Public Quality, Safety, & Experience Committee

Tue 28 November 2023, 14:00 - 17:00

MS Teams

Agenda

14:00 - 14:10
10 min

1. Standing Items

1.1. Welcome & Introductions

1.2. Apologies for Absence

1.3. Declarations of Interest

1.4. Minutes of the QSE Committee meeting held on 25.10.2023

1.4 QSE Public Minutes 25.10.2023.pdf (6 pages)

1.5. Action Log - following the meeting held on 25.10.2023

1.5 Public QSE Action Log.pdf (2 pages)

1.6. Chair's Action taken since last meeting

14:10 - 15:10
60 min

2. Items for Review & Assurance

2.1. Medicine Clinical Board - Assurance Report

30 minutes

2.1 Medicine Clinical Board QSE Assurance Report Nov 2023 final.pdf (19 pages)

2.2. Quality Indicators Report - Deep Dive on Mortality

20 minutes

2.3. Outstanding Actions from the Ombudsman's Annual Letter

10 minutes

2.3 Psow Ombudsman for QSE (003) final.pdf (8 pages)

15:10 - 15:10
0 min

3. Items for Approval / Ratification

Chilcott,Rachel
20/11/2023 16:08:47

3.1. Healthy Eating Standards for Hospital Restaurant and Retail Outlets

5 minutes

3.1a QSE Paper November 2023 Final.pdf (4 pages)

3.1b Healthy Eating Standards for Hospital Restaurant Retail Outlets Temp Revision Nov 2023 (002).pdf (15 pages)

15:10 - 15:10
0 min

4. Items for Noting & Information

4.1. Minutes from the Clinical Board QSE Sub-Committees

a) PCIC - 26.09.2023

b) Children & Womens - 26.09.2023

c) Specialist - 02.10.2023

4.2. Child Practice Review Report

- 4.2a CVSB CPR 052019 Report.pdf (13 pages)
- 4.2b CVSB CPR 052019 Action Plan.pdf (4 pages)

15:10 - 15:10
0 min

5. Items to bring to the attention of the Board / Committee

15:10 - 15:10
0 min

6. Agenda for the QSE Private Meeting:

i) Private Minutes

ii) Any Urgent / Emerging Themes - Verbal (Confidential Discussion)

iii) Prison (Confidential Discussion)

15:10 - 15:10
0 min

7. Any Other Business

15:10 - 15:10
0 min

8. Review of the Meeting

15:10 - 15:10
0 min

9. Date & Time of Next Meeting

Date: TBC

Via: MS Teams

15:10 - 15:10
0 min

10. Declaration

"To consider a resolution that representatives of the press and other members of the public be excluded from the remainder of this meeting having regard to the confidential nature of the business to be transacted, publicity on which would be prejudicial to the public interest [Section 1(2) Public Bodies (Admission to Meetings) Act 1960]"

Unconfirmed Minutes of the Quality, Safety & Experience Committee

Held on 25th October 2023

Via MS Teams

Chair:		
Rhian Thomas	RT	Committee Vice Chair / Independent Member – Capital & Estates
Present:		
Akmal Hanuk	AH	Independent Member – Community
Mike Jones	MJ	Independent Member – Third Sector
In Attendance		
Paul Bostock	PB	Chief Operating Officer
Vicki Burrell	VB	Senior Service Improvement Programme Manager
Abigail Holmes	AH	Director of Midwifery and Neonatal Services
Angela Hughes	AH	Assistant Director of Patient Experience
Fiona Kinghorn	FK	Executive Director of Public Health
Meriel Jenney	MJ	Executive Medical Director
Mathew King	MK	Interim Assistant Director of Therapies & Health Science
Matt Phillips	MP	Director of Corporate Governance
Aled Roberts	AR	Assistant Medical Director, Clinical Effectiveness & Safety
Jason Roberts	JR	Executive Nurse Director
Alexandra Scott	AS	Assistant Director of Quality and Patient Safety
Francesca Thomas	FT	Head of Corporate Governance
Observers		
Nathan Saunders	NS	Senior Corporate Governance Officer
Secretariat		
Rachel Chilcott	RC	Corporate Governance Officer
Apologies		
Ceri Phillips	CP	UHB Vice Chair / Committee Chair
Fiona Jenkins	FJ	Executive Director of Therapies and Health Sciences

		ACTION
QSE 23/10/001	**Welcome & Introductions** The Committee Vice Chair (CVC) welcomed everyone to the meeting in English & Welsh.	
QSE 23/10/002	**Apologies for Absence** Apologies for absence were noted.	
QSE 23/10/003	**Declarations of Interest** No declarations of interest were raised.	
QSE 23/10/004	**Minutes of the Committee meeting held on 26.09.23** The minutes of the Committee meeting held on 26.09.23 were received. **The Committee resolved that:** a) The minutes of the meeting held on 26 September 2023 were approved as a true and accurate record of the meeting.	
QSE 23/10/005	**Action Log following the Meeting held on 26.09.2023**	

Chilcott, Rachel
20/11/2023 10:08:47

	The Action Log following the Meeting held on 26.09.2023 was received. It was noted that two actions in progress (QSE 23/04/007 and QSE 23/03/007) would have updates provided in today's meeting. **The Committee resolved that:** a) The Action Log from the meeting held on 26.09.2023 was noted.	
QSE 23/10/006	**Chair's Actions** No Chair's Actions were raised.	
	Items for Review & Assurance	
QSE 23/10/007	**Quality Indicators Report** The ADQPS presented and summarised the Quality Indicators Report and coinciding slides to provide assurance in relation to a number of quality, safety, and patient experience priorities. The report is available to view in detail alongside the papers received for the Public QSE Committee on the 25/10/2023 for Agenda item 2.1. Regarding the falls prevention work, the CVC asked what work had been undertaken over the previous 3 years. The ADQPS responded that: - The COVID pandemic had interrupted work undertaken on the falls framework which had started in 2019/2020. Social distancing had interrupted simulation training for real-time incidents and events, and a Falls Lead had only been recruited around 3 months prior. - Within the previous 12 months, the UHB had refreshed the entire agenda of the Falls Delivery Group to focus on several key areas of the strategy. - The national picture had changed dramatically over the previous 18 months – e.g. the UHB had worked in partnership with Health Technology Wales to develop fall sensors. The EDPH highlighted that accessibility across C&V for falls preventative work within the helped the UHB's strategic intent on keeping people healthy at home. She added that this type of intervention at scale would start to impact on outcomes. The ADPE continued with the report and provided the Committee with a summary of the Quality Indicators Report around Patient Experience and Concerns. The IM-C highlighted the large amount of work being undertaken by a small team to analyse the data, and asked if they would receive further help. The ADPE responded that they had been in discussions with Cedar around the analysis of feedback. She added that discussions had been had nationally around Civica, and that CAVUHB might be a little further ahead in their analysis in comparison with the national picture. The IM-C asked if there was a possibility to use patient walkrounds as a means to obtain staff feedback. The ADPE responded that the data presented at this meeting was just a snapshot of the wider portfolio of feedback they had received. She explained that they undertook environmental walkrounds with Estates colleagues in which they speak to staff, as they aimed to be more proactive, rather than just waiting for complaints or incidents. The SSIPM stated that they had recently established the Patient At Risk Team (PART) which was embedded within the organisation, and whether they had yet received any feedback on this team. She added that as part of the Ward Accreditation Improvement	

Chilcott, Rachel
20/11/2023 16:08:47

	Programme, they collated staff voices on the wards which was reported via the Tendable audit. The ADPE responded that there had been concerns over the name ‘call for concerns’ in Wales, and it had been changed to ‘call for clinical concerns’ on the posters. She explained that there had been a low number of calls around feedback on the team, but that it was still early days. The EMD added that they had recently invested in PART to make it a 24/7 service, and that there was further communications work to be done. **The Committee resolved that:** a) The assurance provided by the quality indicators and the actions underway to drive the necessary improvements was noted.	
QSE 23/10/008	**Children & Women’s Waiting List Update** The COO presented the report which provided an update on the volume of waiting lists within the Children & Women Clinical Board, and highlighted that: - This group of services had seen a huge increase in demand. - The Mental Health Summit held in September with Primary Care, Children & Young People and Adults Mental Health to talk through some issues and agree a way forward. - Significant efforts had been made to address some of the demand and to increase capacity. - The number of Children Looked After across C&V had increased to 1400, compared to 1280 pre-COVID. - The number of patients waiting for initial health assessments, and the backlog of assessments, had both decreased, and there had been some progress made within the eating disorders waiting lists. - They were unsure how long this demand would continue for. Regarding Children Looked After, the END added that: - The number was being monitored through Executive Oversight and their monthly meetings with Clinical Boards; - They had put resource in to try and reduce this number, and whilst they had halved the backlog of health assessments, there was still a considerable amount of work to do. The CVC asked how feasible it was as a mitigation to ask nurses / health visitors to complete one of the two annual assessments, as these teams were already under significant pressure. The END responded that there was an overlap between the health visitors and the Flying Start health visitors (who focused on this group of children). They were undertaking a whole system review to see what could be done to relieve some of their work to free up the health visitors to undertake these assessments. The EDPH commented that the increased awareness of neurodevelopmental disorders within communities had contributed to demand. In addition, she stated that there had been increased emotional mental health issues within the community due to the larger societal and socio-economic challenges at play (especially post-COVID), and she did not see the demand abating for several years. Regarding surgery and outpatients, the COO summarised the challenge they faced: - General Paediatrics Surgery had been commissioned by WHSSC, and everything else (Orthopaedics, ENT, etc) was commissioned by the Health Board - WHSSC had requested for a contract to deliver 36 week waiting times for surgery (maximum 1 year), while other patients had waited much longer.	

Chilcott,Rachel 20/11/2023 16:08:47

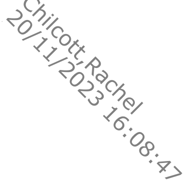
	- The UHB made the decision that they could not have some patients waiting 3-4 years whilst general surgical patients were treated quicker by WHSSC, which had resulted in the UHB being placed into escalation with WHSSC - A conversation was had the previous Monday with WHSSC on how to achieve a more equitable service - They wished for no children to wait longer than 2 years by December, in line with ministerial ambitions. They could not give more capacity to WHSSC at the expense of other Health Board patients. - For outpatients, the UHB had enough capacity. For surgery, they were working from a clinical priority perspective, regardless of speciality and starting with the longest waiters. - WHSSC had asked the UHB to review the patients on the waiting lists, however they had been clear that this would be done from a clinical priority perspective. The EMD added the following: - Because they were the Children's Hospital for Wales (CHfW), more complex patients came from elsewhere. - They had been having clear and open discussions with WHSSC, and the same was needed with other Health Boards in a collaborative effort to get this right. - Fundamentally, some of the challenges were around the workforce and the difficulties in recruiting and retaining staff. The COO stated that overall, the waiting lists had reduced, and by the end of March 2025 no children would wait over 2 years for surgery, regardless of their specialty. Conversations were needed around how to fairly allocate the capacity they had, and to be clear on the criteria for accepting patients from other Health Boards. **The QSE Committee resolved that:** a) The content of the paper and the actions taken to mitigate the risks associated with child health assessments was noted.	
QSE 23/10/009	**Maternity Thematic Review** The END and DMNS presented the report which summarised the key themes and findings from a number of recent reports, to demonstrate the actions being taken to make improvements to the organisation. The report is available to view in detail alongside the papers received for the Public QSE Committee on the 25/10/2023 for Agenda item 2.3. The IM-TS noted that staffing issues were highlighted when he visited the post-natal ward the previous week. He asked whether they had offered staff the opportunity to retire and return, or if staff could use bank once they retired. Additionally, he asked if the UHB captured the reasons for midwives leaving the organisation once they had achieved a Band 6 role. The DMNS agreed that they had significant staff shortages, and responded that: - This year they had increased their commissioning and had employed 35wtes. - The majority of their midwives did retire and return, and they had explored other roles that they could come back to (e.g. elective work) to build flexibility within the workforce. - Andy Jones had undertaken a large piece of work around why midwives have left, and he had obtained a huge amount of data. They had looked at how to make Cardiff an attractive place to stay for their career, as many students had relocated after their two years had finished once they had received their Welsh bursary. The COO highlighted that this was a 2-3-year programme, and while they still had a lot of work to do, they were aware of what work was needed. The CVC asked for a periodic update to return to the committee. The END explained that the Maternity Neonatal Oversight Group met monthly, and the first meeting was two weeks prior. He confirmed that they would bring regular reports to	

Chilcott, Rachel
20/11/2023 16:08:44

	this Committee, and they had agreed that they would a bring 6-12 monthly summary to the Board. **The QSE Committee resolved that:** a) They would continue to have oversight of maternity and neonatal services, and noted the report.	
QSE 23/10/010	**Specialist Clinical Board Assurance Report** - <u>South Wales Trauma Network Verbal Update</u> The COO provided a verbal update, and summarised the following: - A formal review of the Major Trauma Centre (MTC) had been postponed until Q4 next year, which would be led by WG and the Trauma Network. - As a result of demands, they had created capacity potentially at the risk of some other services the UHB would provide. - Some of the funding excluded from the business case they have had to request back – for example, they had insufficient radiology resource. - The team would attend the Senior Leadership Board (SLB) in November to provide an update. The COO suggested that the team come to the QSE Committee to provide an update on what the MTC had achieved over the previous 3 years, and on their future plans. The CVC responded that she would speak to the UHB Vice Chair outside of the meeting to determine what the most appropriate governance route would be to review this work. The CVC asked whether there were any risks or challenges in light of the formal review being postponed until the following year. The COO responded that they were aware of the hotspots, particularly in imaging radiology, however they were able to provide the service. **The QSE Committee resolved that:** a) The South Wales Trauma Network Verbal Update was noted.	
	Items for Approval / Ratification	
QSE 23/10/011	**Policies -** <u>Interoperative Cell Salvage Policy and Procedure</u> The EMD provided assurance that they had just been inspected by the Human Tissue Authority (HTA), and that their policies were not highlighted as an issue. **The QSE Committee resolved that:** 1) The Intraoperative Cell Policy and Procedure was approved; 2) The full publication of the Intraoperative Cell Salvage Policy and Procedure in accordance with the UHB Publication Scheme was approved.	
	Items for Noting & Information	
QSE 23/10/012	**Minutes from Clinical Board QSE Sub Committees** <u>Clinical, Diagnostics & Therapies Minutes for 14.07.2023 & 22.09.2023</u> **The QSE Committee resolved that:** a) The minutes from the Clinical, Diagnostics & Therapies Meeting from 14.07.2023 and 22.09.2023 were noted.	
QSE 23/10/013	**Items to bring to the attention of the Board / Committee:** No items were raised.	
QSE 23/10/014	**Agenda for Private QSE Meeting**	

Chilcott,Rachel
20/11/2023 16:08:47

	i) Private Minutes *ii) Any Urgent / Emerging Themes – Verbal (Confidential Discussion)*	
QSE 23/10/015	**Any Other Business** The IM-C asked for a verbal update around the increased rates of sepsis, as there seemed to be a growing concern. The EMD responded that the PART team enabled a clear pathway for patients who had deteriorated (which included sepsis), and they had recently advertised for a Clinical Lead for Sepsis who would lead the Sepsis Group. The EMD noted that there were no immediate causes of concern which had been brought to her attention. The IM-C highlighted that the Chief Medical Officer had referred to the culture, and that when people present to A&E, they were sometimes not being investigated as they struggled to express their symptoms. He suggested that this be picked up by the People and Culture Committee. The EMD responded that they were working hard to be transparent through Freedom to Speak Up (F2SU) and raising concerns. The EMD suggested that the cultural issue would be to support the workforce through these challenging times.	
	Date & Time of Next Meeting: 28th November – tbc - via MS Teams	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20/11/2023 16:08:47

Action Log

Quality, Safety & Experience Committee

Update for meeting 28 November 2023
(Following the meeting held on 25 October 2023)

MINUTE REF	SUBJECT	AGREED ACTION	DATE BY	LEAD	STATUS/COMMENT
Actions Completed					
QSE 23/03/007	**Specialist Clinical Board Assurance Report – re: South Wales Trauma Network**	To provide the Committee with an update with regards to the WHSSC funding for South Wales Trauma Network review and associated actions.	**25.10.2023**	Paul Bostock/Guy Blackshaw	**COMPLETED Updated in October 2023**
QSE 23/04/007	**Children & Women's Clinical Board Assurance Report**	To revisit the waiting list issue identified in 6 months' time to provide more assurance to the Committee. A full Clinical Board assurance report was not required.	**25.10.2023**	Jason Roberts	**COMPLETED Updated in October 2023**
Actions in Progress					
QSE 23/07/009	**MBRRACE Update**	For a matrix report to be provided to the Committee to include the MBRRACE report.	**09.01.2024**	Meriel Jenney / Jason Roberts	**Update in January 2024**
QSE 23/09/009	**Looked After Children – Assessment Backlogs**	For a 6-month update on the Assessment Backlogs for Looked After Children to be provided to the Committee.	**05.03.2024**	Jason Roberts	**Update in March 2024**
QSE 23/07/014	**Cardiff and Vale University Health Board Hepatitis (B and C) Joint Recovery Plan 2023-25**	For an update on the Hep B & C Joint Recovery Plan to be provided in 12 months' time.	**July 2024**	Fiona Kinghorn	**Update in July 2024**
Actions referred to Board / Committees					

Chilcott,Rachel
20/11/2023 16:08:47

CARING FOR PEOPLE
KEEPING PEOPLE WELL

GIG CYMRU NHS WALES
Bwrdd Iechyd Prifysgol Caerdydd a'r Fro
Cardiff and Vale University Health Board

MINUTE REF	SUBJECT	AGREED ACTION	DATE BY	LEAD	STATUS/COMMENT
Actions referred FROM Board / Committees					
AAC 4/7/23/013	**Regulatory Compliance Tracking Report**	Some of the Patient Safety Solutions had been on the tracker for some time and should be taken to a future Quality, Safety & Experience (QSE) Committee meeting to provide assurance.	**28.11.2023**	Matt Phillips	**Update in November**
UHB 23/05/015	**Integrated Performance Report: QSE**	For mortality data assurance to be provided to the Board at a Board Development session following a deep dive at the QSE Committee meeting in November.	**28.11.2023**	Meriel Jenney	**Update in November**

Report Title:	QSE Medicine Clinical Board Assurance Report				Agenda Item no.	2.1
Meeting:	QSE Committee Meeting		Public	x	Meeting Date:	28th November 2023
			Private			
Status *(please tick one only)*:	Assurance	x	Approval		Information	
Lead Executive:	Executive Nurse Director					
Report Author (Title):	Quality and Governance Lead					

Main Report
Background and current situation:

This report details the clinical governance arrangements within Medicine Clinical Board in relation to Quality, Safety and Patient Experience (QSPE). It sets out achievements, progress and planned actions to maintain the priority of QSPE. It is aligned to the UHB's Shaping Our Future Well Being Strategy 2015 – 2025, that underpins the development of our service, and the Quality, Safety and Patient Experience Framework 2021-2026.

Medicine Clinical Board offers high quality clinical care for people with multiple, complex health needs, minor injuries and serious disease. It includes services for the wider regional and Welsh population such as Infectious Diseases, Welsh Gender, Stroke, Diabetes, Dermatology and Gastroenterology. The Clinical Board also provides emergency and secondary care services to the local Cardiff and Vale population.

The Clinical Board has a current workforce establishment of 1715.77 WTE staff in post which includes: 770.31 WTE Registered Nurses, 511.68 WTE Health Care Support Workers, 189.31 WTE Admin and Clerical, 205.77 WTE Medical and Dental staff, 13.8 WTE Additional Prof Scientific and Technic, 511.68 WTE Additional Clinical Services, 15.87 WTE Allied Health Professionals, Student 1, and 8.04 WTE Health Care Scientists. It has an inpatient bed base of 538, three Day Units and several outpatient suites.

