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Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

DEPARTMENT OF MEDICAL EDUCATION BULLETIN February 2020



University Hospital of Wales (UHW)

Cardiff and Vale University Local Health Board was established in October 2009, and is the largest Health Board in Wales.

The UHB has two Medical and Dental Education Centres, based across two sites, University Hospital of Wales (UHW) and University Hospital Llandough (UHL). Both centres provide the infrastructure and staff to facilitate the Education, Training and Continuing Development of Postgraduate Professionals in Hospital Medicine, General

Practice and Dentistry. They ensure the medical students receive a high standard of clinical placement and offer support to the clinicians delivering teaching. This involves working very closely with Cardiff University, School of Medicine and HEIW (formerly the Wales Deanery).

Each centre is managed by a dedicated team who ensure a high standard of Medical Education is provided across the UHB.



University Hospital Llandough (UHL)

The Medical Education Department

The Medical Education Department is spread over two sites at University Hospital of Wales and University Hospital Llandough. Both sites have their own clinical skills areas to aid undergraduate teaching and postgraduate training.

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**Assistant Medical
Director, Medical
Education**



Dr Frauke Pelz
SAS Tutor



Dr John Dunne
**Foundation
Programme
Director /Clinical
Skills Lead**



Dr Karl Davis
**Foundation
Programme
Director**



Dr Tayyeb Tahir
Faculty Lead



Dr Martin Edwards
Faculty Lead



Dr Munawar
Al-Mudhaffar
Faculty Lead

If you should require an appointment with any of the Faculty Leads, please contact the Medical Education Department, 2nd Floor, Cochrane Building, UHW. Tel: 02921 846222

For an appointment with the Foundation Directors, please contact Sharon Goodwin, Foundation Administrator, Medical Education. Tel: 02921 846231

The Library Page

What's New in UpToDate®

2019 AHA update on pediatric advanced life support

The 2019 American Heart Association focused update on pediatric advanced life support provides evidence review and treatment recommendations for the use of extracorporeal membrane oxygenation (ECMO) with CPR (ECPR) and targeted temperature management after resuscitation [1]. According to the update, use of ECPR in settings with existing ECMO protocols, expertise, and equipment may be beneficial for selected patients for whom conventional CPR is ineffective after in-hospital cardiac arrest. In addition, for infants and children who remain comatose after resuscitation from in- or out-of-hospital cardiac arrest, it is reasonable to provide five days of normothermia (temperature 36 to 37.5°C), or to provide two days of therapeutic hypothermia (targeted temperature range 32 to 34°C) followed by three days of continuous normothermia.

Single versus multifraction short-course radiation for neoplastic epidural spinal cord compression

The optimal dose and fractionation of conventional external beam radiation therapy (cEBRT) for the treatment of epidural spinal cord compression (ESCC) in nonsurgical cancer patients is debated. In a large randomized trial that included nearly 700 patients with ESCC from a solid tumor who were not eligible for surgery, ambulatory rates were slightly lower with single-fraction cEBRT (8 Gy x 1) compared with a 4 Gy x 5 schedule (69 versus 73 percent) [2]. Median survival was approximately three months in both groups. As systemic therapy evolves and patient survival improves, the role for single-fraction cEBRT for ESCC has been diminishing, but this approach can still be used for patients with very short life expectancy (eg, three months or less) and poor functional status. In most other nonsurgical patients, multifraction courses offer similar to slightly better ambulatory outcomes and more durable local control.

CDC update on e-cigarette or vaping product use associated lung injury

In a recent [Centers for Disease Control and Prevention](#) (CDC) report, more than 2170 cases of e-cigarette or vaping product use associated lung injury (EVALI) and over 40 deaths have been described [3,4]. The exact etiology remains under investigation, although products containing vitamin E acetate and tetrahydrocannabinol (THC) have been implicated. The most frequent symptoms were cough, shortness of breath, and fatigue; other symptoms included fever, chest pain, weight loss, nausea, and diarrhea. Approximately 80 percent of patients required supplemental oxygen and one-third needed mechanical ventilation. We agree with the guidelines issued by the CDC that patients should be admitted if they have respiratory impairment (eg, pulse oxygen saturation <95 percent) or comorbidities that compromise pulmonary reserve, and that patients be managed using a combination of supportive care, antibiotics, and, in some cases, glucocorticoids.

