



GIG
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NHS
WALES

Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

DEPARTMENT OF MEDICAL EDUCATION BULLETIN February 2019



University Hospital of Wales (UHW)

Cardiff and Vale University Local Health Board was established in October 2009, and is the largest Health Board in Wales.

The UHB has two Medical and Dental Education Centres, based across two sites, University Hospital of Wales (UHW) and University Hospital Llandough (UHL). Both centres provide the infrastructure and staff to facilitate the Education, Training and Continuing Development of Postgraduate Professionals in Hospital Medicine, General

Practice and Dentistry. They ensure the medical students receive a high standard of clinical placement and offer support to the clinicians delivering teaching. This involves working very closely with Cardiff University, School of Medicine and HEIW (formerly the Wales Deanery).

Each centre is managed by a dedicated team who ensure a high standard of Medical Education is provided across the UHB.



University Hospital Llandough (UHL)

The Medical Education Department

The Medical Education Department is spread over two sites at University Hospital of Wales and University Hospital Llandough. Both sites have their own Clinical Skills areas aimed at the teaching of Undergraduates and training of Postgraduates.

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Faculty



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Director, Medical
Education**



Dr Frauke Pelz
SAS Tutor



Dr John Dunne
**Foundation
Programme
Director /Clinical
Skills Lead**



Dr Karl Davies
**Foundation
Programme
Director**



Dr Tayyeb Tahir
Faculty Lead



Miss Alexandra Rees
Faculty Lead



Dr Martin Edwards
Faculty Lead



Dr Munawar
Al-Mudhaffar
Faculty Lead

If you should require an appointment with any of the Faculty Leads, please contact the Medical Education Department, 2nd Floor, Cochrane Building, UHW. Tel: 02920 746222

For an appointment with the Foundation Directors, please contact Sharon Goodwin, Foundation Administrator, Medical Education. Tel: 02920 746231

The Library Page

NEW Quiet work space in UHW

Postgraduate Zone, Main Hospital building, Room 2TB233.

Two connecting rooms, offering:

Study space: PCs (on UHB and CU networks): Kitchen Area (hot water, microwave):

Overhead projector and screen: WiFi: Armchairs.

Your Library/ID card will need to be activated for entry. Please email

healthlibrary@cardiff.ac.uk with your card number (016....) for validation.

To find the room, go through Y Gegin and take the stairs or lift to 2nd floor, turn left.

BMJ Products on NHS Wales e-library for health

BMJ Best Practice: a clinical decision support tool, uniquely structured around the patient consultation, with advice on symptom evaluation, tests to order and treatment approach.

Find it on the e-library under Point of Care Tools.

BMJ Case Reports: BMJ Case Reports is an important educational resource offering a high volume of cases in all disciplines so that healthcare professionals, researchers and others can easily find clinically important information on common and rare conditions. All articles are peer reviewed and copy edited before publication. For the Fellowship code, please email cochraneliby@cardiff.ac.uk

Find it on <https://nhswaleslibrarysearch.cardiff.ac.uk/>

BMJ Learning:

BMJ Learning offers high-quality continuing medical education for doctors and other healthcare professionals. It features hundreds of accredited, peer-reviewed learning modules in text, video, and audio formats.

Find it on the e-library home page under Resources.

Next Pop-up Library

Call in to learn about the NHS Wales e-library, how to find e-journals, request a database search, find out what an Athens account is, ask about setting up Current Awareness alerts and much more!

The next dates for the pop-up library in the main hospital are **Tuesday 5th February** and **Thursday 7th March, 12.00—2.00**. Classroom 1, Cardiff University Medical School suite (go through Y Gegin and turn left). Rosemary will be there with a laptop to talk to you, discuss a literature search, and answer any queries. The Pop-up Library will take place once a month until May 2019, so please come along with your questions or search requests.

