

Cardiff and Vale University Health Board  
Department of Medical Education

# Postgraduate Bulletin March 2018

## POSTGRADUATE UPDATE

### Contact Details

#### UHW Medical Education Centre

2nd Floor  
Cochrane Building  
Heath Park  
Cardiff  
CF14 4YU

Tel: 02920 746252

#### UHL Medical Education Centre

Education Centre  
Academic Building  
Llandough  
CF64 2XX

Tel: 02920 716341

#### Assistant Medical Director

Dr B Hope-Gill

#### Local Faculty Leads

Dr M Al-Mudhaffar  
Dr M Edwards  
Miss A Rees  
Dr T Tahir

#### Foundation Programme Directors

Dr J Dunne  
Dr K Davis

#### GPVTS Programme Directors

Dr A Cooper  
Dr U Kabeer

#### SAS Tutor

Dr F Pelz

#### Clinical Skills Lead

Dr J Dunne

### Faculty Leads for Medical Education



Dr Ben Hope-Gill  
**Assistant Medical Director,  
Medical Education**



Dr Frauke Pelz  
**SAS Tutor**



Dr John Dunne  
**Foundation Programme  
Director / Clinical Skills  
Lead**



Dr Karl Davis  
**Foundation Programme  
Director**



Dr Tayyeb Tahir  
**Faculty Lead**



Miss Alexandra Rees  
**Faculty Lead**



Dr Martin Edwards  
**Faculty Lead**



Dr Munawar Al-Mudhaffar  
**Faculty Lead**

If you require an appointment with any of the Faculty Leads, please contact the Medical Education Department, 2nd Floor, Cochrane Building, UHW  
Tel: 02920 742474

### Important Notices Medical Education Department

#### CLAIMING EXPENSES

**Claims for expenses for Study Leave must be submitted electronically, and not via the CV1 Form.**

For assistance or to register for e-expenses please contact the help & support team on (029) 2090 3981

#### PLEASE NOTE

Items for the **April 2018 Edition** of the Postgraduate Bulletin should be forwarded to:  
[Medical.education.cav@wales.nhs.uk](mailto:Medical.education.cav@wales.nhs.uk)  
By **Friday 23rd March 2018**

## Teaching for The Month

### FP1 Teaching

**Thursday 8th March - Medical Education Dept, UHW - 1.00pm - 3.30pm**

Breaking News (Good/Bad)  
Safeguarding

### FP2 Teaching

**Thursday 22nd March - Medical Education Dept, UHW - 1.00pm - 3.30pm**

Paediatric Emergencies  
Emergency Headache  
E-reporting for the Coroner

### February: UHW Grand Round

Date	Presenter	Speciality	Presenter	Speciality	Location
07th March	Dr D Morris	Ophthalmology	Genomics Roadshow		Lecture Theatre 3
14th March	Prof E Nichol	Cardio-Vascular Imaging	Dr S Zouwail	Medical Biochemistry	Lecture Theatre 4
21th March	Action Caring Round - Intensive Care Case				Lecture Theatre 4

## Regular Departmental Teaching/Meetings

### MONDAY

8.30-9.30am	Urology Seminar Room, A5 Link, UHW	Uro-Nephrology Radiology Meeting
8.30am	Seminar Room 1, Cochrane Building, UHW	EVAR and Vascular MDT
10.00am	Anaesthetics Seminar Room, UHW—irregular, contact Maria Grundy for details	Anaesthetic Academic Research Meeting
12.30pm	Pathology Seminar Room, UHW	Gastrointestinal Meeting
12.30pm	Nurse's Office, Ward C7, UHW	Endocrine Clinical Meeting
1.00pm	Pathology Seminar Room, UHW	Paediatric Microbiology Case Discussion
1.30pm	Pathology Seminar Room, UHW	Paediatric Radiology Meeting
4.45pm	Dermatology Seminar Room, UHW	Dermatology Departmental Meeting