To see What's New in your speciality, go to

<https://www.uptodate.com/contents/table-of-contents/whats-new>

To arrange a training session on UpToDate, please contact Rosemary

If you need any library help or advice, please contact:

Rosemary Soper, Cardiff & Vale UHB Librarian.

soper@cardiff.ac.uk 02920 715497

Grand Round Series

Spring Term 2020

12.30pm – 1.30pm

Lecture Theatre 4, UHW

DATE	CLINICAL BOARD/ SUB SPECIALTY	PRESENTER	CHAIR
Wednesday, 5th February	Women & Children: CAMHS	Dr Anna Goel & Dr Callista Hettiarachchi	Dr I McDowell
Wednesday, 12th February	Surgery: T&O	TBC	Mr D Scott-Coombes
Wednesday, 19th February	TBC	TBC	Dr I McDowell
Wednesday, 26th February	Medicine: Geriatric Medicine	Dr Shakeel Ahmad Consultant Geriatrician	Mr D Scott-Coombes



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Department of Medical Education

CAVMedEducation App



Available on the
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Features

- Medical Education Information
- Teaching Events
- Departmental Information
- Medical Education Faculty
- Key Telephone Numbers
- Study Leave Information

Cardiff and Vale UHB, Department of Medical Education
Melanie Cotter, Medical Education Manager
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Managing Yourself

A series of free workshops and study days for Cardiff & Vale trainees

Two-Hour Workshops

10:00am - 12:00noon

Good Record Keeping and Dealing with Challenging Patients

Wednesday 25th March 2020



Consent and Confidentiality

Thursday 21st May 2020

Venue: Medical Education Department,
2nd Floor, Cochrane Building, UHW.

Limited places available

To book your place, please contact Department
of Medical Education, UHW.

Email: Medical.Education.CAV@wales.nhs.uk

Cardiff & Vale ULHB
Department of Medical Education

Leadership & Management

Free Two-Day Courses for Higher
Trainees within Cardiff & Vale ULHB

Course Facilitator: MIAD

- Equip doctors in training to meet the leadership challenges they will encounter; through discussion and practical work to reinforce the lessons from the nine e-learning modules.
- Explore the changing approach to medical leadership in the context of the Leadership Framework.
- Develop self awareness and self management skills.
- Improve time and stress management skills.
- Explore influencing techniques to help you become a better leader.
- See how patient safety and clinical risk management are at the core of healthcare delivery.
- Reinforce your understanding of current NHS issues and financial procedures
- Check your understanding of the recruitment process and discuss and practise the skills you need to gain your consultant post.

Dates:

Monday 11th & Tuesday 12th May 2020

Venue: Medical Education
Department, 2nd Floor, Cochrane
Building, UHW



To book your place, please contact Department of
Medical Education, UHW.
Email: Medical.Education.CAV@wales.nhs.uk



Managing Pressure & Improving Resilience

Monday 15th June 2020

Free study day for Cardiff & Vale trainees



Venue: Medical Education Department,
2nd Floor, Cochrane Building, UHW.

Limited places available

To book your place, please contact Department
of Medical Education, UHW.

Email: Medical.Education.CAV@wales.nhs.uk



Surgical Hot Topics

45 minutes case based discussion on relevant surgical topics for all interested Trainees

When..?

Alternate Mondays 12.30pm – 1.15pm (bring your lunch)

Where..?

Teaching Room 1

Medical Education Skills Suite, A2/B2 Link, UHW

Monday 10th
February
Hepatobiliary
Surgery

Monday 24th
February
Colorectal Surgery

Monday 9th March
T & O - Hands

Monday 23rd March
Paediatric Surgery

Monday 6th April
ENT

Monday 20th April
Urology

Monday 4th May
Cardiothoracic
Surgery

Monday 18th May
Neurosurgery

Monday 1st June
Maxillofacial Surgery

An Evening Medical Update organised by



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COLLEGE of
PHYSICIANS of
EDINBURGH

Save the Date...

The Evening Medical Updates (EMU) programme covers the 'Top Medical Presentations' and 'Emergency Presentations' as defined in the GIM training curriculum.

Evening Medical Updates are aimed primarily for trainees, but is open to all hospital doctors, GPs, other healthcare professionals and medical students at any stage of their career with an interest in the topic. They are free of charge to all.

Free to attend



2019-2020 Evening Medical Update Live Web Streaming Schedule:

24 th September 2019	Unconscious Patient
29 th October 2019	Cardio-Respiratory Arrest
19 th November 2019	Fever
10 th December 2019	Acute Back Pain, Weakness and Paralysis
28 th January 2020	Jaundice
25 th February 2020	Keeping Up With Modern Medicine
24 th March 2020	Cough
28 th April 2020	Blackout/Collapse
26 th May 2020	Rash, Limb Pain and Swelling
23 rd June 2020	Medicolegal Challenges

These will be held at the following venues at 6:30pm – 8:15pm:

- Department of Medical Education, Education Centre, The Routledge Academic Centre, **University Hospital Llandough**
- Department of Medical Education, Medical Education Skills Suite, A2B2 Corridor, **University Hospital of Wales**

Please book online: <http://events.rcpe.ac.uk/>

Find the EMU you wish to attend, click on 'Book now' and complete the online form before 7pm on the day of the EMU.