If you need help or advice about library services, please contact:

Rosemary Soper, Cardiff & Vale UHB Librarian.

soper@cardiff.ac.uk

02920 715497



Grand Round Series

Spring Term 2019

12.30pm – 1.45pm

Lecture Theatre 4, UHW



February 2019

Date	Clinical Directorate / Specialty	Presenter	Chair
Wednesday, 13th February	Surgery: Ophthalmology	Mr Hugh Jewsbury	Mr D Scott- Coombes
Wednesday, 20th February	Case Presentation Competition 1st Prize, £50 Amazon Voucher		Dr R Rayment
Wednesday, 27th February	Specialist Services: Nephrology & Transplant	Dr David Thomas Consultant	Professor P Smith

Medical Education Clinical Teaching Fellow

Dr Frederick Cripps on his time as a Clinical Teaching Fellow for the Department of Medical Education



Dr Frederick Cripps, Clinical Teaching Fellow

August 2019, I started my first job after completing Foundation Training right here at Cardiff & Vale University Health Board. A new role was created within the Department of Medical Education for a Clinical Teaching Fellow; despite this being a new role there was definitely no shortage of work to be done.

I hit the ground running, starting the year with an overhaul of the Year 2 Clinical Skills Teaching. With 120 students to organise over 8 weeks across two different hospital sites this was no mean feat. Previous feedback for the teaching had been disappointing so we were keen to find a new way of delivering the clinical skills sessions. With the support of the undergraduate administrators I was able to contact volunteer patients and introduce our new Patient Partnership Programme to the students' timetable.

We were able to bring in patients who had chronic stable diseases so that every single second year student had the opportunity to practice each different examination on a real patient. With access to the recently opened Woods' Simulation Ward in the Medical Education Clinical Skills Suite we were able to provide this teaching in a very realistic environment. The feedback from the students (and the patients!) has been extremely positive, and hopefully the program can be expanded over the coming years to include more patients and topics to give students the chance to practice these vital skill sets.

With the second year teaching up and running, I was able to find time to start focusing on a project of my own, a series of simulated on-call evenings for Final Year Medical Students. During these scenarios students were provided with Bleeps to carry and sent on to the ward to carry out simulated tasks to prepare them for on-call work as foundation doctors. The time pressure added to the scenarios through carrying bleeps made for an interesting session and was a stark reminder of the reality of being a foundation doctor in a busy city hospital. We were even able to finish with a simulated arrest call, also made possible by using the Woods' Simulation Ward, to keep excitement high and the adrenaline pumping! The feedback from these sessions has been extraordinary, and I would like to say a huge

thank you to all the doctors and medical education staff who gave up their evenings to help make these sessions possible. There are plans to run them again in future years, and there has even been interest from other sites to set up similar programmes.

Even when I'm not actively engaged in managing projects, there are always other teaching activities to get involved with. The start of 2019 may have brought cold weather, but with it it has also brought first year medical students to the hospital for their first practical sessions, so I am getting to grips with learners at the very beginning of their medical education. The third year students' Hospital Front Door and Chronic Disease weeks are always in need of teachers, and I have played an active role in the lecture based elements of the courses.

When you mix in time spent studying for the Postgraduate Certificate of Medical Education, becoming an ISCE examiner, and attending the ASPIH conference last November it has made for an exciting first six months. Thank you to all the staff who have been involved in teaching this year, and to the amazing Medical Education team without whom none of this would have been possible.



Woods' Simulation Ward, Medical Education Clinical Skills Suite

An Evening Medical Update organised by



ROYAL
COLLEGE of
PHYSICIANS of
EDINBURGH

NEWS

The Evening Medical Updates (EMU) programme covers the 'Top Medical Presentations' and 'Emergency Presentations' as defined in the GIM training curriculum

2019 Evening Medical Update Live Web Streaming Schedule:

Free to Attend 2 CPD Points (External)

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Save the Date.....

From January 2019 these will be live web streamed from University Hospital Llandough and University Hospital of Wales.

2019	
29 th January 2019 6.30pm – 8.15pm	Fits/Seizures
26 th February 2019 6.30pm – 8.15pm	Vomiting/Nausea
19 th March 2019 6.30pm – 8.15pm	Falls
30 th April 2019 6.30pm – 8.15pm	Palliative Care Management
28 th May 2019 6.30pm – 8.15pm	Abdominal Pain
25 th June 2019 6.30pm – 8.15pm	Poisoning

RCPE organises the Evening Medical Updates and live web stream them to the:

Department of Medical Education Department	Medical Education Skills Suite,
Education Centre	A2B2 Corridor
Academic Building	University Hospital of Wales
University Hospital Llandough.	

