>th</sup> October 2019	Cardio-Respiratory Arrest
19 <sup>th</sup> November 2019	Fever
10 <sup>th</sup> December 2019	Acute Back Pain, Weakness and Paralysis
28 <sup>th</sup> January 2020	Jaundice
25 <sup>th</sup> February 2020	Keeping Up With Modern Medicine
24 <sup>th</sup> March 2020	Cough
28 <sup>th</sup> April 2020	Blackout/Collapse
26 <sup>th</sup> May 2020	Rash, Limb Pain and Swelling
23 <sup>rd</sup> June 2020	Medicolegal Challenges

**These will be held at the following venues at 6:30pm – 8:15pm:**

- Department of Medical Education, Education Centre, The Routledge Academic Centre, **University Hospital Llandough**
- Department of Medical Education, Medical Education Skills Suite, A2B2 Corridor, **University Hospital of Wales**

Please book online: <http://events.rcpe.ac.uk/>

Find the EMU you wish to attend, click on 'Book now' and complete the online form before 7pm on the day of the EMU.

If you have any queries please email [Kelly.Stillman@wales.nhs.uk](mailto:Kelly.Stillman@wales.nhs.uk) or telephone 02921 826307.

#### RCPE CONTACT DETAILS

**Kate Hollier**

Education Co-ordinator, Royal College of Physicians of Edinburgh, 9 Queen Street, Edinburgh EH2 1JQ

TEL: + 44 (0)131 247 3661

FAX: + 44 (0)131 220 4393

Email: [k.hollier@rcpe.ac.uk](mailto:k.hollier@rcpe.ac.uk)

***Want to Apply for Speciality Training...?***

***Thinking about Haematology, Microbiology, Histopathology, Immunology, Genetics or Clinical Biochemistry – but no idea what they do..?!***

**National Pathology Week Careers Evening**

**Date: Tuesday 5<sup>th</sup> November 2019**  
**Time: 17:30 - 19:30**  
**Venue: 2<sup>nd</sup> Floor, Cochrane Building, UHW**

Come along and meet SpRs from Haematology, Microbiology, Histopathology, Immunology, Genetics and Clinical Biochem to discuss career options and what the specialities entail.

A great opportunity to ask about taster weeks, applications, what the speciality is like and how to build your CV

**For further information or to register for a place please contact:**

**[Victoria.Ware@wales.nhs.uk](mailto:Victoria.Ware@wales.nhs.uk)**



**REGULAR DEPARTMENTAL TEACHING & MEETINGS**

<b>Monday</b>		
8.30am	Urology Seminar Room, A5 Link, UHW	Uro-Nephrology Radiology Meeting
8.30am	Seminar Room 1, Cochrane Building, UHW	EVAR and Vascular MDT
10.00am	Anaesthetics Seminar Room, UHW—irregular, contact Maria Grundy for details	Anaesthetic Academic Research Meeting
12.00pm	Rookwood Hospital	Rehabilitation Medicine Teaching (1st Monday of each Month)
12.30pm	Pathology Seminar Room, UHW	Gastrointestinal Meeting
1.00pm	Cancer Research Building, UHW	Lab Science Haematology Meeting
1.00pm	Paediatric Seminar Rooms, CHfW	Paediatric Microbiology Case Discussion
1.30pm	Paediatric Seminar Rooms, CHfW	Paediatric Radiology Meeting
4.45pm	Dermatology Seminar Room, UHW	Dermatology Departmental Meeting
<b>Tuesday</b>		
7.15am	Radiology Seminar Room, UHW	Radiology MDT Meeting
8.00am	C3 Seminar Room, UHW	Cardiac Surgery Topical Teaching
12.00pm	Pathology Seminar Room, UHW	Pathology Lunchtime Seminar
8.00pm	LATCH (Ward Space) Seminar Room	Haematology/Oncology Teaching Session
<b>Wednesday</b>		
7.00am	Trauma Clinic, UHW	Orthopaedic & Trauma Meeting
8.00am	Parentcraft Room, ANC, UHW	MDT Meeting in Gynaecological Oncology
8.00am	Cardiology Seminar Room, C3, UHW	Echo Cardiology Case Conference
8.00am	MDT Seminar Room, Education Centre, UHL	Heart Failure Meeting
8.00am	EU Seminar Room, UHW	Acute and General Medical Teaching Programme
8.00am	Ground Floor Radiology Seminar Room, UHW	GI Oncology Meeting
9.00am	Emergency Unit, Seminar Room, UHW	SpR Teaching Programme
9.00am	Pelican Ward, Children's Hospital	Paediatric Cardiology Teaching
9.30am	Seminar Room 1, 2nd Floor, Cochrane Building, UHW	Rheumatology Postgraduate Teaching (2nd and 4th Wednesday of each month)