Secondary to the diversity and high activity provided across the Clinical Board, it is essential that robust governance and risk management arrangements are in place to reduce the risk of harm to our staff and service users.

The aim of the Medicine Clinical Board in summary is to:

- Ensure there is a process in place to continually monitor and review its risk register, acting to mitigate quality and safety risks on an ongoing basis;
- Maintain an open culture of improving quality, safety and patient experience across all teams and all staff;
- Promote a positive culture of staff engagement, development and understanding of everyone's responsibility for safe, quality care and
- Foster a culture of psychological safety within Medicine Clinical Board in order to promote collaboration, trust, innovation and personal growth.

Chilcott, Rachel
20/11/2023 16:08:47

Quality, Safety and Patient Experience (QSPE) is the highest priority for the Clinical Board and its governance structures and oversight has developed significantly. The Clinical Board Director, Director of Nursing and Head of Quality and Clinical Governance lead the agenda which is aligned to the six Domains of Quality as defined by the Duty of Quality Statutory Guidance 2023. This report is set out under each of these Domains.

Clinical Board QSPE Committee meetings are planned every month, and are well represented by medical, nursing and managerial staff across all Directorates, as well as other multi-disciplinary colleagues from across the health board, all of which take an active part in the meetings and shape the overall agenda. The Committee Terms of Reference and Work Plan are reviewed annually and it is supported by sub groups covering Infection, Prevention and Control (IP&C), Health and Safety and Medicines Governance and Access.

Each Directorate holds monthly Quality and Safety Groups, and further work is underway to strengthen these agendas and their reporting to the Clinical Board QSPE Committee. The Clinical Board governance structure provides further levels of assurance and escalation by the presentation of a Quality, Governance and Risk Highlight Report at every monthly formal Board meeting.

Safe Care

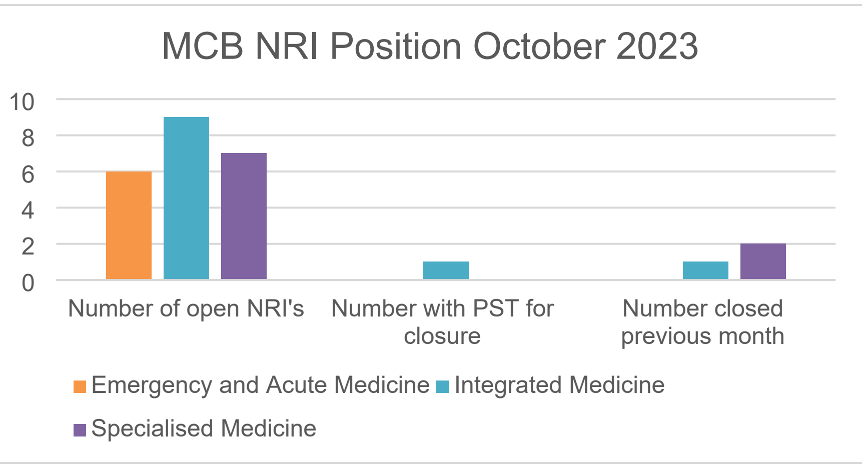
Patient Safety Alerts/Internal Safety Notices

The Clinical Board has a robust management system in place for Patient Safety Alerts, working in conjunction with the Patient Safety Team. An identified member of staff is responsible for all alerts received, and for their dissemination and tracking of actions where applicable. All alerts and notices are shared at both Clinical Board and Directorate QSPE meetings.

The Clinical Board recognises that a review of its compliance with national guidance is required and plans to undertake this with clinical leads by the end of the year.

Chilcott,Rachel
20/11/2023 16:08:47

NRI (National Reportable Incident) Management

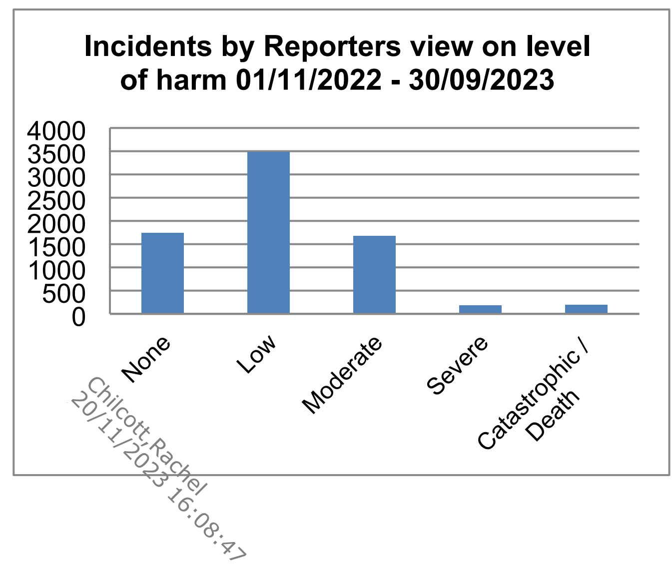


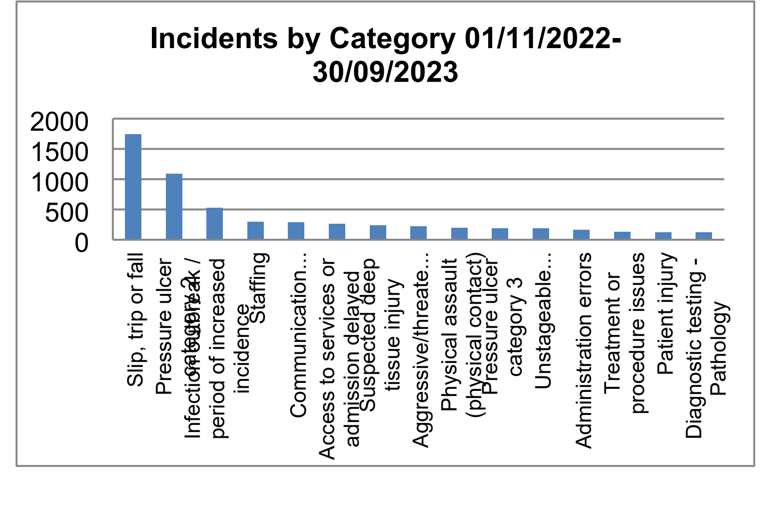
The Clinical Board is currently investigating 21 NRIs:

- One potential delayed Thrombectomy for Stroke
- One potential missed diagnosis and potential Thrombectomy for Stroke
- One delay in recognising a sick patient
- Four Covid-19 potential healthcare acquired death
- Five Gastroenterology delays for treatment, surveillance and cancer diagnosis
- One delay in Gastroenterology review and treatment
- One missed specimen for a cancer diagnosis Dermatology
- One PRUDiC (Procedural Response to Unexpected Deaths in Childhood) and potential error in discharge
- One delay in treatment Emergency Medicine
- One potential misdiagnosis Emergency Medicine
- Two potential lost to follow up with a cancer diagnosis ECAS (Elderly Care Assessment Service) and Acute Medicine
- One delay in referral to Obstetrics and intrauterine death
- One lost to follow up Interstitial lung disease

The Clinical Board is committed to ensuring that NRIs are closed within timescales set by NHS Wales Delivery Unit to ensure patients and their families receive feedback in a timely manner.

Patient Safety Incident Management





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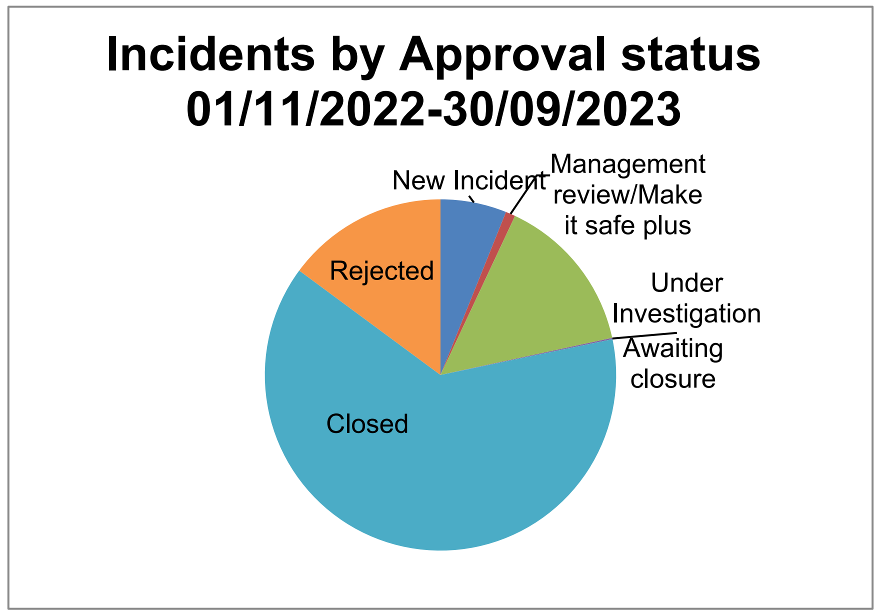
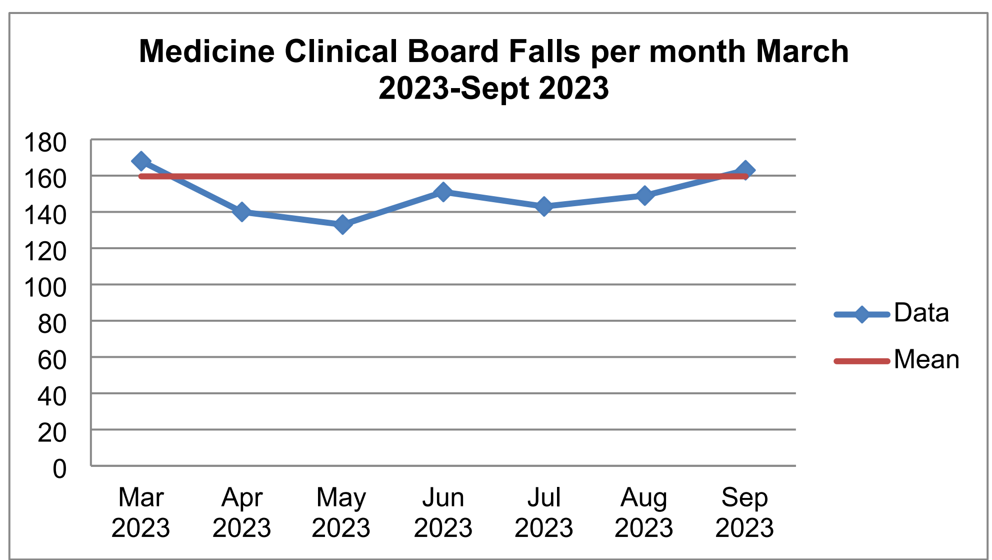


The Clinical Board demonstrates an open reporting culture with high numbers of incidents reported, the vast majority of incidents result in no or minor harm. The Clinical Board acknowledges the challenges for timely closure of Datix, and continues to focus on those reporting severe or catastrophic harm. In addition, bespoke individual support is being provided to those incident managers with significant Datix queues, with designated Super Users across all Directorates.

Falls

Falls remain one of the most reported incidents within the Clinical Board via Datix Cymru. The Clinical Board reported 133 – 169 falls per month for the period 01st March 2023 to 30th September 2023. This is an improvement for the same time period for the previous year where 142 -219 falls were reported.



For this time period the Clinical Board reported 9 injurious injuries, 3 of which were reported to the Delivery Unit where it was agreed there were acts or omissions which contributed towards the fall and injury. These included the lack of multifactorial risk assessments to inform a patient's plan of care and a lack of clear handover regarding a patient's known high falls risk.

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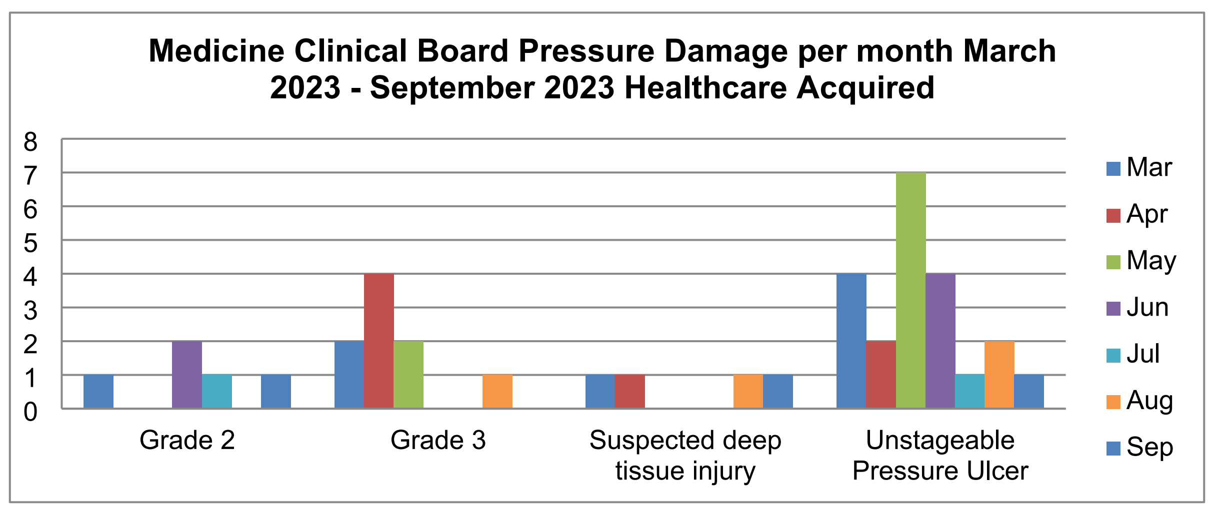
Aligned to the UHB Falls Delivery Group work, the Clinical Board is rolling out interactive spread and scale falls training for all staff. This includes falls training specific to individual areas, lying and standing blood pressure, and factors contributing to patient falls. Staff are taken through the Procedure for the Prevention and Management of falls and the terminology to ensure it is understood. The difference between anticoagulants and antiplatelets, delirium and cognitive impairment as well as Hover jack simulation training is also discussed.

A recent Falls Management review project undertaken by key falls leads within the Clinical Board, to support junior clinicians, sought to understand why we think falls are a problem. Falls are common, and there are lots of reasons why people fall, with many different consequences. Taking themes identified from previous NRIs, the work focused around education with UHB Falls Delivery contribution, a review of previous quality improvement projects in relation to falls, and revival of the existing falls proforma. Feedback regarding the use of the Falls Proforma included extra/duplication of documentation for nursing staff, whether it would replace clinical notes documentation and lead to confusion with the possible launch of the Falls Assessment Form. Initial feedback from junior clinicians was extremely positive, finding the tool extremely helpful. A trial of the falls proforma is being undertaken at UHL which will be resubmitted to the Falls Delivery Group for further consideration. It will also be used for further education including induction, and discussed as part of the All Wales National Falls Group. In addition, forming part of the Health Board's 6 Goals, Lakeside Wing Wards 1 and 2 are part of the Get Up, Get Dressed, Get Moving campaign to reduce deconditioning and associated patient falls risk whilst in hospital.

Pressure and tissue damage reduction and prevention

The Clinical Board continues to learn from all avoidable and unavoidable healthcare acquired pressure damage. The Clinical Board's Pressure Damage Learning and Scrutiny Panel is well embedded and supports Ward Sisters/Senior and Lead Nurses to engage in the decision making, and identification of learning to share more widely across the Clinical Board.



From 01st March 2023 to 30th September 2023 the Clinical Board reported 18 cases of avoidable healthcare acquired pressure damage as NRIs. This is a slight increase from the same time period last year where 11 avoidable healthcare acquired pressure damage cases were reported. The increase has in part been attributed to focus on the timely completion of the pressure damage focused reviews.

The Focused Pressure Damage reviews and subsequent discussion at the Clinical Board's Learning and Scrutiny panel, identified key learning and themes around timely and accurate mattress selection, heel off loading, TVN (Tissue Viability Nurse) advice, the completion of Purpose T risk assessments in line with best practice and documentation to reflect a patient's reluctance for

Chilcott,Rachel 20/11/2023 16:08:17

intervention. Significant work is being undertaken to improve overall education around pressure damage prevention and treatment across the Clinical Board with the support of Practice Educators and the Tissue Viability Team.

Improvement is monitored via Tendable (Tendable is an electronic tool which enables staff within clinical areas to undertake specific Core Standards or Care Specific audits and monitor compliance with key requirements) with Clinical Board oversight. In September overall, the Clinical Board reported 90.3% for the correct treatment, interventions and documentation for pressure damage. Areas of excellent compliance were noted in the areas of C4 Stroke, West 2, Sam Davies Ward and SRC (Stroke Regional Centre) who consistently report 100%. For those areas where improvement is required, action plans have been put in place with Senior and Lead Nurse oversight to monitor improvement.

Safeguarding

All safeguarding referrals relating to community concerns, or raised against staff working within the Clinical Board are subject to the required level of investigation and scrutiny to ensure safe care is provided. Investigations are led by Health Lead Professionals (HLP), with appropriate actions taken and shared more widely if required. The Clinical Board is currently investigating 21 safeguarding referrals, 3 of these relate to avoidable healthcare acquired pressure damage. The Clinical Board has key links with the Safeguarding Team to ensure openness and transparency, and safeguarding remains a standing agenda item on the QSPE Committee agenda.

Work is currently being undertaken within Emergency Medicine and the creation of Cyfannol; a multi-agency safeguarding hub located within the Emergency Unit to support those vulnerable patients visiting the Unit.

The Clinical Board has implemented Safeguarding review clinics led by the Head of Safeguarding and the Director of Nursing. This requires each HLP to discuss their open cases and any issues preventing closure to enable timely closures and learning from referrals.

Infection, Prevention and Control

The Clinical Board is fully engaged with the expected reduction figures for all healthcare acquired infections and the challenge this brings to promote safe and clinically effective care. Environmental, Hand Hygiene and Bare Below the Elbow, in addition to IP&C audits on Tendable are undertaken monthly to ensure standards are maintained.

The Clinical Board IP&C Group has been re-introduced and meets bi-monthly. The purpose of these meetings is to drive forward the UHB Infection, Prevention and Control agenda within the Clinical Board with multidisciplinary input and assign specific responsibilities. The Terms of Reference include the review of care delivered to ensure it is safe, timely, effective, efficient, equitable, person centred with governance measures in place. Shared learning from all healthcare acquired infections and investigations forms part of the QSPE and IP&C Group agenda, with the Group determining actions for improvement, working collaboratively across the multidisciplinary team to deliver action-based outcomes to improve patient safety.

From 01st April 2023 – 30th September 2023 the Clinical Board reported 64 healthcare acquired infections.

Gillcott,Rachel
20/11/2023 16:04:47

Clostridium Difficile

17 incidents of C. *Difficile* were reported for the Clinical Board from 01st April 2023 – 30th September 2023. Based on the same period in 2022 – 2023, a 27% increase has been noted. The

investigations and discussion with Infection, Prevention and Control identified the increased use of antibiotics and acuity of patients is a significant contributory factor to the increase noted.

The Clinical Board is committed to improvement initiatives around reducing antimicrobial resistance. It has an Antimicrobial Lead Consultant supporting antimicrobial stewardship (AMS) initiatives. Antimicrobial pharmacist / microbiologist led ward rounds in areas focus on the reduction / cessation of broad-spectrum antibiotics and prompt IV to oral switch. The ARK (Antibiotic Review Kit) chart is in use and has a dedicated section for antimicrobial prescribing and forces a review and revise approach at 72 hours. Pharmacist led audits of in hospital antimicrobial prescribing against the recommended standards are conducted on a quarterly basis and provide benchmarking. The latest audit results show improvement in some areas (92.3% adherence to guidance on average) but there is still room for improvement around recording of indication, review within 72 hours and only 50% of antibiotic prescriptions had a duration / review date recorded. These audits are fed into our QSPE structures.