.....
If you would like to attend please email Kelly.Stillman@wales.nhs.uk or telephone 02920 716307

RCPE CONTACT DETAILS

Kate Hollier

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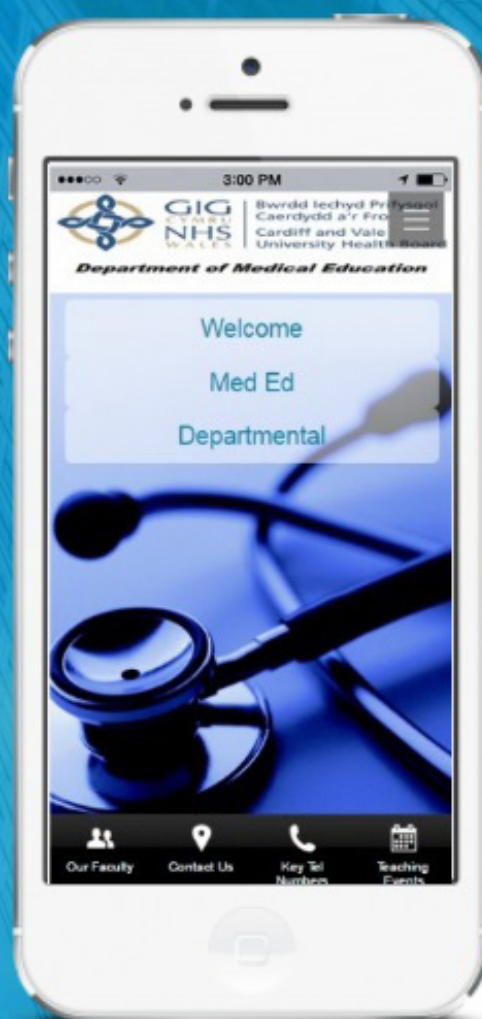
Department of Medical Education

CAVMedEducation App

The Department of Medical Education (DME) have developed a mobile app for personal devices. The overall purpose of this is to provide instant and up to date information to all Junior Doctors in Cardiff and Vale UHB.



Scan to download



Awesome Features

Medical Education Info

Information with regards to CMT, Foundation Training .
How to apply for Study Leave

Departmental Info

Junior Doctors Handbook for varied specialities

Teaching Events

Available Courses and Teaching Sessions

Med Ed Faculty

Meet our Faculty Leads for Training

Cardiff and Vale UHB, Department of Medical Education
Mrs Melanie Cotter, Medical Education Manager
Tel: 02920 716341, E-Mail: Melanie.Cotter@wales.nhs.uk



Cardiff and Vale UHB Junior Doctor Engagement Survey

SURVEY NOW LIVE....



Cardiff & Vale UHB is asking for **your** help in creating a better working climate for junior doctors

To complete the survey scan the QR code



Or use the hyperlink below:

<https://www.smartsurvey.co.uk/s/CVHBnhs08TD/>

For further information please contact:
Thomas Cromarty, Welsh Clinical Leadership Fellow
Thomas.Cromarty@wales.nhs.uk

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CARING FOR PEOPLE, KEEPING PEOPLE WELL



Managing Yourself

A series of free workshops and study days for Cardiff & Vale trainees

One-Day Courses

Course Facilitator:
Dr Terry Stuart

Negotiating & Influencing Skills
Wednesday 20th March 2019



Managing Pressure and
Improving Resilience
Tuesday 14th May 2019

Two-Hour Workshops

10:00am - 12:00noon

Professional Use of Social
Media & Maintaining
Boundaries
Tuesday 9th April 2019

Patient Complaints & GMC
Fitness to Practice
Tuesday 4th June 2019



Venue: Medical Education
Department, 2nd Floor,
Cochrane Building, UHW.

Limited places available

To book your place, please contact:
Carole Gee, Medical Education Department, UHW.
Carole.Gee@wales.nhs.uk or Ext 46222



Transition to Consultant Courses

Aimed at Higher Level Trainees within two years of their CCT. To provide an insight into useful knowledge and skills to support the transition from a higher trainee to a consultant.

