

Chief Executive CONNECTS



14/10/2020

Dear Colleague,

Welcome to the new-look CEO Connects. We have redesigned my weekly blog to make it easier for you to find the news that matters to you. I hope you find the new format engaging and continue to read and share the important messages contained within as you have been doing throughout the COVID-19 pandemic. Staff will notice that today we are also launching a new, streamlined format for the internal CEO Connects: COVID-19 Update, which I also hope you find to be quick and easy to read and useful for your daily practice whatever your role.

COVID-19 remains a challenge to which we as a UHB continue to rise and, as our neighbouring Health Boards have seen an increase in the number of positive cases in hospital, it more crucial than ever that we follow the rules both within work and in our daily lives.

The rate of infection within the communities of Cardiff and the Vale of Glamorgan, however, continues to be higher than where we would like with, according to Public Health Wales, a rate of 151.3 in Cardiff and 53.9 in the Vale (between the 3rd and 9th of October 2020).

Also this week, our Community Testing team have received written praise from Dr Gwen Lowe in Public Health Wales, thanking them for their efforts in supporting Test, Trace, Protect. Alongside our local public health team, our local authority partners, and national specialist health protection colleagues, they are playing a key role in controlling transmission of COVID-19 in our local communities.



Len Richards,
Chief Executive

NHS COVID-19 App

QR codes are now displayed in the communal restaurant/café areas at each of our sites for members of the public to scan on arrival using the NHS COVID-19 app. If people visit the venue and later test positive for coronavirus, other app users who were there at the same time may be sent an alert. QR code posters are displayed in:

- Aroma UHW Concourse
- Bwyd Blasus UHW Concourse
- Coffee POD UHW Concourse
- Y Gegin – UHW
- Women's Unit UHW
- Aroma UHL
- Spar UHL
- Restaurant UHL
- Aroma Woodland House
- Aroma Barry Hospital

Staff members using the app will not be required to scan the QR codes at these locations. We would advise health board staff working on hospital sites to deactivate the app whilst in their workplace. Failing to do so could create a false alert. Contact tracing can be paused within the app by moving the contact tracing toggle on the home screen. Don't forget to turn tracing back on when you finish your shift.



COVID-19 Testing for Healthcare Key Workers

It is important that we remain aware of the symptoms of COVID-19, how to spot them in ourselves and others, and what to do when we see them. The most common symptoms of COVID-19 are:

- A high temperature
- A new and persistent cough
- A loss or change of taste or smell

If you have any of these symptoms, you and members of your household should stay at home. **Most importantly, you must book a COVID-19 test.**

As a critical workers, staff of Cardiff and Vale UHB can access testing directly via the Health Board. Symptomatic healthcare key workers (or householder members) should not book a test online. Just speak to your line manager who can arrange a test for you.

Members of the public can book a test via the Welsh Government online portal. This can be [found here](#) or by searching COVID testing online.

An update on UHW Lakeside Wing

Construction is moving rapidly and there are changes to the site almost daily. The build is on target for the first phase to be handed over on 25 November. The modules for a large section of the North Wing are in place and the windows are now being fitted. Internal partition works have commenced and continue at pace.

One of our principal aims is to keep disruption to a minimum at the hospital and when decisions need to be made about potential disruptions and service changes, the health and safety of our patients and staff remains our priority. A temporary road is now available for our contractors to access the build which is helping with movement of goods and deliveries and reducing impact on the UHW site.

It was both pleasing and encouraging to see that a family member of a patient with a disability recently reached out to Darwin Group, the contractors, to say thanks for kindly assisting them to access the hospital.

[For more information on UHW Lakeside Wing, click here.](#)



Appointments of Dr Richard Skone and Dr Guy Blackshaw

I would like to extend my congratulations to Richard Skone and Guy Blackshaw for their respective new appointments this week.

Richard has been appointed to the role of Assistant Medical Director for Workforce and Guy has been appointed as the new Clinical Board Director for our Specialist Services Clinical Board.

Dr Stuart Walker, Executive Medical Director, said of this news: "I am delighted with both of these appointments.

"Richard has all the right skills to make an excellent AMD in Workforce, and has already made a fantastic start in that key role. He has proven himself to be an important medical leader as part of our senior medical team and I look forward to working closely with him in the future.

"Guy has a great track record as Clinical Director and I know will be up to the challenge of the Specialist Clinical Board Director role. I think he is a natural clinical leader and I am excited about the contribution that I know that he will make in coming months and years."