### TUESDAY

7.30am	Radiology Seminar Room, UHW	General Orthopaedic X-Ray Meeting
8.00am	C3 Seminar Room, UHW	Cardiac Surgery Topical Teaching
12.00pm	Pathology Seminar Room, UHW	Pathology Lunchtime Seminar
8.00pm	LATCH (Ward Space) Seminar Room	Haematology/Oncology Teaching Session

### WEDNESDAY

7.00am	Trauma Clinic, UHW	Orthopaedic & Trauma Meeting
8.00am	Parentcraft Room, ANC, UHW	MDT Meeting in Gynaecological Oncology
8.00am	Cardiology Seminar Room, C3, UHW	Echo Cardiology Case Conference
8.00am	MDT Seminar Room, Education Centre, UHL	Heart Failure Meeting
8.00am	EU Seminar Room, UHW	Acute and General Medical Teaching Programme
8.00am	Ground Floor Radiology Seminar Room, UHW	GI Oncology Meeting
9.00am	Emergency Unit, Seminar Room, UHW	SpR Teaching Programme
9.00am	Pelican Ward, Children's Hospital	Paediatric Cardiology Teaching - Video Conference Dial NWIS 514052
9.30am	Seminar Room 1, 2nd Floor, Cochrane Building, UHW	Rheumatology Postgraduate Teaching (2nd and 4th Wednesday of each month)
12.00pm	Medical Assessment Unit Discharge Lounge, UHL	MEAU Teaching
12.30pm	Pathology LHS Seminar Room, 1st Floor B-Block	Respiratory Teaching
12.45pm	MRCP Teaching	Neurology & Rheumatology - Video Conference Dial NO: 500059 - Landline: 01633 461957
12.45pm	Seminar Room 3, UGF A Block, UHW	Grand Round Autumn Term Begins 20th September
1.00pm	CF Seminar room, 2nd floor of CF Centre, UHL	Respiratory Radiology Meeting
1.00pm	A4/B4 Link, Epilepsy Unit, UHW	Epilepsy Surgery MDT Meeting (Fortnightly)
2.00pm	Emergency Unit, Seminar Room, UHW	Emergency Unit SHO Teaching
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions

## Regular Departmental Teaching/Meetings

### THURSDAY

7.30am	Radiology Seminar Room	Spinal Education Meeting
8.00am	X-Ray Conference Room, Radiology Dept, UHW	Spinal X-Ray Meeting
8.00am	Pathology Seminar Room, UHW	ECG Interpretation
8.00am	Anaesthetics Seminar Room, 3rd Floor, B Block, UHW	ECG Teaching
9.00am	Neonatal Seminar Room, UHW	Fetal Medicine MDT Meeting
11.30am	MDT Seminar Room, Education Centre, UHL	Gastroenterology MDT Meeting (Fortnightly)
9.30pm	Conference Room, Nephrology & Transplant, UHW	Topics on Transplant Surgery
12.30pm	Dental Seminar Room, Education Centre, UHL	Care of Elderly Meeting
1.00pm	IMG Seminar Room, UHW	Medical Genetics Lunchtime Seminar
1.00pm	Pathology Seminar Room, UHW	Haematology Lunchtime Seminar
1.00pm	Seminar Room, Henry Wellcome Research Institution	Science Seminar Programme
1.30pm	Diabetes Seminar Room, On Call Landing UHL	Diabetes and Medical Clinical Cases Discussion
2.00pm	Intensive Care Unit, UHW	Intensive Care Medicine Teaching FP2, ST1, ST2 & 3 Topic Based Teaching Dr A Saayman

