



GIG  
CYMRU  
NHS  
WALES

Bwrdd Iechyd Prifysgol  
Caerdydd a'r Fro  
Cardiff and Vale  
University Health Board

# DEPARTMENT OF MEDICAL EDUCATION BULLETIN

March 2019



*University Hospital of Wales (UHW)*

Cardiff and Vale University Local Health Board was established in October 2009, and is the largest Health Board in Wales.

The UHB has two Medical and Dental Education Centres, based across two sites, University Hospital of Wales (UHW) and University Hospital Llandough (UHL). Both centres provide the infrastructure and staff to facilitate the Education, Training and Continuing Development of Postgraduate Professionals in Hospital Medicine, General

Practice and Dentistry. They ensure the medical students receive a high standard of clinical placement and offer support to the clinicians delivering teaching. This involves working very closely with Cardiff University, School of Medicine and HEIW (formerly the Wales Deanery).

Each centre is managed by a dedicated team who ensure a high standard of Medical Education is provided across the UHB.



*University Hospital Llandough (UHL)*

# The Medical Education Department

The Medical Education Department is spread over two sites at University Hospital of Wales and University Hospital Llandough. Both sites have their own Clinical Skills areas aimed at the teaching of Undergraduates and training of Postgraduates.

Ceri Hill  
Medical Education Manager  
029 2074 4850  
ceri.hill2@wales.nhs.uk

Carole Gee  
Deputy Medical Education  
Manager  
029 2074 6222  
carole.gee@wales.nhs.uk

Sharon Goodwin  
Medical Education Administrator  
(Foundation & Year 5 Medical  
Programme)  
029 2074 6231  
Sharon.Goodwin@wales.nhs.uk

Danielle Taylor  
Medical Education Administrator  
(Undergraduate)  
02920 744510  
Danielle.taylor2@wales.nhs.uk

Siobhan Griffin  
Postgraduate Study Leave  
Administrator  
029 2074 2474  
siobhan.griffin@wales.nhs.uk

Abigail James  
Medical Education Assistant  
029 2074 6239  
abigail.james@wales.nhs.uk

Samantha Cook  
Medical Education Assistant  
029 2074 8199  
samantha.cook3@wales.nhs.uk

Victoria Smith  
Medical Education Assistant  
02920 74 5261  
Victoria.c.smith@wales.nhs.uk

Elizabeth Williams  
Clinical Skills Technician  
029 207442907  
Elizabeth.Williams34@wales.nhs.uk

Medical Education  
Department  
2nd Floor  
Cochrane Building  
University Hospital of Wales  
CF14 4YU

Tel: 02920 746252

Melanie Cotter  
Medical Education Manager  
029 2071 6341  
melanie.cotter@wales.nhs.uk

Jayne Davies  
Medical Education  
Administrator  
(DF1 Training &  
Undergraduate)  
029 2071 6254  
Jayne.Davies7@wales.nhs.uk

Amanda Glazer  
Medical Education  
Administrator (Postgraduate  
Medical & Dental)  
029 2071 6342  
amanda.glazer@wales.nhs.uk

Kelly Stillman,  
Medical Education Assistant  
029 2071 6307  
Kelly.Stillman@wales.nhs.uk

David Facey, Clinical Skills  
Technician  
029 2071 6341  
David.Facey@wales.nhs.uk

Medical Education  
Department  
Academic Building  
University Hospital  
Llandough  
Penlan Road  
Llandough  
CF64 2XX

Tel: 02920 716341

# Faculty



Dr Ben Hope-Gill  
**Assistant Medical  
Director, Medical  
Education**



Dr Frauke Pelz  
**SAS Tutor**



Dr John Dunne  
**Foundation  
Programme  
Director /Clinical  
Skills Lead**



Dr Karl Davies  
**Foundation  
Programme  
Director**



Dr Tayyeb Tahir  
**Faculty Lead**



Miss Alexandra Rees  
**Faculty Lead**



Dr Martin Edwards  
**Faculty Lead**



Dr Munawar  
Al-Mudhaffar  
**Faculty Lead**

If you should require an appointment with any of the Faculty Leads, please contact the Medical Education Department, 2nd Floor, Cochrane Building, UHW. Tel: 02920 746222

For an appointment with the Foundation Directors, please contact Sharon Goodwin, Foundation Administrator, Medical Education. Tel: 02920 746231

# The Library Page



## UpToDate® New Features in UpToDate

### New streamlined navigation

It's now easier for you to quickly scan, read and navigate UpToDate. With consolidated links and easy access to key resources like drug information and patient education, your navigation will be simpler and more efficient.

