

Deputy Chief Executive CONNECTS



Dear Colleague,

07/09/2021

Our COVID-19 vaccination programme continues and to date, we have given 706,704 doses. Testing 369,025 first doses and 337,679 second doses.

If you have not yet received your vaccine and still want to, you can contact our booking centre on 02921 841234 for an appointment time or visit Bayside MVC or Holm View Leisure Centre in Barry between 10am and 7.30pm every day. Here you can receive your first dose and your second dose if it has been 8 weeks since your first vaccine.

Please remember it is so important to get both doses of the vaccine as this gives us the best protection against the virus which is still circulating in the community.

We are also working through the details of our COVID-19 Vaccine Booster Programme and will share further information once guidance has been finalised. In addition, following the JCVI announcement regarding a third dose for individuals who are immunosuppressed, we are currently working through the details and will provide an update on this in due course.

I would again like to thank all of our staff, volunteers and those in the community that have been vaccinated for playing their vital part in protecting our local community and helping us get back to doing what we all love.

With the return of schools this week, we're anticipating a rise in community cases so continue to urge you to take all the necessary precautions and get your vaccine as soon as possible if you haven't already.

With winter approaching, our GP surgeries and community pharmacies are also planning to deliver flu vaccinations for eligible patients from September onwards.

One of the main manufacturers of the flu vaccine has notified us that some deliveries may be delayed.

GP Surgery staff will only contact you to rearrange your appointment if it is necessary to do so, please do not contact your surgery to check. Thank you for your patience and we apologise for any inconvenience caused in advance.

Prof Stuart Walker
Deputy Chief Executive

Spotlight on the CHAP team

As Cardiff and the Vale of Glamorgan has one of the most diverse populations in Wales I wanted to take this time to share a spotlight on our Cardiff Health Access Practice (CHAP) team who are based within Primary Care. The team provides a health screening service for the country's most vulnerable groups including safe haven patients and asylum seekers which are newly placed in Cardiff by the Home Office.

In Cardiff and Vale UHB, this dedicated team provide essential healthcare services including public health screening, dental screening, third sector wellbeing support, basic education and practical support to register with GP Practices, screening for a variety of illnesses and support with mental health issues. The CHAP service enables us to provide essential health care support, advice and services to these vulnerable groups so we can continue to care for all of our patients and keep them well.

New electronic form for staff COVID-19 testing

Please be aware that, from today, staff should request COVID-19 tests [via this form](#) rather than submitting the Microsoft Excel-based form via their line manager.

We have developed this form to accelerate the testing request process and encourage staff to use it to request a PCR test if they have COVID-19 symptoms (as well as other cold or flu-like symptoms such as a sore throat, runny nose, etc.) or have been identified as a contact of someone who has tested positive for COVID-19.

Our unit offers testing to UHB staff from 8.30am to 7pm every day. We strive for as quick a turnaround time as possible, with the majority of tests returned within 24 hours. This service is for members of staff and their close contacts.

Once you complete the form, please inform your line manager. You should receive an appointment time to attend the testing unit on the same working day (usually within 3 hours). If you have not received an appointment within 24 hours, please notify your line manager.

This is a significant development in our staff testing process and I would like to thank the Testing Improvement Group for their work in developing this pathway. The group consists of leads from Microbiology, Haematology, PCIC and Community Testing, Emergency Medicine, Point of Care Testing and Improvement & Implementation.

[Access the form here.](#)

AHP Bevan Exemplars Symposium

23/09/2021

In recognition of the exceptional contribution and creative input from the Allied Health Professionals (AHP) community in Wales to our Bevan Exemplar programme over the last few years, we welcome you to join our special AHP Day on 23rd September 2021.

AHPs make up a large proportion of the health, social care, and wellbeing workforce and have participated eagerly in translating ideas to practice to benefit people. Since the inception of the Bevan Exemplars programme, a wide array of ideas have been tried and tested in Wales supporting the transformation agenda.

Hosted by the Bevan Commission in partnership with the Welsh Allied Health Professionals Committee, this free event will showcase the diverse range of AHP projects from the past few years of the Bevan Exemplars Programme. This symposium will also provide an opportunity to meet other professionals interested in the impact of innovation across health and social care. This is an opportunity to recognise and celebrate the hard work of the AHP community and share learning from their projects over the past few years.

[Sign up here.](#)

Sisters and Charge Nurses Forum

All Cardiff and Vale UHB Sisters and Charge Nurses are invited to attend a forum on Microsoft Teams on Friday 10th September at 1pm. The session will be hosted by our Executive Nurse Director, Ruth Walker, passing on important information and updates as well as providing an opportunity for discussion and feedback. Please email Gemma.Trigg@wales.nhs.uk for the joining details if you haven't already received them.

Dragon's Heart Institute blog series: Lisa Cordery

The Dragon's Heart Institute blog series continues with an insightful piece on inclusive leadership from Lisa Cordery. Lisa is a specialist Community Public Health Nurse at Cardiff and Vale University Health Board who was recently named on the [2021 Pinc List](#) for her work and advocacy.

She is an advocate for compassionate, inclusive leadership and has long championed the rights of children and the LGBTQ+ community in healthcare settings. In this piece, she reflects on how ensuring that everyone has a seat at the table leads to better outcomes for all.

[You can read the blog on the Dragon's Heart Institute website.](#)



Move More Eat Well Tips

The vision of the '[Move More Eat Well Partnership Plan](#)' (2020-2023) is to encourage and support individuals and organisations across Cardiff and the Vale of Glamorgan to make healthier choices by moving more and eating well.

Focusing on [10 priority areas](#), the Move More Eat Well Partnership Plan is an opportunity to encourage everyone to take action and through collaboration, we can all make a difference.

What can you do to support the Move More Eat Well Partnership Plan across our Health Board?

You could:

- Use the refill stations to drink more water, regularly
- Change patterns in the way you travel to work by making more active or integrated choices
- Take healthier choices to work for your snacks throughout the day
- Participate in training to increase knowledge, skills and awareness of moving more and eating well
- Try walking to your next meeting or taking the stairs

These are just some ideas that you can try to make more active choices when you are in work. If you'd like to find out more about Move More Eat Well, please visit www.movemoreeatwell.co.uk.

Other News and Events

Events for Patient Safety Day

The Patient Safety team are hosting a number of live Teams events to mark World Patient Safety Day next Friday, including a keynote speech from James Titcombe OBE.

[Read more here.](#)

NHS Big Jump

There's still time to get involved in the NHS Big Jump, [find out more about how you can take part here](#)

Emergency Unit Staff Room

The staff room in the Emergency Unit at the University Hospital of Wales has recently been updated thanks to funds from Cardiff & Vale Health Charity's Make It Better Fund.

[Read more.](#)

August Staff Lottery Winners

The lucky winners of the August staff lottery draw have been announced.

[Read more.](#)

FREE Bike Health Check sessions

FREE Bike Health Check sessions are still available across our sites for September and October. The first session is next Tuesday at Woodland House.

[Sign up here.](#)

Good luck to Roshan Khan

Good luck to Roshan Khan who is taking on the London Marathon in memory of his dearest wife who sadly lost her battle with breast cancer, and to thank all the healthcare staff for the care she received. Roshan will also be reflecting on his struggles with his health; making it through a quadruple by-pass operation and to say thank you for the wonderful care he received during and following his operation."

[Read more here](#)