

Cardiff and Vale University Health Board
Department of Medical Education

Postgraduate Bulletin February 2017

POSTGRADUATE UPDATE

Contact Details

UHW Medical Education Centre

2nd Floor
Cochrane Building
Heath Park
Cardiff
CF14 4YU

Tel: 02920 746252

UHL Medical Education Centre

Education Centre
Academic Building
Llandough
CF64 2XX

Tel: 02920 716341

Assistant Medical Director

Dr B Hope-Gill

Faculty Leads:- Quality

Miss A Rees

Trainees

Dr T Tahir

Dr M Gajraj

Trainers

Dr J van der Voort

Foundation Programme Directors

Dr J Dunne

Dr S Allen

GPVTS Programme Directors

Dr A Cooper

Dr U Kabeer

SAS Tutor

Dr F Pelz

Clinical Skills Leads

Dr J Dunne

Faculty Leads for Medical Education



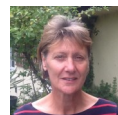
Dr Ben Hope-Gill
**Assistant Medical Director,
Medical Education**



Dr John Dunne
**Foundation Programme
Director / Clinical Skills
Lead**



Dr Frauke Pelz
SAS Tutor



Miss Alexandra Rees
Faculty Lead for Quality



Dr Tayyeb Tahir
**Faculty Lead for
Trainees**



Dr Judith van der Voort
**Faculty Lead for
Trainers**



Dr Susan Allen
**Foundation
Programme Director**

Dr Malcolm Gajraj
**Faculty Lead for
Trainees**

If you require an appointment with any of the Faculty Leads, please contact the Medical Education Department, 2nd Floor, Cochrane Building, UHW
Tel: 02920 742474

Important Notices Medical Education Department

CLAIMING EXPENSES

Claims for expenses for Study Leave must be submitted electronically, and not via the CV1 Form.

For assistance or to register for e-expenses please contact the help & support team on (029) 2090 3981

PLEASE NOTE

Items for the **March 2017 Edition** of the Postgraduate Bulletin should be forwarded to:

Medical.education.cav@wales.nhs.uk

By **Friday 24th February 2017**

Teaching for The Month

FP1 Teaching

Thursday 9th February - Academic Centre, UHL - 1.00pm - 4.00pm

Simulation Teaching

FP2 Teaching

Thursday 23rd February - Medical Education Centre, UHW - 1.00pm - 3.30pm

ENT Emergencies
Pleural Disease
Topic TBC

Royal College of Physicians of Edinburgh Evening Meeting

Back Pain

Tuesday 21st February 2017
6.30pm - 8.15pm
Medical Education Department, UHL

February: UHW Grand Round

Date	Location	Presenter	Presenter
8th February	Lecture Theatre 3	Dr R Collis Obstetrics/Anaesthetics	Professor H Kynaston Urology
15th February	Lecture Theatre 4	The Montgomery Judgement	
22nd February	Lecture Theatre 3	Core Trainees Case Competition	

Regular Departmental Teaching/Meetings

MONDAY

8.30-9.30am	Urology Seminar Room, A5 Link, UHW	Uro-Nephrology Radiology Meeting
8.30am	Seminar Room 1, Cochrane Building, UHW	EVAR and Vascular MDT
10.00am	Anaesthetics Seminar Room, UHW—irregular, contact Maria Grundy for details	Anaesthetic Academic Research Meeting
12.30pm	Pathology Seminar Room, UHW	Gastrointestinal Meeting
12.30pm	Nurse's Office, Ward C7, UHW	Endocrine Clinical Meeting
1.00pm	Paediatric Seminar Room, UHW	Paediatric Microbiology Case Discussion
1.30pm	Paediatric Seminar Room, UHW	Paediatric Radiology Meeting
4.45pm	Dermatology Seminar Room, UHW	Dermatology Departmental Meeting

TUESDAY

7.30am	Radiology Seminar Room, UHW	General Orthopaedic X-Ray Meeting
8.00am	C3 Seminar Room, UHW	Cardiac Surgery Topical Teaching
12.00pm	Pathology Seminar Room, UHW	Pathology Lunchtime Seminar
8.00pm	LATCH (Ward Space) Seminar Room	Haematology/Oncology Teaching Session