MSSA

8 incidents of MSSA were reported for the Clinical Board from 01st April 2023 – 30th September 2023. The investigations and discussion with Infection, Prevention and Control identified causes secondary to PVC/CVC, chest/cardiac and urinary/renal. Practice Development Nurses plan to address ANTT (Aseptic Non-Touch Technique) compliance with a blended approach, focusing on ward-based assessors and central assessment sessions to improve standards.

MRSA

1 incident of MRSA was reported for the Clinical Board in September 2023. This is the first case since July 2022. Early review suggests this may have been community acquired.

E Coli

27 incidents of E Coli were reported for the Clinical Board from 01st April 2023 – 30th September 2023. Investigations and discussion with Infection, Prevention and Control have identified these as mainly attributed to urinary/renal and biliary/abdomen sources. Based on the same time period in 2022 – 2023, a 30% increase is noted.

Klebseilla

9 incidents of Klebseilla were reported for the Clinical Board from 01st April 2023 – 30th September 2023. Based on the same time period 2022 – 2023 a 0% increase has been seen. The investigations and discussion with Infection, Prevention and Control identified these were predominately urinary and biliary sources.

Pseudomonas

2 incidents of Psuedomonas were reported for the Clinical Board from 01st April 2023 – 30th September 2023. The investigations and discussion with Infection, Prevention and Control identified these to be PVC/CVC sources.

The Clinical Board continues to see clusters of patients and staff testing positive for Covid-19 resulting in Covid-19 Outbreaks and Incidents. In line with Delivery Unit changes for healthcare acquired Covid-19 deaths, to date the Clinical Board have investigated two inpatient deaths and presented to the UHB Covid-19 scrutiny panel where it was agreed that there were no acts or omissions causative or contributory of the patient's death.

Staffing

Nurse staffing remains one of the highest Clinical Board risks. Mitigation includes posts advertised in a timely manner with the authorisation of vacancies reviewed efficiently. Recruitment events are undertaken, with ongoing overseas recruitment, adaptation programmes, student streamlining and staff return to practice. A staff risk framework is completed daily by the Clinical Board and shared at daily OPAT UHB meetings. The new exit questionnaire has to date not picked up any themes.

Medicine Clinical Board consists of 1715.77 WTE staff. The Clinical Board currently has a 10.50% turnover rate and cumulative sickness rate reported for September as 6.51% which is noted to be an improvement. The current Registered Nurse vacancy factor across the Clinical Board is 12%. There has been active, ongoing recruitment alongside generic recruitment, student streamlining and overseas nurses.

Some examples of staff experience feedback in Tendable include:

1. 87.5% colleagues reported they could take a break during their last shift
2. 100% colleagues reported they had enough clinical items/equipment available to do their jobs effectively
3. 100% colleagues report they were satisfied with the standards of care they provided during their most recent shift
4. Examples where staff have reported they were not satisfied with the standard of care they have been able to provide on a particular shift and struggled to take a break secondary to pressures within the clinical area at the time.

The Clinical Board inpatient wards are reviewed against the All Wales Nurse Staffing acuity data. Health Roster Standards and Measures are in place with Safecare (Safecare is a tool used to monitor how many staff are on the ward and identifies gaps and risks, as populated by each clinical area) completed twice a day and monitored for compliance. An example taken from CAV Nursing Safecare Dashboard for September:

Work continues within the Clinical Board looking at different roles and workforce models to release the Registered Nurses' time and ensure the workforce is fit for purpose. This may challenge the current traditional model of the nursing workforce however the difficulties in recruiting Registered Nurses is widely recognised, so exploring different workforce models is necessary in order to keep our patients safe.

Trainee grade staffing provides challenges year to year, but the risks resulting from trainee gaps are mitigated as far as is possible by the Workforce Hub. These risks are challenging given the un-commissioned bed base open and the need to appropriately staff these areas.

The importance of staff appraisal cannot be underestimated. The Clinical Board and Directorates are working hard to improve compliance with Values Based Appraisal and pay progression. This is currently being reviewed by the Clinical Board to improve compliance. The current position is as follows:

Emergency and Acute Medicine	54.39%
Integrated Medicine	65.31%
Specialised Medicine	66.93%
MCB Management	44.44%
Clinical Board Total	**62.42%**

Chilcott,Rachel
20/11/2023 16:08:47

Medical Staff Appraisal **84.78%**

Staff engagement

The Clinical Board is fully engaged with the UHB's values and behavours and has strategies in place to manage staff who fail to meet the expected standard. The Clinical Board supports the UHB's commitment for talent management and leadership and recognises the importance of creating the right vision and environment for change to enable teams to improve the experience of patients and staff. Some examples of this include:

- Tara Rees won Nurse of the Year and the Advanced and Specialist Nursing Award from the Royal College of Nursing Wales
- Dr Benjamin Jelley Clinical Audit Champion
- Ward Sister Suma John was invited to present at Chief Nursing Officer Conference.
- Cystic Fibrosis Pharmacy Team runners up at Welsh Pharmacy of the Year Awards

The Clinical Board recognised success at its Celebration Event held in September. Many excellent examples of innovative practice were shared demonstrating improvements in the quality and safety of the care we provide. Winners included the Medical Same Day Emergency Care team for partnership working and the Stroke Clinical Nurse Specialist Team for Team of the Year.

Mortality reviews

Mortality reviews are routinely undertaken by Directorates in line with the All Wales Checklist. A proportion of Mortality Level 2 reviews undertaken are shared at Directorate Quality and Safety meetings as a means of shared learning and to take forward improvements. The Clinical Board engages fully with the Independent Medical Examiner review process and sits on the UHB Mortality Group with feedback shared at Clinical Board QSPE meetings. The Clinical Board is working with the Patient Safety Team to review and strengthen its processes around mortality reviews.

The Clinical Board has utilised the Business Intelligence System to develop an Emergency Unit (EU) mortality dashboard. This allows further analysis of our mortality data, including mortality around sepsis, stroke and breaches of 8 and 12 Hours. Going forward the Clinical Board intends to routinely capture its mortality data across the Clinical Board to increase scrutiny, learning and improve assurance.

National Audit

Whilst there are pockets of good practice in taking forward learning gained from national audits and undertaking local clinical audits, the Clinical Board recognises this is an area for improvement. Each Directorate has an Audit Lead and the Clinical Board intends to undertake a review of these roles and its processes around national and local clinical audit before the end of the current financial year. This will focus on developing an annual audit plan for the Clinical Board that incorporates audits linked to its patient safety priorities, ensuring that the Clinical Board is learning from the benchmarking of performance that national audit provides, and developing improvement plans where appropriate.

The Clinical Board has presented to the UHB Clinical Effectiveness Committee on the National Audit of Inpatient Falls and Sentinel Stroke National Audit Programme (SSNAP) and examples of the local clinical research/audits undertaken are:

Chilcott, Rachel
20/01/2023 16:08:47

- Assessment of Blood Pressure (BP) Measurements of Older People in Hospital (including postural BP concordance)

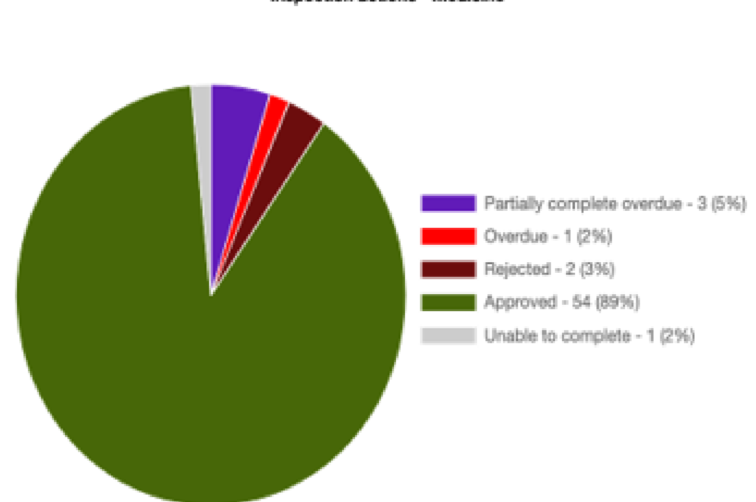
- ❖ Assessment of Hyperglycaemia in Patients Taking Steroids
- ❖ Lupus staff and service user evaluation
- ❖ Post-colonoscopy Colorectal Cancer JAG (Joint Advisory Group) Quality Assurance Standard
- ❖ Society of Acute Medicine Benchmarking Audit 2023

AMaT (Audit Management and Tracking) is key to this area and the Clinical Board has been driving the use of this system not only for audit, service evaluation and quality improvement but also to store and monitor its improvement plans relating to Healthcare Inspectorate Wales (HIW) / Community Health Council (CHC) / Health Education and Improvement Wales (HEIW) visits, NRIs, Concerns / Claims and Service Improvement.

The following inspections / visits have taken place within the Clinical Board and all improvement plans are stored on AMaT and presented at QSPE Committee:

- HIW: Emergency Unit, A7 (Gastroenterology), WAST and Patient Flow
- HEIW: Gastroenterology and Integrated Medicine
- CHC: Alcohol Treatment Centre, Emergency Unit, St David's

Three walkrounds have been conducted within the Emergency Unit following the HIW visit that took place in June 2022, providing assurance around actions taken. The below AMaT chart demonstrates current progress with actions following HIW inspections.



Patient Safety Advancements

The Stroke Service is now using the Brainomix e-stroke Artificial Intelligence decision tool for stroke imaging across the UHB. This is a huge step forward in the stroke pathway, and we are the first Health Board in Wales to reach this stage of implementation. This supports doctors by providing real-time interpretation of brain scans to help guide treatment and transfer decisions for Stroke patients allowing more patients to get the right treatment in the right place at the right time. In addition, the Visionable One Pre-Hospital Video Triage for Stroke launched in September. The virtual triage project is focused on supporting WAST clinicians with pre-hospital advice and triage for suspected stroke patients which aims to improve patient outcomes, patient satisfaction and reduce mortality associated with Stroke.

A business case is currently being progressed to support a Respiratory Ambulatory Care Unit (RACU) model based in UHL. A RACU model represents a forward thinking, patient centred model of delivering care which has proven to be successful in other areas of the UK. RACU will facilitate joined up care based on 'home first' avoiding harm, waste and variation empowering people and delivering outcomes which matter to patients. It will also serve to offer a sustainable service which

Chilcott,Rachel
20/11/2023 16:08:47

provides the right care, in the right place first time and be central to managing demand and capacity within the Respiratory team. Patients discharged from an inpatient respiratory ward or under the care of a Respiratory Consultant can be followed up in RACU which has been evidenced to significantly reduce length of stay, leading to a potential reduction in inpatient beds.

Person Centred Care

Since the launch of Civica Once for Wales Patient Experience platform in October 2022, as at the end of August 2023, 19,852 patients within Medicine Clinical Board have been contacted. 21% of these patients presented via the Emergency Unit. Within this time period a response rate of 20% was received. Examples of responses are noted below:

When patients were asked to rate their overall experience **85.16%** of **3,444** patients rated their experience as **good / very good** or rated it **7 or more** on a scale of 0 to 10.

When patients were asked if they felt well cared for or if staff were kind and caring **76.59%** of **2,939** answered always.

A selection of comments left by patients within Medicine Clinical Board:

> Prompt referral by GP to MEAU at Llandough.A very long wait (busy day following Bank Holiday) but kind and professional care. Transferred to Heath Hospital 2 days later , stent fitted and discharged the following day. All very efficient.

> From the time I entered the A&E waiting area I felt very comfortable and relaxed in the surroundings. I was called for treatment very promptly within 20 mins of arriving and the whole treatment analysis process to having X-rays to final physiotherapist consultation was very professional.

> The system as a whole took too long to get a colonoscopy. I was told in April/early May by my GP they recommended I have a colonoscopy ASAP after my stool samples results. I then had to see two different consultants before I was referred for a colonoscopy. The earliest urgent appointment was end of June. Got my diagnosis of Crohn's disease the same day. So the system as a whole had too many barriers and hoops but I do understand the reasons behind and pressures on the NHS.

Concerns

Concerns between 01st March 2023 – 30th September 2023

Chilcott, Rachel
20/11/2023 16:08:47

The management of concerns remains a key priority for the Clinical Board. Tracker meetings across all Directorates are well embedded and captured via the Clinical Board tracker database. This system provides overview, prompting timely responses and actions when delays are identified. Other actions to improve the management of concerns include training for Investigating Officers, improved partnership working with the Patient Experience Team and early closure of concerns.

The Clinical Board aims to resolve all concerns by Early Resolution with contact from the relevant Ward Sister/Charge Nurse/Manager, Senior/Lead Nurse or clinician. From 01st March 2023 – 30th September 2023 the Clinical Board has responded to 247 concerns managed through Putting Things Right and 324 via Early Resolution. This is an improvement from the same time period the previous year where a total of 926 concerns were responded to. The themes and trends relate to communication, waiting times for referral/appointments, insufficient/incorrect treatment or assessment. Overall compliance for both Putting Things Right response and Early Resolution was reported as 61% on 12th October 2023; this is a slight deterioration from the same time period the previous year where 82% compliance was reported. Focused work is continuing around the timely completion of all concern's responses.

Case reviews are undertaken as part of Directorate Quality and Safety Groups to share any potential learning and themes. 'Learning from Events' and feedback from Welsh Risk Pool are shared at Clinical Board QSPE to inform shared learning and improve outcomes.

Patient Experience

All areas of the Clinical Board are engaged with the Patient Experience Framework.

The Clinical Board shares a patient story and compliments at Clinical Board QSPE each month to share good practice, highlight areas for improvement and learning outcomes. An example of a compliment recently shared at QSPE:

'On behalf of myself and my husband I would like to recommend Ward Sister Sarah Fergusson for the highest award the NHS can give, together with the amazing team on C4 Stroke Unit. My husband suffered a major stroke early February, the ambulance arrived within 8 minutes and the Emergency Unit had thrombolysis treatment ready promptly when he arrived. Michael was transferred to the Stroke Unit where he received exceptional care under the guidance of Dr Tom Hughes. When Michaels condition deteriorated it was Dr Hughes swift action in alerting surgeons and arranging a craniotomy procedure. This undoubtedly was the reason for my husband's amazing progress, and possibly instrumental in saving his life. Dr Hughes was extremely generous with his time, and was there for me to contact whenever I had any concerns.

Following surgery my husband spent 2 months on C4 where he received the highest level of care and support. The amazing leadership of Ward Sister Sarah Fergusson seemed to inspire a wonderful caring attitude in all her staff. Through difficult times when my husband suffered frightening nightmares, confusion and mental conflict the staff were tireless with their reassurance and understanding.

I should also mention Dr Shetty, who also inspired my husband and gave him hope of recovery through the principles of neuro-plasticity, and the work of the Early Discharge Team who have given such care and support since his discharge at the end of March.'

Timely Care

Emergency Unit

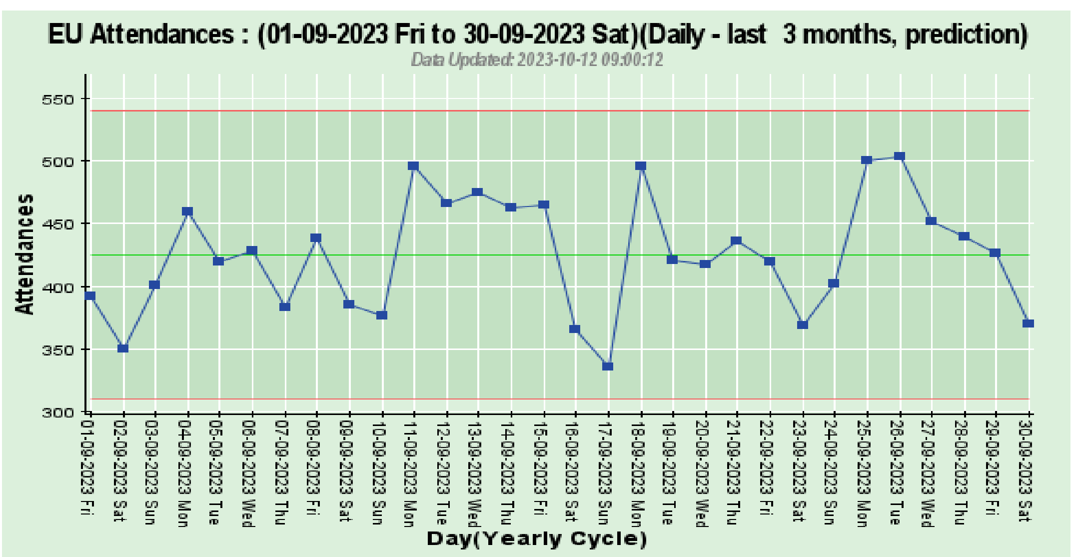
Significant transformational work is being progressed across the Emergency Unit (EU) footprint. The relocation of Acute Medicine has provided EU with the opportunity to reassess its footprint and associated clinical model. This will improve patient care, staff well-being and engagement and overall delivery of emergency care. Part of this re modelling includes the opening of both adult and paediatric Clinical Decision Units. These will provide emergency observational care for both adults

and paediatrics up to 24 hours, ensuring continuity of care, improved patient flow, reduced transfers and reduced admissions.

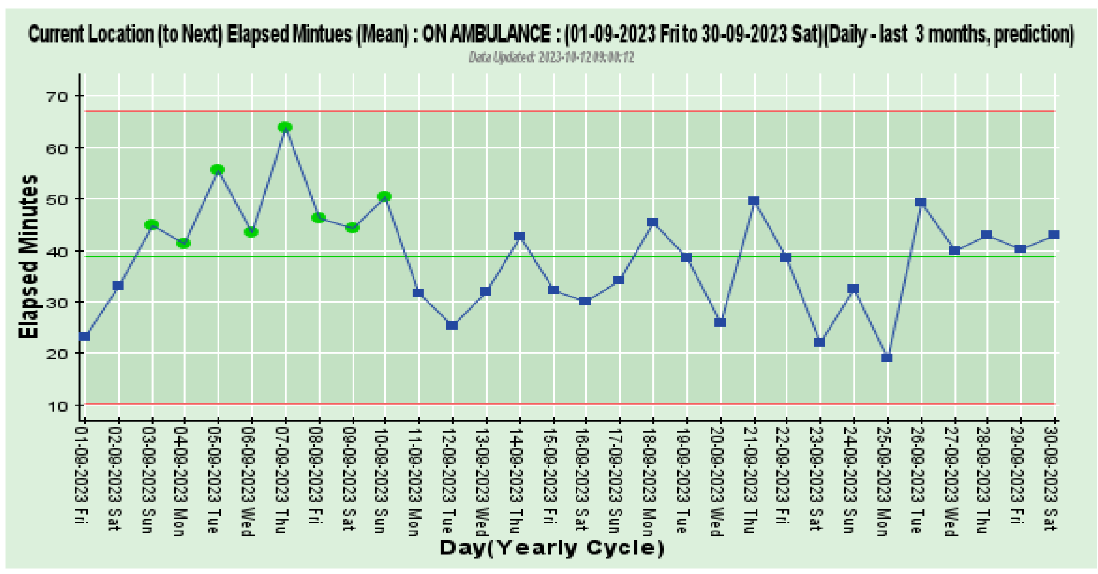
The EU 'front door model' is being revamped to support senior decision makers to provide RATZ/Streaming and Redirection from 08:00 – 00:00 daily. This area will be front loaded with senior decision makers to facilitate rapid triage, assessment, early decision making and treatment initialisation of ambulatory and minor injury patients who should be in the department for no more than 4 hours. This new area is fundamental to the efficiency and safety of the ambulatory areas, ensuring patients access the right care from the right place. Without this function there is a significant risk the ambulatory areas remaining congested and clinically unsafe.