Topics:

- ☐ The Management Team, Organisational Structure & Strategy
- ☐ The Clinical Boards – Structure and function
- ☐ Understanding one's self and the impact on others
- ☐ Networking & Building Relationships
- ☐ Leadership Challenges
- ☐ QI & Patient Safety



Course Dates:

Tuesday 29th January

Monday 18th February

Tuesday 12th March

Thursday 11th April

Friday 24th May

Tuesday 25th June



Venue:

Department of Medical Education, 2nd Floor, Cochrane Building, UHW
Limited Spaces Available

No Course Fee, £25 Cancellation Fee if less than 24hrs notice

For further information please contact:

Thomas Cromarty, Welsh Clinical Leadership Fellow

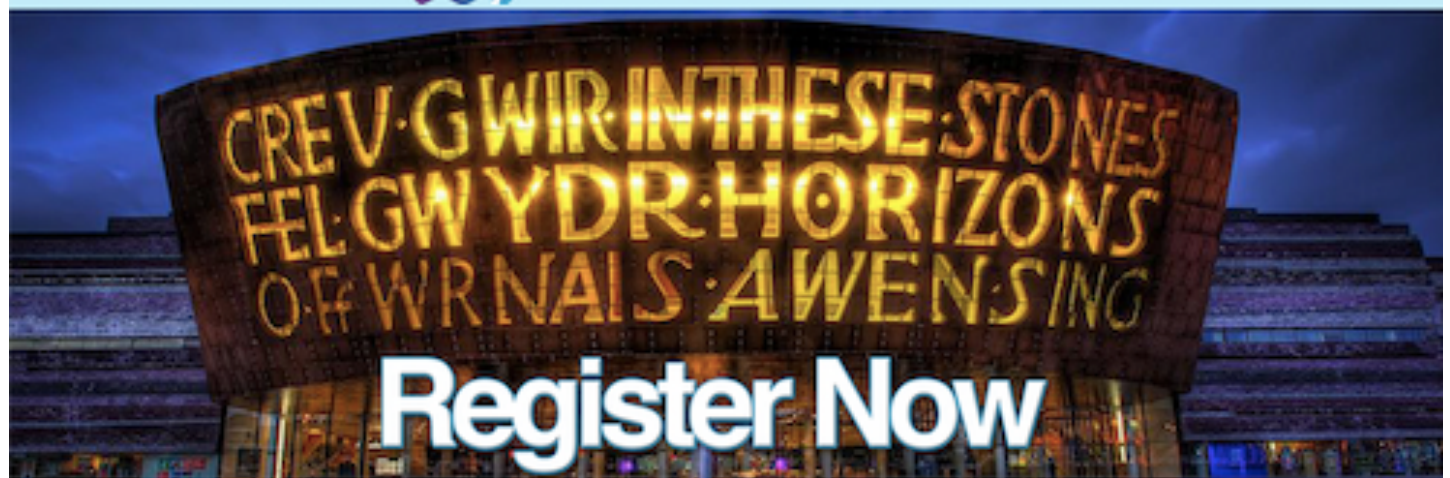
Thomas.Cromarty@wales.nhs.uk

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The All Wales Inherited
Metabolic Disease Service



THE ALL WALES INHERITED METABOLIC DISEASE STUDY DAY

Date : Wednesday 6 March 2019

Venue : Mercure Cardiff Holland Hotel, 24-26 Newport Road,
Cardiff, CF24 0DD



Target audience: Doctors, nurses, medical trainees, dieticians and biochemists with an interest in metabolic disease as well as acute care physicians, endocrinologists and paediatricians who wish to update their knowledge on acute general metabolic and storage disorders.

Registration cost : £25.00 to include all refreshments and lunch.

This meeting will be an independent meeting with exhibition stands and support from the Pharmaceutical Industry.

For further information and a registration form please contact Jacqui McAleer, JM Associates, email : jmassociates1@me.com



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Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

The Learning Environment 2019 Quality Conference

**Monday
11 March 2019**

**All Nations
Centre,
Cardiff**

Save the date

HEIW in collaboration with the GMC will be hosting a full-day quality conference for 2019.

Areas for discussion will include:

- **Building multi-professional Learning Environments**
- **Differential Attainment**
- **Tackling Unconscious Bias**
- **Survey Psychology**

The event is open to all trainers and trainees in primary and secondary care settings. We also welcome anyone with an interest in postgraduate medical education and training.

Full Programme details will follow and registration will open next week.

ESSENTIALS OF ANAESTHESIA IN THE DEVELOPING WORLD AND REMOTE LOCATIONS 15TH MARCH 2019

A 1 day fun, interactive and informative course offering an introduction to working in the developing world.

