



Dear Colleague,

25/07/2022

I would like to pass on a message to all colleagues on behalf of Judith Paget, Chief Executive of NHS Wales, who has thanked all NHS colleagues for their dedication and tireless commitment to looking after patients through the recent heatwave in this [letter](#).

The temperatures caused by last week's heatwave add to the challenge of what is already a demanding situation for patients and the team. I hope that the relaxation of the uniform policy for a short period of time did help you feel more comfortable while working. Once again, the Executive Team are incredibly grateful to you all and want you to know that your continued and fantastic efforts are very much appreciated.

I am delighted to announce some new internal appointments to support the work of the Health Board. Congratulations to Mike Bond who has been appointed to the role of Managing Director of Acute Services and Hannah Evans who has been appointed to the role of Managing Director of Non-acute Services. Both Mike and Hannah will be taking up their new roles as a six-month secondment. Mike and Hannah will work closely with Matt Temby as Managing Director at UHL and together will provide continuity within the operations team ahead of Paul Bostock arriving as Chief Operating Officer in September.

Rebecca Aylward has also been appointed as Interim Deputy Executive Nurse Director following the recent appointment of Jason Roberts to Executive Nurse Director. I am sure you will all join me in congratulating Mike, Hannah and Rebecca as they take up their new posts.

The Annual General Meeting (AGM) went very well last week and Jan and I would like to extend our thanks to those who took the time to attend and send us your questions in advance. We were delighted to share with you the Year in Review video showing our achievements and although we often focus on the difficulties and opportunities for improvement it's important to reflect on the many milestones, successes and moments of celebration of the shining examples of innovation, improvement and service to the NHS. It's a pleasure to watch so please take a look on our website.

The Annual Report is also available on the website [here](#). You can choose to read the full or the abridged version.

Looking ahead to next week, I invite all colleagues across the organisation to join the next Ask session, Friday 5 August where I will be joined by Executive Director of Therapies and Health Science, Fiona Jenkins. Please join us on Teams from 12-1pm to ask me, or

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Fiona and her team, any questions you may have. You will be able to access the link from your emails or the Staff Connect app and if you have any questions you can send them to [news@wales.nhs.uk](mailto:news@wales.nhs.uk) by Tuesday 2 August.

Wishing you all a great start to the week,  
Suzanne

## Bayside Mass Vaccination Centre closes its doors

Bayside Mass Vaccination Centre closed its doors yesterday after 16 months in operation. Affectionately known as 'Jabs R Us' locally, the centre has delivered over 334,000 Covid 19 vaccines delivering both Pfizer and Astra Zeneca. Bayside was the first Mass Vaccination Centre in Wales to deliver the vaccination to children and teams based there were also involved in clinical research which evidenced that the flu and COVID 19 vaccines could be safely administered together.

Paediatric vaccination sessions also took place to deliver HPV and flu for any child that was missed as part of the school's vaccination effort.

A heartfelt thank you to all of our colleagues, partners and volunteers who came together to make Bayside MVC the success it was. This includes Cardiff Council, St John's Ambulance, the Red Cross and the military who supported us in delivering this huge public health effort.

Our Splott and Holm View Mass Vaccination Centres remain open and Walk in appointments for first and second doses are still available here.

Planning is now underway for the delivery of the Autumn Booster Programme which will start in September.

## Shining a light on our Youth Board on World Youth Skills Day

A diverse group of inspiring young people, all the Youth Board members give up their free time to help influence changes in the Health



Board for other children and young people. The programme is extremely successful, particularly due to the perspectives it offers and contributions it makes towards the way we shape our services. Their influence has been significant and continues to grow as the benefits of their input becomes clearer.

Fifteen-year-old Ellis Peares has been a member of the Youth Board for just over a year. He is currently studying German, French and I.T for his GCSE's and is the Welsh Youth Parliament member for Cardiff Central.

Speaking of his role within the Youth Board, Ellis said: "I believe that fighting for young people's rights is of vital importance. When I came out as gay last January, there were lots of things I felt strong about, including mental

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health for young people, young people having more of a say in democracy and giving young people a chance to have their say in matter that affect them.

“Our work varies so much, but some examples of work we have done as a Youth Board include making TikTok videos about school nurses, talking to CAMHS doctors to see if young people think the letter they send out are suitable and making short videos on how young people can support a friend going through a tough time.”