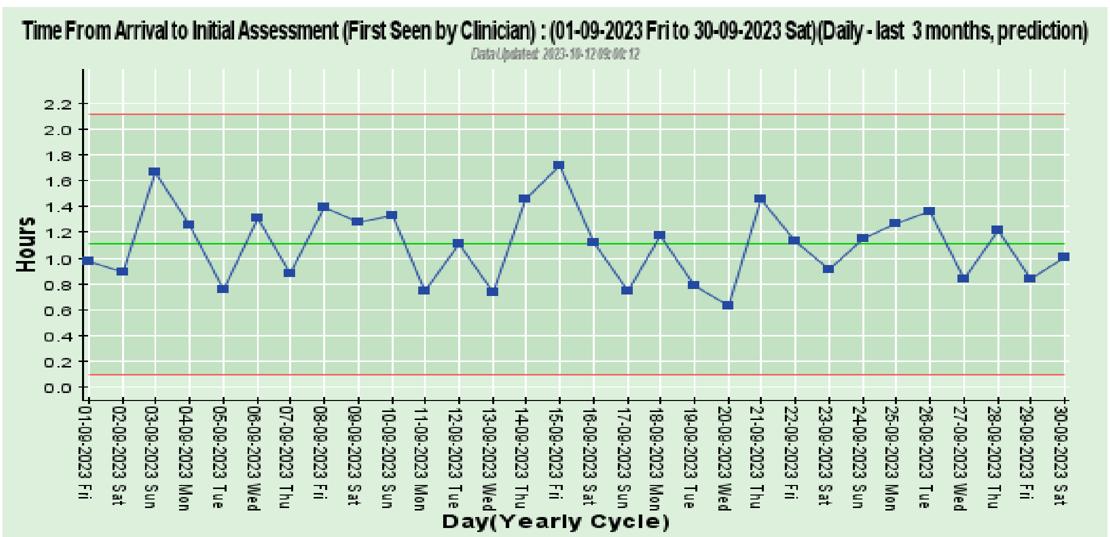
Digital transformation work to enable task and workflow management within EU is progressing. This includes the development and integration of an Emergency Department Patient Management System to compliment the current EU Workstation. The system is a bespoke model specifically designed to manage the patient database, performance metrics, work flow and escalation procedures for both adult and paediatric patients within EU. The implementation of this system is critical to support efficient processes to deliver high quality patient care and will enhance the ability of EU to achieve both performance and quality and safety metrics.

E-Whiteboard allows areas to better manage patients referred from EU. It highlights patients in the area, clinical urgency and current status. This is currently used by Medicine and Surgery and will shortly expand to General Paediatrics. This allows for safer referral processes and audits of process.



Chilcott,Rachel
20/11/2023 16:08:47





Assessment Unit

Since relocation of its assessment units, the Clinical Board is currently reviewing the new model, recognising that some patients have highlighted poor patient experience within the new footprint, specifically on A1L. The team is identifying how it can improve ways of working to reduce the time patients wait to be seen and to avoid over congestion in the waiting area which has been a recent common theme.

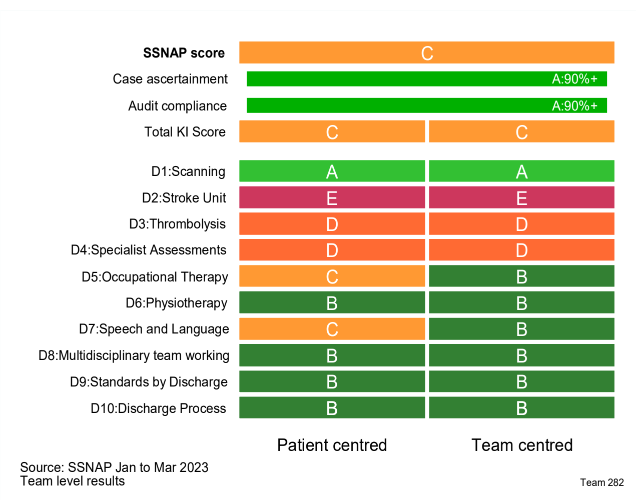
Welsh Nursing Care Record

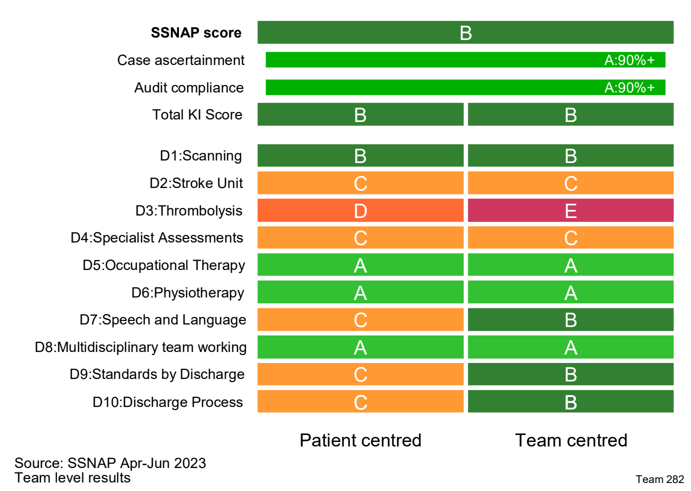
The roll out of the Welsh Nursing Care Record continues within the community hospitals, improving efficiency and bolstering patient safety and quality of care. The Welsh Nursing Care Record allows the streamlining of administrative processes for our healthcare staff allowing more time to focus on patient care.

Stroke

SSNAP and Stroke Performance Monitoring UHW for January – March 2023 reported a SSNAP score C, this has improved from April – June 2023 to B.

Chilcott,Rachel
20/11/2023 16:08:47





Improvement has been noted in Door to Ward timeliness with patients reported as arriving on the Stroke Unit UHW at 67.9% in September with the median time reported as 03:52 hours. 80.5% of patients were seen by a Stroke Consultant within 24 hours, 91.0% by a Stroke Nurse within 24 hours and 83.3% received a swallow screen within 4 hours of presentation. Improvement opportunities remain around the scanning of patients within an hour of arrival which was reported as 46.7% for the time period April – June 2023, and the number of patients thrombolysed which was reported as 7.5% for the same time period.

Stroke Performance monitoring includes:

- Individual patient breach analysis
- Monthly Directorate and Clinical Board Executive reviews
- Monthly touchpoint meetings with NHS Executive around the specific improvement plan for Door to CT and Thrombolysis rates
- Quarterly SSNAP reports
- Stroke QSPE meetings

Endoscopy and Gastroenterology

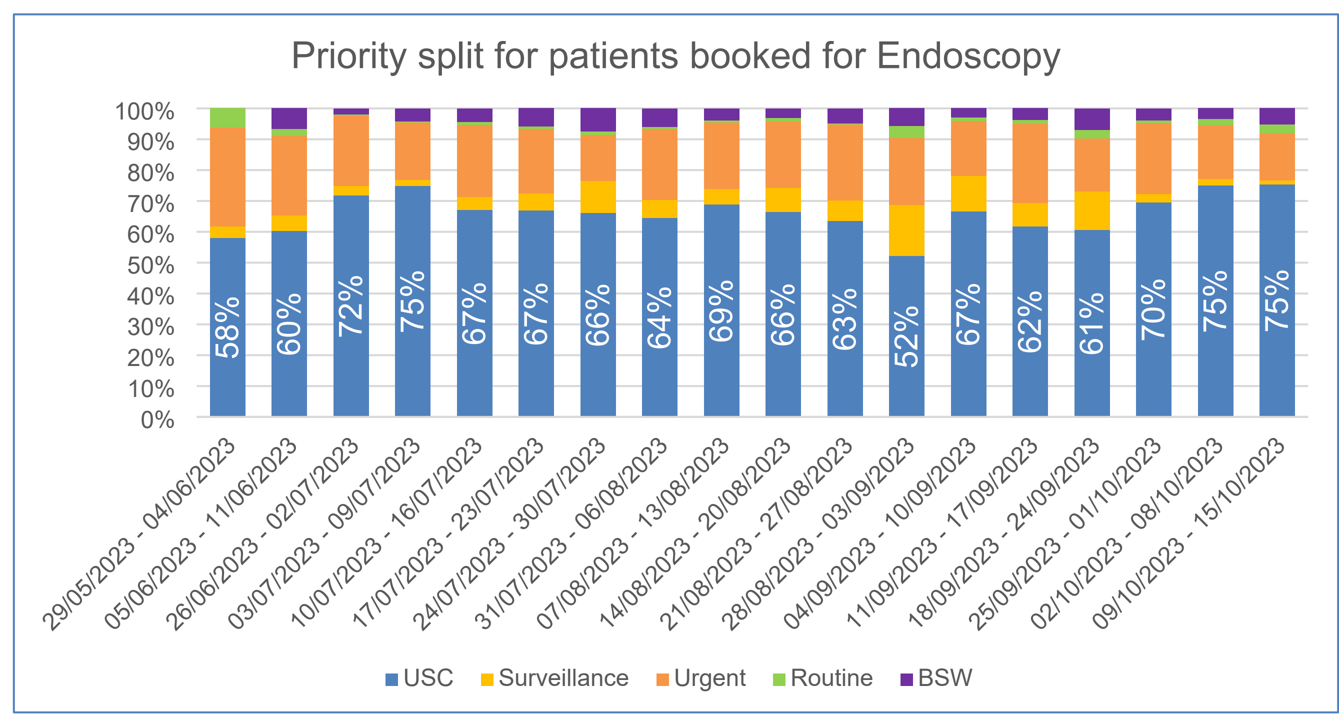
Following the Covid-19 pandemic, the Endoscopy and Gastroenterology service has been under significant pressure to schedule patients for a variety of endoscopic and colonoscopy procedures secondary to:

- Reduced capacity throughout the pandemic as a result of Covid-19 guidance (AGP generating procedures) affecting the total number of patients that could be scheduled
- Changes to cleaning protocols during the Covid-19 pandemic delaying theatre capacity and turnaround (protocols have now returned to pre COVID cleaning standards which are proportionate and safe)
- Suspension of non-essential procedures in the initial stages of the Covid-19 pandemic increasing the backlog of patients
- Lack of capacity in the endoscopy units, currently being right sized through the endoscopy expansion business case
- Global demand or patients exceeding available capacity
- Nursing workforce shortage pre Covid-19 which allowed for staffing of 3 theatres rather than the 4 in operation for the last 12 months at UHL.

Chilcott,Rachel
20/11/2023 16:08:48

In 2021, as a result of the risks recognised surrounding the Endoscopy service, an overarching action plan to manage and mitigate the risks was developed, some of these actions remain open. Currently (October 2023) the Endoscopy department has over 6,000 patients on surveillance, diagnostic, therapeutics or Bowel Screening Wales (BSW) waiting lists. Secondary to the current

capacity and demand constraints the service has had to prioritise varying demands. Currently the focus is on the Urgent Suspected Cancer (USC) patient cohort.



Four of the Clinical Board current NRIs relate to Gastroenterology delays for treatment, surveillance and cancer diagnosis with Patient Safety Learning Reviews in progress. The Gastroenterology team is currently reviewing the overarching action plan with weekly meetings to ensure appropriate actions are defined, progressed and monitored via AMaT and Directorate/Clinical Board QSPE structures.

Efficient Care

E-Triage

Emergency Medicine are in the process of implementing e-Triage for patients presenting to the Emergency Department, it is anticipated that this will be in place before the end of the current financial year. E-Triage will allow patients to enter their demographics and history into e-Triage tablets and be asked simple, easy to read questions which react in real-time to take an accurate and safe clinical history. This process takes approximately 3-4 minutes to complete which safely reduces Emergency Department waits. The clinical history provided by the patient is auto-triaged aligned to the Manchester Triage System identifying those patients who need to be seen clinically first. If a patient flags as a medical emergency staff are alerted immediately to take appropriate action.

6 Goals

As part of the Health Board 6 Goals, Lakeside Wing Wards 1 and 2 are participating in the Get Up, Get Dressed, Get Moving campaign to reduce patients deconditioning whilst in hospital, with great engagement from all multidisciplinary team members.

The education needs of staff are being reviewed, linking in with falls, enhanced supervision and Dementia work including staff and patient questionnaires to aid in identifying and reducing knowledge gaps, and improving engagement. The addition of Tendable audit ‘End PJ Paralysis’ will also support our clinical areas and patients for falls prevention and deconditioning.

The Clinical Board have 7 wards that are ready for Bronze Ward Accreditation. Ward C4 Stroke Bronze Pathway commenced 28th September 2023.

Nursing Team	Tendable Core Standard and Core IPC Audit	Target	Tendable Care Specific Audit	Target	Tendable Senior/Lead/Midwife Audit	Target	Safecare Census Frequency %	Target	Ready for Bronze Pathway	Bronze Pathway Start Date
East Eight Ward Llandough - LE8	92%	83%	83%	50%	100%	50%	87%	80%	Ready	
C4 South - Stroke/Medicine	100%	83%	100%	50%	83%	50%	93%	80%	Ready	28 September 2023
East 6 Ward Llandough - LE6	100%	83%	100%	50%	83%	50%	81%	80%	Ready	
Sam Davies Ward Barry - SAM	100%	83%	100%	50%	67%	50%	83%	80%	Ready	
West 2 Ward Llandough - LW2	100%	83%	100%	50%	67%	50%	89%	80%	Ready	
East 4 Ward Llandough - LE4	92%	83%	100%	50%	50%	50%	91%	80%	Ready	
Older Persons Acute Medical Unit - A1S	100%	83%	100%	50%	50%	50%	96%	80%	Ready	

EU has secured funding for a Junior Clinical Fellow to support the creation and embedding of Hospital Health Pathways. These provide secondary care clinicians with access to a suite of localised pathways, reflecting the agreed pathways within the UHB and promote standardised ways of working to reduce duplication, inconsistency and confusion promoting a prudent approach to care.

Equitable Care

The Clinical Board recognises the challenges presented, particularly around technological advancements and biologic therapies to meet NICE Guidelines and deliver equitable care. For example, as a result of technological advancements in Diabetes management, new NICE Guidelines will set out a requirement that Hybrid closed loop systems (Insulin pumps) are offered as an option for people with Type I Diabetes who experience difficulty managing their condition. Accounting for the current resource of the pump team within Diabetes, the anticipated increase in the number of patients qualifying for the new technology, and the requirements which should be followed before commencing this treatment, the Clinical Board currently cannot comply with these Guidelines, and there will be an increase in the waiting list for pump therapy.

The Cystic Fibrosis (CF) team are working with Value Based Healthcare regarding bronchiectasis care and the patient journey through our services. This involves plotting care between all healthcare professionals in both primary and secondary care. It is presenting to the British Thoracic Society in December on re-designing the Bronchiectasis service around what patients want within a clinical care setting. As Cystic Fibrosis has been considered an exemplar they have been invited to work with WHSSC and the Lead CF Pharmacist around Clinical Outcome Measures looking at drugs versus value for money from high cost drugs such as CFTR modulator therapies.

The local paediatric population has increased, as has the expected standards of care due to the Paediatric Emergency Unit now delivering the Paediatric Major Trauma Centre service for South Wales. The new improved larger Paediatric Emergency Unit will bring the department in line with national capacity requirements for paediatric emergency units and acute paediatric assessment units.

CLINICAL BOARD GREATEST RISKS

The Clinical Board's highest risk, scoring 25, relates to Gastroenterology and endoscopy waiting times and cancer surveillance. As already referenced, there is an extensive waiting list resulting in patients waiting a significant amount of time for appointments, in some cases between 1 – 3 years, and there is a significant risk harm will come to patients as evidenced by the reported NRIs. The Endoscopy Action Plan to manage and reduce the risk is being reviewed and updated and includes clinical validation of the waiting list however further more sustainable measures are required to

Christopher Beach 27/11/2023 16:38:15

satisfactorily reduce the risk such as increased capacity and a digital solution to support the management of waiting lists.

The Clinical Board also holds high risks around stroke and timely thrombolysis and thrombectomy treatment as already detailed in the report and contained within the Board Assurance Framework.

Other high-level risks relate to:
- Speciality components of Gastroenterology – service with single handed operator (Home Parenteral Nutrition) (20↔)
- Rheumatology – increase in patients waiting over 52 weeks (20↓)
- Staffing – Nursing and Medical (16↓)
- EU flow (15↓)

Recommendation:

The Committee is requested to:

a) **NOTE** the assurance provided by the Medicine Clinical Board in this report and the steps being taken to improve quality, safety and patient experience across Medicine.

Link to Strategic Objectives of Shaping our Future Wellbeing:
Please tick as relevant

1. Reduce health inequalities	√	6. Have a planned care system where demand and capacity are in balance	√
2. Deliver outcomes that matter to people	√	7. Be a great place to work and learn	√
3. All take responsibility for improving our health and wellbeing	√	8. Work better together with partners to deliver care and support across care sectors, making best use of our people and technology	√
4. Offer services that deliver the population health our citizens are entitled to expect	√	9. Reduce harm, waste and variation sustainably making best use of the resources available to us	√
5. Have an unplanned (emergency) care system that provides the right care, in the right place, first time	√	10. Excel at teaching, research, innovation and improvement and provide an environment where innovation thrives	√

Five Ways of Working (Sustainable Development Principles) considered
Please tick as relevant

Prevention	x	Long term	x	Integration	x	Collaboration	x	Involvement	x

Impact Assessment:
Please state yes or no for each category. If yes please provide further details.

Risk: Yes

As outlined in report.

Safety: Yes

As outlined in report.

Financial: Yes

There can be a financial impact connected with inadequate quality and safety standards as a result of legal claims. Improving standards can lead to an increase in expenditure whether for staffing or digital / equipment solutions. Financial penalties can also be imposed where required standards are not met.

Workforce: Yes

As outlined in report.

Chilcott,Rachel
29/11/2023 16:08:47

Legal: Yes	
As above.	
Reputational: Yes	
There is a reputational risk for the Clinical Board and the organisation when quality, safety and patient experience is not satisfactorily delivered.	
Socio Economic: No	
Equality and Health: Yes	
As outlined in report.	
Decarbonisation: No	
Approval/Scrutiny Route:	
Committee/Group/Exec	Date:

Chilcott,Rachel
20/11/2023 16:08:47

Report Title:	To discuss the outstanding actions from the Ombudsman's annual letter			Agenda Item no.	2.3
Meeting:	Quality Safety and Experience Committee	Public	☆	Meeting Date:	28/11/2023
		Private			
Status *(please tick one only)*:	Assurance	Approval		Information	☆
Lead Executive:	Executive Nurse Director				
Report Author (Title):	Assitant Director of Patient Experience				

Main Report
Background and current situation:

The Public Service Ombudsman for Wales annually writes to each Health Board in Wales and provides an overview of trends, performance and key messages arising from activity in the Ombudsman's office over the previous year. The letters are published on the Ombudsman's website

A copy of the letter which is published on the PSOW Website [Annual Letters]section on website

The Annual letter was present to Board in September 23 and this paper outlines the further compliance with action

- *Update my office on how the Health Board has complied with the recommendations in our report: Groundhog Day 2: an opportunity for cultural change? by 1 December 2023.*

For Background the date from the Annual letter demonstrated that the Health Board was below the average for complaints received and investigated with Health Board average adjusted for population distribution.

Health Board	Complaints Received	Received per 1000 residents
Aneurin Bevan University Health Board	166	0.28
Betsi Cadwaladr University Health Board	225	0.33
Cardiff and Vale University Health Board	137	0.28
Cwm Taf Morgannwg University Health Board	134	0.30
Hywel Dda University Health Board	104	0.27
Powys Teaching Health Board	23	0.17
Swansea Bay University Health Board	137	0.36
Total	926	0.30

This is particularly pleasing when considered in the context of the numbers of concerns the Health Board received in relation to other organizations. We received some 4866 in this period and the percentage of people who approach the Ombudsman is 0.66% of people who raise concerns with the Health Board.

This graph shows the volume of complaints received by Welsh Health Boards themselves in 22/23, adjusted by per 1,000 population.