WEDNESDAY

7.00am	Trauma Clinic, UHW	Orthopaedic & Trauma Meeting
8.00am	Parentcraft Room, ANC, UHW	MDT Meeting in Gynaecological Oncology
8.00am	Cardiology Seminar Room, C3, UHW	Echo Cardiology Case Conference
8.00am	MDT Seminar Room, Education Centre, UHL	Heart Failure Meeting
8.00am	EU Seminar Room, UHW	Acute and General Medical Teaching Programme
8.00am	Ground Floor Radiology Seminar Room, UHW	GI Oncology Meeting
9.00am	Emergency Unit, Seminar Room, UHW	SpR Teaching Programme
9.00am	Pelican Ward, Children's Hospital	Paediatric Cardiology Teaching - Video Conference Dial NWIS 514052
9.30am	Seminar Room 1, 2nd Floor, Cochrane Building, UHW	Rheumatology Postgraduate Teaching (2nd and 4th Wednesday of each month)
12.00pm	Medical Assessment Unit Discharge Lounge, UHL	MEAU Teaching
12.30pm	Pathology LHS Seminar Room, 1st Floor B-Block	Respiratory Teaching
12.45pm	MRCP Teaching	Neurology & Rheumatology - Video Conference Dial NO: 500059 - Landline: 01633 461957
12.45pm	Seminar Room 3, UGF A Block, UHW	Grand Round
1.00pm	CF Seminar room, 2nd floor of CF Centre, UHL	Respiratory Radiology Meeting
1.00pm	A4/B4 Link, Epilepsy Unit, UHW	Epilepsy Surgery MDT Meeting (Fortnightly)
2.00pm	Emergency Unit, Seminar Room, UHW	Emergency Unit SHO Teaching
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions

Regular Departmental Teaching/Meetings

THURSDAY

8.00am	Pathology Seminar Room, UHW	ECG Interpretation
8.00am	Anaesthetics Seminar Room, 3rd Floor, B Block, UHW	ECG Teaching
9.00am	Neonatal Seminar Room, UHW	Fetal Medicine MDT Meeting
11.30am	MDT Seminar Room, Education Centre, UHL	Gastroenterology MDT Meeting (Fortnightly)
09.30pm	Conference Room, Nephrology & Transplant, UHW	Topics on Transplant Surgery
12.30pm	Dental Seminar Room, Education Centre, UHL	Care of Elderly Meeting
1.00pm	IMG Seminar Room, UHW	Medical Genetics Lunchtime Seminar
1.00pm	Pathology Seminar Room, UHW	Haematology Lunchtime Seminar
1.00pm	Seminar Room, Henry Wellcome Research Institution	Science Seminar Programme
1.30pm	Diabetes Seminar Room, On Call Landing UHL	Diabetes and Medical Clinical Cases Discussion
2.00pm	Intensive Care Unit, UHW	Intensive Care Medicine Teaching FP2, ST1, ST2 & 3 Topic Based Teaching Dr A Saayman

FRIDAY

7.00am	Trauma Clinic	Paediatric Orthopaedic Breakfast Club
7.30am	Radiology Seminar Room	Spinal Education Meeting
8.00am	Pathology Seminar Room, UHW	Surgical Oncology Seminar (1st, 3rd, 5th Friday in Month)
8.00am	X-Ray Conference Room, Radiology Dept, UHW	Spinal X-Ray Meeting
8.15am	Seminar Room, Floor 2, Maternity Unit, UHW	Obstetrics Discussion Meeting
10.00am	Lecture Room 3, Education Centre, UHL	Psychiatry HOT Review
11.15am	Lecture Room 3, Education Centre, UHL	Psychiatry CME Lecture
12.00pm	CF Unit, UHL	Weekly Education Meeting (Lunch Provided)
12.00pm	EU Seminar Room, UGF, UHW	General Medical Teaching
12.30pm	Radiology Seminar Room, UHW	HP MDT Meeting
12.45pm	Pathology Seminar Room, UHW	Urology MDT Meeting
1.00pm	WHRI Seminar Room, UHW	Cardiac Grand Round (Academic Term Only)
1.00pm	Paediatric Seminar Room, UHW	Paediatric CBD and Updates
1.00pm	Obstetrics Seminar Room, UHW	Obstetrics & Gynaecology Postgraduate Meeting
1.00pm	Seminar Room 7, 2nd Floor, Cochrane Building UHW	Care of the Elderly Meeting
2.00pm	Cavoc Seminar Room, UHL	Orthopaedic Teaching (Higher Trainees)
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions

Did you know....?