### Improved readability

In an effort to improve readability, you'll now see increased font size and line spacing within our topic views, making the content less dense and easier to navigate. You can adjust the font size at any time by clicking the "Font" icon in the top right menu (between "Share" and "Bookmark") and selecting from the drop down.

## ClinicalKey® New in Clinical Key

### New Clinical Overviews

- Acute bronchitis
- Diabetic autonomic neuropathy
- Macrocytic anemia
- Primary adrenal insufficiency
- Testicular cancer

### E-Books Added

- Andrews' Diseases of the Skin* (James, William) 13th ed
- Catheter Ablation of Cardiac Arrhythmias* (Huang, Shoen K. Stephen) 4th ed
- Contemporary Oral and Maxillofacial Surgery* (Hupp, James) 7th ed
- Critical Care Medicine* (Parrillo, Joseph) 5th ed
- Field Guide to Wilderness Medicine* (Auerbach, Paul) 5th ed
- Fundamentals of Skeletal Radiology* (Helms, Clyde) 5th ed
- Gordis Epidemiology* (Celentano, David) 6th ed
- McKee's Pathology of the Skin* (Calonje, Eduardo) 5th ed
- Nolte's The Human Brain in Photographs and Diagrams* (Vanderah, Todd) 5th ed
- Perinatal Genetics* (Norton, Mary) 1st ed
- Respiratory Physiology* (Cloutier, Michelle) 2nd ed

## Next Pop-up Library Dates : also at UHL

Next dates for the pop-up library in UHW are **Thursday 7th March, 12.00—2.00. Classroom 1, Cardiff University Medical School suite** and **Thursday 21st March 12.00—2.00** in the **Postgraduate Zone, Main Hospital building, Room 2TB233. We have added a new pop-up at UHL, Friday 1st March, Patient Experience Room (at the entrance to the Dining Room).** Rosemary will be there to talk to you, discuss a literature search, and answer any queries.

If you need help or advice about library services, please contact:

Rosemary Soper, Cardiff & Vale UHB Librarian. [soper@cardiff.ac.uk](mailto:soper@cardiff.ac.uk)  
02920 715497

# Grand Round Series

## Spring Term 2019

### 12.30pm – 1.45pm

## Lecture Theatre 4, UHW



**March 2019**

<b>DATE</b>	<b>CLINICAL BOARD / SPECIALITY</b>	<b>PRESENTER</b>	<b>CHAIR</b>
Wednesday, 6th March	Women & Child: Paediatric Surgery	Mr Eniola Folaranmi Consultant	Dr R Rayment
Wednesday, 13th March	Medicine: Respiratory (National No Smoking Day)	Dr Simon Barry Consultant in Medicine	Dr A Freedman
Wednesday, 20th March	Action Caring Round	Dr Jenny Thomas. (Foyer area in use for Diagnostic Awareness)	Prof P Smith

**The Summer Term will start on Wednesday 1st  
May 2019**



# NATIONAL TRAINING SURVEY

The GMC Trainee Survey is your opportunity to help improve the quality of foundation and postgraduate specialty training across the UK.

The 2019 Survey will be live from **Tuesday 19<sup>th</sup> March – Wednesday 1<sup>st</sup> May**

***Make sure you have your say!***

**[www.gmc-uk.org/nts](http://www.gmc-uk.org/nts)**

General  
Medical  
Council

Regulating doctors  
Ensuring good medical practice

An Evening Medical Update organised by



ROYAL  
COLLEGE of  
PHYSICIANS of  
EDINBURGH

# NEWS

The Evening Medical Updates (EMU) programme covers the 'Top Medical Presentations' and 'Emergency Presentations' as defined in the GIM training curriculum

## 2019 Evening Medical Update Live Web Streaming Schedule:

**Free to Attend 2 CPD Points (External)**

.....  
**Save the Date.....**

From January 2019 these will be live web streamed from University Hospital Llandough and University Hospital of Wales.