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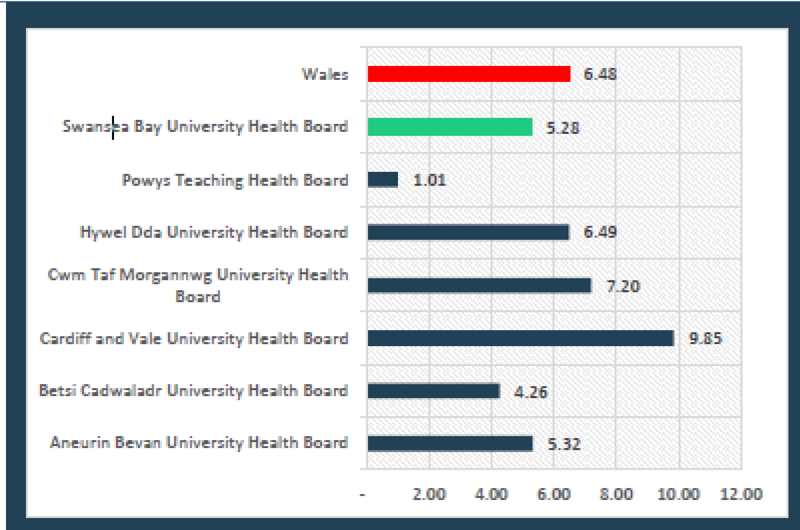
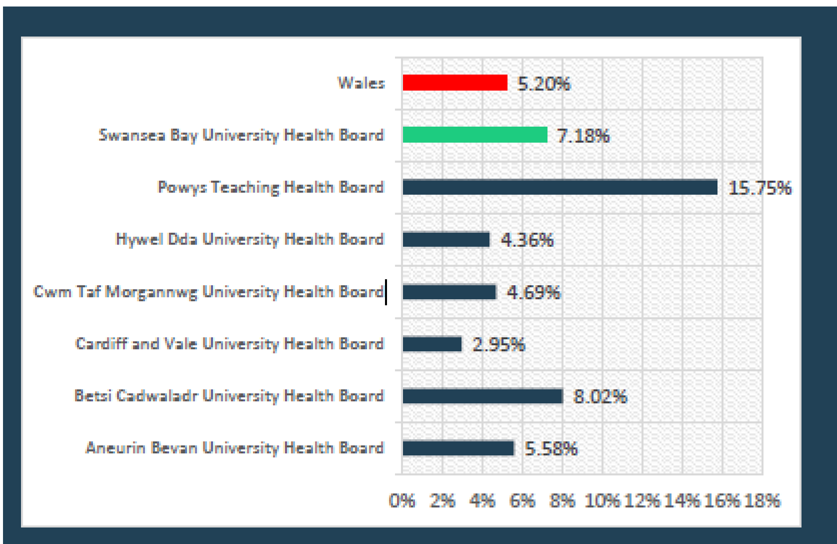
30/11/2023 16:08:47



This graph shows the volume of complaints received by PSOW about Welsh Health Boards in 22/23, as a proportion of all the complaints closed



Annual Letter actions

In response to the annual letter the Health Board was asked to take the following actions and these will be reported in detail through the Quality Safety and Experience Committee

- ***review the resources available to your complaints team-reviewed in this paper***
- ***review arrangements for accurately compiling complaints data reviewed in this paper***
- ***consider whether the option to provide staff investigating complaints with independent medical advice, is considered on a case by case basis***
- *reflect upon the lessons highlighted in this report when scrutinising their performance on complaint handling*
- *ensure that lessons learned from the PSOW's findings and recommendations are included in their Health Board's annual report on the Duty of Candour and Quality-**will be included***

The further actions are

Further to this letter can I ask that Cardiff and Vale University Health Board takes the following actions:

- *Present my Annual Letter to the Board at the next available opportunity and notify me of when these meetings will take place. -Completed*
- ***Update my office on how the Health Board has complied with the recommendations in our report: Groundhog Day 2: an opportunity for cultural change? by 1 December 2023.***

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- *Continue to engage with our Complaints Standards work, accessing training for your staff, fully implementing the model policy, and providing complaints data.*
- *Inform me of the outcome of the Council's considerations and proposed actions on the above matters at your earliest opportunity.*

The Ombudsman has been advised of the Board Meeting date and the review of the organisation's compliance with the recommendations in the report Groundhog Day 2: an opportunity for cultural change? This review will be shared through the Quality Safety and Experience Committee and the Ombudsman's office advised as per the request.

- *Update my office on how the Health Board has complied with the recommendations in our report: Groundhog Day 2: an opportunity for cultural change? by 1 December 2023.*

Responses

- ***review the resources available to your complaints team-reviewed in this paper***

CONCERNS

As a Health Board we are committed to listening to people who use our services, resolving their concerns where possible in a proportionate and empathetic manner. We aim to provide an effective and timely process for responding to concerns, which enables the Health Board to improve services based on lessons learnt, with the aim of achieving high quality, compassionate and effective care for all service users, whether in provided or commissioned services.

In order to achieve the aspiration, we have for a number of years contacted all complainants to agree the questions for investigation, this personal contact provides an opportunity to acknowledge and listen to concerns and the explain the process. We realised how confusing the redress process can be for people to understand so with every formal acknowledgement we provide a fact sheet explaining the process.

We have an SOP as below

Formal Concerns - Responsibilities of:

- **Concerns department**
- **Directorates**
- **Investigation Officer (IO)**

The Concerns Department will: -

- **On day of receipt, share the concern with the agreed identified directorate concerns leads within The Clinical Board.**
- **All concerns received via email will receive an automated acknowledgement, however, these should all be followed up with personal contact and a formal acknowledgement.**

Chilcott,Rachel
20/11/2023 16:08:47

Any letters that have come via post or any other means (not received via the mailbox) need to be acknowledged within 2 working days, including date of receipt.

- **Contact the complainant asap and agree the questions for the investigation and obtain consent* where appropriate.** ****consent is obtained to share the information with the complainant <u>not</u> to investigate the concerns therefore this should not cause any delay in the investigation.***
- **Send the complainant a letter outlining the questions (within 5 working days)**
- **Provide the directorate with a draft template which will detail the agreed questions (within 5 working days)**
- **Support Investigating Officers in obtaining comments from other areas, including external bodies.**
- **Review all final draft concern responses sent from the IO within 2 working days (If questions are not considered to be answered Concerns Co-ordinator will return response to the IO specifying additional information required)**
- **Draft reviewed to HOC or ADPE within 2 working days.**
- **Submit final draft from IO, once reviewed by Concerns Team, to Director of Nursing for final review and sign off.**
- **Advise the complainant if there will be a delay (outside timescales) explaining the reason for the delay, which must be provided by the IO**
- **Attend the weekly tracker meeting and update information and take actions as required during the meeting.**
- **Provide performance information to Clinical Board**
- **Support/arrange concern meetings in cases where a written concern response has not been provided**
- **Inform the IO if a meeting following the submission of a formal response has been requested and liaise with the family when dates and attendees have been provided by the Directorate.**
- **Produce a CD and issue the letter drafted by the Investigating Officer following a meeting**

The Directorates will: -

- **Review and consider how they wish to manage the concern.**
  E.g. – Should concern be redirected – if so this needs to be confirmed within 2 working days to ensure that the relevant area/clinical board is given sufficient time to investigate and respond in line with the PTR regulations
- **Initial consideration should be given as to whether this can be resolved under early resolution, (within 2 working days, including day of receipt) however, if there is an allegation of harm within the complaint; this <u>cannot</u> be managed informally and will require a formal response.**
- **Inform Concerns Team via email if informally managed following discussion with the complainant. Ensure outcome is clear in an e-mail to concerns Team or via completion of an Early Resolution Template**

Chilcott, Rachel 20/11/2023 15:08:47

- **Appoint an Investigation Officer –** ***It is good practice for IO to contact the complainant to inform them of their plans to investigate and to maintain openness and transparency***

The Investigating Officer (IO) will: -

- **IO to identify and request information required from all relevant parties including comments from other Clinical Boards and these should be incorporated into the response prior to submission to the Concerns Team. Comments should be requested as soon as possible.**

- **Consider if a meeting with the complainant/family would be appropriate to be followed up with a letter outlining discussions/actions agreed at meeting and concluding on Breach of Duty etc. (as per PTR regulations)**

- **IO to provide weekly updates to the directorate complaints Co-ordinator or directorate representative who will be attending the weekly tracker meeting. Update to include: - confirmation that concern will be responded to within set time scales and any problems which is hindering a timely response (within timescales) and identification of any appropriate additional support required to complete concern response.**

- **If there is a prolonged delay in providing a response the IO should contact the complainant to discuss the delay and agree a reasonable timescale or a date for a further update.**

- **Provide a full response to all questions identified on the template**

- **To include information re Breach of Duty+/- causation if known (i.e. did we do something wrong, did we omit to do something or did we do something that we should not have done). If a breach is identified, the response needs to include lessons learned, action taken/changes implemented to prevent a reoccurrence.**

- **IO to attend any follow up meetings requested and identifies and obtains availability of other attendees to share with the Concerns Team.**

- **Ensure lessons learnt learned are shared with relevant staff across the CB**

Draft responses should be completed within 20 working days and submitted to Cav Concerns mailbox - Cav.Concerns@wales.nhs.uk. This ensures that there is sufficient time for any appropriate review, any queries/amendments to be addressed.

The concerns team staff are a mixture of clinical, non-clinical and administrative staff. The teams are supported by 2 solicitors to advise re redress and a weekly redress panel. This is a fragile team due to the numbers of concerns raised and the high standard we expect of personal engagement with people who raise concerns. In every formal concern a meeting is offered to discuss the response. We rely upon the placement within the team of redeployed staff who for a period of time are unable to work clinically and they spend some time with the team they bring their clinical expertise and when they return to their workplaces they have a greater knowledge and understanding of the concerns process. The core team members have a high individual case load and provide a robust quality assurance process for concerns. We have one Ombudsman lead who also addresses the concerns for MS and MP concerns who reports directly to the Assistant Director of Patient Experience.

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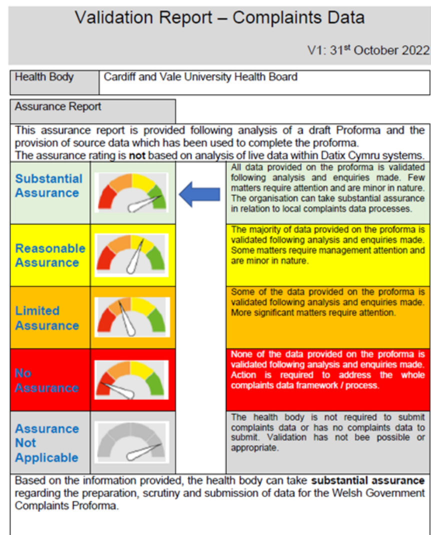
review arrangements for accurately compiling complaints data

The Welsh Risk Pool, at the request of Welsh Government, have undertaken a validation exercise of the 2022-23 Q2 and 3 quarterly complaints data prepared for submission by each health body.

The validation exercise was intended to provide support to each health body in relation to the assurance of local processes for the application of the requirements of the Putting Thing Right regulations, published definitions and guidance and the maintenance of accurate and consistent information within the Datix Cymru system.

The validation exercise consisted of verifying source data provided by the health body and comparing this to the prepared proforma, addressing variances or queries through liaison with staff within the organisation.

The validation report is presented using the standard approach to audit assurance ratings and contains recommendations to enhance local processes.


Validation Report – Complaints Data

V1: 31st October 2022

Health Body	Cardiff and Vale University Health Board

Assurance Report

This assurance report is provided following analysis of a draft Proforma and the provision of source data which has been used to complete the proforma.
The assurance rating is **not** based on analysis of live data within Datix Cymru systems.

Rating			Description
Substantial Assurance		⬅	All data provided on the proforma is validated following analysis and enquiries made. Few matters require attention and are minor in nature. The organisation can take substantial assurance in relation to local complaints data processes.
Reasonable Assurance			The majority of data provided on the proforma is validated following analysis and enquiries made. Some matters require management attention and are minor in nature.
Limited Assurance			Some of the data provided on the proforma is validated following analysis and enquiries made. More significant matters require attention.
No Assurance			None of the data provided on the proforma is validated following analysis and enquiries made. Action is required to address the whole complaints data framework / process.
Assurance Not Applicable			The health body is not required to submit complaints data or has no complaints data to submit. Validation has not bee possible or appropriate.

Based on the information provided, the health body can take **substantial assurance** regarding the preparation, scrutiny and submission of data for the Welsh Government Complaints Proforma.

We have continued to receive substantial assurance for our complaints data- this is achieved by on going weekly audits of the records to ensure the data is accurate.

Update my office on how the Health Board has complied with the recommendations in our report: Groundhog Day 2: an opportunity for cultural change? by 1 December 2023

To respond to this action, we considered the two reports

Annual-Report-and-Accounts-2022-23-19-07-2023-Auditor-signed.pdf (ombudsman. Wales)

Groundhog-Day-2-Report

As an organisation we have reflected upon the content of the reports and are keen to identify any learning opportunities. The consensus view was appreciation for the training provided by the Ombudsman in relation to the Complaints Standards authority which post-dates PTR- Putting Things Right but mirrors the elements of effective complaints handling and communication as embodied in both processes.

The report comments upon some key themes

A lack of openness and candour - clear evidence of maladministration or service failure not identified during local investigations
A lack of objective review of clinical care and treatment
Importance of timeliness and good communications
Acting fairly and proportionately – the need for robust investigations

Chilcott,Rachel
20/11/2023 16:08:47

The Health Board does make personal contact and keep people informed, if we think there is or may be a breach in the duty of care and / or qualifying liability we will consider if this can be addressed internally or if an external jointly instructed expert review is required. We will engage an independent clinical view where it is deemed appropriate to do so. The process for managing concerns is predicated by open and honest personal communication with people.

Points that would be helpful for Ombudsman to consider in any future reports may be:

- Organisations acknowledge the benefit of investing in independent expertise where appropriate. However, it would not be proportionate or financially viable for them to seek independent expert opinions on all or most cases. It would also cause unnecessary delays in responding to concerns.
- It would be helpful if the Ombudsman referenced in their annual reports the good practice identified by their independent experts.
- It would be helpful if the Ombudsman could provide explanations for the cases not investigated - this may also highlight good practice across organisations.

The Ombudsman's office will be provided with a copy of the paper

Executive Director Opinion and Key Issues to bring to the attention of the Board/Committee:

The recommendations and review of the resources available to the Complaints Team and the compliance with the *recommendations in the report Groundhog Day 2* as outlined in the report note the fragility of the concern/ complaints team.

Recommendation:

The Board is requested to: Note the the contents of the report

Link to Strategic Objectives of Shaping our Future Wellbeing:
Please tick as relevant

Objective		Objective	
1. Reduce health inequalities	✦	6. Have a planned care system where demand and capacity are in balance	
2. Deliver outcomes that matter to people	✦	7. Be a great place to work and learn	
3. All take responsibility for improving our health and wellbeing		8. Work better together with partners to deliver care and support across care sectors, making best use of our people and technology	
4. Offer services that deliver the population health our citizens are entitled to expect		9. Reduce harm, waste and variation sustainably making best use of the resources available to us	
5. Have an unplanned (emergency) care system that provides the right care, in the right place, first time		10. Excel at teaching, research, innovation and improvement and provide an environment where innovation thrives	

Five Ways of Working (Sustainable Development Principles) considered
Please tick as relevant

Prevention		Long term		Integration		Collaboration		Involvement	

Chilcott, Rachel
20/11/2023 16:08:47

Impact Assessment:
Please state yes or no for each category. If yes please provide further details.

Risk: Yes

The review of compliance with recommendations will be undertaken	
Safety: Yes	
The Ombudsman provides an independent scrutiny of cases	
Financial: Yes	
The ombudsman can offer financial redress to people raising concerns	
Workforce: Yes/No	
Legal: Yes/No	
Reputational: Yes/	
There is significant reputational risk from Public interest reports	
Socio Economic: Yes/No	
e *Useful Guidance on the application of the Socio-Economic Duty can be found at the following link:* *The Socio-economic Duty: guidance | GOV.WALES* *(If this has been addressed in the main body of the report, please confirm)*	
Equality and Health: Yes/No	
Equality Health Impact Assessments (EHIA) are typically undertaking when developing or reviewing Health Board strategies, policies, plans, procedures or services. Do the proposals contained within the report necessitate the requirement for an EHIA to be undertaken? If so, please include the detail of any EHIA undertaken or the plans are in place to do so. *Useful guidance on the completion of an EHIA can be found at the following link: EHIA toolkit - Cardiff and Vale University Health Board (nhs.wales)* *(If this has been addressed in the main body of the report, please confirm)*	
Decarbonisation: Yes/No	
Has consideration been given to the delivery of proposals in accordance with NHS Wales Decarbonisation Plans. If so, please confirm the detail of issues considered and plans made. *(If this has been addressed in the main body of the report, please confirm)*	
Approval/Scrutiny Route:	
Committee/Group/Exec	Date:

Report Title:	Update of Healthy Eating Standards for Hospital Restaurant and Retail Outlets			Agenda Item no.	
Meeting:	Quality, Safety & Experience Committee	Public	x	Meeting Date:	28/11/2023
		Private			
Status (please tick one only):	Assurance x	Approval		Information	
Lead Executive:	Executive Director of Public Health				
Report Author (Title):	Principal Public Health Practitioner				

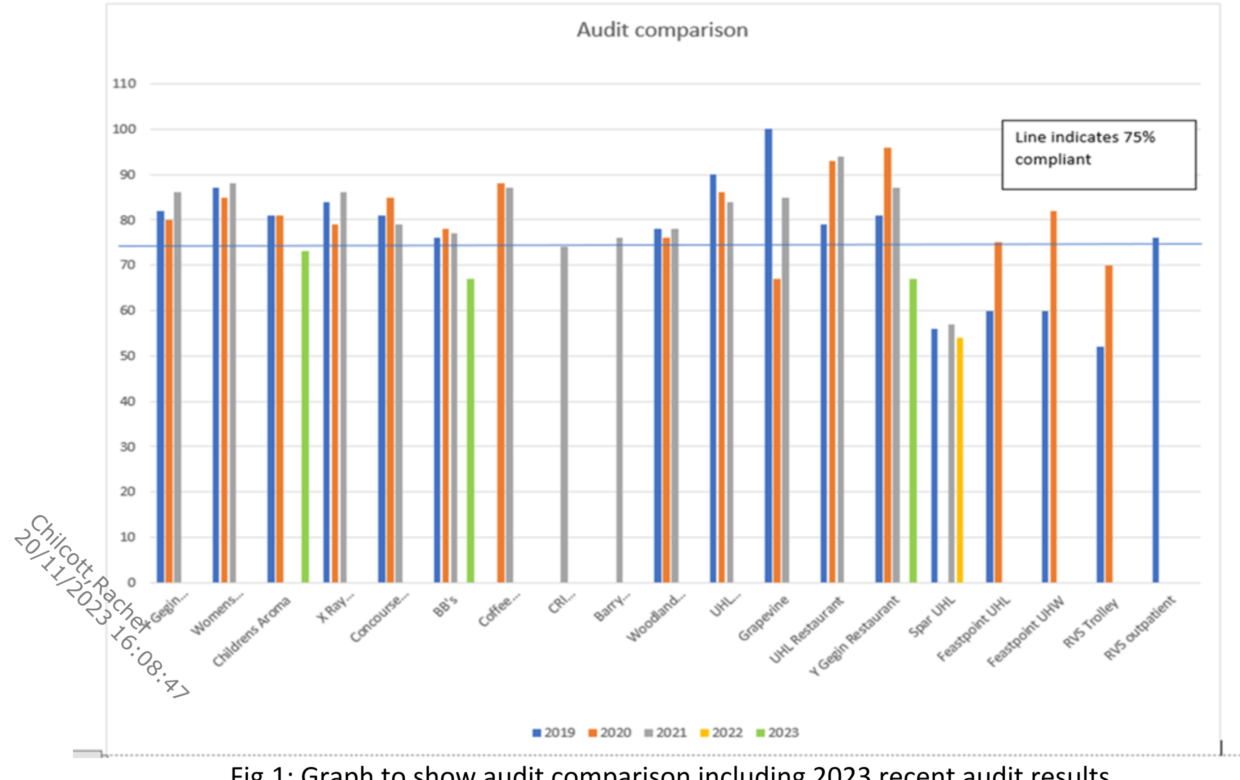
Main Report
Background and current situation:

Background
Cardiff and Vale University Health Board (UHB) formally adopted the Healthy Eating Standards for Hospital Restaurant and Retail Outlets in December 2015 and it remains the only Health Board in Wales implementing this approach, whereby a minimum of 75% of the food and drink on offer in our restaurants and retail outlets are classed as healthier options. This has been noted as best practice by the national Healthy Weight Healthy Wales Implementation Board and Steering Group members regularly engage with other Health Board areas to highlight the positive steps taken and share learning through development.

