



Dear Colleague,

14/06/2022

A huge and heartfelt thank you to colleagues who worked during the Queen’s Platinum Jubilee weekend and those who got a chance to enjoy some time off during the Bank Holiday, I hope you had fun and enjoyed the celebrations. I particularly want to thank those who were involved in the planning behind the scenes in the run up to the Jubilee weekend to ensure we were fully prepared at an operational level.

Across Cardiff and the Vale of Glamorgan there were a huge number of events happening including the lighting of the Beacons, the Jubilee tea parties and a royal visit from the Duke and Duchess of Cambridge. With a lot of additional capacity and people in the city we were anticipating a bigger demand on services and our teams worked collaboratively to ensure everyone was safe and well over the long weekend.

I also want to thank our colleagues in South Wales Police and our local authority partners who kept us all safe and ensured the public were up to date with what was happening.

In this week’s issue of CEO Connects, I’m sharing some highlights of our colleagues and patients who partied in style thanks to the Jubilee boxes provided by Cardiff & Vale Health Charity. It was fantastic to see all your pictures showing you coming together

to enjoy the festivities. We were pleased to amplify the celebrations by lighting up University Hospital of Wales and University Hospital Llandough in purple over the week too which was a fantastic sight.

A number of colleagues were also invited to attend the Royal Garden Parties at Buckingham Palace, joining guests from other public services, charities and members of local communities, all of whom have made a tremendous impact as a result of the work they do and they have shared some of the memorable images with us below.





## Platinum Jubilee Roundup

### Colleagues recognised in the Queen's Birthday Honours

Congratulations to Professor Aled Phillips and Professor Julian Sampson who were both awarded Commander of the Order of the British Empire (CBE) awards as part of the Queen's Birthday Honours. Professor Aled Phillips was recognised for his services for Renal Medicine and Professor Julian Sampson for his services to Medical Genetics. Thank you both for all of the vital work you have achieved in your respective fields to improve health care services for our population.

Wales football international Gareth Bale, who gave an incredible donation to the Health Charity during the pandemic, was also awarded a well-deserved MBE for his services to football and charity.

Well done to all colleagues and friends from across the healthcare and public sectors who were named in this year's Honours.

### Buckingham Palace Garden Parties

As I have said, a number of colleagues were nominated to attend a Garden Party at Buckingham Palace as part of the Platinum

Jubilee celebrations, and some of those invited shared their pictures with us from the big day. Congratulations and THANK YOU to all of you who were nominated and invited to this special occasion in recognition of your outstanding contributions.

#### Some of those who attended included:



*Abraham Theron received an invitation in recognition of his contribution to Perioperative Care as Clinical Director.*



*Carly Simpson is a Senior Nurse for our Medicine Clinical Board. In 2021, Carly was part of a team of Senior Nurses who won an award for their inspirational leadership.*





*Constantly putting patients and others before himself in his 32 years with the Health Board, Carpenter Gareth Evans was invited in recognition of his caring and compassionate approach, demonstrating our values to the highest level.*



*Sue Bailey was recognised for her exceptional contribution to the organisation in her role as Clinical Board Director for Quality, Safety and Patient Experience for CD&T.*



*Head of Occupational Health and Wellbeing, Nicky Bevan was recognised for ensuring every employee feels valued and equipped to maintain their health and wellbeing in the workplace.*



*Our Executive Director of Public Health, Fiona Kinghorn received her invitation for leading our public health response to the pandemic.*





Also, at the Palace was the Cardiff and Vale University Health Board former Executive Medical Director Graham Shortland, after receiving an OBE during the pandemic for services to Paediatrics, Patient Safety and the NHS in Wales.

## Big Jubilee Tea parties

To mark the Platinum Jubilee, Cardiff & Vale Health Charity distributed 80 Jubilee boxes to in-patient wards across Cardiff and Vale University Health Board sites. The boxes contained balloons, flags, activity packs from Mental Health Matters and a Platinum Patisserie Cake Competition, a cardboard cut-out of the Queen, and cakes donated by Memory Lane Cakes, Tesco and Morrisons.

Between 2 and 5 June we were inundated with images from patients and staff enjoying the festivities. It is lovely to see how the Health Charity boosted patient and team morale and encouraged positive mental health and wellbeing with their Jubilee boxes. Many wards expanded on the Big Jubilee Tea event and organised large buffets to accompany

the decorations delivered. They all looked absolutely delicious!

Below is a snapshot of the tea parties that took place around the Health Board sites.



## Minister visit to UHW

Last week, we welcomed Eluned Morgan, Minister for Health and Social Services to University Hospital of Wales to learn more about the Shaping Our Future Hospitals programme and our ambitions for transforming care in Wales.



The Minister spent time meeting colleagues in the Emergency Unit, Critical Care and Ward B1 Cardiology.

I know the Minister found the visit extremely valuable and was grateful to all for engaging in the discussions, sharing their knowledge and insight as well as thoughts about the future. She was keen to thank everyone she met for the hard work and commitment all had shown during the course of the pandemic response and would want her thanks shared with all colleagues.