### FRIDAY

7.00am	Trauma Clinic	Paediatric Orthopaedic Breakfast Club
8.00am	Pathology Seminar Room, UHW	Surgical Oncology Seminar (1st, 3rd, 5th Friday in Month)
8.15am	Seminar Room, Floor 2, Maternity Unit, UHW	Obstetrics Discussion Meeting
10.00am	Lecture Room 3, Education Centre, UHL	Psychiatry HOT Review
11.15am	Lecture Room 3, Education Centre, UHL	Psychiatry CME Lecture
12.00pm	CF Unit, UHL	Weekly Education Meeting (Lunch Provided)
12.00pm	EU Seminar Room, UGF, UHW	General Medical Teaching
12.30pm	Radiology Seminar Room, UHW	HP MDT Meeting
12.45pm	Pathology Seminar Room, UHW	Urology MDT Meeting
1.00pm	WHRI Seminar Room, UHW	Cardiac Grand Round ( Academic Term Only)
1.00pm	CHfW Third Floor Seminar Room	Paediatric CBD and Updates
1.00pm	Obstetrics Seminar Room, UHW	Obstetrics & Gynaecology Postgraduate Meeting
1.00pm	Seminar Room 7, 2nd Floor, Cochrane Building UHW	Care of the Elderly Meeting
2.00pm	Cavoc Seminar Room, UHL	Orthopaedic Teaching (Higher Trainees)
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions
2.00pm	Suite 8, UHW	Ophthalmology Regional Teaching

# The Library Page

## Library Survey—First Results

Thank you to everyone who completed the survey and we did appreciate your comments. 96.6% said they were Very satisfied or Satisfied, but we know some things need improving. We are preparing a full report on the results, but here are a few quick points dealing with some of your feedback:

### Yes we can!

You can:

- ◇ Join and use the library by email, post or phone if you are based in the community
- ◇ Request articles online, and you can receive articles by email
- ◇ Use the library at UHW and UHL 24 hours a day
- ◇ Get help with literature searching / general library training / UpToDate training
- ◇ Get help setting up e-mail alerts on your chosen topic
- ◇ Recommend books for us to buy
- ◇ Get help if you are a Clinical Fellow

Membership is for all UHB staff. It is not restricted to School of Medicine staff, and you don't need a Cardiff University network account to join.

Help is on hand for navigating e-journals, Athens, e-resources etc. I can come to your office or department to clarify and demonstrate access. I can also explain home access.

We email all new doctors each month with details of the service. At the C&V UHB Corporate Induction there is a library stand every month.

If you would like more details about any of these services, or you aren't sure how to make best use of them, please contact me.

*Do you find this page useful? Do you have any suggestions for future topics? Please let me know.*

If you need help or advice, please contact:

Rosemary Soper, Cardiff & Vale UHB Librarian.

[soper@cardiff.ac.uk](mailto:soper@cardiff.ac.uk) 02920 715497

## Upcoming Study Days and Courses

### Clinical Leadership and Management Courses for Speciality Trainees 2 day Courses

#### Anaesthetists

Monday 11th & Tuesday 12th June 2018

Monday 12th & Tuesday 13th November 2018

#### Diagnostic Specialties

Monday 5th & Tuesday 6th March 2018

Tuesday 30th & Wednesday 31st October 2018

#### Medical Specialties

Tuesday 20th & Wednesday 21st March 2018

#### Paediatricians

Monday 23rd & Tuesday 24th April 2018

#### Surgical Specialties

Monday 21st & Tuesday 22nd May 2018

Monday 15th & Tuesday 16th October 2018

To book your place, please visit

[www.keele.ac.uk/cml](http://www.keele.ac.uk/cml)

### Cardiac Imaging Day

Monday 14th March

Lecture Theatre 3, UHW

#### Professor Ed Nicol, RCR/BSCI Travelling Professor in Cardiovascular Imaging, Royal Brompton

- Introduction, Cardiac Anatomy, Calcium coring, NICE Guidelines
- The Evidence for CTCA, Optimising CTCA— Patient and Equipment Preparation - with case reviews
- GRAND ROUND PRESENTATION
- Stents, Grafts and Aortopathy - with case reviews
- Structural Intervention & Congenital Heart Disease - with case reviews
- The Future of Cardiovascular CT

### Essentials of Anaesthesia in the Developing World and Remote Locations 15<sup>th</sup> March 2018

One day fun, interactive and informative course offering an introduction to working in the developing world.