## Introducing The Change Hub

In the wake of the COVID-19 pandemic, there is more change and transformation happening in the health service than ever before. As an organisation we have a number of high-profile projects and programmes that promise to deliver real, meaningful change that will benefit our patients, colleagues and wider community.

To support colleagues with delivering change, I am delighted to introduce the Change Hub - a small team of skilled, experienced, project, programme, and portfolio management expert who support and facilitate those delivering change in a way that makes success achievable. They work alongside our Improvement & Implementation and Innovation teams offering advice, training, coaching and support to the priority programmes and clinical boards helping to drive a consistent approach to complex project and programme delivery.

For more information on their support services, tools, techniques and processes please see [CAV Change Hub](#). Contact details are on the site, and they will be happy to help you.

If you are based outside of Cardiff and Vale UHB and would like to know more about the Change Hub, please contact [Andrew Evans](#) or [Julia Attwell](#).

## Long service recognition

I wanted to take this opportunity to congratulate two colleagues who have recently reached 40 years and 20 years' service within the Health Board.



Pauline Hegarty celebrates 40 years working for Cardiff and Vale University Health Board when she joined in 1982 as a Domestic at Cardiff Royal Infirmary (CRI) before becoming a Clerical Officer in ITU at CRI in 1985. After spending 15 years at CRI, Pauline transferred to ITU in UHW for a further 11 years. Pauline joined the Anaesthetics Department in 2010 as a receptionist where she now works two days a week following her retire and return.

Pauline is a valued member of the team and is well respected by her colleagues who have described her as a very kind, hard-working

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person who puts everyone before herself with her kind gestures and that her energy and enthusiasm for life is infectious.

Pauline's dedication to the Church, charity work, her love of the theatre and live shows really makes her who she is today. Earlier this year she celebrated her 70th birthday. I would like to personally thank Pauline for her incredible contribution to the NHS throughout her long-standing career and for her dedication to the NHS over the past 40 years.



For two decades Ivy Bruce-Gokah has been going out of her way to make sure her patients are getting the nourishment they need while they recover in hospital. The ward-based caterer working in Facilities, Patient Catering at UHW has not only been serving up meals to patients since 2002 but she also puts smiles on their faces and has been referred to as 'a ray of sunshine'.

During Ivy's career she has plated up more than 600,000 meals. "My satisfaction is

getting patients what they want to eat even if it's not on the menu, putting a smile on their face and seeing them get better," said Ivy, who was congratulated on her long service by Charles Janczewski Chair of Cardiff and Vale UHB.

"I will go out of my way to get food that the patient wants. I've had patients that wouldn't eat anything so I asked a nurse to ask their family what they normally like to eat. When they told me it was sausages I made them for her and didn't say anything just put them in front of her. The next thing the nurse came to me and said 'Ivy, it's like magic they've disappeared' that made me happy.

"I always make sure I have a back-up plan for patients, sometimes they just want something light like a salad," said Ivy, who is known as Mamma to her colleagues. "I've worked on every ward in the hospital including paed's and maternity but C1 feels like home."

Ivy has now been joined by her nephew Japhet, 26, who has also joined the Facilities, Patient Catering as a caterer.

## Cardiff and Vale UHB Day to Pray – Wednesday 27 July

The Patient Experience Team would like to invite you to join the Chaplaincy & Spiritual Care Team and Members of various faith communities to participate in our annual Day to Pray.

On this day we will give thanks to our NHS and the amazing staff within our Health Board. We will also pray for the health and wellbeing of our patients, as well as those who have lost their lives and loved ones over the past year.

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It may be that you do not have a particular faith or indeed have no faith at all. This should not hinder you in taking part in this day. Simply set a moment or two aside to think and contemplate and show your support to the amazing work the NHS does across the Cardiff and Vale area.

In light of Day to Pray we also wish to encourage you all to take a moment out of your busy schedules to care for your spiritual health. [For more information on our Chaplaincy service click here.](#)

## Arts Summer Newsletter

Please enjoy reading the [Arts Summer Newsletter](#) for information on the latest projects, upcoming events and ways you can get involved with the Arts for Health and Wellbeing Programme.