

Cluster Plan 2024-2025

Cardiff City & South Cluster Cardiff Pan Cluster Planning Group

Cluster Executive Summary:

The cluster has remained committed to the delivery of outcomes that matter to our local population. We have continued to work on the identified health priorities with contributions from local GP Practices, Health Board Partners, Public Health Wales and Community Pharmacy and Third Sector organisations, supported by the South and East Cardiff Locality Team.

As we transition into the revised format for Cluster Working, we will be continuing to build upon the bedrock of relationships formed over the past 5 years, but with the added benefit of more formal and extended engagement from other Independent Contractors, Cardiff Council and the Third Sector.

The cluster has continued to invest in staff to help manage the increasing workload within GP practices, the provision of specialist staff to meet the needs of the vulnerable and elderly and, the provision of additional specialist care for those diagnosed with diabetes. The cluster has also continued to diversify by increasing its use of the third sector to support the wellbeing needs of its population.

The cluster has also continued to maximise the use of additional UHB funding services including first point of contact physiotherapy and community provided mental health services as part of the GP practice extended multi-disciplinary team.

The cluster engages in a variety of community events to raise the profile of health and wellbeing amongst our ethnically diverse populations.

Health Needs Assessment Summary:

The 2022 Regional Population Needs Assessment for Cardiff and the Vale highlighted the following priorities facing our population:

- Growing and ageing population
- Ethnically diverse, especially in South Cardiff

Key Cluster Actions 2024/25:

- 1) Increasing uptake of childhood immunisations and screening through work with Public Health: currently trying to engage more practices in the offer of telephone follow up for non-responders- potential need for additional, long term investment in third sector to support with health messaging to supplement work of Multi-Cultural Resource Team
- 2) Raising the profile of GMS Sustainability Risks – an action plan has been developed spanning work associated with Deep End Project, Primary Care and Cardiff Council-concerns being escalated within PCIC and SOFW Programme Board
- 3) Reducing levels of Diabetes through proactive pre-diabetes screening/Improving management of those with diagnosed diabetes- continued engagement in AWDDP and the relaunch of Community Diabetes Model- this may necessitate further investment from the cluster-opportunity for Locality/Cluster Collaboration
- 4) In support of GMS pressures, continue to explore, implement and test models of non- medical support/alternative clinical roles that can supplement Primary Care and alternative models of care eg Urgent Primary Care Centre- a) proposal being developed to jointly fund nursing and Healthcare support worker resource to add into the SE Cardiff Hub b) Further trial of Social Prescribing through use of Gardening will require PGPG/SMT approval given tender value and c) continue discussions with regards to development of cluster/Locality level UPCC
- 5) Continuing to develop the maturity of the cluster through planning of wider wide engagement event to determine service plans for 24/25

Finance and Workforce Profiles 2024/5:

Financial allocation of £228k

Cluster workforce profile:

- Cluster Pharmacist
- Cluster project support

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- Increasing levels of chronic disease; impacted by Covid pandemic – 5 harms, long Covid and ‘syndemic’ effect
- Modifiable risk factors, of concern before pandemic, but again impacted by Covid, mostly in less favourable direction
- Wider determinants, social isolation – impact of Covid and Cost of living crisis
- Impact of Climate Change and Climate Emergency

In addition, local Cluster profiles were developed to provide further insights on the needs of the population, supplemented by the professional collaborative insights:

- Population Growth: Impact and management of additional service demand resulting from the Local Development Plan
- Demographic changes: The cluster has a higher proportion of over 15-64year-olds than other areas, comparable increase in the ageing population and the largest proportional difference between males and females impacting of the types of health conditions experienced and services required.
- Cultural variation: The acceptability and accessibility of services needs to be reflected in future plans
- GP practice sustainability: Particularly relevant given LDP growth, existing and increasing service pressures for this cluster.
- Life expectancy and Healthy Life Expectancy: People who live in deprived areas have shorter lives and less years in good health. The difference in life expectancy and health life expectancy demonstrates potential inequalities in City and South Cardiff Cluster
- Deprivation: Estimated that circa 50.9% of patients registered in City and South Cardiff Cluster, live in the 20% most deprived areas in Wales
- Child Poverty: High rates
- Teenage pregnancies: High rates
- Lifestyle Behaviours: Levels of smoking are high in the cluster, with comparably lower rates of alcohol consumption possibly reflective of cultural beliefs amongst our populations. Consumption of 5 fruit or vegetables a day is low as is the level of physical activity
- Health Condition Priorities: Cardiovascular disease, Stroke, undiagnosed dementia, mental health, diabetes and pre-diabetes
- Screening: Low level of diabetic eye screening, bowel and breast screening for cancer, Aortic Aneurysm screening and long waits for dental treatment