There will be simulation demonstrations and you will experience equipment used applicable to the developing world. In addition there will be a short lecture on references on practice in the developing world.

#### Topics include:

- Infectious diseases
- Needlestick injury
- Equipment you might use in the Developing World
- Drug Availability
- Paediatric Anaesthesia

**Course Fee:** £120 including lunch and refreshments

Register from our Website: <http://www.bmc.wales/developing-world> or contact

[houghC@cardiff.ac.uk](mailto:houghC@cardiff.ac.uk) Tel: 02920 743 108

### FREE QI Techniques Workshop for Core Trainees

Wednesday 11<sup>th</sup> April 2018, 9.30am – 4.00pm

2<sup>nd</sup> Floor, Cochrane Building, UHW

*(Lunch & Refreshments will be provided)*

**The Day will be practical and interactive. You will gain an understanding of..**

- The strategic placement of QI (use of model for improvement in NHS, change from clinical audit to QIP in curriculums, CPD, revalidation etc..)
- Systems diagnostic tools – process mapping, fishbone diagram, 5 whys etc..
- The model for improvement – write an aim statement, scoping/driver diagram, measurement for improvement, generating ideas etc..

To book your place please e-mail Carole Gee, Medical Education Department, UHW

[carole.gee@wales.nhs.uk](mailto:carole.gee@wales.nhs.uk)

## Upcoming Study Days and Courses

### General Internal Medicine Procedural Skills Day

Monday 16th April  
8:30 - 16:00

Medical Education Centre, UHL

To provide lab level training for GIM procedural competencies (parts A & B) required for CCT:

- Knee Aspiration
- DC Cardioversion
- Abdominal Paracentesis
- Central Venous Cannulation
- Intercostal Chest Drain insertion for pneumothorax and pleural effusion using Seldinger technique with US guidance.

**Refreshments and Lunch Provided**  
**To apply or for Further**  
**Information please contact:**  
[David.Facey@wales.nhs.uk](mailto:David.Facey@wales.nhs.uk)

### Anaesthetic Emergencies for Consultants and Senior Staff – 25<sup>th</sup> April 2018

One Day Course offering **5 CPD** points.

#### Topics Include:

- Malignant Hyperthermia
- Air embolism
- Anaphylaxis
- Massive blood loss
- Arrhythmia management
- Managing head injuries

Course fee is £100

Register online from our website:  
<http://www.bmc.wales/anaesthetic-emergencies-course>

or contact [houghC@cardiff.ac.uk](mailto:houghC@cardiff.ac.uk)  
Tel: 02920 743 108

### Medical Women's Federation Spring Conference 2018

Friday 11th May 2018  
Plaza Suite, Park Plaza Hotel, Greyfriars  
Road, Cardiff, CF10 3AL

Aiming for the Wellbeing of Women Doctors  
and their Patients

**Conference Topics Include**  
Prenatal Testing  
Perinatal Mental Health  
Menopause  
Dementia

Submissions for Abstracts still open

Registration details available at:  
[www.medicalwomensfederation.org.uk](http://www.medicalwomensfederation.org.uk)

### Free One Day Courses for Cardiff & Vale Doctors

**Communication Skills**  
17th May 2018

**Negotiating & Influencing Skills**  
14th June 2018

Limited Places Available  
For Further Details, please contact:  
Carole Gee, Medical Education Department, UHW  
[carole.gee@wales.nhs.uk](mailto:carole.gee@wales.nhs.uk)

## Upcoming Study Days and Courses

### Focused Intensive Care Echocardiography (FICE) 12<sup>th</sup> JUNE 2018

This event is approved by the Royal College of Anaesthetists for **5 CPD credits**  
FICE accreditation course for the Intensive Care Society (ICS)\* and British Society of Echocardiography (BSE)