UpToDate and Clinical Key Survey

These two resources were purchased on a trial basis from June 2016 — May 2017. There is not enough funding to renew both of them, and we will soon be issuing a survey to ask for your views on which one you find is more valuable. The survey will be sent to all Athens account holders and will be widely publicised.

Current Awareness

We offer two ways of keeping abreast of the literature in your field:

- * Journal Table of Contents

We can arrange for the contents page of the latest issue of a journal to be emailed directly to you

- * Literature search updates

When you have refined your search topic, we can set up regular alerts, weekly or monthly, so that you will know as soon as new articles on your topic are published.

For either of these services, please contact Rosemary.

For help or advice, please contact Rosemary Soper, Cardiff & Vale UHB Librarian.
soper@cardiff.ac.uk 02920 715497

Upcoming Study Days and Courses

Urology Crash Course

Tuesday 7th February 2017

09:00 - 16:30

**Education Centre, University Hospital
Llandough**

**Targeting F1, F2 and Core Trainees
covering Urology**

**Limited Spaces Available
Early Booking is Advised**

To book your place, please contact:
David Facey, Medical Education Department, UHW
David.facey@wales.nhs.uk

Educational Supervisor Sessions 2017

Educational & Clinical Supervisors Course

13th February 2017

18th May 2017

4th September 2017

**Improving the Trainees Performance - Coaching and
Providing Feedback**

For Physicians: 25th April 2017 AM

For Surgeons: 25th April 2017 PM

UHB Trainer Development Day

June 2017

Managing Trainees in Difficulty

25th September 2017

Half-Day Refresher Course

19th October 2017

Workplace-Based Assessment and Feedback

20th November 2017

Fee: Full Day £150

Half Day £75

For Further Details, please contact:
Kelly Stillman, Medical Education Department, UHW
kelly.stillman@wales.nhs.uk

Career Support for Trainees in their Final Year of CCT

15th February 2017

Postgrad Centre, Singleton Hospital

7th March 2017

Education Centre, UHL

To book a place on any of the above courses:
<https://careers.walesdeanery.org/jobs-applications>
For further information contact:
pgmedicalcareers@cardiff.ac.uk

Free One-Day Courses for CAV Doctors in Training

Presentation Skills

15th March 2017

**Managing Pressure and Improving
Resilience**

19th April 2017

Communication Skills

17th May 2017

Negotiating and Influencing Skills

22nd June 2017

2nd Floor, Cochrane Building UHW

To book your place, please contact:
Carole Gee, Medical Education Department, UHW
carole.gee@wales.nhs.uk

Upcoming Study Days and Courses

South Wales ENT Emergencies Skills Course

17th February 2017

9:00 - 16:45

£30

(Lunch Included)

Gain competency in dealing with ENT Emergencies - The Practical Way!

University Hospital Llandough

To book your place, please contact:

Amanda.glazer@wales.nhs.uk

Enhanced Recovery After Surgery (ERAS)

24th February 2017

Kier Hardy Academic Centre

Certificates Upon Completion

RCN Accreditation Points

£40 (Non Cwm Taf Staff)

£20 (Cwm Taf Staff)

Course Conveyor: Prof P. N. Haray

To book your place, please contact:

sian.prothero@wales.nhs.uk

Anaesthetic Emergencies for Consultants: Taught by Consultants

2.5 CPD Points

9th March 2017

8th June 2017

7th September 2017

Course Fee: £60 (£50 if paid 3 weeks before course date)

Including Lunch and Refreshments

To book your place, please visit

<http://www.bmc.wales/clinical-emergencies>

Email: houghC@cardiff.ac.uk

Tel: 02920 743 108

"Managing Yourself" A series of two-hour workshops for Cardiff and Vale Trainees

Coroners Enquires & Breaking Bad News

13th March 2017

Good Record Keeping & Dealing with Challenging Patients

5th May 2017

Consent, Confidentiality & End of Life Care

26th June 2017

2nd Floor, Cochrane Building UHW

To book your place, please contact:

Carole Gee, Medical Education Department, UHW

carole.gee@wales.nhs.uk

Upcoming Study Days and Courses

Good Research Practice Lunchtime Seminar

“Research Design”

Mark Kelson
(Senior Statistician, SEWTU)

12:30 - 13:30

Tuesday 14th March 2017

CRF Seminar Room, Upper Ground Floor
C Block, UHW

To book your place, please contact:

Jemma Cross

Jemma.Cross@wales.nhs.uk

Simple Statistics, Excel & SPSS

17th March 2017

20th October 2017

**Course Fee: £100 (£90 if paid 3 weeks
before course date)**

Including Lunch and Refreshments

To book your place, please visit

<http://www.bmc.wales/statistics>

Email: houghC@cardiff.ac.uk

Tel: 02920 743 108

Cardiff Perioperative Transoesophageal Echocardiology (TOE)

19th - 21st March 2017

Course Fee: £400
Including Lunch and Refreshments

To book your place, please visit

<http://www.bmc.wales/toe-handson>

Email: houghC@cardiff.ac.uk

Tel: 02920 743 108

Resuscitation Update for Consultants

20th March 2017

12th June 2017

Course Fee: £60
Including Lunch and Refreshments

To book your place, please visit

<http://www.bmc.wales/resus-update-for-consultants>

Email: houghC@cardiff.ac.uk

Tel: 02920 743 108

Upcoming Study Days and Courses

Training the Trainers: A Simulation Course

10 CPD Points

30th - 31st March 2017

Course Fee: £280 (£240 if paid 3 weeks before course date)
Including Lunch and Refreshments

To book your place, please visit
<http://www.bmc.wales/ttt>
Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

Focused Intensive Care Echocardiology (FICE)

5 CPD Points

13th June 2017
10th October 2017

Course Fee: £150
Including Lunch and Refreshments

To book your place, please visit
<http://www.bmc.wales/fice>
Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

An Introduction to Research Methods

10 CPD Points

15th - 16th June 2017
14th - 15th December 2017

Course Fee: £180 (£160 if paid 3 weeks before course date)
Including Lunch and Refreshments

To book your place, please visit
<http://www.bmc.wales/research>
Email: houghC@cardiff.ac.uk
Tel: 02920 743 108

Conducting a Systematic Review: A Practical Guide

Short Course

26th - 29th June 2017
Cardiff University Heath Park Campus

Cost: £750 (£650 for Cardiff University and NISCHR Portfolio Attendees)

Practical, Comprehensive, Relevant

Approved by the Federation of the Royal College of Physicians of the United Kingdom for 20 Category 1 (External) CPD Credits

<http://learnlive.cf.ac.uk/learn/training/courses/systematic-reviews/conducting-a-systematic-review-a-practical-guide/>

Upcoming Study Days and Courses

Cardiff Ultrasound Guided Regional Anaesthesia with Cadaveric Anatomy Course

10 CPD Points

29th - 30th June 2017

**Course Fee: £275
Including Lunch and Refreshments**

To book your place, please visit

<http://www.bmc.wales/ultrasound-regional-anaes>

Email: houghC@cardiff.ac.uk

Tel: 02920 743 108

The Essentials of Anaesthesia in the Developing World and Remote Locations

5 CPD Points

29th June 2017

14th September 2017

7th December 2017

**Course Fee: £120 (£100 if paid 3 weeks
before course date)
Including Lunch and Refreshments**

To book your place, please visit

<http://www.bmc.wales/developing-world>

Email: houghC@cardiff.ac.uk

Tel: 02920 743 108

TLE MIAD Upcoming Courses

New Appraiser Training

1 Day Programme

10 CPD | £209+VAT

CESR

1 Day programme for SAS

18 CPD | £209+VAT

Appraisal Refresher Modular

1 Day Programme for

Appraisers

8 CPD | £209+VAT

AoME Accredited Educational & Clinical Supervision

2 Day Programme

12 CPD | £350

Appraisal Lead Training

1 Day Programme

6 CPD | £209+VAT

Train the Trainers

1 Day Programme

10 CPD | £209+VAT

For more information contact 01189 036363

Or info@tle-miad.com

Or visit www.tle-miad.com

Royal Society of London Opportunities

Thomas Watts Eden Paediatric Fellowship

Closing Date: 15 February 2017

Applications are invited for the Thomas Watt Eden paediatric fellowship. Its purpose is to encourage the comprehensive study of health and disease in infancy and early childhood.