If you have any queries please email Kelly.Stillman@wales.nhs.uk or telephone 02921 826307.

RCPE CONTACT DETAILS

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Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Join us for a
coffee and a chat

Health Education and Improvement Wales (HEIW)

ROADSHOW

Calling all healthcare students, trainees, trainers,
educators and education leads

Meet the team, find out
about us and what we
can do for you.

Tell us about your healthcare
education experiences and help shape
future education and training in Wales.

Date: Monday 16th March 2020 **Where:** 2nd floor, Cochrane
Building, University Hospital of Wales, Cardiff, CF14 4YU

Session 1:

13:00 - 14:30

Session 2:

14:30 - 16:00

heiw.nhs.wales [@AaGIC_GIG](https://twitter.com/AaGIC_GIG) [@HEIW_NHS](https://twitter.com/HEIW_NHS)

Sitting alongside health boards and trusts, HEIW has a leading role in the education, training, development and shaping of the healthcare workforce in Wales.



2 DAY CHEST X-RAY COURSE

26TH & 27TH MARCH 2020

NATIONAL IMAGING ACADEMY WALES



Academi Ddelweddu
Genedlaethol **Cymru**
National Imaging
Academy **Wales**

- Doctors of **all** levels welcome (**FY1, FY2, CT, SpR, GPST, GP, SAS and Consultants**) whatever your speciality and level of confidence in CXR interpretation.
- Now welcoming **Senior Radiographers** and **Specialist Nurse Practitioners** with an interest in CXR.
- This two day course will help you develop or refine your systematic approach to chest X-ray review. We will cover a wide variety of pathology which will increase your confidence in day-to-day CXR clinical interpretation and help you prepare for exams.
- **COST:** £220, this includes all refreshments and lunch on both days.
- **CPD CREDITS:** 12 Category One CPD credits awarded.
- Register your interest on our website: www.imagingacademy.wales



BADS Educational Grant, applications now open

Please see BADS website for more details

SAVE THE DATE DAY SURGERY 31st ANNUAL CONFERENCE



25th & 26th June 2020 | Cardiff City Hall, Cardiff, UK

Sessions include:

- Day Case Awake Foot and Ankle Surgery
- How do I do . . . Day Case mastectomy, Day Case pyeloplasty and Day Case colporrhaphy
- Day Surgery Performance – How Can It Be Improved? GIRFT and Day Case Same Day Ambulatory Care
- Current variation in national day surgery practice
- International Lessons: Visiting ambulatory units in Denmark and the USA

Workshops include:

- Optimising your pre assessment
- Enabling change in your day case unit
- Wellbeing in Day surgery workplace

Conference Networking Dinner in Cardiff City Hall.

Registration opening

1st January 2020

Abstracts submission

8th January 2020 – 13th April 2020



For information, please visit our website:

www.bads.co.uk

REGULAR DEPARTMENTAL TEACHING & MEETINGS

Monday		
8.30am	Urology Seminar Room, A5 Link, UHW	Uro-Nephrology Radiology Meeting
8.30am	Seminar Room 1, Cochrane Building, UHW	EVAR and Vascular MDT
10.00am	Anaesthetics Seminar Room, UHW—irregular, contact Maria Grundy for details	Anaesthetic Academic Research Meeting
12.00pm	Rookwood Hospital	Rehabilitation Medicine Teaching (1st Monday of each Month)
12.30pm	Pathology Seminar Room, UHW	Gastrointestinal Meeting
1.00pm	Cancer Research Building, UHW	Lab Science Haematology Meeting
1.00pm	Paediatric Seminar Rooms, CHfW	Paediatric Microbiology Case Discussion
1.30pm	Paediatric Seminar Rooms, CHfW	Paediatric Radiology Meeting
4.45pm	Dermatology Seminar Room, UHW	Dermatology Departmental Meeting
Tuesday		
7.15am	Radiology Seminar Room, UHW	Radiology MDT Meeting
8.00am	C3 Seminar Room, UHW	Cardiac Surgery Topical Teaching
12.00pm	Pathology Seminar Room, UHW	Pathology Lunchtime Seminar
8.00pm	LATCH (Ward Space) Seminar Room	Haematology/Oncology Teaching Session
Wednesday		
7.00am	Trauma Clinic, UHW	Orthopaedic & Trauma Meeting
8.00am	Parentcraft Room, ANC, UHW	MDT Meeting in Gynaecological Oncology
8.00am	Cardiology Seminar Room, C3, UHW	Echo Cardiology Case Conference
8.00am	MDT Seminar Room, Education Centre, UHL	Heart Failure Meeting
8.00am	EU Seminar Room, UHW	Acute and General Medical Teaching Programme
8.00am	Ground Floor Radiology Seminar Room, UHW	GI Oncology Meeting
9.00am	Emergency Unit, Seminar Room, UHW	SpR Teaching Programme
9.00am	Pelican Ward, Children's Hospital	Paediatric Cardiology Teaching
9.30am	Ty Dewi Sant	Rheumatology Postgraduate Teaching (2nd and 4th Wednesday of each month)