We have much thinking and planning to do to ensure the Health Board's plans for the future meet anticipated needs, support advances in practice and technology, create therapeutic environments and enable

colleagues to operate to their full potential in an environment fit for the 21st century.



Important to achieving this will be working collaboratively to generate a credible and achievable plan and to do that we need your help to shape thinking, bring your knowledge, experience and ambitions for the future. A number of workshops are in train as part of the Shaping our Clinical Services workstream being led by Dr Navroz Masani, the AMD for Clinical Strategy, and team and I was lucky enough to attend the beginning of one of those sessions last week. The workshops create a great opportunity to get involved in planning for the future and would really encourage all to get involved as the opportunity arises.



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## Transforming planned care in Cardiff and the Vale of Glamorgan

As we continue to restart services that were postponed as a result of the COVID-19 pandemic, the way we deliver care has changed to ensure we keep patients and colleagues safe. To reduce waiting times and further improve access to healthcare services, a new approach is needed to redesign the way healthcare is provided across Wales.

Earlier this month, Welsh Government announced they have committed an additional £170m of funding to support their new planned care recovery plan, [Transforming and Modernising Planned Care and Reducing Waiting Lists](#). In this plan, Welsh Government outlines how planned care services across the country will be reset and transformed by highlighting seven key priorities for the next four years. These include prioritising early diagnosis and treatment of suspected cancer patients, minimising health inequalities and building sustainable planned care capacity. Alongside their plan, Welsh Government have also published a [waiting times data tool which sets out the different waiting times by health board](#).

This plan allows us to continue to redesign the way we deliver planned care and support the innovative projects already being progressed by the Recovery & Redesign team. As we move out of the pandemic, the Health Board's approach will focus on bringing together all operational capacity and resources, including Recovery and Redesign funded projects, under One Operational Plan. This will include the creation of clinically lead delivery groups that will bring together key stakeholders, track progress, drive quality improvements and align

with the key priorities outlined within Welsh Government's planned care recovery plan.

You can find out more about our approach by clicking [here](#). If you have ideas on how your service can improve care for patients, please get in touch by emailing [cav.recoveryandredesign@wales.nhs.uk](mailto:cav.recoveryandredesign@wales.nhs.uk).

## Learn more about the proposed Wellbeing Hub at Park View

This week, local residents are invited to drop-in information sessions about the proposed Wellbeing Hub at Park View. There will be representation from Cardiff and Vale University Health Board, Westway Surgery and Park View Health Centre, as well as architects and the appointed contractor. At the sessions, residents will be able to learn more about the plans and ask questions.

The Health Board is submitting an outline business case to Welsh Government with plans for a new Wellbeing Hub. The proposed plans would see a Wellbeing Hub built adjacent to the Ely & Caerau Community Hub on Cowbridge Road West and replacing Park View Health Centre.

A number of services would be housed in the proposed Wellbeing Hub, including general medical services, a community dentist, several community health services such as nursing and mental health support, as well as community group rooms and accommodation for local Community Nurse and Midwife Teams.

[Find out more about the sessions taking place this week.](#)

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## Apply for the Spread and Scale Academy

One of our most exciting leadership programmes, the Spread and Scale Academy, is accepting applications for a three-day immersive event in Cardiff in September.

The Spread and Scale Academy is open to all NHS Wales colleagues as well as those in industry, public and the third sector. It's designed to give people the tools and skills needed to unleash improvements and innovations at scale across their organisations, systems and beyond. It is delivered in partnership between our Dragon's Heart Institute and the Billions Institute, an American organisation which specialises in teaching how to deliver large-scale meaningful change.

In March of this year, I had the privilege of attending a Spread and Scale Academy event to meet Becky and some of the past participants of the Academy, who have since gone on to achieve incredible things, such as [the establishment of Green Health Wales](#) and the [virtual reality tracheostomy challenge the Health Board recently led](#) with the SBRI Centre of Excellence and Cardiff Capital Region.

Becky taught us the shocking statistic that from the date that a piece of evidence is published, it takes around 17 years for that solution to spread to even half of the population who could benefit from it.

One of the key aspects of the training is that it offers you practical tools to lead large-scale change coupled with techniques for reducing your risk of burning out in the process: something which is key now more than ever.

If you and your team are working on a project that could benefit more people across our

system, then I would encourage you to apply by visiting the [Spread and Scale page](#) on the Dragon's Heart Institute website.

## Cardiff & Vale Health Charity In For a Penny

Donating pennies can make great things happen! Did you see this artwork created live by Nathan Wyburn last week for the Queen's Platinum Jubilee? To donate your pennies through our payroll giving scheme, please visit: <https://healthcharity.wales/hospital-staff/in-for-a-penny/>

## Imagine If We Had Somewhere Lovely to Go...

This artwork was created by Beth Morris Workshop students to celebrate the launch of the Meadows Health and Wellbeing Route, connecting the University Hospital of Wales to the meadows at Heath Park. <https://cardiffandvale.art/2022/06/06/imagine-if-we-had-somewhere-lovely-to-go/>

## Executive Art Programme

The Executive Art Programme brings art to the offices of the Executive Team, both improving the environment and supporting the wellbeing of staff through art. <https://cardiffandvale.art/2022/06/07/executive-art-programme/>