



Information for Relatives

Some older people experience memory loss, delirium or dementia as they age. If they are confused when admitted to hospital they can have difficulty in coping with a new environment, routine and unfamiliar faces. The stress of their injury, illness or treatment carries a further risk of confusion. Even people who have not previously had problems can become confused after coming into hospital.

We are aware that gathering information, and staff understanding more about their patient's life, will improve the patient and family/carer experience and help reduce any harm that could occur during their stay in hospital, which also benefits the staff caring for the person. The information in the **Read About Me** booklet will help us have a better knowledge of the person, their likes and dislikes and allows us to provide care that is specific to individual patients as we recognise that all of our patients have different needs.

The book symbol should act as a prompt for staff to read their patients' notes, with the **Read About Me** booklet containing useful information for staff to be able to provide the individual care required.

You have been approached as close relatives, friends or other and we are asking for your support in completing the personalised information. Families are encouraged to support the scheme but you do have the right to opt out if you wish, so please do not feel you must take part, it is purely your choice.