There will be simulation demonstrations and you will experience equipment used applicable to the developing world. In addition there will be a short lecture on references on practice in the developing world.

SIMULATIONS AND WORKSHOPS

- Your basic drug kit and how to supplement it
- Multilingualism Challenges
- Setting up and running an anaesthetic with Triservice/Glostavent/halothane/ketamine
- Trauma Developing world simulation using the cardiff trauma pack
- Something goes wrong 2 simulations and debrief

Course Fee: £180 including lunch and refreshments

Register from our Website: <http://www.bmc.wales/developing-world> or contact houghC@cardiff.ac.uk Tel: 02920 743 108

FOCUSED INTENSIVE CARE ECHOCARDIOGRAPHY (FICE) 4TH JUNE 2019

This event is approved by the Royal College of Anaesthetists for 5 CPD credits FICE accreditation course for the Intensive Care Society (ICS)* and British Society of Echocardiography (BSE)

Topics include

- Applied physics, image acquisition and Optimisation
- Comprehensive FICE examination and sonoanatomy
- Assessment of ventricular function, filling and common pathologies
- DICE cases (interesting interactive FICE cases)
 - Hands on session with simulators and live scan on volunteers
 - MCQ evaluation and FICE accreditation process

Course Fee: £180 including lunch and refreshments

Register online from our Website: <http://www.bmc.wales/fice> or contact houghC@cardiff.ac.uk Tel: 02920 743 108

TRAINING THE TRAINER – A 2-DAY SIMULATION COURSE 14TH & 15TH MARCH 2019

A two day practical and enjoyable Simulation Course offering 10 CPD Points for those interested in Simulation Education and also staff and health care workers interested in understanding more about how simulation-based learning interventions which can enhance patient safety and team working in clinical settings.

Topics Include:

- Educational Outcomes in simulation
- Course planning workshop
- Overview of Laerdal Software
- Introduction to scripting and workshop
 - Scenario facilitation
 - Debriefing

Course fee is £290 including lunch and refreshments

Register online from our website: <http://www.bmc.wales/ttt>

or contact houghC@cardiff.ac.uk Tel: 02920 743 108

REGULAR DEPARTMENTAL TEACHING & MEETINGS

Monday		
8.30am	Urology Seminar Room, A5 Link, UHW	Uro-Nephrology Radiology Meeting
8.30am	Seminar Room 1, Cochrane Building, UHW	EVAR and Vascular MDT
10.00am	Anaesthetics Seminar Room, UHW—irregular, contact Maria Grundy for details	Anaesthetic Academic Research Meeting
12.00pm	Rookwood Hospital	Rehabilitation Medicine Teaching (1st Monday of each Month)
12.30pm	Pathology Seminar Room, UHW	Gastrointestinal Meeting
1.00pm	Cancer Research Building, UHW	Lab Science Haematology Meeting
1.00pm	Paediatric Seminar Rooms, CHfW	Paediatric Microbiology Case Discussion
1.30pm	Paediatric Seminar Rooms, CHfW	Paediatric Radiology Meeting
4.45pm	Dermatology Seminar Room, UHW	Dermatology Departmental Meeting
Tuesday		
7.15am	Radiology Seminar Room, UHW	Radiology MDT Meeting
8.00am	C3 Seminar Room, UHW	Cardiac Surgery Topical Teaching
12.00pm	Pathology Seminar Room, UHW	Pathology Lunchtime Seminar
8.00pm	LATCH (Ward Space) Seminar Room	Haematology/Oncology Teaching Session
Wednesday		
7.00am	Trauma Clinic, UHW	Orthopaedic & Trauma Meeting
8.00am	Parentcraft Room, ANC, UHW	MDT Meeting in Gynaecological Oncology
8.00am	Cardiology Seminar Room, C3, UHW	Echo Cardiology Case Conference
8.00am	MDT Seminar Room, Education Centre, UHL	Heart Failure Meeting
8.00am	EU Seminar Room, UHW	Acute and General Medical Teaching Programme
8.00am	Ground Floor Radiology Seminar Room, UHW	GI Oncology Meeting
9.00am	Emergency Unit, Seminar Room, UHW	SpR Teaching Programme
9.00am	Pelican Ward, Children's Hospital	Paediatric Cardiology Teaching
9.30am	Seminar Room 1, 2nd Floor, Cochrane Building, UHW	Rheumatology Postgraduate Teaching (2nd and 4th Wednesday of each month)