<b>2019</b>	
29 <sup>th</sup> January 2019 6.30pm – 8.15pm	Fits/Seizures
26 <sup>th</sup> February 2019 6.30pm – 8.15pm	Vomiting/Nausea
19 <sup>th</sup> March 2019 6.30pm – 8.15pm	Falls
30 <sup>th</sup> April 2019 6.30pm – 8.15pm	Palliative Care Management
28 <sup>th</sup> May 2019 6.30pm – 8.15pm	Abdominal Pain
25 <sup>th</sup> June 2019 6.30pm – 8.15pm	Poisoning

RCPE organises the Evening Medical Updates and live web stream them to the:

<b>Department of Medical Education Department</b>	<b>Medical Education Skills Suite,</b>
<b>Education Centre</b>	<b>A2B2 Corridor</b>
<b>Academic Building</b>	<b>University Hospital of Wales</b>
<b>University Hospital Llandough.</b>	

.....

If you would like to attend please email [Kelly.Stillman@wales.nhs.uk](mailto:Kelly.Stillman@wales.nhs.uk) or telephone 02920 716307

### RCPE CONTACT DETAILS

**Kate Hollier**

Education Co-ordinator, Royal College of Physicians of Edinburgh, 9 Queen Street, Edinburgh EH2 1JQ  
TEL: + 44 (0)131 247 3661      FAX: + 44 (0)131 220 4393      Email: [k.hollier@rcpe.ac.uk](mailto:k.hollier@rcpe.ac.uk)

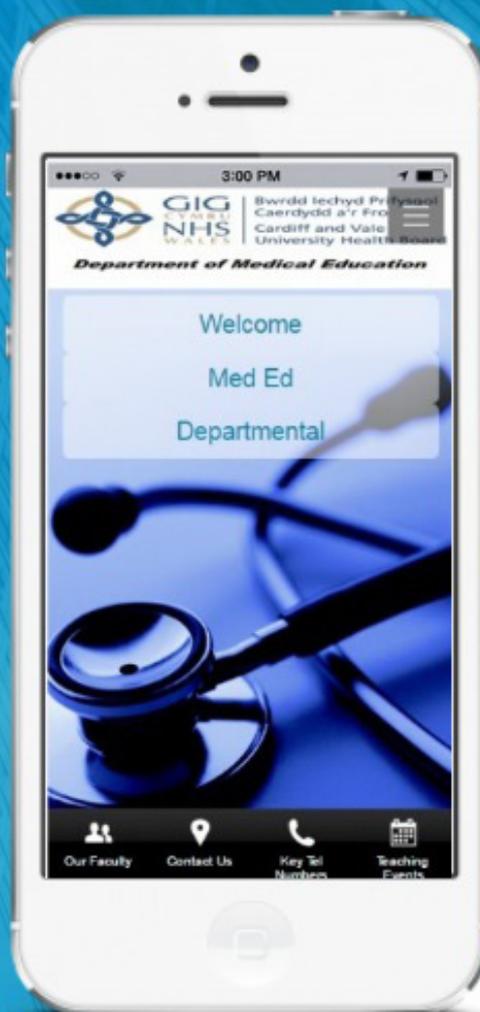


# CAVMedEducation App

The Department of Medical Education (DME) have developed a mobile app for personal devices. The overall purpose of this is to provide instant and up to date information to all Junior Doctors in Cardiff and Vale UHB.



Scan to download



## Awesome Features

### Medical Education Info

Information with regards to CMT, Foundation Training .  
How to apply for Study Leave

### Departmental Info

Junior Doctors Handbook for varied specialities

### Teaching Events

Available Courses and Teaching Sessions

### Med Ed Faculty

Meet our Faculty Leads for Training

Cardiff and Vale UHB, Department of Medical Education  
Mrs Melanie Cotter, Medical Education Manager  
Tel: 02920 716341, E-Mail: [Melanie.Cotter@wales.nhs.uk](mailto:Melanie.Cotter@wales.nhs.uk)



## Cardiff and Vale UHB Junior Doctor Engagement Survey

# ***SURVEY NOW LIVE....***



Cardiff & Vale UHB is asking for **your** help in creating a better working climate for junior doctors