The *Healthy Weight Healthy Wales* strategy includes actions on creating healthy food and drink environments, with hospitals seen as a key setting in which to promote healthy options. Following the recent consultation on healthy food environments, new measures will shortly be in place which will revise how the nutritional contact of food is measured, limit the sale of sugary drinks and place restrictions on advertising high fat, sugar and salt food and drink products.

The Healthy Eating Standards for Hospital Restaurant and Retail outlets apply to all UHB-run restaurant and retail food outlets. In order to monitor compliance with the Standards, a robust audit process is in place and the workstream is driven by a Steering Group comprised of key stakeholders from across the UHB including Catering, Facilities Management, Dietetics, Procurement and Public Health.

Current Situation
Our latest audit across all outlets was in 2021, when average compliance was at 81% across all categories - hot food, cold food, drinks and snacks and confectionaries.

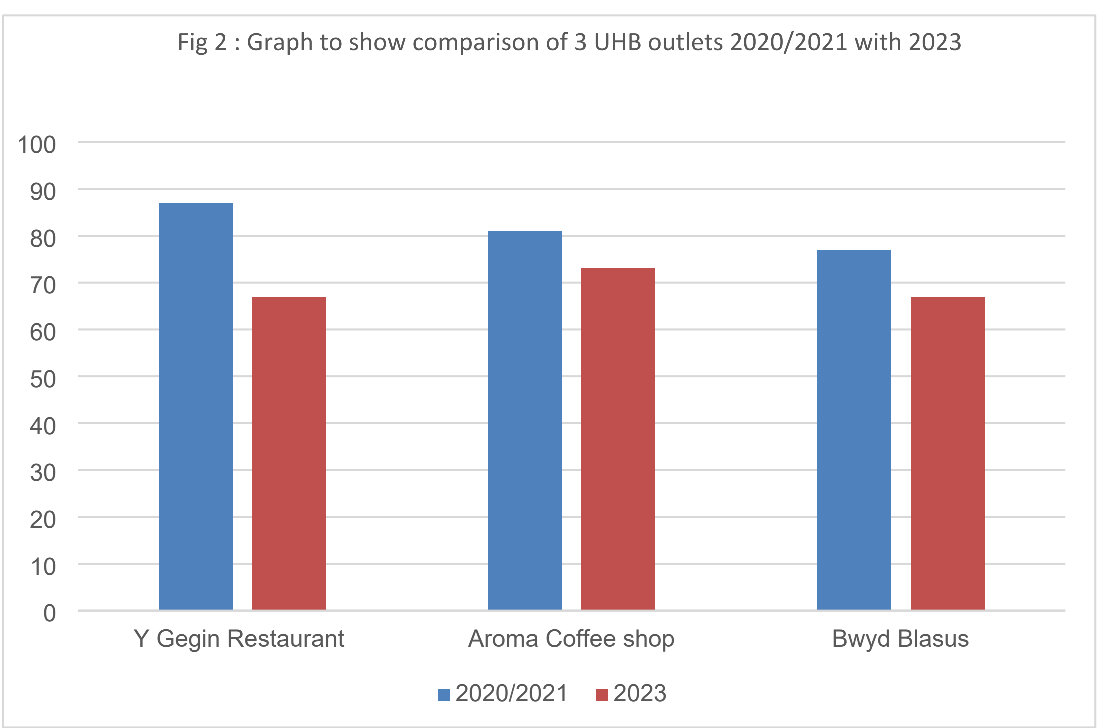


Chilcott,Rachel 20/11/2023 16:08:47

Fig.1: Graph to show audit comparison including 2023 recent audit results

We have postponed carrying out a full audit as we are developing a digital audit tool, which unfortunately, is delayed due to challenges with the software but we hope to launch the new tool by the end of the financial year.

Since 2021 however, there has been a decline in the number of compliant products for sale, see Fig 2, below. A recent mini audit on 3 of the outlets showed a marked decline in compliance, in particular due to the increase in less healthy snacks, confectionary and drinks that have been made available for sale.



Therefore, in discussion with the Corporate and Estates Department and in recognition of the current challenges we face in providing a healthy and sustainable restaurant and retail model, we have agreed to put in place temporary arrangements which will revise the overall compliance requirements including financial challenges downwards. For the next 12 months, we will audit against an overall compliance of 60% as opposed to 75%. However, vending will remain at 75% compliance – this provision is being monitored closely as a new supplier is due to go live this autumn.

We will monitor and review this arrangement on a quarterly basis and have put in place additional governance measures to link with the Head and Deputy Head of Catering on a monthly basis to monitor compliance. Results will be reported through the Nutrition and Catering Steering Group.

The Public Health Team will focus on the completion and roll out of the new digital audit tool along with work to identify purchasing trends and developing appropriate behavioral science interventions to continue to promote the healthy choice as the easy choice.

These standards do not apply to inpatient food provision, which must currently comply with the Welsh Government All Wales Nutrition and Catering Standards for Food and Fluid Provision for Hospital Inpatients (2011).

Executive Director Opinion and Key Issues to bring to the attention of the Board/Committee:

Chilcott,Rachel 23/11/2023 16:08:42

Due to the current financial pressures faced by Catering colleagues in the Corporate and Estates Department, it has been agreed to revise the overall compliance required by the Standards downwards as a temporary measure and will monitor on a quarterly basis.

This paper provides assurance that we are continuing to progress with this agenda and are working closely with Capital, Estates and Facilities to monitor the situation. During this temporary arrangement, the Public Health team will focus on

developing new approaches to behavioural change and will prepare for implementing any changes from Welsh Government under the *Healthy Weight Healthy Wales* strategy, including nutritional analysis, potential restrictions on the sale of sugary drinks and high fat, sugar and salt products and the links with healthier advertising policy changes, continuing to make the healthy choice the easy choice for all.

Recommendation:

The Committee are requested to:

- NOTE the temporary changes to the Standards and the plan to be back up to the original compliance of 75% by December 2024.

- APPROVE the revised Standards (in Appendix)

Link to Strategic Objectives of Shaping our Future Wellbeing:
Please tick as relevant

1. Reduce health inequalities	x	6. Have a planned care system where demand and capacity are in balance	
2. Deliver outcomes that matter to people	x	7. Be a great place to work and learn	x
3. All take responsibility for improving our health and wellbeing		8. Work better together with partners to deliver care and support across care sectors, making best use of our people and technology	x
4. Offer services that deliver the population health our citizens are entitled to expect	x	9. Reduce harm, waste and variation sustainably making best use of the resources available to us	x
5. Have an unplanned (emergency) care system that provides the right care, in the right place, first time		10. Excel at teaching, research, innovation and improvement and provide an environment where innovation thrives	

Five Ways of Working (Sustainable Development Principles) considered
Please tick as relevant

Prevention	x	Long term	x	Integration		Collaboration	x	Involvement	

Impact Assessment:
Please state yes or no for each category. If yes please provide further details.

Risk: Yes/~~No~~

- A potential risk is not returning to our original compliance and the number of unhealthy products on sale will increase

Safety: Yes/No

Financial: Yes/~~No~~

- Running at a loss will increase the risk of the UHB having to subsidise the retail catering provision or that prices will have to increase significantly to offset this

Workforce: Yes/No

Legal: Yes/No

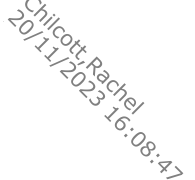
Chilcott,Rachel
20/11/2023 10:08:47

Reputational: Yes/~~No~~

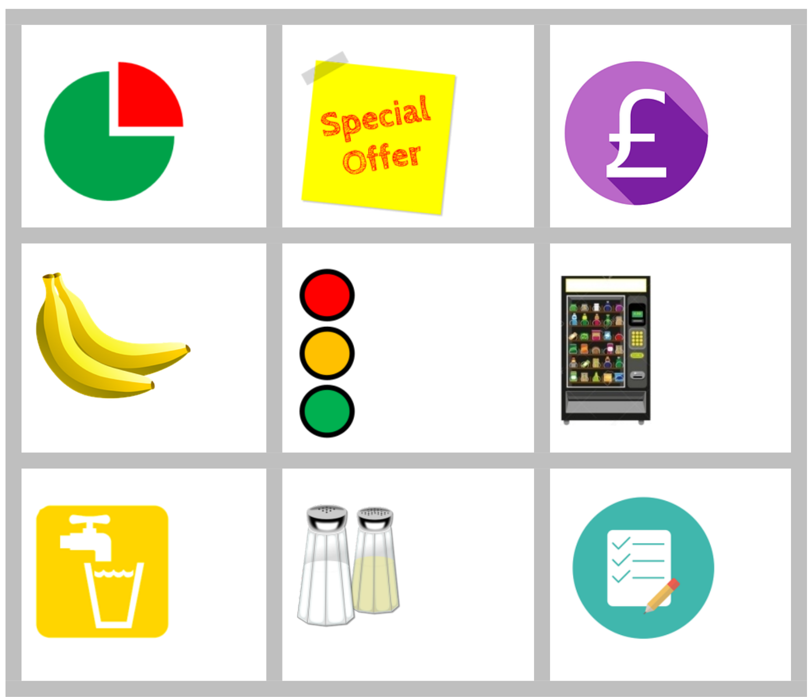
- There is a reputational risk as we are currently the only health board in Wales with these measure in place, but might lose momentum if return to a great number of unhealthy products

Socio Economic: Yes/~~No~~

• If prices continue to increase, it become more challenging for staff on lower incomes to be able to purchase a healthy and nutritious meal during their shift	
Equality and Health: Yes/~~No~~	
• We will be increasing the inequity gap due to price increases as well as limiting access to healthy and affordable food for staff during their working day	
Decarbonisation: ~~Yes~~/No	
Approval/Scrutiny Route:	
Committee/Group/Exec	Date:
Nutrition and Catering Steering Group	Circulated for approval November 2023.
Quality, Safety & Experience Committee	28th November 2023



Healthy Eating Standards for Hospital Restaurant and Retail Outlets



Chilcott,Rachel
20/11/2023 15:08:47

Date of issue: December 2014
Updated: November 2019 (& October 2021, following Internal Audit), September 2023

NOTE: REVISIONS MADE TO REFLECT TEMPORARY ARRANGEMENTS FROM 1.10.23
TO BE REVIEWED BY 30.09.2024

UHB Steering Group members:

Andrew Poole, Head of Estates & Facilities, Capital, Estates & Facilities

Andrew Pritchard, Deputy Head of Catering, Capital, Estates & Facilities

Calum Shaw, Environmental Sustainability Improvement Manager, Strategy and Planning

Carl Sealy, Retail Team Manager, Y Gegin, UHW

Chloe Barrell, Public Health Practitioner, Public Health Team

Darren Bradbury, Retail Team Manager, UHL

Heidy Arnot, Staff Health Dietitian, Dietetics Services

Helen Griffith, Senior Public Health Practitioner, Public Health Team

Illiass Dadda, Procurement Business Officer, Procurement Services

Jacqueline Prosser, Senior Catering Team Manager

Joanne Jefford, Dietetic Catering Lead & Nutrition & Dietetic Manager, UHL

Marie Price, Clinical Lead for Public Health Dietetics, Dietetics Services

Rhianon Urquhart, Principal Public Health Practitioner, Public Health Team

Simon Williams, Head of Catering, Capital, Estates & Facilities

Stepfanie Burgess, Retail Manager, Concourse, UHW

Chilcott,Rachel
20/11/2023 16:08:47

CONTENTS

Foreword	4
Background	5
Vision	5
Large Scale Change	6
Requirements	6
Compliance with the Standards	9
Monitoring the Standards	11
Evaluation & Governance	14
Further Reading	15

Chilcott,Rachel
20/11/2023 16:08:47

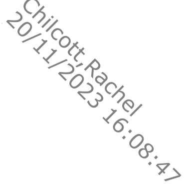
FOREWORD

Cardiff & Vale University Health Board is committed to improving the health and wellbeing of our staff as well as our local population. Cardiff & Vale UHB formally adopted Healthy Eating Standards for Restaurant & Retail Outlets in December 2015 to improve the food offer for staff, visitors and patients attending our hospital sites. The Standards apply to all UHB-run restaurant and retail food outlets, and we audit each outlet to monitor and ensure compliance with the Standards. We are the first Health Board in Wales to adopt this approach, making the healthy choice the easy choice for customers.

We are continuously improving the availability, range and affordability of healthy options offered at our UHB-provided hospital restaurants and cafes in order to make the healthy choice the easy choice. We hope that you will help us make Cardiff and Vale UHB a healthier place to work and take the opportunity to make positive changes to improve your health.

Fiona Kinghorn

Executive Director Public Heath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BACKGROUND

Being a healthy weight has become one of the most effective ways to reduce the risk of long-term health conditions such as diabetes, heart disease and cancers. However, in our current environment it is difficult to achieve this as our food provision has developed in a way that prioritises convenience over health.

Despite widespread knowledge regarding the benefits of maintaining a healthy balanced diet, increasing urbanisation, a more fast-paced way of life and increased production of processed foods has led to a gradual shift in the dietary habits of the UK population. As a result, individuals are eating less fruit and vegetables, oily fish and dietary fibre, but instead are consuming a greater proportion of energy-rich foods high in fat, salt and sugar [1].

In Cardiff and Vale, only 39% of adults report eating the recommended 5 portions of fruit and vegetables a day, and over half (57%) are overweight or obese[2].

VISION

We are committed to caring for people, taking preventative measures to keep people well and influencing healthier food provision. We have a public duty to act now and ensure the Wellbeing of Future Generations[3] and work hard to be an exemplar in empowering people to make healthier choices.

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[1] World Health Organisation (2020) Healthy Diet. Available at: Healthy diet (who.int)

[2] StatsWales. Adult lifestyle by health board [updated July 2023] Available at: Adult lifestyles by local authority and health board, 2020-21 onwards (gov.wales)

[3] Future Generations Commissioner for Wales. Well-being of Future Generations (Wales) Act 2015. Available at: Well-being of Future Generations (Wales) Act 2015 – The Future Generations Commissioner for Wales

Chilcott, Rachel
20/11/2023 16:08:47

As outlined in the Cardiff and Vale UHB Shaping our Future Wellbeing Strategy[4], our lifestyle behaviours are influenced by the environment in which we live and work and how able we feel to make changes. Cardiff and Vale University Health Board (UHB) is one of the largest NHS organisations in the UK, providing healthcare services for over 490,000 people living in Cardiff and the Vale of Glamorgan. To improve the future health and wellbeing of our population we will create an environment in which individuals have a sense of personal responsibility for their health and are supported to adopt behaviours, which reduce their risk of poor health. Cardiff and Vale UHB has a responsibility to ensure provision of opportunities to access healthy food and drink within the workplace, to positively contribute towards the health and wellbeing of the 16,000 staff it employs, supporting them to be fit and healthy to offer the best service to patients and reduce staff sickness. As well as our staff, we welcome approximately 200,000 patients and visitors per year onto our sites. Supporting staff, patients and visitors to make healthier food and drink choices requires strategic co-ordination and the collaboration of Retail Catering Services, Dietetic Services, Procurement and the Local Public Health Team. A Steering Group was established in 2013 to implement the current 'Hospital Restaurants and Retail Catering Outlets Food Standards'.

LARGE SCALE CHANGE

Supporting people to change their dietary habits is a gradual process that requires long-term thinking and a shift in the way we procure sell and prepare food. We recognise this and continue to work collaboratively with our health board colleagues and food industry partners to identify and address changes in the wider system that enable us to make healthier choices more accessible and sustainable. In order to do this, we present a set of Standards that require executive commitment to ensure implementation.

The Standards drive our ambition to normalise a healthy food environment, changing peoples' expectation of restaurant and retail food provision on hospital sites to one that represents and promotes wellbeing. As part of our commitment to the national obesity strategy, Healthy

[4] Cardiff and Vale UHB. Shaping Our Future Wellbeing: Cardiff And Vale University Health Board Strategy to 2035. Living Well, Caring Well, Working Together. Available at: SHAPING-OUR-FUTURE-WELLBEING-STRATEGY_FINAL.pdf (shapingourfuturewellbeing.com)

Chilcott, Rachel
20/11/2023 16:08:47

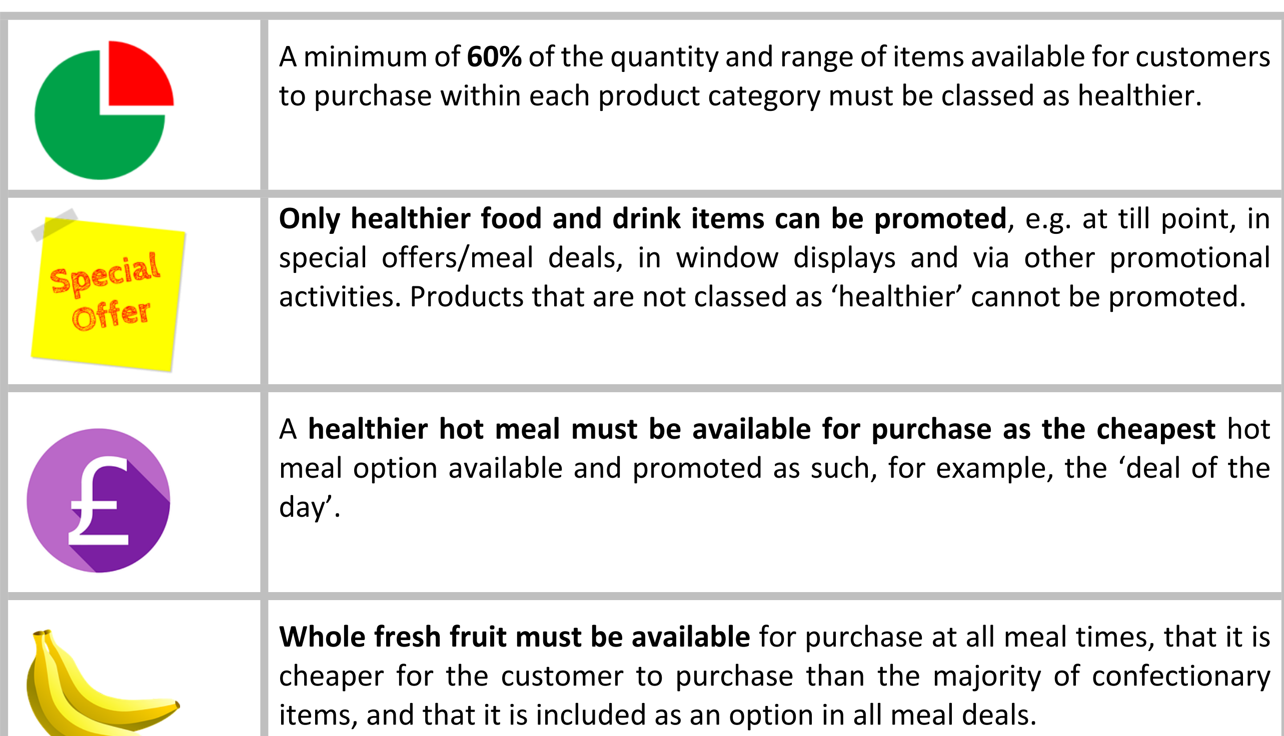
Weight: Healthy Wales[5], we will continue to implement strict criteria that supports people to achieve and maintain a healthy weight.