Up to £30,000 is available for travel to a centre of excellence in the UK or to study abroad for at least 1 month.

The award aims to enable doctors interested in neonatology and paediatric developments in infancy to acquire a new skill or experimental technique in a national or international laboratory.

Who can apply?

Applications are open to qualified collegiate members or fellows of the RCP, Royal College of Paediatrics and Child Health (RCPCH) or Royal College of Obstetricians and Gynaecologists (RCOG) who are working in the UK.

For more information, visit www.rcplondon.ac.uk/fundingandawards

Graham Bull Prize and Goulstonian Lecture

Closing Date: 31 March 2017

The award is open to RCP members and fellows who must apply for their own work to be considered. The Graham Bull prize was established in 1988 in honour of Sir Graham Bull, who was the first Director of the Clinical Research Centre at Northwick Park.

A trust was set up to provide money for young research workers under the age of 45 who feel that they have made a major contribution to clinical science, such as molecular and cellular biology, psychiatry or health sciences.

The winner will be invited to deliver the Goulstonian lecture, an annual lecture endowed in 1635 by Ellen Goulston in memory of her husband, Dr Theodore Goulston FRCP; and win £1,000, which is offered on a competitive basis each year.

For more information, visit www.rcplondon.ac.uk/fundingandawards

Upcoming Study Days and Courses

Royal College of Physicians: Edinburgh Monthly Educational Webinars

The Medical Education Department is pleased to announce that we will be hosting video-conferencing sessions of the Royal College of Physicians Medical Webinars.

These are free to attend, and worth 2 CPD Points (External).

These Webinars will take place once a month, at University Hospital Llandough, and cover a variety of topics and specialities.

Further details will be available closer to the date, and disseminated through the Postgraduate Bulletin.

Upcoming Topics

Date	Time	Venue	Topic
21st February	18:30 – 20:15	Medical Education Dept, UHL	Back Pain
28th March	18:30 – 20:30	Medical Education Dept, UHL	Cough
25th April	18:30 – 20:30	Medical Education Dept, UHL	Rash
30th May	18:30 – 20:30	Medical Education Dept, UHL	Swollen Limb
27th June	18:30 – 20:30	Medical Education Dept, UHL	Weakness & Paralysis

Upcoming Study Days and Courses



Cardiff Medical Society
Founded 1870

Award of the W T Edwards Medal **Wednesday 5th April 2017**

Cardiff Medical Society invites applications from Specialist Registrars and Clinical Research Fellows from across Wales to present their research findings. The applicant must have made a significant contribution to the research project being presented. Quantitative and qualitative research submissions are both welcome.

The best six of the submitted abstracts will be selected for presentation at the April meeting of Cardiff Medical Society. Abstracts will be judged on the basis of: General Interest, Scientific Content, Presentation of Data and Importance to the people of Wales (Impact). Successful applicants will be invited to make an oral presentation to this multidisciplinary meeting which is held at 7.30pm at Dental Lecture Theatre, University Hospital of Wales on Wednesday 5th April 2017.

The presentations will be for 9 minutes with 1 minute for discussion. At the end of the evening selected members of the audience will assess the quality of the presentations and the winner will be awarded £250.

Please e-mail a copy of your abstract(s), including your daytime telephone number and e-mail address to:

**Dr Alan Stone, Cardiff University School of Medicine, Centre for Medical Education,
2nd Floor, Neuadd Meirionydd, Heath Park, Cardiff, CF14 4YS
Tel; +44(0)29 20687 173
Email; stoneam@cf.ac.uk**

Please note that the closing date for receipt of the abstract is Tuesday 28th February 2017. If you wish further details and advice on the suitability of your material, please contact Dr Stone at the above address.