To complete the survey scan the QR code



Or use the hyperlink below:

<https://www.smartsurvey.co.uk/s/CVHBnhs08TD/>

For further information please contact:  
Thomas Cromarty, Welsh Clinical Leadership Fellow  
[Thomas.Cromarty@wales.nhs.uk](mailto:Thomas.Cromarty@wales.nhs.uk)

GOFALU AM BOBL, CADW POBL YN IACH  
CARING FOR PEOPLE, KEEPING PEOPLE WELL





**BMA**

Cymru Wales

## Welsh junior doctors conference

Thursday 4 April 2019: 9.30am–4.30pm, Cardiff

### Join us at Sophia Gardens for the first ever Welsh junior doctors conference

Hear from experts on topics such as fatigue and its impact on workplace performance and get practical advice on your contractual rights and rota monitoring.

The event is **free** for BMA members and travel expenses will be paid.

Find out and register here



[bma.org.uk/welshjdc](https://bma.org.uk/welshjdc)

#WJDCCConf2019



British Medical Association  
bma.org.uk



## Transition to Consultant Courses

Aimed at Higher Level Trainees within two years of their CCT. To provide an insight into useful knowledge and skills to support the transition from a higher trainee to a consultant.

### Topics:

- The Management Team, Organisational Structure & Strategy
- The Clinical Boards – Structure and function
- Understanding one’s self and the impact on others
- Networking & Building Relationships
- Leadership Challenges
- QI & Patient Safety



### Course Dates:

Tuesday 29<sup>th</sup> January  
 Monday 18<sup>th</sup> February  
 Tuesday 12<sup>th</sup> March  
 Thursday 11<sup>th</sup> April  
 Friday 24<sup>th</sup> May  
 Tuesday 25<sup>th</sup> June

### Venue:

Department of Medical Education, 2<sup>nd</sup> Floor, Cochrane Building, UHW  
 Limited Spaces Available

**No Course Fee, £25 Cancellation Fee if less than 24hrs notice**

For further information please contact:  
 Thomas Cromarty, Welsh Clinical Leadership Fellow  
[Thomas.Cromarty@wales.nhs.uk](mailto:Thomas.Cromarty@wales.nhs.uk)

# Managing Yourself

A series of free workshops and study days for Cardiff & Vale trainees

## One-Day Courses

**Course Facilitator:**  
**Dr Terry Stuart**

## Two-Hour Workshops

**10:00am - 12:00noon**

Negotiating & Influencing Skills  
Wednesday 20th March 2019



Patient Complaints & GMC  
Fitness to Practice  
Tuesday 4th June 2019



Managing Pressure and  
Improving Resilience  
Tuesday 14th May 2019

Venue: Medical Education  
Department, 2nd Floor,  
Cochrane Building, UHW.

Limited places available

To book your place, please contact:  
Carole Gee, Medical Education Department, UHW.  
Carole.Gee@wales.nhs.uk or Ext 46222

# EMAS



23rd April 2019  
Morrison Hospital

## Emergency Medicine Acute Skills Course

Venue: Education Centre, Morrison Hospital

08:30	—	09:00	<b>Registration &amp; Introduction</b>
09:00	—	10:00	Trauma Skills
10:00	—	11:00	Identify Sick Child
11:00	—	11:15	<b>Tea break</b>
11:15	—	13:00	Skills Station (IO access / Log roll / Seldinger ICD / Airway assessment)
13:00	—	13:30	<b>Lunch</b>
13:30	—	15:15	Skills station (FIB block / Pelvic Binder & Cervical collar / Radiology tips / Cardio version)
15:15	—	15:30	<b>Tea Break</b>
15:30	—	16:15	ALS – Rhythm recognition & management (Tachy-brady Arrhythmias)
16:15	—	17:00	SBAR Handover & Management of unconscious patient
17:00	—	17:10	Feedback & closure

### Course Director - Dr Sounder Perumal

To book places please contact:  
Dr Perumal: sounder6@yahoo.com or  
Dr Kakollu: kmahendra2105@me.com  
Course Fee £50 (Including Lunch)



GIG  
CYMRU  
NHS  
WALES

## **FOCUSED INTENSIVE CARE ECHOCARDIOGRAPHY (FICE) 4TH JUNE 2019**

This event is approved by the Royal College of Anaesthetists for 5 CPD credits FICE accreditation course for the Intensive Care Society (ICS)\* and British Society of Echocardiography (BSE)