REQUIREMENTS:

The Standards ensure that staff, visitors and patients are encouraged and supported to eat well, with healthy* options widely available, and a significant reduction in the quantity of energy-dense, high fat, high sugar and high salt food and drink products.

<u>All UHB Restaurant & Café Outlets</u>

Due to the current financial challenges faced by the UHB, the overall compliance will be revised downwards, requiring a 60 – 40% split in favour of healthy options. This is for a period of 12 months and will be monitored on a quarterly basis, with a view to returning to the overall compliance of 75% across al UHB-run restaurants and retail outlets.



	A minimum of **60%** of the quantity and range of items available for customers to purchase within each product category must be classed as healthier.
	Only healthier food and drink items can be promoted, e.g. at till point, in special offers/meal deals, in window displays and via other promotional activities. Products that are not classed as 'healthier' cannot be promoted.
	A **healthier hot meal must be available for purchase as the cheapest** hot meal option available and promoted as such, for example, the 'deal of the day'.
	Whole fresh fruit must be available for purchase at all meal times, that it is cheaper for the customer to purchase than the majority of confectionary items, and that it is included as an option in all meal deals.

[5] Welsh Government. Healthy weight strategy: Healthy Weight Healthy Wales. Available at: https://gov.wales/healthy-weight-strategy-healthy-weight-healthy-wales

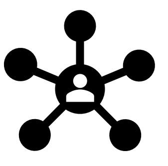
*Food and drink products are classified 'healthy' in accordance with the Food Standards Agency Traffic light system. See page 10.

Chilcott,Rachel
20/11/2023 16:08:47

	The **nutritional information of all** products to be **displayed to the customer**, as per the FSA traffic light system[6].
	Free drinking water is readily available to all restaurant users and location of drinking water highlighted to customers at till point.
	Salt must not be provided at tables – sachets must be available at service counter only.
	Ensure compliance with the EU Food Information for Consumers Regulation 1169/2011[7]

External Retail Provision

In recognition of the current challenges to provide a healthy and sustainable retail model and to attract high quality suppliers, from October 2023 we will be implementing the following criteria for all retail shops:

	A minimum of 55**%** of the quantity and range of items available for customers to purchase, must be available, with a view to increase compliance to 60% within an agreed timescale.
	All non-UHB outlets will be required to participate in a network/nominate a 'Champion' to discuss progress and opportunities to improve the healthy retail food environment.

Chilcott, Rachel
20/11/2023 16:08:47

[6] Food Standards Agency. Check the Label Guidance. FSA:2020. Available at:https://www.food.gov.uk/safety-hygiene/check-the-label

[7] European Commission. Food information to consumers – legislation. EC: 2016. Available at: https://ec.europa.eu/food/safety/labelling-and-nutrition/food-information-consumers-legislation_en

	All vending machines must comply with the 75/25% split in favour of healthy options. Branding must support health promoting messages. All existing and new vending contracts must agree to the above as outlined in contractual agreements.

These standards do not apply to inpatient food provision, which must currently comply with the Welsh Government All Wales Nutrition and Catering Standards for Food and Fluid Provision for Hospital Inpatients (2011)[8].

Chilcott, Rachel
20/11/2023 16:08:47

[8] Welsh Government. All Wales Nutrition and Catering Standards for Food and Fluid Provision for Hospital Inpatients. WG:2011 [cited 2021 October 07] Available at: All Wales Nutrition and Catering Standards for Food and Fluid Provision for Hospital Inpatients (2011)

COMPLIANCE WITH THE STANDARDS

In order for food and drinks to be classified as healthier and included within the 60% range they must not have high levels of fat, saturated fat and/or sugar as defined by FSA. The audit process will measure compliance within the following categories - *Table 1: Criteria for 'healthier' food and drink products by category*

Restaurant & Café Outlets	Product Category	Examples	Criteria
	Hot food	Hot meals, cooked puddings, microwavable ready meals, etc.	Must **NOT** be high in fat, saturated fat or sugar as defined in table 2
	Cold food	Sandwiches, salads, cold pasties/sausage rolls, cereals, etc.	
	Snacks and confectionary	Crisps, sweets, nuts/seeds, cereal bars, fresh fruit, fruit pots, cakes, biscuits, ice cream, etc.	Must **NOT** be high in fat, saturated fat or sugar as defined in table 2, unless fat or sugar is naturally occurring in the product
	Drinks	Hot chocolate, coffee drinks (e.g. lattes, cappuccinos), flavoured water, carbonated drinks, fruit juice/juice drinks, milk based drinks, etc.	1. Must **NOT** be high in fat, saturated fat **or sugar** – as defined in table 3 (36) 2. Must **NOT** contain **any** 'added sugars', except for the following products provided there is no more than 5% 'added sugars' and the dairy based drinks are based on skimmed, 1% or semi-skimmed milk: - Flavoured milk - Milk based drinks, e.g. iced coffee drinks - Yoghurt drinks - Dairy smoothies (36) 3. **No carbonated drinks are permitted** except: - Carbonated water - Carbonated pure fruit and vegetable juices

Chilcott, Rachel
20/11/2023 16:08:47

Restaurant & Café Outlets	Product Category	Examples	Criteria
			- Pure fruit and vegetable juices diluted with carbonated water (if contains a minimum 50% fruit or vegetable juice) (36)
Retail outlets / Convenience Store	Groceries	**Chilled/fresh foods:** cheese, spreads, fresh milk, deserts, etc. **Ready meals:** fresh/frozen pre-packaged lasagnes, pizzas, burgers etc. **Perishable foods:** bread, eggs, flour, etc. **Non-perishable foods:** pasta, rice, tinned vegetables, tinned/packet soups, jam, pasta/curry sauce, etc.	Must **NOT** be high in fat, saturated fat or sugar as defined in table 2

Chilcott,Rachel
20/11/2023 16:08:47

MONITORING THE STANDARDS

Products will be audited based on the Food Standards Agency guidance for determining whether products are low (green), medium (amber) or high (red) (table 2)[9].

The information needed is the amount of fat, saturated fat and total sugar per 100g.

If the portion/serving size of the product is more than 100g or 150 ml, you will also need:

- Amounts of fat, saturates, (total) sugars and salt **per portion** (can be calculated using per 100g/ml information and portion size).
- Criteria for red (HIGH), amber (MEDIUM) and green (LOW) as set out below.

Table 2: Criteria for 100g of food

Colour Code	*Low*	*Medium*	*High per 100g*	*High per portion*
Fat	≤ 3.0g/100g	> 3.0g to ≤ 17.5g/100g	> 17.5g/100g	> 21g/portion
Saturates	≤ 1.5g/100g	> 1.5g to ≤5.0g/100g	>5.0g/100g	> 6.0g/portion
Total Sugars	≤ 5.0g/100g	> 5.0g to ≤ 22.5g /100g	> 22.5g/100g	> 27g/portion
Salt	≤ 0.3g/100g	> 0.3g to ≤ 1.5g/100g	>1.5g/100g	>1.8g/portion

Chilcott, Rachel 20/11/2023 15:08:47

[9] Food Standards Agency. Guide to creating a front of pack (FoP) nutrition label for pre-packed products sold through retail outlets. FSA: 2016 [cited 2021 October 07] Available at: https://www.food.gov.uk/sites/default/files/media/document/fop-guidance_0.pdf

Table 3: Criteria for drinks (per 100ml)

Note: Portion size criteria apply to portions/serving sizes greater than 150ml

Colour Code	*Low*	*Medium*	*High per 100g*	*High per portion*
Fat	≤ 1.5g/100ml	> 1.5g to ≤ 8.75g/100ml	> 8.75g/100ml	>10.5
Saturates	≤ 0.75g/100ml	> 0.75g to ≤ 2.5g/100ml	> 2.5g/100ml	> 3g/portion
Total Sugars	≤ 2.5g/100ml	> 2.5g to ≤ 11.25g/100ml	> 11.25g/100ml	> 13.5g/portion
Salt	≤ 0.3g/100ml	>0.3g to ≤0.75g/100ml	> 0.75g/100ml	> 0.9g/portion

Exceptions

Processed products containing natural fats or sugars, directly pertaining from foods known to have health benefits, including fruit, vegetables, nuts and seeds are exempt unless they have added sugar or fat.

Added sugars: sugars from fruit will not be taken in to account when assessing sugar levels, unless the product has added sugar (or a sugar derivative including honey, glucose syrup, etc.) as an ingredient. For example, a product containing dried fruit may exceed the bought-in product specification for sugar, however if they have no added sugar then the product is acceptable. Acceptability will be determined by the ingredients list, which will reference any “added sugar”.

Added sugars: fats from nuts and seeds are not taken in to account when assessing fat content, unless the product has added fat from an additional ingredient. For instance, if a cereal bar contains nuts and seeds and no additional vegetable oil or other fat source it will be acceptable.

EVALUATION AND GOVERNANCE

- The Steering Group oversees the implementation of the Standards and monitors compliance. The Steering Group reports into the UHB Nutrition and Catering Steering Group, 3 times per year.
- In addition to audit data, we collect feedback from customers using customer surveys.
- Sales data is reviewed by the Steering Group and used to inform healthier product selection, and monitor sales
- Nutrition training and regular updates on the standards are provided for catering staff to increase knowledge of the importance of healthier food provision and support implementation of the policy.
- All outlets (restaurants, cafes, retail outlets, trolleys and vending machines) across the UHB will be audited on a quarterly basis by representatives from Catering, Public Health and Public Health Dietetics. Regular spot checks will also be carried out throughout the year to support the audit process and maintain the requirements of the standards
- Audit results will be calculated and fed back to:
    - Restaurant & Retail Hospital Food Standards Steering Group
    - Nutrition and Catering Steering Group
    - Cardiff & Vale Public Health Team monthly performance management meetings
    - Capital & Estates performance meetings and Operational Service Board

SUSTAINABILITY

The Steering Group is committed to supporting the Health Boards aim to reduce its carbon footprint by identifying measures to reduce food waste, avoid unnecessary use of plastics and offer more sustainable food choices.

Chilcott,Rachel
20/11/2023 16:08:47

References:

1. World Health Organisation (2020) Healthy Diet. Available at: Healthy diet (who.int) [accessed 2 November 2023].

2. StatsWales. Adult lifestyle by health board [updated July 2023] Available at: Adult lifestyles by local authority and health board, 2020-21 onwards (gov.wales) [accessed 2 November 2023].

3. Future Generations Commissioner for Wales. Well-being of Future Generations (Wales) Act 2015. Available at: Well-being of Future Generations (Wales) Act 2015 – The Future Generations Commissioner for Wales [accessed 2 November 2023].

4. Cardiff and Vale UHB. Shaping Our Future Wellbeing: Cardiff And Vale University Health Board Strategy to 2035. Living Well, Caring Well, Working Together. Available at: SHAPING-OUR-FUTURE-WELLBEING-STRATEGY_FINAL.pdf (shapingourfuturewellbeing.com) [accessed 2 November 2023].

5. Welsh Government. Healthy weight strategy: Healthy Weight Healthy Wales. Available at: https://gov.wales/healthy-weight-strategy-healthy-weight-healthy-wales [accessed 2 November 2023].

6. Food Standards Agency. Check the Label Guidance. FSA:2020. Available at:https://www.food.gov.uk/safety-hygiene/check-the-label [accessed 2 November 2023].

7. European Commission. Food information to consumers – legislation. EC: 2016. Available at: https://ec.europa.eu/food/safety/labelling-and-nutrition/food-information-consumers-legislation_en [accessed 2 November 2023].

8. Welsh Government. All Wales Nutrition and Catering Standards for Food and Fluid Provision for Hospital Inpatients. WG:2011. Available at: All Wales Catering and Nutrition Standards for Food and Fluid Provision for Hospital Inpatients: (nhs.wales) [accessed 2 November 2023].

9. Food Standards Agency. Guide to creating a front of pack (FoP) nutrition label for pre-packed products sold through retail outlets. FSA: 2016. Available at: https://www.food.gov.uk/sites/default/files/media/document/fop-guidance_0.pdf [accessed 2 November 2023].

Chilcott,Rachel
20/11/2023 16:08:47

Child Practice Review Report

Cardiff & Vale of Glamorgan Safeguarding Board
Concise Child Practice Review

Re: *CVSB CPR05/2019*

Brief outline of circumstances resulting in the Review

To include here: -

- *Legal context from guidance in relation to which review is being undertaken*
- *Circumstances resulting in the review*
- *Time period reviewed and why*
- *Summary timeline of significant events to be added as an annex*

Legal Context

A Concise Child Practice Review was commissioned by Cardiff and Vale Regional Safeguarding Board on 22nd February 2020, on the recommendation of the Child and Adult Practice Review Subgroup in accordance with the Guidance for Multi Agency Child Practice Reviews 'Working Together to Safeguard People (Volume 2)'. The criteria for this Concise Child Practice Review are met under s3.4 of the above guidance issued under the Social Services and Well Being (Wales) Act 2014.

The criteria for child/adult practice reviews are that the child / adult has:

- Died or
- Sustained potentially life-threatening injury or,
- Sustained serious or permanent impairment of health or development

In accordance with the guidance, the criteria for a Concise Child Practice Review was met, as Toby was found murdered during August 2019. A Concise Child Practice Review was commissioned.

During August of 2019, Toby's body was discovered at an Industrial Unit in the Vale of Glamorgan. He had been fatally stabbed. Four individuals were subsequently convicted of murder, and three individuals were found guilty of manslaughter.

Toby was 17 years old at the time of his death, in the prior months there had been multiple concerning incidents including significant violent threats to Toby and his family, one incident included the sighting of a firearm. On at least two occasions Toby attended A&E with significant injuries which he disclosed had been sustained during assaults. Agencies

Chilcott, Rachel 20/11/2023 16:08:47

suspected that Toby was involved in the supply of drugs and criminal activity such as being involved in threatening behaviour with weapons. Information had also been provided to Children's Services that Toby was involved in County Lines drug distribution.

In addition, it is recorded, despite efforts to engage Toby he left mainstream education prior to statutory school leaving age.

Information provided from individual agencies highlights safeguarding concerns, including involvement and continued risk of child criminal exploitation (CCE). It appears that this information was not adequately shared between individual agencies.

Initial strategy discussions were held (following a red RAG rating by Children's Services), but they did not identify that Toby was at risk of significant harm and agreed that a well-being assessment should take place. This decision was reviewed by a single agency without considering history of concerns and multi-agency knowledge was not capitalised on. As a result, no care and support needs were identified.

It is unclear how Toby became involved in the distribution of drugs and whether he was trafficked between areas to supply drugs. Regardless of this, Toby was a child and the safeguarding measures in place to protect him were inadequate.

Key:

MARF - Multi Agency Referral Form.

RAG Rating – cases are sometimes rag rated (red, amber, green) indicating levels of concern / risk.

CCE - Child Criminal Exploitation.

CSE - Child Sexual Exploitation.

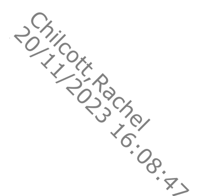
MASM - Multi Agency Safeguarding Meeting.

MDT - Multi Disciplinary Team.

Support 4 Families – A Children's Services Early Help Team, which provides early intervention and prevention services which aim to avoid families escalating to statutory services. The service works to ensure that families and young people receive the right help, at the right time and at the right level.

Think Safe – A Children's Services exploitation team, working with young people at risk of and who are experiencing sexual and criminal exploitation.

Well-Being Assessment – The local authority has a duty to offer an assessment in relation to any child where it appears that the child may have needs for care and support in addition to or instead of the care and support provided by the child family'.


Chilcott, Rachel
20/11/2023 16:08:47

Practice and organisational learning

Identify each individual learning point arising in this case (including highlighting effective practice) accompanied by a brief outline of the relevant circumstances

Safeguarding during Adolescence

Between October 2017 up until his murder on the 28th of August 2019, Toby came to the attention of South Wales Police (SWP) on twenty occasions. Some of these contacts related to Toby being the victim of assaults and threats (involving knives and guns) which appeared to escalate in seriousness and severity. Others were in relation to involvement in criminal activity involving drugs, gangs, knives and as a passenger in the theft of cars. Toby was also identified as potentially being involved in County Lines. He had also been reported as a missing person. He disclosed on more than one occasion that he was using cannabis and that he felt unable to report threats/ assaults due to fear of repercussions. Intelligence showed that the individuals Toby was associating with had been heavily involved in criminal activity for some time. Toby's parents reported that they had been threatened with a gun from an individual who posed a threat to Toby, in addition they had their own concerns in relation to a change in his behaviour and what he was potentially involved in. Five days before his murder his family were threatened that their house would be burned down if Toby's whereabouts were not disclosed.

Public Protection Notices (PPN) used to share information by the Police with other organisations could have been completed on 12 occasions in respect of Toby and his interactions with SWP. PPNs were completed on 4 occasions, but on only two of those occasions were the PPNs shared with other agencies. The only conclusion that the reviewers could draw was that it appears that Toby's vulnerabilities were not recognised as he was not yet an adult.

In April 2018, Police submitted a PPN to Children's Services regarding an ongoing feud with another individual and threats to Toby including a video of his phone being smashed. As a result of this incident Toby was later placed on a Youth Referral Order, again his vulnerability was not recognised.

Between the 18th of March until the 28th of August 2019, Children's Services received information from the Police, Toby's parents and a third party that Toby was involved in drug use and supply, County Lines, being a passenger in stolen cars and driving illegally. It was acknowledged that Toby was involved with weapons and that his family had been threatened with a firearm. Despite this, there does not appear to have been any progression to look at multi-agency or historical concerns which may have demonstrated Toby was at risk of significant harm.

Information Sharing & Early Intervention

The review has identified that there were missed opportunities for all agencies to share information throughout the process. In October 2017, Police were involved after Toby was 'beaten up' by a gang of boys which left him with significant injuries including facial fractures. At that time Toby also shared that he had been threatened with a knife a week earlier, however no PPN was submitted by Police and no MARF was made from Health.

Chilcott Rachel 20/11/2023 16:08:47

Prior to this in September 2017, following Toby's attendance at A&E, a MARF was submitted by Health itemising relevant safeguarding concerns, including the possibility that Toby was dealing drugs. Children's Services have no record of receiving this MARF. Toby's GP and school nurse were notified and the school nurse attempted to make contact with Toby.

In December 2017, Education documented that Toby had not attended tuition for 4 weeks. A letter was sent to his parents, but no follow up action was taken.

In April 2019, the family had moved house in an effort to minimise the risks of violence and threats to themselves and their home.

In May 2019, Toby and his parents met with the Support 4 Families support worker. It was at this time that Toby's parents raised that they were extremely worried for their children's safety (both Toby and his sibling) and were shocked when they were informed that information had been received that Toby may be involved in County Lines. All parties accepted that Toby had become an angry young person over the past 12 months.

At this point, the level of support that was being offered to Toby was on a voluntary basis and our records state everyone at the meeting agreed that the case could be closed.

Case recordings show that individual agencies were aware of numerous serious incidents in which Toby had been involved. This information was either not shared, inadequately shared or previous incidents were not compared and considered. It would seem that the escalation in criminal behaviour, known associations with others involved in crime, threats to Toby and his family, and the possibility of exploitation were not considered holistically at this time.

Disengagement from Education, Employment & Training

A positive that came out of the review, was the involvement of the Youth Worker attached to the school that Toby was referred to earlier whilst at high school, who appeared to have a positive input. However, once that support ended there was not the opportunity for Toby to be rereferred. The importance of the role of Youth Worker must not be underestimated, they are specifically trained and skilled to work with young people and could be the one key professional in the individual's life who are able to develop a positive relationship, identify concerns and engage the relevant professionals.