Queen's Birthday Honours List

I am delighted to say that five members of staff from Cardiff and Vale UHB were recognised in the Queen's Birthday Honours this year. The members of staff who have been awarded are:

- Dr Graham Shortland, Consultant Paediatrician – For services to Paediatrics, Patient Safety and the NHS in Wales - Officer of the Order of the British Empire (OBE)
- Claire Salisbury, Head of Procurement – For services to the NHS in Wales during Covid-19 - Member of the Order of the British Empire (MBE)
- Jade Cole, Critical Care Research Lead – For services to the NHS and Critical Care Research during Covid-19 – Medallist of the Order of the British Empire (BEM)

- Paula Gallent, Ward Sister – For services to the NHS during Covid-19 - Medallist of the Order of the British Empire (BEM)
- Alice Bretland (Richards) - Home Ventilation Service Lead and Specialist Respiratory Physiotherapist - For services to the NHS particularly during Covid-19 - Medallist of the Order of the British Empire (BEM)

I would like to offer them my sincere congratulations and thanks for being such invaluable assets to the health system here in Cardiff and Vale.

[Read more, including their reactions, here.](#)

Arts Team win at Arts & Business Cymru Awards

I am happy to say that our Arts team, part of Cardiff & Vale Health Charity, have won an Arts & Businesses Cymru award for their partnership with Rubicon Dance. In a virtual ceremony on Friday 9th October, the team picked up the award in the health category.

The project has been led by the multi-disciplinary team in the Mental Health Services for Older People unit, in partnership with Rubicon Dance, and has proved extremely successful. During COVID-19, in order to ensure continuity of service, the sessions have been taking place virtually as Rubicon Dance produced a series of videos for use on the wards.

[You can read more about the project and the award, here.](#)



Get your flu jab!

We are seeing a huge demand for flu vaccinations this year. More flu vaccinations will be available to people in Wales than ever before this winter, but due to high demand, it may take a little longer to get an appointment. All individuals who fall into one of the groups identified as being most at risk of experiencing complications from flu should arrange their vaccination as soon as possible. Flu vaccinations can be accessed in the community from a GP surgery, Community Pharmacy, or school as appropriate.

Members of the public can check their eligibility for a free NHS flu vaccine by visiting [this website](#).



Many of our Primary Care partners are taking an innovative approach to the delivery of flu vaccine clinics in the community. Read more about the success of the drive through clinics at Cardiff City Stadium set up by the South West Cardiff Primary Care Cluster, [here](#). An excellent example of adapting to current challenges at speed to ensure that community health services continue to be delivered in a safe environment. Well done to all involved.

Baby Loss Awareness Week

This week is Baby Loss Awareness Week and to show their support for those families who have sadly lost a little one, the team have lit up the Women's Unit and the statue at the front of the University Hospital of Wales in blue and pink to remember these babies.

There is also a candle memorial and a remembrance tree in the Sanctuary on B5 at UHW, although families cannot visit here this week due to Covid-19 restrictions, if anyone would like to put a heart on the tree or light a candle to please get in touch through 029 21843230 or email Spiritual.Careteam@wales.nhs.uk

On Saturday 10th October, a team from the Rainbow Clinic walked 15 miles for the Health Charity to raise money for the Rainbow Clinic and have raised over £6,000 - [you can still sponsor the team here](#)

There will also be a virtual wave of light service organised by Cardiff & Newport Sands on October 15th between 18:45 and 19:15. To attend, [follow this link](#) and use the login code: 47932 with the password: ubrtvshc



Other News and Events

Our Orchard Consultation

A consultation is currently taking place about how we use the green space at University Hospital Llandough in the future. You can have your say and take part in a digital consultation to help transform this space by completing [this survey](#).

Parking at CRI

Please be aware that from Monday 19th October, car parking capacity at the Cardiff Royal Infirmary will be reduced in order for construction to commence on a new temporary modular facility to house the Dispensing and Treatment Team (DATT). We recognise that this will cause challenges and our Capital, Estates and Facilities team have committed to working with all services based at Cardiff Royal Infirmary to minimise disruption to patients, staff and visitors. We would like to thank you for your patience at this time and apologise for any inconvenience caused.

Shwmae Day!

15 October is Shwmae Day and we are inviting staff to join the celebrations by practicing their Welsh language. I would encourage you to visit the [dedicated Shwmae Day page](#) on our website and have a go at speaking Welsh, regardless of your ability. There you'll find a list of beginner phrases to get you started. Pob lwc i chi gyd.

Virtual Balloon Race

This month also marks Breast Cancer Awareness Month and our Health Charity are organising a spooky Halloween virtual balloon race to raise money for The Breast Centre Appeal! You can choose your own balloon, customise it and track its journey to Dracula's Castle. [Find out more](#).

Join the Staff Lottery

There's no denying that 2020 has been an incredible difficult year for us all at Cardiff and Vale UHB. However, throughout everything our Health Charity have been there to try and make things better. In just a few months, things will be getting a lot better or one lucky person as the Staff Lottery SUPERMEGADRAW is getting closer! There's a £20,000 prize up for grabs but you have to be in it to win it.

The draw is taking place on the 27th November and you must join by the 30th October to be in with a chance of winning. [Join here](#) and good luck!

Join our board

The Public Appointments Unit is currently recruiting a new Vice Chair and Independent Member for ICT for the Health Board. If you are interested in either of these exciting roles, then please follow the links below.

[Vice Chair](#)

[Independent Member for ICT](#)