Topics include

- Applied physics, image acquisition and Optimisation
- Comprehensive FICE examination and sonoanatomy
- Assessment of ventricular function, filling and common pathologies
- DICE cases (interesting interactive FICE cases)
- Hands on session with simulators and live scan on volunteers
- MCQ evaluation and FICE accreditation process

Course Fee: £180 including lunch and refreshments

Register online from our Website: <http://www.bmc.wales/fice>  
or contact [houghC@cardiff.ac.uk](mailto:houghC@cardiff.ac.uk) Tel: 02920 743 108

## **CARDIFF ULTRASOUND GUIDED REGIONAL ANAESTHESIA WITH CADAVERIC ANATOMY COURSE 27TH & 28TH JUNE 2019**

A two day practical hands-on course that enables you to optimize and interpret the ultrasound machine's information and to apply it to real-world clinical procedures. You will experience hands on training under the direction of expert regional anaesthetists.

CPD Points: 10 from Royal College of Anaesthetists

Topics include:

- Understanding the principles of ultrasound.
- Defining the common steps in performing ultrasound guided nerve blocks.
- Understanding the applied neuroanatomy through dissected cadaveric workshops.
- Improving needling techniques.
- Achieve improved patient outcomes through successful regional anaesthetic skills.
- This course counts towards EDRA (European Diploma of Regional Anaesthesia).

Course fee is £325 including lunch and refreshments

Register online from our website: <https://www.bmc.wales/ultrasound-regional-anaes> or contact [houghC@cardiff.ac.uk](mailto:houghC@cardiff.ac.uk) Tel: 02920 743 108

## REGULAR DEPARTMENTAL TEACHING & MEETINGS

<b>Monday</b>		
8.30am	Urology Seminar Room, A5 Link, UHW	Uro-Nephrology Radiology Meeting
8.30am	Seminar Room 1, Cochrane Building, UHW	EVAR and Vascular MDT
10.00am	Anaesthetics Seminar Room, UHW—irregular, contact Maria Grundy for details	Anaesthetic Academic Research Meeting
12.00pm	Rookwood Hospital	Rehabilitation Medicine Teaching (1st Monday of each Month)
12.30pm	Pathology Seminar Room, UHW	Gastrointestinal Meeting
1.00pm	Cancer Research Building, UHW	Lab Science Haematology Meeting
1.00pm	Paediatric Seminar Rooms, CHfW	Paediatric Microbiology Case Discussion
1.30pm	Paediatric Seminar Rooms, CHfW	Paediatric Radiology Meeting
4.45pm	Dermatology Seminar Room, UHW	Dermatology Departmental Meeting
<b>Tuesday</b>		
7.15am	Radiology Seminar Room, UHW	Radiology MDT Meeting
8.00am	C3 Seminar Room, UHW	Cardiac Surgery Topical Teaching
12.00pm	Pathology Seminar Room, UHW	Pathology Lunchtime Seminar
8.00pm	LATCH (Ward Space) Seminar Room	Haematology/Oncology Teaching Session
<b>Wednesday</b>		
7.00am	Trauma Clinic, UHW	Orthopaedic & Trauma Meeting
8.00am	Parentcraft Room, ANC, UHW	MDT Meeting in Gynaecological Oncology
8.00am	Cardiology Seminar Room, C3, UHW	Echo Cardiology Case Conference
8.00am	MDT Seminar Room, Education Centre, UHL	Heart Failure Meeting
8.00am	EU Seminar Room, UHW	Acute and General Medical Teaching Programme
8.00am	Ground Floor Radiology Seminar Room, UHW	GI Oncology Meeting
9.00am	Emergency Unit, Seminar Room, UHW	SpR Teaching Programme
9.00am	Pelican Ward, Children's Hospital	Paediatric Cardiology Teaching
9.30am	Seminar Room 1, 2nd Floor, Cochrane Building, UHW	Rheumatology Postgraduate Teaching (2nd and 4th Wednesday of each month)