## REGULAR DEPARTMENTAL TEACHING & MEETINGS

<b>Wednesday (Cont.)</b>		
12.00pm	Medical Assessment Unit Discharge Lounge, UHL	MEAU Teaching
12.30pm	Pathology LHS Seminar Room, 1st Floor B-Block	Respiratory Teaching
12.45pm	Lecture Theatre 3/4, UGF A Block, UHW	Grand Round - Autumn Term starts 12th September
1.00pm	2nd Floor, Cochrane Building, UHW	G.P. Teaching
1.00pm	CF Centre Seminar Room, UHL	Respiratory Radiology Meeting
1.30pm	Paediatrics Seminar Room, 3rd Floor, Children's Hospital	Epilepsy Surgery MDT Meeting (2nd and 4th Wednesday of each month)
2.00pm	Emergency Unit, Seminar Room, UHW	Emergency Unit SHO Teaching
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions
<b>Thursday</b>		
7.15am	Radiology Seminar Room	Spinal Teaching Meeting
8.00am	X-Ray Conference Room, Radiology Dept, UHW	Spinal X-Ray Meeting
8.00am	Pathology Seminar Room, UHW	ECG Interpretation
8.00am	Anaesthetics Seminar Room, 3rd Floor, B Block, UHW	ECG Teaching
9.00am	Neonatal Seminar Room, UHW	Fetal Medicine MDT Meeting
10.30am	Nephrology & Transplant Conference Room	Topics on Transplant Surgery
11.30pm	MDT Seminar Room, Education Centre, UHL	Gastroenterology MDT Meeting (Fortnightly)
12.30pm	Dental Seminar Room, Education Centre, UHL	Care of Elderly Meeting
12:45pm	Paediatric Seminar Rooms	Paediatric Grand Round (First Thursday of each month)
1:00pm	Paediatric Seminar Rooms	Tier 0 & Tier 1 Teaching (Not the first Thursday of each month)
1.00pm	IMG Seminar Room, UHW	Medical Genetics Lunchtime Seminar
1.00pm	Seminar Room, Henry Wellcome Research Institution	Science Seminar Programme
1.30pm	Diabetes Seminar Room, On Call Landing UHL	Diabetes and Medical Clinical Cases Discussion
2.00pm	Intensive Care Unit, UHW	Intensive Care Medicine Teaching: FP2, ST1, ST2 & 3 Topic Based Teaching

**REGULAR DEPARTMENTAL TEACHING & MEETINGS**

<b>Friday</b>		
7.00am	Trauma Clinic	Paediatric Orthopaedic Teaching
8.00am	Pathology Seminar Room, UHW	Surgical Oncology Seminar (1st, 3rd, 5th Friday in Month)
8.15am	Seminar Room, Floor 2, Maternity Unit, UHW	Obstetrics Discussion Meeting
10.00am	Lecture Room 3, Education Centre, UHL	Psychiatry HOT Review
11.15am	Lecture Room 3, Education Centre, UHL	Psychiatry CME Lecture
12.00pm	EU Seminar Room, UGF, UHW	General Medical Teaching
12.30pm	Radiology Seminar Room, UHW	HP MDT Meeting
12.45pm	Pathology Seminar Room, UHW	Urology MDT Meeting
1.00pm	CF Centre Seminar Room, UHL	Weekly Education Meeting
1.00pm	WHRI Seminar Room, UHW	Cardiac Grand Round ( Academic Term Only)
1.00pm	CHfW Third Floor Seminar Room	Paediatric CBD and Updates
1.00pm	Obstetrics Seminar Room, UHW	Obstetrics & Gynaecology Postgraduate Meeting
1.00pm	Seminar Room 7, 2nd Floor, Cochrane Building UHW	Care of the Elderly Meeting
2.00pm	Cavoc Seminar Room, UHL	Orthopaedic Teaching (Higher Trainees)
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions
2.00pm	Suite 8, UHW	Ophthalmology Regional Teaching

If you would like to add or amend teaching & meeting information, please email: [Medical.Education.CAV@wales.nhs.uk](mailto:Medical.Education.CAV@wales.nhs.uk)



If you have anything you would like included in the next edition of the Medical Education Bulletin or have any feedback, please contact:  
[Medical.Education.cav@wales.nhs.uk](mailto:Medical.Education.cav@wales.nhs.uk).

We look forward to hearing from you!