REGULAR DEPARTMENTAL TEACHING & MEETINGS

Wednesday (Cont.)		
12.00pm	Medical Assessment Unit Discharge Lounge, UHL	MEAU Teaching
12.30pm	Pathology LHS Seminar Room, 1st Floor B-Block	Respiratory Teaching
12.45pm	Lecture Theatre 3/4, UGF A Block, UHW	Grand Round - Autumn Term starts 12th September
1.00pm	2nd Floor, Cochrane Building, UHW	G.P. Teaching
1.00pm	CF Centre Seminar Room, UHL	Respiratory Radiology Meeting
1.30pm	Paediatrics Seminar Room, 3rd Floor, Children's Hospital	Epilepsy Surgery MDT Meeting (2nd and 4th Wednesday of each month)
2.00pm	Emergency Unit, Seminar Room, UHW	Emergency Unit SHO Teaching
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions
Thursday		
7.15am	Radiology Seminar Room	Spinal Teaching Meeting
8.00am	X-Ray Conference Room, Radiology Dept, UHW	Spinal X-Ray Meeting
8.00am	Pathology Seminar Room, UHW	ECG Interpretation
8.00am	Anaesthetics Seminar Room, 3rd Floor, B Block, UHW	ECG Teaching
9.00am	Neonatal Seminar Room, UHW	Fetal Medicine MDT Meeting
10.30am	Nephrology & Transplant Conference Room	Topics on Transplant Surgery
11.30pm	MDT Seminar Room, Education Centre, UHL	Gastroenterology MDT Meeting (Fortnightly)
12.30pm	Dental Seminar Room, Education Centre, UHL	Care of Elderly Meeting
12.45pm	Paediatric Seminar Rooms	Paediatric Grand Round (First Thursday of each month)
1:00pm	Paediatric Seminar Rooms	Tier 0 & Tier 1 Teaching (Not the first Thursday of each month)
1.00pm	IMG Seminar Room, UHW	Medical Genetics Lunchtime Seminar
1.00pm	Seminar Room, Henry Wellcome Research Institution	Science Seminar Programme
1.30pm	Diabetes Seminar Room, On Call Landing UHL	Diabetes and Medical Clinical Cases Discussion
2.00pm	Intensive Care Unit, UHW	Intensive Care Medicine Teaching: FP2, ST1, ST2 & 3 Topic Based Teaching

REGULAR DEPARTMENTAL TEACHING & MEETINGS

Friday		
7.00am	Trauma Clinic	Paediatric Orthopaedic Teaching
8.00am	Pathology Seminar Room, UHW	Surgical Oncology Seminar (1st, 3rd, 5th Friday in Month)
8.15am	Seminar Room, Floor 2, Maternity Unit, UHW	Obstetrics Discussion Meeting
10.00am	Lecture Room 3, Education Centre, UHL	Psychiatry HOT Review
11.15am	Lecture Room 3, Education Centre, UHL	Psychiatry CME Lecture
12.00pm	EU Seminar Room, UGF, UHW	General Medical Teaching
12.30pm	Radiology Seminar Room, UHW	HP MDT Meeting
12.45pm	Pathology Seminar Room, UHW	Urology MDT Meeting
1.00pm	CF Centre Seminar Room, UHL	Weekly Education Meeting
1.00pm	WHRI Seminar Room, UHW	Cardiac Grand Round (Academic Term Only)
1.00pm	CHfW Third Floor Seminar Room	Paediatric CBD and Updates
1.00pm	Obstetrics Seminar Room, UHW	Obstetrics & Gynaecology Postgraduate Meeting
1.00pm	Seminar Room 7, 2nd Floor, Cochrane Building UHW	Care of the Elderly Meeting
2.00pm	Cavoc Seminar Room, UHL	Orthopaedic Teaching (Higher Trainees)
2.00pm	Emergency Radiology Department	IMPAX Training Walk-In Sessions
2.00pm	Suite 8, UHW	Ophthalmology Regional Teaching

If you would like to add or amend teaching & meeting information, please email: Medical.Education.CAV@wales.nhs.uk



If you have anything you would like included in the next edition of the Medical Education Bulletin or have any feedback, please contact:
Medical.Education.cav@wales.nhs.uk.

We look forward to hearing from you!