**REGULAR DEPARTMENTAL TEACHING & MEETINGS**

<b>Wednesday (Cont.)</b>		
12.00pm	Medical Assessment Unit Discharge Lounge, UHL	MEAU Teaching
12.30pm	Pathology LHS Seminar Room, 1st Floor B-Block	Respiratory Teaching
12.45pm	Lecture Theatre 3/4, UGF A Block, UHW	Grand Round - Autumn Term starts 12th September
1.00pm	2nd Floor, Cochrane Building, UHW	G.P. Teaching
1.00pm	CF Centre Seminar Room, UHL	Respiratory Radiology Meeting
1.30pm	Paediatrics Seminar Room, 3rd Floor, Children's Hospital	Epilepsy Surgery MDT Meeting (2nd and 4th Wednesday of each month)
2.00pm	Emergency Unit, Seminar Room, UHW	Emergency Unit SHO Teaching
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions
<b>Thursday</b>		
7.15am	Radiology Seminar Room	Spinal Teaching Meeting
8.00am	X-Ray Conference Room, Radiology Dept, UHW	Spinal X-Ray Meeting
8.00am	Pathology Seminar Room, UHW	ECG Interpretation
8.00am	Anaesthetics Seminar Room, 3rd Floor, B Block, UHW	ECG Teaching
9.00am	Neonatal Seminar Room, UHW	Fetal Medicine MDT Meeting
10.30am	Nephrology & Transplant Conference Room	Topics on Transplant Surgery
11.30pm	MDT Seminar Room, Education Centre, UHL	Gastroenterology MDT Meeting (Fortnightly)
12.30pm	Dental Seminar Room, Education Centre, UHL	Care of Elderly Meeting
12:45pm	Paediatric Seminar Rooms	Paediatric Grand Round (First Thursday of each month)
1:00pm	Paediatric Seminar Rooms	Tier 0 & Tier 1 Teaching (Not the first Thursday of each month)
1.00pm	IMG Seminar Room, UHW	Medical Genetics Lunchtime Seminar
1.00pm	Seminar Room, Henry Wellcome Research Institution	Science Seminar Programme
1.30pm	Diabetes Seminar Room, On Call Landing UHL	Diabetes and Medical Clinical Cases Discussion
2.00pm	Intensive Care Unit, UHW	Intensive Care Medicine Teaching: FP2, ST1, ST2 & 3 Topic Based Teaching

## REGULAR DEPARTMENTAL TEACHING & MEETINGS

Friday		
7.00am	Trauma Clinic	Paediatric Orthopaedic Teaching
8.00am	Pathology Seminar Room, UHW	Surgical Oncology Seminar (1st, 3rd, 5th Friday in Month)
8.15am	Seminar Room, Floor 2, Maternity Unit, UHW	Obstetrics Discussion Meeting
10.00am	Lecture Room 3, Education Centre, UHL	Psychiatry HOT Review
11.15am	Lecture Room 3, Education Centre, UHL	Psychiatry CME Lecture
12.00pm	EU Seminar Room, UGF, UHW	General Medical Teaching
12.30pm	Radiology Seminar Room, UHW	HP MDT Meeting
12.45pm	Pathology Seminar Room, UHW	Urology MDT Meeting
1.00pm	CF Centre Seminar Room, UHL	Weekly Education Meeting
1.00pm	WHRI Seminar Room, UHW	Cardiac Grand Round ( Academic Term Only)
1.00pm	CHfW Third Floor Seminar Room	Paediatric CBD and Updates
1.00pm	Obstetrics Seminar Room, UHW	Obstetrics & Gynaecology Postgraduate Meeting
1.00pm	Seminar Room 7, 2nd Floor, Cochrane Building UHW	Care of the Elderly Meeting
2.00pm	Cavoc Seminar Room, UHL	Orthopaedic Teaching (Higher Trainees)
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions
2.00pm	Suite 8, UHW	Ophthalmology Regional Teaching

If you would like to add or amend teaching & meeting information, please email: [Medical.Education.CAV@wales.nhs.uk](mailto:Medical.Education.CAV@wales.nhs.uk)



If you have anything you would like included in the next edition of the Medical Education Bulletin or have any feedback, please contact:  
[Medical.Education.cav@wales.nhs.uk](mailto:Medical.Education.cav@wales.nhs.uk).

We look forward to hearing from you!