Reporting Concerns

Toby's parents reported that they did not know where to turn when they were concerned about Toby. In the Learning Event, it was acknowledged that professionals and members of the public (family, friends, associates) need to be aware of how they report safeguarding concerns, and the option to report anonymously through Crime Stoppers or other advice organisations.

In addition, if professionals share information and do not feel appropriate action has been taken, they need to be able to challenge decision making and escalate their concerns when required. In addition, Cardiff & Vale regional Safeguarding Board have a multi-agency escalation policy that can be used to resolve professional disputes.

Similarly, members of the public can follow individual agencies complaints procedures should the need arise.

Chilcott Rachel
20/11/2023 16:08:47

Adolescent Safeguarding Considerations

Age can play a part in whether an individual is perceived as at risk. After the age of 16 there can be a tendency to not see the child when criminality and associated behaviours become an issue.

At this age there is a greater need for effective multi-agency chronology building including associations and escalation of criminality and risk. This should be alongside professional curiosity and appropriate professional challenge.

There should be consideration via the assessment process to ensure access to the appropriate support from key agencies. This is particularly important where parents/carers are seeking help for their adolescent child. Assessment should be holistic and consider sign posting to the appropriate agencies.

Recognising parents and children as the 'experts' in their own lives and listening to their voices is integral to managing and reducing risk.

Improving Systems and Practice

In order to promote the learning from this case the review identified the following actions for the SAB and its member agencies and anticipated improvement outcomes: -

Agency Improvements in Practice

All practitioners who attended the Learning Event have shared their views on how practice has improved within their agencies since the tragic event of Toby's murder. Some actions have already been taken to improve practice in the time that has elapsed and these are listed below:

- **PPN Submission / Rationale**

Improvements are in place to ensure the appropriate submission and sharing of Public Protection Notices (PPN). It is now mandatory within South Wales Police for a PPN to be submitted for any child brought into custody, including those attending voluntary interviews. Any young person (aged 10-17) brought into custody is also offered access to a Custody Youth Worker. The receipt of high risk PPNs for young people result in an immediate response from Children's Services, MASH (Multi-agency Safeguarding Hub) assessment and a multi-agency plan. Child exploitation flags are used on the South Wales Police (SWP) system to identify concerns and direct officers to other individuals associated with a young person. Following continuous professional development days (CPD) on child exploitation, there is more awareness that all young people involved in an incident need to be included on a PPN and consideration given that involvement in criminality may be exploitation of vulnerabilities and therefore a clear safeguarding concern. In addition, there has been a restructure within South Wales Police to ensure a consistent and coordinated response to child criminal exploitation (CCE) across the force area, which will provide sufficient capability and capacity to investigate and disrupt CCE and to safeguard victims.

Arrests of young people in the South Wales Police (SWP) area are now reviewed by Youth Justice Service (YJS) staff who will request that arresting officers submit a PPN for those under 18 years of age, if one has not already been completed. Where SWP become aware that there is intelligence about the associations of young people which are of concern, a PPN

Chilcott Rachel
20/11/2023 16:08:47

is requested and this is shared with MASH for assessment, discussion and intelligence sharing. Young people with suspected links to County Lines and other criminality can be seen by the St Giles Trust staff whilst in custody and offered support.

The Youth Justice Service (YJS) has developed a consistent way of recording contacts with children and young people, there are flags on their system for those involved with the Prevention Service and the Referral Order process has changed. Visits to children and young people involved with the YJS can now take place in more varied community settings to increase accessibility and engagement.

Since June 2021, Cardiff has taken part in a national pilot whereby the National Referral Mechanism (NRM) decision making process is devolved to Local Authorities. 10 Authorities are taking part nationally. The NRM decision process allows professionals to review evidence and information and then conclude as a panel whether they believe a child has been/is being exploited.

The NRM decision making panel is made up of core voting members who include senior staff from Local Authority (Children's Services), Health and Police. A representative from the Independent Child Trafficking Guardian (ICTG) service is also mandatory at panels but does not have decision making capabilities. In Cardiff, the social work case manager is also invited to present the case and submit any evidence for decision making but is not required to make decisions regarding the NRM. By building local mechanisms the quality and timeliness of decisions has improved, as well as improvements and increased connectivity between existing safeguarding mechanisms and the NRM process.

- **Information Sharing between Agencies**

Since 2016, there has been a Multi-Agency Safeguarding Hub (MASH) in Cardiff where all MARF referrals are received. Improvements have been made and now child exploitation meetings are held where the VOLT (victim, offender, location, theme) model is used for all types of exploitation, allowing professionals to identify victims and offenders, and to map and understand the associations and vulnerabilities within groups.

There is improving knowledge of criminal exploitation and an expectation that professionals from all agencies will look at the history of a child or young person and the context of an incident. Where cases are escalated, there is now an expectation that an analytical chronology will be compiled to enhance professionals' understanding of the child or young person and their situation.

Over the past year Cardiff City Local Authority and partners have developed the SAFE framework (Safeguarding Adolescents from Exploitation). An exploitation screening tool has been created and shared with all staff alongside a clear referral pathway in relation to exploitation for individual cases (exploitation strategy meetings/high risk panels/mapping analysis in conjunction with the police).

In a wider context work is being completed around school curriculum development, an exploitation training matrix for staff and development of the MISPER protocol. An action-focused SAFE partnership group is held monthly highlighting and responding to thematics from individual meetings and locality focus groups which then reports into the Children and Young People's Recovery Board.

Chilcott, Rachel
20/11/2023 16:08:47

- **Disengagement from Education, Employment & Training**

New safeguarding systems are now in place which allows all involved professionals to communicate concerns. These are triaged by a designated safeguarding lead who can assign tasks and ensures that safeguarding concerns are flagged up and escalated promptly. Education now has a 'Fresh Start Panel' to support children and young people who are moving between schools. The panel enables the needs of the child or young person to be identified and strategies to be put in place to support them through the transition process. Each child or young person has an Individual Development Plan (IDP) which includes the views of the child or young person and their parent / carer. There is a 'Fair Access Panel' (FAP) which supports children and young people with behavioural/emotional/social difficulties to move to alternative provision. 'Team Around the School' is now in place where there is a link for the secondary school and feeders from Children's Services who are available to support.

- **Attendance at Accident & Emergency Department**

Since November 2019, the C&V University Health Board has a Violence and Prevention Team based in the Accident and Emergency Department (A&E) who engage with patients who have been / are suspected to have been assaulted. The team has now increased its remit to include children and young people, and staff can refer to the team for immediate support and follow up of victims of assault. Their work includes reporting to Police, referrals to Children's Services and direct intervention work with children and young people. The team can also refer on to appropriate outside agencies for prevention and disruption work, including addressing involvement in different types of criminality.

There is now an adolescent documentation card (Blue Card) in use within the A&E Department, which prompts adult trained staff who see young people aged 16/17 years of age where drugs / alcohol are a factor, to the correct safeguarding procedures to be followed. Flags are added to the PMS electronic record system for domestic abuse, child sexual exploitation (CSE) and child criminal exploitation (CCE). The Blue Cards are reviewed within the regular Adolescent Safeguarding Review Meetings, where any additional vulnerabilities are assessed in conjunction with the young person's (PARIS) electronic records and the submission of appropriate MARFs can be checked.

Health staff receive training on County Lines and child exploitation as part of Level 2 and Level 3 study sessions, including information on indicators of exploitation and this forms part of the holistic safeguarding approach. Health staff are based in MASH and attend all relevant multi-agency meetings to provide information, and form part of the assessment and planning for those cases discussed.

- **School Nursing Service**

The School Nursing Service now has two Emotional Wellbeing Nurses in post (October 2021). They are from a school nursing background and are supporting children and young people who are not in mainstream schools. The nurses pick up any A&E attendances and safeguarding concerns for those pupils in alternative education provision and offer follow up support. The team are forging links with alternative education establishments to ensure effective information sharing for those children where there are concerns. Working relationships are being developed with staff in A&E, Education and the School Nursing Service to improve the support offered to children and young people.

Chilcott, Rachel
20/11/2023 16:08:47

Recommended Actions

1. **Safeguarding during Adolescence:**
   Cardiff and Vale Safeguarding Board to provide a multi-agency feedback event for this CPR to disseminate information for the wider workforce.

   Cardiff and Vale Safeguarding Board to further develop the training matrix to include specific training on safeguarding concerns that arise during adolescence.

   The Cardiff and Vale Safeguarding Board must ensure that the need to safeguard young people is promoted and strengthened. Professionals need advice and training on how a young person develops to understand risk and consequences.

2. **Information Sharing and Early Intervention**
   Children's services must consider the impact of exploitation on siblings as part of referral and assessment

   Cardiff and Vale Safeguarding Board must review the current support available for young people at risk of exploitation, building upon the Safeguarding Adolescents from Exploitation (SAFE model in Cardiff). Resources, advice and support services must be promoted to the public more widely.

3. **Disengagement from Education, Employment & Training**
   Where there are concerns around a young person, it is essential that education is always part of the safeguarding considerations. This is particularly important where a young person is educated outside of mainstream school placements.

4. **Reporting Concerns**
   All agencies must ensure appropriate follow up by referrer when they make a referral in relation to a young person at risk and consider appropriate professional challenge if they do not agree with the decision making.

5. **Adolescent Safeguarding Considerations**

   All agencies involved in strategy discussions and meetings considering young people at risk of exploitation, must consider any relevant historical information, mapping of associations and identified escalations in concerning behaviours, held by their own agencies. This mapping/ history must then be considered jointly by all involved agencies, for decision making and planning.

Chilcott,Rachel
20/11/2023 16:08:47

Statement by Reviewer(s)	
REVIEWER 1	**REVIEWER 2** ***(as appropriate)***
Statement of independence from the case *Quality Assurance statement of qualification*	**Statement of independence from the case** *Quality Assurance statement of qualification*
I make the following statement that prior to my involvement with this learning review:- • I have not been directly concerned with the individual or family, or have given professional advice on the case • I have had no immediate line management of the practitioner(s) involved. • I have the appropriate recognised qualifications, knowledge and experience and training to undertake the review • The review was conducted appropriately and was rigorous in its analysis and evaluation of the issues as set out in the Terms of Reference	I make the following statement that prior to my involvement with this learning review:- • I have not been directly concerned with the individual or family, or have given professional advice on the case • I have had no immediate line management of the practitioner(s) involved. • I have the appropriate recognised qualifications, knowledge and experience and training to undertake the review • The review was conducted appropriately and was rigorous in its analysis and evaluation of the issues as set out in the Terms of Reference

Reviewer 1 *(Signature)*		**Reviewer 2** *(Signature)*	
Name *(Print)*	Nicole Devonish	**Name** *(Print)*	Louise Young
Date	………………….	**Date**	……………………

Chair of Review Panel (Signature)	…………………
Name *(Print)*	Melanie Roach
Date	

Appendix 1: Terms of reference

Chilcott, Rachel 20/11/2023 16:08:47

Child Practice Review process

To include here in brief:

- *The process followed by the Safeguarding Board and the services represented on the Review Panel*
- *A learning event was held and the services that attended*
- *Family members had been informed, their views sought and represented throughout the learning event and feedback had been provided to them.*

The Child Practice Review Panel included representatives from Police, Education, Children's Services, Health, Youth Justice Service and the St Giles Trust The multi-agency timeline attached considers involvement and events between the period of 1st August 2017 to 28th of August 2019. However, some historical information going back to 15th August 2012 was considered by the panel. Due to the time between the incident, the criminal proceedings and this review, many of the staff who had direct involvement with Toby and his family have moved on.

The Learning Event was held virtually on 20th January 2022 due to the constraints placed upon services resulting from the Covid-19 pandemic. The Learning Event included practitioners from all of the above services.

Toby's parents requested to use this pseudonym throughout the report.

The family were contacted prior to the learning event to talk to the reviewers about their experiences of working with agencies. These comments were discussed with professionals at the learning event. A further meeting was held with family prior to publication of this report. The following paragraph represents the family's view of Toby. Toby was a much-loved son and brother, an integral part of his family whose loss continues to be acutely felt. He was a loving son, a 'practical joker.' Whilst his parents recognise that Toby was engaging in some negative and illicit activity, they also highlight that he wanted to protect them from repercussions to the lifestyle he was part of, and despite their efforts and request for support and assistance from agencies, it was not always forthcoming or adequate. Toby's parents do not want another family to suffer the loss of a child in the way they have.

☐ Family declined involvement

Chilcott,Rachel
20/11/2023 16:08:47

Terms of Reference for a Child Practice Review (Concise)

Re: CPR 05/2019

Introduction

A concise child practice review will be commissioned by the Regional Safeguarding Board (RSB) in accordance with the Social Services & Well-being (Wales) Act 2014, Working Together to Safeguard People: Volume 2. A concise child practice review will be undertaken where abuse or neglect of a child is known or suspected and the child has:

- died; or
- sustained potentially life threatening injury; or
- sustained serious and permanent impairment of health or development; **and**

the child was neither on the child protection register nor a looked after child on any date during the 6 months preceding –

- the date of the event referred to above; or
- the date on which a local authority or relevant partner identifies that a child has sustained serious and permanent impairment of health and development.

Terms of Reference

The terms of reference agreed for this review are:
The timeframe for the review will be **26th March 2018 – 02nd June 2019**
The following services will produce a timeline of significant events of its involvement with the Child, for the timeframe above.

- SWP
- Health
- Education
- Cardiff Youth Justice Services
- Social Services

A merged timeline will then be produced.

Core Tasks (for a concise practice review)

Chilcott,Rachel
20/11/2023 14:08:47

- Determine whether decisions and actions in the case comply with the policy and procedures of named services and Board.

- Examine inter-agency working and service provision for the individual and family.
- Determine the extent to which decisions and actions were individual focused.
- Seek contributions to the review from appropriate family members and keep them informed of key aspects of progress.
- Take account of any parallel investigations or proceedings related to the case.
- Hold a learning event for practitioners and identify required resources.

Specific tasks of the Review Panel

- Identify and commission a reviewer/s to work with the *Review Panel* in accordance with guidance for concise and extended reviews.
- Agree the time frame.
- Identify agencies, relevant services and professionals to contribute to the review not already requested by the Case Review Group, produce a timeline and an initial case summary and identify any immediate action already taken.
- To consider the recognition of response to and impact of Criminal Exploitation and the specific vulnerabilities of this case.
- Produce a merged timeline, initial analysis and hypotheses.
- Plan with the reviewer/s a learning event for practitioners, to include identifying attendees and arrangements for preparing and supporting them pre and post event, and arrangements for feedback.
- Plan with the reviewer/s contact arrangements with the individual and family members prior to the event.
- Receive and consider the draft practice review report to ensure that the terms of reference have been met, the initial hypotheses addressed and any additional learning is identified and included in the final report.
- Agree conclusions from the review and an outline action plan and make arrangements for presentation to the Case Review Group and the RSB for consideration and agreement.

Chilcott, Rachel
20/11/2023 16:08:47

- Plan arrangements to give feedback to family members and share the contents of the report following the conclusion of the review and before publication.

Tasks of the Regional Safeguarding Children Board

- Consider and agree any Board learning points to be incorporated into the final report or the action plan.
- *Review panel* completes the report and action plan.
- RSB send Report and Action Plan to relevant agencies for final comment before sign-off and submission to Welsh Government.
- Confirm arrangements for the management of the multi-agency action plan by the Case Review Group, including how anticipated service improvements will be identified, monitored and reviewed.
- Plan publication on RSB website.
- Agree dissemination to agencies, relevant services and professionals.
- The Chair of the RSB will be responsible for making all public comment and responses to media interest concerning the review until the process is completed.

For Welsh Government use only

Date information received ………………………..

Date acknowledgment letter sent to SAB Chair …………………………

Date circulated to relevant inspectorates/Policy Leads ………………………….

Agencies	Yes	No	Reason
CSSIW	☐	☐	
Estyn	☐	☐	
HIW	☐	☐	
HMI Constabulary	☐	☐	
HMI Probation	☐	☐	

Chilcott, Rachel
20/11/2023 16:08:47

CPR ACTION PLAN

Re: CPR5/2019

Chilcott,Rachel
20/11/2023 16:08:47

No.	Recommendations	Actions needed	Responsible	Timeframe	Outcome
1.	**Adolescent Safeguarding Considerations:** Cardiff and Vale Safeguarding Board to provide a multi-agency feedback event for this CPR to disseminate information for the wider workforce. Cardiff and Vale Safeguarding Board to further develop the training matrix to include specific training on safeguarding concerns that arise during adolescence. The Cardiff and Vale Safeguarding Board must ensure that the need to safeguard young people is promoted and strengthened. Professionals need advice and training on how a young person develops to understand risk and consequences.	Multi-agency workshops to be held, face to face and virtually to disseminate the learning. As part of the continuing development of the Exploitation Strategy, specific training is provided. To ensure that all future training includes advice on understanding risks, consequences and the vulnerabilities for young people, particularly for those aged 16. CVSB website to provide resources for professionals/children and their families in relation to criminal exploitation and to ensure links and signpostings are made to other social media platforms in relation child exploitation, to provide support and advice.	Delivery Group and the Business Unit. Panel members to facilitate. CVSB Exploitation Strategy Task and Finish Group. Delivery Group Business Unit	November 2023 December 2023 December 2023 December 2023	
2.	**Information Sharing and Early Intervention** Children's services must consider the impact of exploitation on siblings as part of referral and assessment	Add prompts to eclipse (ICS system) where siblings need to be considered	Children's Services	December 2023	

Chilcott, Rachel

	Cardiff and Vale Safeguarding Board must review the current support available for young people at risk of exploitation, building upon the Safeguarding Adolescents from Exploitation (SAFE model in Cardiff. Resources, advice and support services must be promoted to the public more widely.	Update SAFE guidance, tools and briefings to include consideration of siblings Develop messages for practice on considerations of siblings Include a domain into audit tools around the risk to siblings in assessments/referrals and consideration of whether the sibling should have an assessment in their own right Partner agencies to share relevant resources, for embedding within the regional exploitation strategy, which is currently under review, and for those to be uploaded to the CVSB website for access by professionals and the public	Cardiff Children's Services /SAFE Team CVSB Business Unit Children's Services All partner agencies and CVSB Business Unit	To begin November 2023 and continue	
3.	**Disengagement from Education, Employment & Training** Where there are concerns around a young person, it is essential that education is always part of the safeguarding considerations. This is particularly important where a young person is educated outside of mainstream school placements.	Ensure multi-agency representation at the FAP (or various panels) where children not in provision, on reduced timetables or on EOTAS packages are discussed, to enable a 'line of sight' of these young people and a basis to enable escalation of concerns. Provide regular opportunities for family engagement in discussions and decisions. Explore a range of	Education and Children's Services. Delivery Group to oversee QA Work.	September 2023	

Chilcott,Rachel
20/11/2023 16:08:47

		methods for engagement to ensure the information is as accessible as possible.			
4.	**Reporting Concerns** All agencies must ensure appropriate follow up by referrer when they submit a MARF in relation to a young person at risk and consider appropriate professional challenge if they do not agree with the decision making.	Children's Services to ensure the referrer is informed of the decision and outcome of submitted MARFs. Agencies to be reminded of their responsibility to liaise with Children's if they have not received a decision outcome within 10 working days.	Delivery Group	February 2024	
5.	**Adolescent Safeguarding Considerations** All agencies involved in strategy discussions / meetings considering young people at risk of exploitation, must consider relevant historical information as well as mapping of associations and identifying escalations in concerning behaviours. This mapping/ history must then be considered jointly by all agencies, rather than just by singular agencies	Ensure that the new multi-agency chronology, which is under development, is used at strategy discussions/meetings to inform decision making. Regional Safeguarding Board to consider use of multi-agency chronologies for child protection conferences.	CVSB Partner Agencies CVSB	December 2023 September 2023	.