#### Topics include

- Applied physics, image acquisition and Optimisation
- Comprehensive FICE examination and sonoanatomy
- Assessment of ventricular function, filling and common pathologies
- DICE cases (interesting interactive FICE cases)
- Hands on session with simulators and live scan on volunteers
- MCQ evaluation and FICE accreditation process

**Course Fee:** £170 including lunch and refreshments

Register online from our Website:

<http://www.bmc.wales/fice>

or contact [houghC@cardiff.ac.uk](mailto:houghC@cardiff.ac.uk) Tel: 02920 743 108

### An Introduction to Research Methods 12<sup>th</sup> and 13<sup>th</sup> July 2018 13<sup>th</sup> and 14<sup>th</sup> December 2018

A 2 day course offering **10 CME points** from the Royal College of Anaesthetists covering all research competencies of the 2010 high syllabus in research.

#### The course will include:

- Tutorials in study design,
- 2-group statistics, meta-analysis and ethics
- Groupwork (1:4)
- Hands on computer work
- Critical appraisal

**Course fee** is £200 including lunch and refreshments

Register online from our website:

<http://www.bmc.wales/research>

or contact [houghC@cardiff.ac.uk](mailto:houghC@cardiff.ac.uk)

Tel: 02920 743 108

### Leadership and Management Courses For Clinicians

**Advanced Leadership Course for SAS Doctors**  
Tuesday 19th & Wednesday 20th June 2018

**Clinical Leadership Programme for Consultants  
Learning to be an Effective Leader**

Tuesday 13th & Wednesday 14th March 2018

Tuesday 2nd & Wednesday 3rd October 2018

**Becoming an Influential Leader**

Tuesday 5th & Wednesday 6th June 2018

**Study Day for Junior Doctors, Nurses, Midwives  
& Allied Healthcare Professionals**

Thursday 26th April 2018

Monday 19th November 2018

**Leadership Conference for Healthcare  
Professionals 'Leading in an Integrated World'**

Tuesday 15th May 2018

To book your place, please visit

[www.keele.ac.uk/cml](http://www.keele.ac.uk/cml)



## 2018 Evening Update Schedule:

Free to Attend 2 CPD Points (External)

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### Save the Date.....

27 <sup>th</sup> March 2018 6.30pm – 8.15pm	Headache
24 <sup>th</sup> April 2018 6.30pm – 8.15pm	Haematemesis/Melaena
29 <sup>th</sup> May 2018 6.30pm – 8.15pm	Chest Pain
26 <sup>th</sup> June 2018 6.30pm – 8.15pm	Acute Confusion

**Facilitated by: Department of Medical Education, Education Centre, Academic Building, University Hospital Llandough**

**Email: [Kelly.Stillman@wales.nhs.uk](mailto:Kelly.Stillman@wales.nhs.uk)**

**Tel: 029 20 716307**

#### RCPE CONTACT DETAILS

**Josiane Kirk,**

Education Co-ordinator, Royal College of Physicians of Edinburgh, 9 Queen Street, Edinburgh EH2 1JQ

TEL: + 44 (0)131 247 3661 FAX: + 44 (0)131 220 4393 Email: [j.kirk@rcpe.ac.uk](mailto:j.kirk@rcpe.ac.uk)



Would you like to...

## ...become a Question Writer?

Every academic year the MBBCh Undergraduate Assessments team need approximately 1000 new questions for our question bank which we use to generate our written exam papers. We are currently looking to recruit new question writers and would be very grateful if you could spare your time.

The next question writing session will take place on: **Tuesday 5th June 2018**

Each question writer will be asked to submit 10 questions in advance of the session where they will then be worked through and finalised at the session.



If you would like to get involved or require further information please contact the MBBCh Undergraduate Assessments team via e-mail: [ugmedicassessments@cardiff.ac.uk](mailto:ugmedicassessments@cardiff.ac.uk)