REGULAR DEPARTMENTAL TEACHING & MEETINGS

Wednesday (Cont.)		
12.00pm	Medical Assessment Unit Discharge Lounge, UHL	MEAU Teaching
12.30pm	Pathology LHS Seminar Room, 1st Floor B-Block	Respiratory Teaching
12.45pm	Lecture Theatre 3/4, UGF A Block, UHW	Grand Round - Autumn Term starts 12th September
1.00pm	2nd Floor, Cochrane Building, UHW	G.P. Teaching
1.00pm	CF Centre Seminar Room, UHL	Respiratory Radiology Meeting
1.30pm	Paediatrics Seminar Room, 3rd Floor, Children's Hospital	Epilepsy Surgery MDT Meeting (2nd and 4th Wednesday of each month)
2.00pm	Emergency Unit, Seminar Room, UHW	Emergency Unit SHO Teaching
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions
Thursday		
7.15am	Radiology Seminar Room	Spinal Teaching Meeting
8.00am	X-Ray Conference Room, Radiology Dept, UHW	Spinal X-Ray Meeting
8.00am	Pathology Seminar Room, UHW	ECG Interpretation
8.00am	Anaesthetics Seminar Room, 3rd Floor, B Block, UHW	ECG Teaching
9.00am	Neonatal Seminar Room, UHW	Fetal Medicine MDT Meeting
10.30am	Nephrology & Transplant Conference Room	Topics on Transplant Surgery
11.30pm	MDT Seminar Room, Education Centre, UHL	Gastroenterology MDT Meeting (Fortnightly)
12.30pm	Dental Seminar Room, Education Centre, UHL	Care of Elderly Meeting
12.45pm	Paediatric Seminar Rooms	Paediatric Grand Round (First Thursday of each month)
1:00pm	Paediatric Seminar Rooms	Tier 0 & Tier 1 Teaching (Not the first Thursday of each month)
1.00pm	IMG Seminar Room, UHW	Medical Genetics Lunchtime Seminar
1.00pm	Seminar Room, Henry Wellcome Research Institution	Science Seminar Programme
1.30pm	Diabetes Seminar Room, On Call Landing UHL	Diabetes and Medical Clinical Cases Discussion
2.00pm	Intensive Care Unit, UHW	Intensive Care Medicine Teaching: FP2, ST1, ST2 & 3 Topic Based Teaching

REGULAR DEPARTMENTAL TEACHING & MEETINGS

Friday		
7.00am	Trauma Clinic	Paediatric Orthopaedic Teaching
8.00am	Pathology Seminar Room, UHW	Surgical Oncology Seminar (1st, 3rd, 5th Friday in Month)
8.15am	Seminar Room, Floor 2, Maternity Unit, UHW	Obstetrics Discussion Meeting
10.00am	Lecture Room 3, Education Centre, UHL	Psychiatry HOT Review
11.15am	Lecture Room 3, Education Centre, UHL	Psychiatry CME Lecture
12.00pm	EU Seminar Room, UGF, UHW	General Medical Teaching
12.30pm	Radiology Seminar Room, UHW	HP MDT Meeting
12.45pm	Pathology Seminar Room, UHW	Urology MDT Meeting
1.00pm	CF Centre Seminar Room, UHL	Weekly Education Meeting
1.00pm	WHRI Seminar Room, UHW	Cardiac Grand Round (Academic Term Only)
1.00pm	CHfW Third Floor Seminar Room	Paediatric CBD and Updates
1.00pm	Obstetrics Seminar Room, UHW	Obstetrics & Gynaecology Postgraduate Meeting
1.00pm	Seminar Room 7, 2nd Floor, Cochrane Building UHW	Care of the Elderly Meeting
2.00pm	Cavoc Seminar Room, UHL	Orthopaedic Teaching (Higher Trainees)
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions
2.00pm	Suite 8, UHW	Ophthalmology Regional Teaching

If you would like to add or amend teaching & meeting information, please email: Medical.Education.CAV@wales.nhs.uk



If you have anything you would like included in the next edition of the Medical Education Bulletin or have any feedback, please contact:
Medical.Education.cav@wales.nhs.uk.

We look forward to hearing from you!