- Diabetes Nurse Specialist

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<ul style="list-style-type: none"> • Immunisation: Levels of childhood vaccinations is a concern, including MMR, flu vaccination and pre -school boosters. Uptake of flu vaccination amongst 65 years+ is the lowest of all clusters in Cardiff and the Vale • People Seeking Asylum: Increasing numbers of arrivals 	
<p>Key achievements/successes related to the 2023/4 Cluster Plan:</p> <ul style="list-style-type: none"> • The cluster has continued to focus on improving the quality of care provided to patients with diabetes through employment of Diabetes Specialist Nurses and ongoing participation in the All-Wales Diabetes Prevention Programme (AWDPP) • The cluster has developed and embedded working relationships with the third sector in order to better support the wellbeing needs of our population through use of community assets and promotion of selfcare/patient empowerment • Ongoing investment in roles such as Frailty Nurses, Cluster Pharmacists, Primary Care Liaison Workers and First Point of Contact Physiotherapy services has continued to provide benefits for both patient care and management of GP workload • Although evolution and the maturity of the cluster has been affected by staffing gaps, there has been some demonstrable improvement in terms of the level of collaboration and decision making across practices, which hopefully will be further enhanced as we move into the revised 	<p>Key reflections / challenges related to the 2023/4 Cluster Plan:</p> <ul style="list-style-type: none"> • Unfortunately, due to unforeseen problems, the Cluster has been without a formal Cluster Lead for extended periods of time throughout 23/4, which has somewhat destabilised the cluster
<p>Emerging alignment with PCPG Plan 2023/26 / PRB Area Plan 2023/2028</p> <p>The revised cluster structure will provide the ability to ensure that ongoing cluster plans influence and align with those of the PCPG and Regional Partnership Board.</p> <p>A number of Cluster developed/delivered schemes already demonstrate alignment to the life stages of the RPB Area Plan; Starting Well, Living Well, Ageing Well.</p> <p>Through 2023/24 the common priorities identified for the Cardiff region include;</p> <ul style="list-style-type: none"> • Children Services & Safeguarding (starting well) • High Risk Adults – Frailty (aging well) • Prevention – Immunisation, Chronic disease (starting well/living well) • Future Care Planning (aging well) • Social prescribing (living well) 	

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<p>structure for cluster working and development of Professional collaboratives.</p> <ul style="list-style-type: none">• Appointment of Cluster Lead who commenced Jan 2024• Appointment of Cluster Project support officer who commenced in February 2024.• Community minority ethnic engagement event organised to coincide with Ramadan focusing on women's health, immunisations and screening to increase uptake with panel consisting of GP, Obstetrician, paediatrician, public health Muslim Doctors Cymru and spiritual leader to answer questions from the public. Vaccinations will also be offered to attendees.		
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List activities or projects planned to commence during 2024/5, as well as those planned/ initiated earlier (if ongoing)

Activity/ project title	New or existing activity	Brief activity/ project description	Results/ benefits expected	Strategic alignment: Ministerial priorities	Strategic alignment: SPPC key programme priorities	Activity/ project budget	Funding source(s)	Current status	Comments
Provide a consist activity or project title, one per unique activity	Is this a new activity for 24/35 or part of a previous cluster plan?	Simple and to the point - no need to go into specific objectives	Brief list of main results or benefits anticipated from this activity or project	Does this fit any of the ministerial priorities?	Does this fit any of the SPPC key priorities?	What money has been allocated to this project or activity? Insert total – to include staff, equipment etc. costs	What is the source of this funding? I.e. transformation funding, cluster funding etc.	What is the current status – short description only	Comments you feel may be relevant here – for example barriers to success, workforce issues etc.
Cluster Pharmacist	Existing	To provide additional capacity to meet medication needs of patients	<ul style="list-style-type: none"> Enables GP to focus on GP time to spend on patients with complex medical needs. Annual medication reviews carried out in a timely manner 	A Healthier Wales / Population Health	Community Infrastructure – Primary Care Model for Wales	£70k	Cluster	Ongoing	
Community Garden Project	Existing	To improve access and improve health & wellbeing	<ul style="list-style-type: none"> Improved social interaction Improved sense of purpose Physical activity 	Population Health/ A Healthier Wales/Mental & Emotional Wellbeing	Community Infrastructure – Primary Care Model for Wales	£48k	Cluster	Contract awarded to Grow Cardiff	Legal docs not yet signed; maintenance of existing site required before project can commence so delayed start
Diabetes Specialist Nurse	Existing	To provide rapid access to specialist clinics	<ul style="list-style-type: none"> Reduced waiting times for treatment & support Enable access closer to home 	A Healthier Wales / Population Health	Community Infrastructure – Primary Care Model for Wales	£57k	Cluster	Ongoing	
Cluster Project Support Officer	Existing	To support the Cluster in delivery of projects	Delivery of projects as per cluster plan		Community Infrastructure – Primary Care Model for Wales	£22k	Cluster	Appointed / commenced in post	
Cluster Lead	Existing	To improve the quality and safety of primary care services, integrate working and chronic disease management.	To provide Primary Care clinical leadership within the specified locality/Cluster for the strategic development and planning of services.		Community Infrastructure – Primary Care Model for Wales	Medical Grade 0.2wte	Cluster	Appointed / commenced Jan 2024	

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Community Matron (Frailty)	New	Ensuring effective communication spanning the GP practice and relevant parties to support patients to remain independent and as well as possible at home using specialist nursing, leadership and judgement skills to support GP Practices in patient management	To supporting identified patients to self-manage long term conditions and providing case coordination and Cross Organisational Working- working as part of the evolving MDT model at Cluster/Locality Level•	A Healthier Wales / Population Health	Community Infrastructure – Primary Care Model for Wales	£22.5k-£25.5k	Cluster	Approved for 18/12	£44398 - £50806/2 as proposal covers 2 clusters, SE and C&S
Further community engagement events	New						Cluster		
Introduction of link workers to work with minor ethnic communities	New						Cluster		